

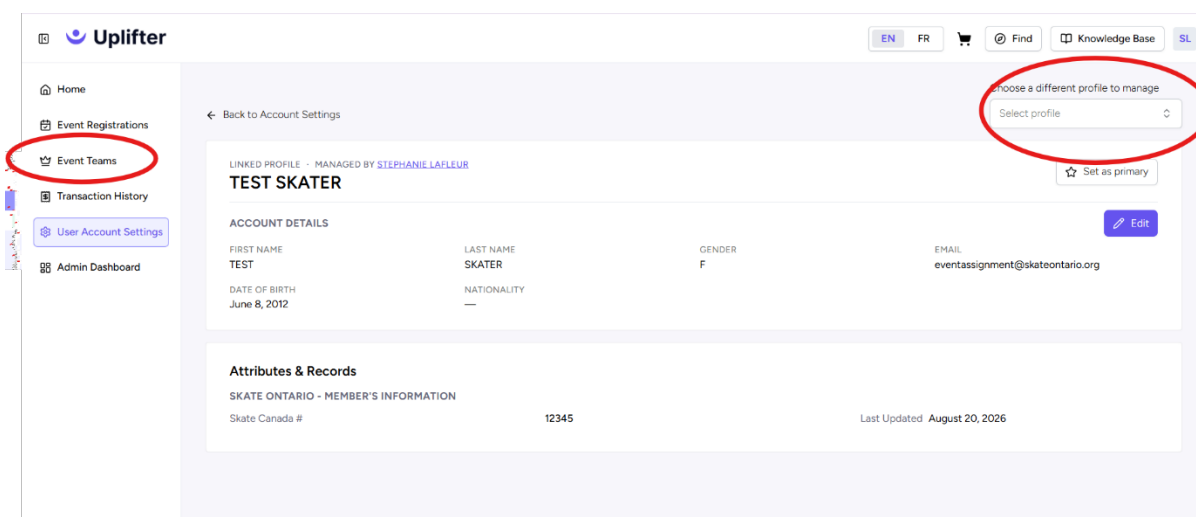
# Pair/Dance Categories – Music & PPC Guide

How to upload or update your **music file** and/or **planned program content (PPC)** after you've registered

Access your 'Event Teams' menu here: <https://uplifterfigureskating.com/app/my-pages/account-settings/21>

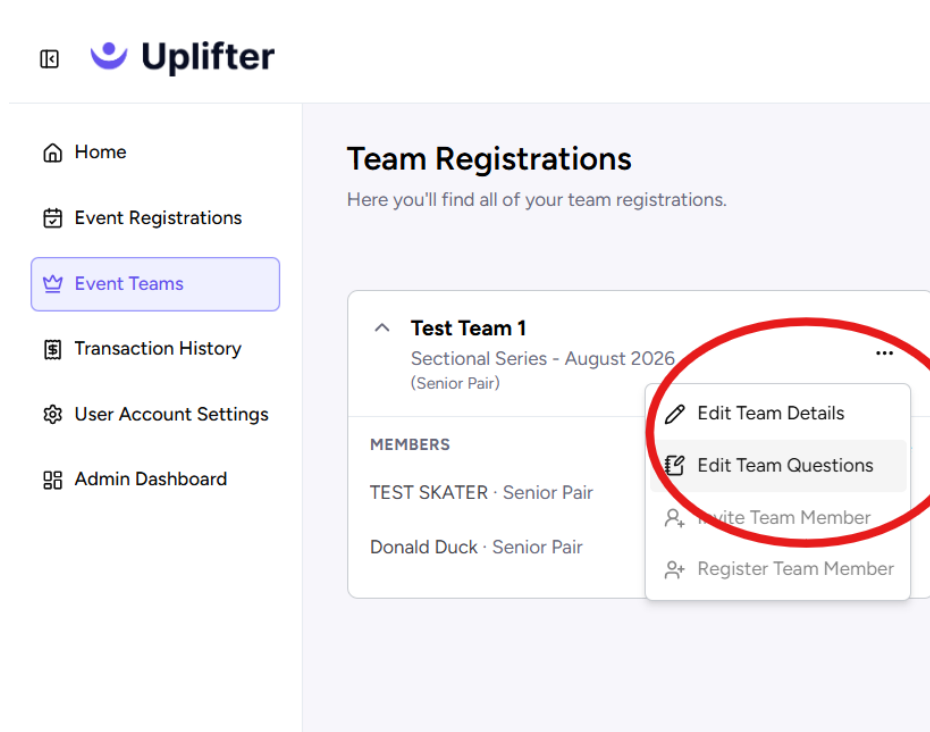
Only the user account (team manager) that registered the team can edit team questions.

