

Skate Ontario Synchro Series #1 - Woodstock									
WARM UP ROOM AND DRESSING ROOM SCHEDULE									
Saturday, December 13th, 2025		ROOM	ENTER	EXIT	ENTER	AT	ON	OFF	EXIT
TEAM NAME	REPRESENTING	#	WU SPACE	WU SPACE	ROOM	ICE LEVEL	ICE	ICE	ROOM
OFFICIAL PRACTICE - JUNIOR FP (11 min)		FLOOD				8:05 AM	8:15 AM	8:30 AM	
1 Lower Mainland Junior	Lower Mainland Synchronized SC	7	7:25 AM	7:55 AM	8:00 AM	8:28 AM	8:30 AM	8:41 AM	9:11 AM
2 Gold Ice - Junior	Skate Canada Brampton-Chinguacousy	8	7:36 AM	8:06 AM	8:11 AM	8:39 AM	8:41 AM	8:52 AM	9:22 AM
3 Ice Ignite	Ilderton SC	1	7:47 AM	8:17 AM	8:22 AM	8:50 AM	8:52 AM	9:03 AM	9:33 AM
FLOOD		FLOOD				9:01 AM	9:03 AM	9:18 AM	
4 Prima-Junior	Patinage Laval	2	8:13 AM	8:43 AM	8:48 AM	9:16 AM	9:18 AM	9:29 AM	9:59 AM
5 Nova-Junior	Club de Patinage Synchorinsé Nova	3	8:24 AM	8:54 AM	8:59 AM	9:27 AM	9:29 AM	9:40 AM	10:10 AM
6 NEXXICE - Junior	Burlington Skating Centre	4	8:35 AM	9:05 AM	9:10 AM	9:38 AM	9:40 AM	9:51 AM	10:21 AM
7 Les Suprêmes	CPA Saint-Leonard	5	8:46 AM	9:16 AM	9:21 AM	9:49 AM	9:51 AM	10:02 AM	10:32 AM
OFFICIAL PRACTICE - SENIOR FP (12 min)		FLOOD				10:00 AM	10:02 AM	10:17 AM	
1 Nova	Club de Patinage Synchorinsé Nova	6	9:12 AM	9:42 AM	9:47 AM	10:15 AM	10:17 AM	10:29 AM	10:59 AM
2 NEXXICE	Burlington Skating Centre	7	9:24 AM	9:54 AM	9:59 AM	10:27 AM	10:29 AM	10:41 AM	11:11 AM
3 Les Suprêmes	CPA Saint-Leonard	8	9:36 AM	10:06 AM	10:11 AM	10:39 AM	10:41 AM	10:53 AM	11:23 AM
STAR 6 - Group A						10:51 AM	10:53 AM	11:08 AM	
1 Magic Blades	Mt Brydges SC	1	10:13 AM	10:33 AM	10:38 AM	11:06 AM	11:08 AM	11:13 AM	11:36 AM
2 Synchronicity	London SC	2	10:18 AM	10:38 AM	10:43 AM	11:11 AM	11:13 AM	11:19 AM	11:42 AM
3 Meraki	Leaside SC	3	10:24 AM	10:44 AM	10:49 AM	11:17 AM	11:19 AM	11:25 AM	11:48 AM
4 Ice Unite	Silver Blades SC	4	10:30 AM	10:50 AM	10:55 AM	11:23 AM	11:25 AM	11:30 AM	11:53 AM
5 Gold Ice	Skate Canada Brampton-Chinguacousy	5	10:35 AM	10:55 AM	11:00 AM	11:28 AM	11:30 AM	11:36 AM	11:59 AM
6 Steel City Synchro	Hamilton SC	6	10:41 AM	11:01 AM	11:06 AM	11:34 AM	11:36 AM	11:42 AM	12:05 PM
7 Ice Lightning	Port Carling SC	7	10:47 AM	11:07 AM	11:12 AM	11:40 AM	11:42 AM	11:47 AM	12:10 PM
