SECTIONAL SERIES NOVEMBER



Nov 6-9, 2025 • Rockland, Ontario

Clarence-Rockland Arena Clarence Creek SC

Schedule as of Nov 1 - Subject to Change

Thursday November 6, 2025

		Thursday N
START	END	POTVIN ARENA
9:00 AM	10:10 AM	Pre-Novice Men Short Group 1
10:10 AM	10:25 AM	FLOOD
10:25 AM	11:00 AM	Novice Solo Pattern Dance
11:00 AM	11:20 AM	Jr Men Short Practice 1-6
11:20 AM	11:40 AM	Jr Men Short Practice 7-12
11:40 AM	11:55 AM	FLOOD
11:55 AM	1:05 PM	Pre-Novice Men Short Group 2
1:05 PM	1:25 PM	Senior Men Short Practice
1:25 PM	1:40 PM	FLOOD
1:40 PM	2:00 PM	Senior Women Short Practice 1-7
2:00 PM	2:20 PM	Senior Women Short Practice 8-15
2:20 PM	2:35 PM	FLOOD
2:35 PM	3:50 PM	Junior Men Short
3:50 PM	4:05 PM	FLOOD
4:05 PM	5:05 PM	Novice Men Short
5:05 PM	5:20 PM	FLOOD
5:50 PM	6:30 PM	Senior Men Short
6:30 PM	6:50 PM	Novice Solo Free Dance
6:50 PM	7:05 PM	FLOOD
7:05 PM	8:40 PM	Senior Women Short
8:40 PM		GOOD NIGHT!

START	END	RUSHFOURTH RINK
9:00 AM	10:35 AM	Pre-Novice Women Short Group 1
10:35 AM	12:10 PM	Pre-Novice Women Short Group 2
12:10 PM	12:25 PM	FLOOD
12:25 PM	2:00 PM	Pre-Novice Women Short Group 3
2:00 PM	3:40 PM	Pre-Novice Women Short Group 4
3:40 PM	3:55 PM	FLOOD
3:55 PM	5:30 PM	Pre-Novice Women Short Group 5
5:30 PM	7:15 PM	Novice Women Short Group 1
7:15 PM	7:30 PM	FLOOD
7:30 PM	9:15 PM	Novice Women Short Group 2
9:15 PM		GOOD NIGHT!





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Friday November 7, 2025

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START	END	POTVIN ARENA
7:00 AM	7:20 AM	Junior Rhythym Dance Practice 1-3
7:20 AM	7:40 AM	Junior Rhythym Dance Practice 4-6
7:40 AM	7:55 AM	FLOOD
7:55 AM	8:15 AM	Junior Men Free Practice 1-6
8:15 AM	8:35 AM	Junior Men Free Practice 7-12
8:35 AM	8:50 AM	FLOOD
8:50 AM	10:10 AM	Pre-Novice Pattern Dance
10:10 AM	10:25 AM	FLOOD
10:25 AM	11:50 AM	Junior Men Free
11:50 AM	12:05 PM	FLOOD
12:05 PM	12:50 PM	Junior Rhythm Dance
12:50 PM	1:10 PM	Senior Men Free Practice
1:10 PM	1:25 PM	FLOOD
1:25 PM	1:45 PM	Senior Women Free Practice 1-7
1:45 PM	2:05 PM	Senior Women Free Practice 8-15
2:05 PM	2:20 PM	FLOOD
2:20 PM	3:20 PM	Novice Pattern Dance 1
3:20 PM	4:20 PM	Novice Pattern Dance 2
4:20 PM	4:35 PM	FLOOD
4:35 PM	5:20 PM	Senior Men Free
5:20 PM	6:30 PM	Novice Men Free
6:30 PM	6:45 PM	FLOOD
6:45 PM	8:40 PM	Senior Women Free
8:40 PM		GOOD NIGHT!