- Choose the profile to manage
- Click on Event Registrations

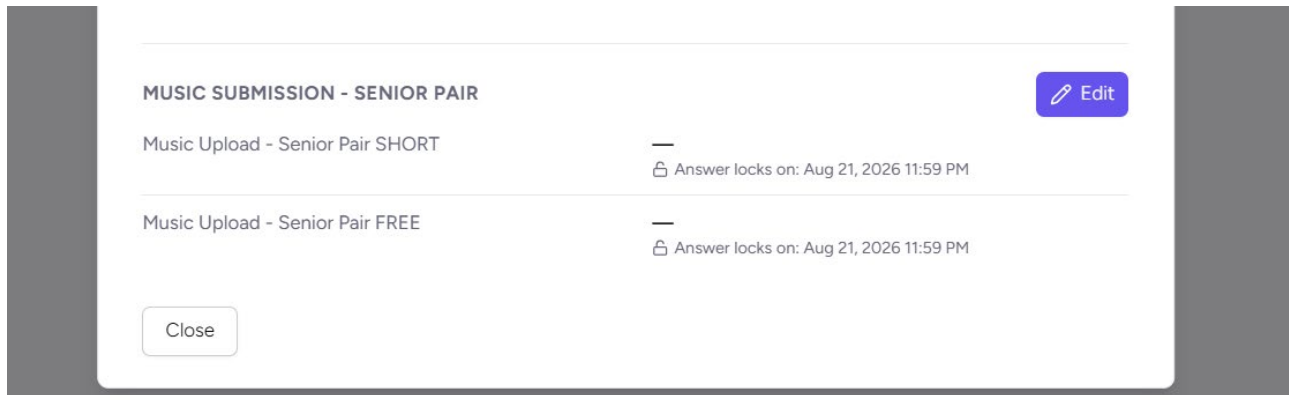


## Music Upload or Update

Find your team and event and click the 3 dots, then “edit team details”.



Scroll down to the Music Submission section and click on the 'edit' button:



**MUSIC SUBMISSION - SENIOR PAIR** Edit

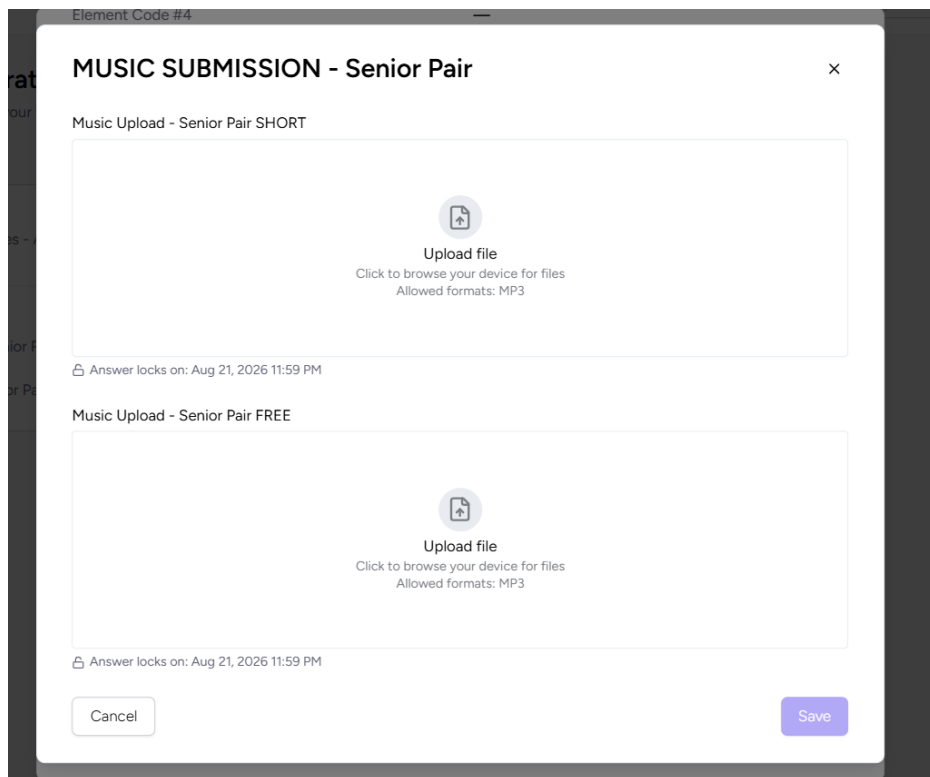
Music Upload - Senior Pair SHORT Answer locks on: Aug 21, 2026 11:59 PM

