



## Removal-from-Sport Protocol

### Designated Person(s)

In accordance with the requirements set out in Rowan's Law and its associated regulation, Skate Ontario is required to identify a designated person(s) as having specific responsibilities under the Removal-from-Sport and Return-to-Sport Protocols. The responsibilities for the designated person(s) may be shared between one or more individuals. Each designate must be clear about who has what responsibility under the Removal-from-Sport and Return-to-Sport Protocols.

### Under the Removal-from-Sport Protocol for Skate Ontario the designated person(s) is/are responsible for ensuring:

- A skater is immediately removed from further training, practice, or competition if the skater has sustained a concussion or is suspected of having sustained a concussion, regardless of whether or not the concussion was sustained from a sport activity associated with Skate Ontario
- If in the opinion of the designated person(s), there is an emergency and/or any red flag signs and/or symptoms appear – including those resulting from a suspected concussion, call 911
- Removal of the skater from further training, practice, or competition; and if the skater is under 18 years of age, the parent or guardian is informed of the removal
- The skater, or the parent or guardian if the skater is under 18 years of age, is advised that the skater is required to undergo a medical assessment by a physician or nurse practitioner before the skater will be permitted to return to training, practice or competition according to the Return-to-Sport Protocol for Skate Ontario
- A skater, or if the skater is under 18 years of age, the skater's parent or guardian, receives the Removal-from-Sport and Return-to-Sport Protocols for Skate Ontario as soon as possible after the skater's removal
- Once removed, the skater is not permitted to return to training, practice or competition, except in accordance with the Skate Ontario Return-to-Sport Protocol

### The following outlines a process for immediate removal of a skater who is suspected of having sustained a concussion:

1. Remove the Skater
  - Designated person(s) to immediately remove the skater from further training, practice or competition if the skater has sustained a concussion or is suspected of having sustained a concussion regardless of whether the concussion or suspected concussion was sustained from an activity associated with Skate Ontario.
2. Call 9-1-1 if Emergency
  - Designated person(s) to call 9-1-1 if in their opinion, doing so is necessary (e.g., if there is an emergency and any red flag signs and/or symptoms appear)
3. Inform



- If the skater is under 18 years of age, designated person(s) to inform the skater's parent or guardian about the removal from further training, practice or competition

A medical assessment determines whether the skater has a concussion. A skater will not be permitted to return to training, practice or competition until they receive medical clearance by a physician or nurse practitioner to do so.

- Designated person(s) to advise the skater, or the parent or guardian if the skater is under 18 years of age, that the skater is required to undergo a medical assessment by a physician or nurse practitioner before the skater will be permitted to return to training, practice or competition.
4. Give Protocols
    - Designated person(s) to provide the skater, or if the skater is under 18 years of age, the skater's parent or guardian, with the Skate Ontario Removal-from-Sport and Return-to-Sport Protocols as soon as possible after the skater has been removed from further training, practice or competition
  5. Record the Incident
    - Make and keep a record of incidences where a skater is removed from further training, practice or competition because they are suspected of having sustained a concussion regardless of whether the skater is later diagnosed with a concussion
    - The incident must be reported to Skate Canada, and copied to Skate Ontario, in accordance with the Skate Canada Incidents of Injury Reporting and Management Policy and supporting procedure.
    - Information relating to recordal and reporting of the incident and Removal-from-Sport Protocol will be kept on file by Skate Ontario in accordance with the Skate Ontario Records Retention Policy and Privacy Policy
  6. Returning to Training, Practice or Competition
    - Once removed, the skater is not permitted to return to training, practice or competition, except in accordance with the Skate Ontario Return-to-Sport Protocol