8 Team Unity	Tavistock & District FSC	8	10:52 AM	11:12 AM	11:17 AM	11:45 AM	11:47 AM	11:53 AM	12:16 PM
STAR 6 - Group B						11:51 AM	11:53 AM	12:08 PM	
1 Ice Fyre	Whitby Synchronized Skating Teams	1	11:13 AM	11:33 AM	11:38 AM	12:06 PM	12:08 PM	12:14 PM	12:37 PM
2 Ice Ignite	Ilderton SC	2	11:19 AM	11:39 AM	11:44 AM	12:12 PM	12:14 PM	12:19 PM	12:42 PM
3 Classic Edges	Exeter FSC	3	11:24 AM	11:44 AM	11:49 AM	12:17 PM	12:19 PM	12:25 PM	12:48 PM
4 Dynicety	Kitchener - Waterloo SC	4	11:30 AM	11:50 AM	11:55 AM	12:23 PM	12:25 PM	12:31 PM	12:54 PM
FLOOD						12:29 PM	12:31 PM	12:46 PM	
5 NEXXICE	Burlington Skating Centre	5	11:51 AM	12:11 PM	12:16 PM	12:44 PM	12:46 PM	12:51 PM	1:14 PM
6 Illusion	Kingston Synchronized Skating Club	6	11:56 AM	12:16 PM	12:21 PM	12:49 PM	12:51 PM	12:57 PM	1:20 PM
7 EDGE	Skate Oakville	7	12:02 PM	12:22 PM	12:27 PM	12:55 PM	12:57 PM	1:03 PM	1:26 PM
8 EnergiCE	St. Thomas FSC	8	12:08 PM	12:28 PM	12:33 PM	1:01 PM	1:03 PM	1:08 PM	1:31 PM
9 Sparkling Ice	Unionville SC	1	12:13 PM	12:33 PM	12:38 PM	1:06 PM	1:08 PM	1:14 PM	1:37 PM
STAR 8 - Group A						1:12 PM	1:14 PM	1:29 PM	
1 Eurythmy Synchro	East York SC	2	12:34 PM	12:54 PM	12:59 PM	1:27 PM	1:29 PM	1:35 PM	1:58 PM
2 Ice Ignite	Ilderton SC	3	12:40 PM	1:00 PM	1:05 PM	1:33 PM	1:35 PM	1:40 PM	2:03 PM
3 Steel City Synchro	Hamilton SC	4	12:45 PM	1:05 PM	1:10 PM	1:38 PM	1:40 PM	1:46 PM	2:09 PM
4 Magic Blades	Mt Brydges SC	5	12:51 PM	1:11 PM	1:16 PM	1:44 PM	1:46 PM	1:52 PM	2:15 PM
5 Fusion	Quinte FSC	6	12:57 PM	1:17 PM	1:22 PM	1:50 PM	1:52 PM	1:57 PM	2:20 PM
6 EDGE	Skate Oakville	7	1:02 PM	1:22 PM	1:27 PM	1:55 PM	1:57 PM	2:03 PM	2:26 PM
7 Pulse Synchro	Wasaga Beach FSC	8	1:08 PM	1:28 PM	1:33 PM	2:01 PM	2:03 PM	2:09 PM	2:32 PM
STAR 8 - Group B						2:07 PM	2:09 PM	2:24 PM	
1 York Simcoe Synchro	York Simcoe Synchronized Skating School	1	1:29 PM	1:49 PM	1:54 PM	2:22 PM	2:24 PM	2:29 PM	2:52 PM
2 Alviston Ice Angels	Brooke & Alvinston SC	2	1:34 PM	1:54 PM	1:59 PM	2:27 PM	2:29 PM	2:35 PM	2:58 PM
3 Ice Lightning	Port Carling SC	3	1:40 PM	2:00 PM	2:05 PM	2:33 PM	2:35 PM	2:41 PM	3:04 PM
4 Gold Ice	Skate Canada Brampton-Chinguacousy	4	1:46 PM	2:06 PM	2:11 PM	2:39 PM	2:41 PM	2:46 PM	3:09 PM