	START	END	RUSHFOURTH RINK
	8:00 AM	9:45 AM	Pre-Novice Women Free Group 1
9	9:45 AM	11:30 AM	Pre-Novice Women Free Group 2
1	.1:30 AM	11:45 AM	FLOOD
1	1:45 AM	1:30 PM	Pre-Novice Women Free Group 3
	1:30 PM	3:20 PM	Pre-Novice Women Free Group 4
3	3:20 PM	3:35 PM	FLOOD
	3:35 PM	5:20 PM	Pre-Novice Women Free Group 5
	5:20 PM	5:35 PM	FLOOD
	5:35 PM	7:40 PM	Novice Women Free Group 1
	7:40 PM	7:55 PM	FLOOD
	7:55 PM	10:00 PM	Novice Women Free Group 2
1	.0:00 PM		GOOD NIGHT





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Saturday November 8, 2025 **START END POTVIN ARENA** Senior Rhythm Dance Practice 7:15 AM 7:35 AM Junior Free Dance Practice 1-3 7:35 AM 7:55 AM 7:55 AM 8:15 AM Junior Free Dance Practice 4-6 8:15 AM | 8:30 AM **FLOOD** Junior Solo Rhythm Dance Shared Warm up 8:30 AM 8:50 AM Senior Solo Rhythm Dance 8:50 AM | 9:10 AM Junior Pair Short Practice **FLOOD** 9:10 AM | 9:25 AM 9:25 AM | 10:35 AM Pre-Novice Men Free 1 10:35 AM 10:50 AM **FLOOD** 10:50 AM 11:25 AM Senior Rhythm Dance 11:25 AM 12:10 PM Junior Free Dance 12:10 PM 12:35 PM Junior Solo Free Dance Shared Warmp up Senior Solo Free Dance **FLOOD** 12:35 PM | 12:50 PM Junior Women Short Practice 1-8 12:50 PM | 1:10 PM 1:10 PM 1:30 PM Junior Women Short Practice 9-16 1:30 PM | 1:45 PM **FLOOD** Pre-Novice Men Free 2 1:45 PM 2:55 PM 2:55 PM 3:10 PM **FLOOD** 3:10 PM 3:35 PM Pre-Novice Pair Short Shared Warm up **Novice Pair Short**

3:35 PM	4:00 PM	Junior Pair Short
4:00 PM	4:15 PM	FLOOD
4:15 PM	5:55 PM	Junior Women Short
5:55 PM	6:10 PM	FLOOD
6:10 PM	7:00 PM	Pre-Novice Free Dance
7:00 PM	8:05 PM	Novice Free Dance
8:05 PM		GOOD NIGHT!



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Sunday November 9, 2025 **POTVIN ARENA START END** 8:00 AM 8:20 AM Senior Free Dance Practice Junior Pair Free Practice 8:20 AM 8:40 AM **FLOOD** 8:40 AM | 8:55 AM 8:55 AM 9:15 AM Junior Women Free Practice 1-8 9:15 AM 9:35 AM Junior Women Free Practice 9-16 9:35 AM | 9:50 AM **FLOOD** Pre-Novice Free Shared Warm up 9:50 AM | 10:15 AM Novice Pair Free 10:15 AM 10:40 AM Junior Pair Free 10:40 AM 10:55 AM **FLOOD** 10:55 AM 11:20 AM Junior Synchro Short Senior Synchro Short 11:20 AM 11:35 AM 11:35 AM 11:50 AM **FLOOD** 11:50 AM 12:30 PM Senior Free Dance Junior Women Free 1-10 12:30 PM | 1:45 PM **FLOOD** 1:45 PM | 2:00 PM 2:00 PM 2:45 PM Junior Women Free 11-16 2:50 PM 3:05 PM **FLOOD** 3:00 PM 3:30 PM Junior Synchro Free 3:30 PM 3:45 PM Senior Synchro Free 3:45 PM **GOOD BYE**