Music Upload - Senior Pair FREE Answer locks on: Aug 21, 2026 11:59 PM

Close

Click "Upload file" and then select the file you'd like to submit, then click SAVE at the bottom.

Only true MP3 files will be accepted. If your file will not upload or save, please try re-converting your file to MP3. You can do this using any [free online MP3 converter](#). Find the newly converted MP3 file in your Downloads folder and try your upload again.



**MUSIC SUBMISSION - Senior Pair** ×

Music Upload - Senior Pair SHORT

  
**Upload file**  
Click to browse your device for files  
Allowed formats: MP3

Answer locks on: Aug 21, 2026 11:59 PM

Music Upload - Senior Pair FREE

  
**Upload file**  
Click to browse your device for files  
Allowed formats: MP3

Answer locks on: Aug 21, 2026 11:59 PM

Cancel Save

# Planned Program Content (PPC) Upload/Update

Scroll down to the Planned Program Content section and click on the ‘edit’ button:

Edit questions

PLANNED PROGRAM CONTENT - PAIR SHORT PROGRAM

Element Code #1

—

🔒 Answer locks on: Aug 21, 2026 11:59 PM

Element Code #2

—

🔒 Answer locks on: Aug 21, 2026 11:59 PM

Element Code #3

—

🔒 Answer locks on: Aug 21, 2026 11:59 PM

Element Code #4

—

🔒 Answer locks on: Aug 21, 2026 11:59 PM

Element Code #5

—

🔒 Answer locks on: Aug 21, 2026 11:59 PM

Element Code #6

—

🔒 Answer locks on: Aug 21, 2026 11:59 PM

Element Code #7

—

🔒 Answer locks on: Aug 21, 2026 11:59 PM

PLANNED PROGRAM CONTENT - PAIR FREE PROGRAM

Element Code #1

—

🔒 Answer locks on: Aug 21, 2026 11:59 PM

Element Code #2

—

🔒 Answer locks on: Aug 21, 2026 11:59 PM

Edit

Edit

Complete the number of element fields needed for your program. **Element codes (i.e. 1A+2T, CCoSp) are required.** If you do not know the element codes for your program, **please ask your coach.** Remember to click **SAVE** when you’re done.

PLANNED PROGRAM CONTENT - Pair Short Program

Element Code #1

Enter element code #1

🔒 Answer locks on: Aug 21, 2026 11:59 PM

Element Code #2

Enter element code #2

🔒 Answer locks on: Aug 21, 2026 11:59 PM

Element Code #3

Enter element code #3

🔒 Answer locks on: Aug 21, 2026 11:59 PM

Element Code #4

Enter element code #4

🔒 Answer locks on: Aug 21, 2026 11:59 PM

Element Code #5

Enter element code #5

🔒 Answer locks on: Aug 21, 2026 11:59 PM

Element Code #6

Enter element code #6

🔒 Answer locks on: Aug 21, 2026 11:59 PM