5 Barrie Synchro, Wild Robot	Barrie SC	5	1:51 PM	2:11 PM	2:16 PM	2:44 PM	2:46 PM	2:52 PM	3:15 PM
6 Ice Fyre	Whitby Synchronized Skating Teams	6	1:57 PM	2:17 PM	2:22 PM	2:50 PM	2:52 PM	2:58 PM	3:21 PM
7 Team Unity	Tavistock & District FSC	7	2:03 PM	2:23 PM	2:28 PM	2:56 PM	2:58 PM	3:03 PM	3:26 PM
8 Platinum Edge	Petawawa SC	8	2:08 PM	2:28 PM	2:33 PM	3:01 PM	3:03 PM	3:09 PM	3:32 PM
GOLD FREE PROGRAM 2		FLOOD				3:07 PM	3:09 PM	3:24 PM	
1 Synchronicity - Gold	London SC	1	2:19 PM	2:49 PM	2:54 PM	3:22 PM	3:24 PM	3:30 PM	4:00 PM
2 EDGE Gold	Skate Oakville	2	2:25 PM	2:55 PM	3:00 PM	3:28 PM	3:30 PM	3:37 PM	4:07 PM
3 Gold Ice - Gold	Skate Canada Brampton-Chinguacousy	3	2:32 PM	3:02 PM	3:07 PM	3:35 PM	3:37 PM	3:44 PM	4:14 PM
FLOOD		FLOOD				3:42 PM	3:44 PM	3:59 PM	
4 NEXXICE Intermediate	Burlington Skating Centre	4	2:54 PM	3:24 PM	3:29 PM	3:57 PM	3:59 PM	4:05 PM	4:35 PM
5 TEAM UNITY - INTERMEDIATE	Tavistock & District FSC	5	3:00 PM	3:30 PM	3:35 PM	4:03 PM	4:05 PM	4:12 PM	4:42 PM
6 Meraki Gold	Leaside SC	6	3:07 PM	3:37 PM	3:42 PM	4:10 PM	4:12 PM	4:19 PM	4:49 PM
NOVICE FREE PROGRAM 2		FLOOD				4:17 PM	4:19 PM	4:34 PM	
1 Starlight - Novice	Goulbourn SC	7	3:29 PM	3:59 PM	4:04 PM	4:32 PM	4:34 PM	4:40 PM	5:10 PM
2 Ice X-xel - Novice	Lower Mainland Synchronized SC	8	3:35 PM	4:05 PM	4:10 PM	4:38 PM	4:40 PM	4:45 PM	5:15 PM
3 EDGE Novice	Skate Oakville	1	3:40 PM	4:10 PM	4:15 PM	4:43 PM	4:45 PM	4:51 PM	5:21 PM
FLOOD		FLOOD				4:49 PM	4:51 PM	5:06 PM	
4 ICE Ignite	Ilderton SC	2	4:01 PM	4:31 PM	4:36 PM	5:04 PM	5:06 PM	5:12 PM	5:42 PM
5 Meraki - Novice	Leaside SC	3	4:07 PM	4:37 PM	4:42 PM	5:10 PM	5:12 PM	5:18 PM	5:48 PM
6 Gold Ice - Novice	Skate Canada Brampton-Chinguacousy	4	4:13 PM	4:43 PM	4:48 PM	5:16 PM	5:18 PM	5:24 PM	5:54 PM
7 NEXXICE - Novice	Burlington Skating Centre	5	4:19 PM	4:49 PM	4:54 PM	5:22 PM	5:24 PM	5:30 PM	6:00 PM

	JUNIOR FREE PROGRAM		FLOOD					5:28 PM	5:30 PM	5:45 PM	
1	Lower Mainland Junior	Lower Mainland Synchronized SC	6	4:40 PM	5:10 PM	5:15 PM	5:43 PM	5:45 PM	5:51 PM	6:21 PM	
2	Gold Ice	Skate Canada Brampton-Chinguacousy	7	4:46 PM	5:16 PM	5:21 PM	5:49 PM	5:51 PM	5:58 PM	6:28 PM	
3	Ice Ignite	Ilderton SC	8	4:53 PM	5:23 PM	5:28 PM	5:56 PM	5:58 PM	6:05 PM	6:35 PM	
