

Skate Ontario Adult Championships - SYS - March 14 & 15, 2026

DRESSING ROOM SCHEDULE

Sunday March 15, 2026										
TEAM NAME	REPRESENTING	SPACE	WARM UP		ROOM #	ENTER ROOM	AT ICE LEVEL	ON ICE	OFF ICE	EXIT ROOM
ADULT III GROUP 1										
1 Ice Diamonds Sparkle	Nepean SC	A	7:08 AM	7:33 AM	3	7:38 AM	7:58 AM	8:00 AM	8:06 AM	8:24 AM
2 Dynicity	Kitchener-Waterloo SC	B	7:14 AM	7:39 AM	4	7:44 AM	8:04 AM	8:06 AM	8:11 AM	8:29 AM
3 Encore	East Elgin Synchronized SC	C	7:19 AM	7:44 AM	5	7:49 AM	8:09 AM	8:11 AM	8:17 AM	8:35 AM
4 Vintage Blue	Port Carling SC	D	7:25 AM	7:50 AM	6	7:55 AM	8:15 AM	8:17 AM	8:22 AM	8:40 AM
5 Matrix	Matrix Synchronized Skating Academy	E	7:30 AM	7:55 AM	7	8:00 AM	8:20 AM	8:22 AM	8:28 AM	8:46 AM
6 Zenith	Patinage Roussillon	A	7:36 AM	8:01 AM	8	8:06 AM	8:26 AM	8:28 AM	8:33 AM	8:51 AM
					FLOOD					
7 Ice Crystals	Langton SC	B	7:56 AM	8:21 AM	3	8:26 AM	8:46 AM	8:48 AM	8:54 AM	9:12 AM
8 EnergiCE	St Thomas FSC	C	8:02 AM	8:27 AM	4	8:32 AM	8:52 AM	8:54 AM	9:00 AM	9:18 AM
9 Ice Fyre	Whitby Synchronized Skating Teams	D	8:08 AM	8:33 AM	5	8:38 AM	8:58 AM	9:00 AM	9:05 AM	9:23 AM
10 Team Unity	Tavistock & District FSC	E	8:13 AM	8:38 AM	6	8:43 AM	9:03 AM	9:05 AM	9:11 AM	9:29 AM
11 Le Mistral	CPA de Mercier	A	8:19 AM	8:44 AM	7	8:49 AM	9:09 AM	9:11 AM	9:16 AM	9:34 AM
12 Ice Precise	Mississauga SC	B	8:24 AM	8:49 AM	8	8:54 AM	9:14 AM	9:16 AM	9:22 AM	9:40 AM
ADULT III GROUP 2										
1 Team Cricket	Toronto CS & CC	C	8:45 AM	9:10 AM	3	9:15 AM	9:35 AM	9:37 AM	9:43 AM	10:01 AM
2 Steel City Synchro	Ancaster FSC	D	8:51 AM	9:16 AM	4	9:21 AM	9:41 AM	9:43 AM	9:48 AM	10:06 AM
3 Georgina IceActions	Georgina SC	E	8:56 AM	9:21 AM	5	9:26 AM	9:46 AM	9:48 AM	9:54 AM	10:12 AM
4 Inspiration	CPA regional de Vaudreuil	A	9:02 AM	9:27 AM	6	9:32 AM	9:52 AM	9:54 AM	9:59 AM	10:17 AM
5 Ice Diamonds	Nepean SC	B	9:07 AM	9:32 AM	7	9:37 AM	9:57 AM	9:59 AM	10:05 AM	10:23 AM
6 Mid Ice Crisis	East Gwillimbury SC	C	9:13 AM	9:38 AM	8	9:43 AM	10:03 AM	10:05 AM	10:10 AM	10:28 AM
					FLOOD					
7 Northern Edge	Northern Edge Skating Club	D	9:33 AM	9:58 AM	3	10:03 AM	10:23 AM	10:25 AM	10:31 AM	10:49 AM
8 Platinum Blades	Peterborough FSC	E	9:39 AM	10:04 AM	4	10:09 AM	10:29 AM	10:31 AM	10:37 AM	10:55 AM
9 Illusion	Kingston Synchronized Skating Club	A	9:45 AM	10:10 AM	5	10:15 AM	10:35 AM	10:37 AM	10:42 AM	11:00 AM
10 Capital Ice	Rideau SC	B	9:50 AM	10:15 AM	6	10:20 AM	10:40 AM	10:42 AM	10:48 AM	11:06 AM
11 Team Unity Image	Tavistock & District FSC	C	9:56 AM	10:21 AM	7	10:26 AM	10:46 AM	10:48 AM	10:53 AM	11:11 AM
12 Team Inspire	Plattsville FSC	D	10:01 AM	10:26 AM	8	10:31 AM	10:51 AM	10:53 AM	10:59 AM	11:17 AM
ADULT I										
1 Symmetry	Eganville SC	E	10:27 AM	10:52 AM	3	10:57 AM	11:17 AM	11:19 AM	11:26 AM	11:44 AM
2 Ice Diamonds	Nepean SC	A	10:34 AM	10:59 AM	4	11:04 AM	11:24 AM	11:26 AM	11:32 AM	11:50 AM
3 Matrix	Matrix Synchronized Skating Academy	B	10:40 AM	11:05 AM	5	11:10 AM	11:30 AM	11:32 AM	11:39 AM	11:57 AM
4 Illusion	Kingston Synchronized Skating Club	C	10:47 AM	11:12 AM	6	11:17 AM	11:37 AM	11:39 AM	11:45 AM	12:03 PM
					FLOOD					
5 Steel City Synchro	Ancaster FSC	D	11:08 AM	11:33 AM	7	11:38 AM	11:58 AM	12:00 PM	12:07 PM	12:25 PM
6 Capital Ice	Nepean SC	E	11:15 AM	11:40 AM	3	11:45 AM	12:05 PM	12:07 PM	12:14 PM	12:32 PM
7 Apex	Apex Skating Academy	A	11:22 AM	11:47 AM	4	11:52 AM	12:12 PM	12:14 PM	12:20 PM	12:38 PM
8 Ice Fyre	Whitby Synchronized Skating Teams	B	11:28 AM	11:53 AM	5	11:58 AM	12:18 PM	12:20 PM	12:26 PM	12:44 PM
9 L Odyssee	CPA Les Lames d Argent de Laval	C	11:34 AM	11:59 AM	6	12:04 PM	12:24 PM	12:26 PM	12:33 PM	12:51 PM
					FLOOD					
10 Ice Precise	Mississauga SC	D	11:56 AM	12:21 PM	7	12:26 PM	12:46 PM	12:48 PM	12:55 PM	1:13 PM
11 Black Gold	Calgary Synchronized SC	E	12:03 PM	12:28 PM	3	12:33 PM	12:53 PM	12:55 PM	1:02 PM	1:20 PM
12 Spirit - Nova	Patinage Synchronise Nova	A	12:10 PM	12:35 PM	4	12:40 PM	1:00 PM	1:02 PM	1:08 PM	1:26 PM
13 Team Unity	Tavistock & District FSC	B	12:16 PM	12:41 PM	5	12:46 PM	1:06 PM	1:08 PM	1:14 PM	1:32 PM
14 Trinity	Trinity Skating Academy of Toronto	C	12:22 PM	12:47 PM	6	12:52 PM	1:12 PM	1:14 PM	1:21 PM	1:39 PM
GOOD AFTERNOON										