	FLOOD		FLOOD				6:03 PM	6:05 PM	6:20 PM		
4	Prima	Patinage Laval	1	5:15 PM	5:45 PM	5:50 PM	6:18 PM	6:20 PM	6:26 PM	6:56 PM	
5	Nova	Club de Patinage Synchorinsé Nova	2	5:21 PM	5:51 PM	5:56 PM	6:24 PM	6:26 PM	6:33 PM	7:03 PM	
6	NEXXICE	Burlington Skating Centre	3	5:28 PM	5:58 PM	6:03 PM	6:31 PM	6:33 PM	6:40 PM	7:10 PM	
7	Les Suprêmes	CPA Saint-Leonard	4	5:35 PM	6:05 PM	6:10 PM	6:38 PM	6:40 PM	6:46 PM	7:16 PM	
	SENIOR FREE PROGRAM		FLOOD				6:44 PM	6:46 PM	7:01 PM		
1	Nova	Club de Patinage Synchorinsé Nova	5	5:56 PM	6:26 PM	6:31 PM	6:59 PM	7:01 PM	7:09 PM	7:39 PM	
2	NEXXICE	Burlington Skating Centre	6	6:04 PM	6:34 PM	6:39 PM	7:07 PM	7:09 PM	7:17 PM	7:47 PM	
3	Les Suprêmes	CPA Saint-Leonard	7	6:12 PM	6:42 PM	6:47 PM	7:15 PM	7:17 PM	7:25 PM	7:55 PM	
	OPEN FREE PROGRAM 2		FLOOD				7:23 PM	7:25 PM	7:40 PM		
1	Solstice Open	Calata FSC	8	6:35 PM	7:05 PM	7:10 PM	7:38 PM	7:40 PM	7:47 PM	8:17 PM	
2	Synchronicity	London SC	1	6:42 PM	7:12 PM	7:17 PM	7:45 PM	7:47 PM	7:55 PM	8:25 PM	
3	Ice X-caliber	Lower Mainland Synchronized SC	2	6:50 PM	7:20 PM	7:25 PM	7:53 PM	7:55 PM	8:04 PM	8:34 PM	
4	Black Gold	Calgary Synchronized SC	3	6:59 PM	7:29 PM	7:34 PM	8:02 PM	8:04 PM	8:12 PM	8:42 PM	
5	Team Unity	Tavistock & District FSC	4	7:07 PM	7:37 PM	7:42 PM	8:10 PM	8:12 PM	8:20 PM	8:50 PM	
	ADULT I						8:18 PM	8:20 PM	8:35 PM		
1	Synchronicity	London SC	5	7:35 PM	7:55 PM	8:05 PM	8:33 PM	8:35 PM	8:41 PM	8:41 PM	
2	Ice Precise	Mississauga SC	6	7:41 PM	8:01 PM	8:11 PM	8:39 PM	8:41 PM	8:46 PM	8:46 PM	
3	Illusion	Kingston Synchronized Skating Club	7	7:46 PM	8:06 PM	8:16 PM	8:44 PM	8:46 PM	8:52 PM	8:52 PM	
4	Ice Fyre	Whitby Synchronized Skating Teams	8	7:52 PM	8:12 PM	8:22 PM	8:50 PM	8:52 PM	8:58 PM	8:58 PM	
5	Team Unity	Tavistock & District FSC	1	7:58 PM	8:18 PM	8:28 PM	8:56 PM	8:58 PM	9:04 PM	9:04 PM	
6	Steel City Synchro	Ancaster FSC	2	8:04 PM	8:24 PM	8:34 PM	9:02 PM	9:04 PM	9:10 PM	9:10 PM	
7	Matrix	Matrix Synchronized Skating Academy	3	8:10 PM	8:30 PM	8:40 PM	9:08 PM	9:10 PM	9:16 PM	9:16 PM	
8	Trinity	Trinity Skating Academy of Toronto	4	8:16 PM	8:36 PM	8:46 PM	9:14 PM	9:16 PM	9:22 PM	9:22 PM	
			END OF DAY					9:22 PM			