

SKATE ONTARIO Synchro Series #2 - KINGSTON

INVISTA CENTRE • Kingston, ON

AS OF JANUARY 14, 2026 - SUBJECT TO CHANGE

DRESSING ROOM SCHEDULE

23-Jan-26			WARM UP SPACE	DRESSING ROOM	ENTER WARM UP	EXIT WARM UP	ENTER ROOM	AT ICE LEVEL	ON ICE	OFF ICE	EXIT ROOM
COMPETITION	REPRESENTING										
STAR 4 U12 GROUP 1									11:00 AM		
1	Ice Fyre- STAR 4 U11	Whitby Synchronized Skating Teams	1	1	10:15 AM	10:35 AM	10:40 AM	10:58 AM	11:00 AM	11:05 AM	11:20 AM
2	Ice Unite	Silver Blades SC	2	2	10:20 AM	10:40 AM	10:45 AM	11:03 AM	11:05 AM	11:10 AM	11:25 AM
3	Illusion	CPA St-Jean	3	3	10:25 AM	10:45 AM	10:50 AM	11:08 AM	11:10 AM	11:15 AM	11:30 AM
4	Gold Ice Pre-Juvenile	Skate Canada Brampton-Chinguacousy	4	4	10:30 AM	10:50 AM	10:55 AM	11:13 AM	11:15 AM	11:20 AM	11:35 AM
5	Ice Crystals Pre Juvenile	Langton SC	5	5	10:35 AM	10:55 AM	11:00 AM	11:18 AM	11:20 AM	11:25 AM	11:40 AM
STAR 4 U12 GROUP 2								11:23 AM	11:25 AM	11:37 AM	
1	Pulse Synchro Star 4 Beginner	Wasaga Beach FSC	6	6	10:52 AM	11:12 AM	11:17 AM	11:35 AM	11:37 AM	11:42 AM	11:57 AM
2	Dynicity	Kitchener - Waterloo SC	1	1	10:57 AM	11:17 AM	11:22 AM	11:40 AM	11:42 AM	11:47 AM	12:02 PM
3	EDGE Pre Juvenile	Skate Oakville	2	2	11:02 AM	11:22 AM	11:27 AM	11:45 AM	11:47 AM	11:52 AM	12:07 PM
4	NEXXICE Pre-Juvenile	Burlington Skating Centre	3	3	11:07 AM	11:27 AM	11:32 AM	11:50 AM	11:52 AM	11:57 AM	12:12 PM
5	Port Perry Snow Angels	Port Perry SC	4	4	11:12 AM	11:32 AM	11:37 AM	11:55 AM	11:57 AM	12:02 PM	12:17 PM
STAR 4 U12 GROUP 3			FLOOD					12:00 PM	12:02 PM	12:17 PM	
1	Pulse Synchro Star 4 Pre-Juvenile	Wasaga Beach FSC	5	5	11:32 AM	11:52 AM	11:57 AM	12:15 PM	12:17 PM	12:22 PM	12:37 PM
2	Matrix Star 4 PreJuvenile	Matrix Synchronized Skating Academy	6	6	11:37 AM	11:57 AM	12:02 PM	12:20 PM	12:22 PM	12:27 PM	12:42 PM
3	EDGE Elementary	Skate Oakville	1	1	11:42 AM	12:02 PM	12:07 PM	12:25 PM	12:27 PM	12:32 PM	12:47 PM
4	Illusion	Kingston Synchronized Skating Teams	2	2	11:47 AM	12:07 PM	12:12 PM	12:30 PM	12:32 PM	12:37 PM	12:52 PM
5	Gold Ice Elementary	Skate Canada Brampton-Chinguacousy	3	3	11:52 AM	12:12 PM	12:17 PM	12:35 PM	12:37 PM	12:42 PM	12:57 PM
STAR 4 U12 GROUP 4								12:40 PM	12:42 PM	12:54 PM	
1	TEAM UNITY - PRE JUVENILE	Tavistock & District FSC	4	4	12:09 PM	12:29 PM	12:34 PM	12:52 PM	12:54 PM	12:59 PM	1:14 PM
2	Rythmiks	CPA L'Oiseau Bleu de Mascouche	5	5	12:14 PM	12:34 PM	12:39 PM	12:57 PM	12:59 PM	1:04 PM	1:19 PM
3	Gold Ice Beginner	Skate Canada Brampton-Chinguacousy	6	6	12:19 PM	12:39 PM	12:44 PM	1:02 PM	1:04 PM	1:09 PM	1:24 PM
4	Meraki Star 4	Leaside SC	1	1	12:24 PM	12:44 PM	12:49 PM	1:07 PM	1:09 PM	1:14 PM	1:29 PM
5	Steel City Synchro STAR 4 U11	Hamilton SC	2	2	12:29 PM	12:49 PM	12:54 PM	1:12 PM	1:14 PM	1:19 PM	1:34 PM
STAR 4 U 12 GROUP 5			FLOOD					1:17 PM	1:19 PM	1:34 PM	
1	Les Supremes de Saint-Leonard	CPA de Saint-Leonard	3	3	12:49 PM	1:09 PM	1:14 PM	1:32 PM	1:34 PM	1:39 PM	1:54 PM
2	Matrix Star 4 Beginner	Matrix Synchronized Skating Academy	4	4	12:54 PM	1:14 PM	1:19 PM	1:37 PM	1:39 PM	1:44 PM	1:59 PM
3	Sparkling Ice	Unionville SC	5	5	12:59 PM	1:19 PM	1:24 PM	1:42 PM	1:44 PM	1:49 PM	2:04 PM
4	TEAM UNITY - BEGINNER	Tavistock & District FSC	6	6	1:04 PM	1:24 PM	1:29 PM	1:47 PM	1:49 PM	1:54 PM	2:09 PM
5	Alvinson Angels	Brooke & Alvinson SC	1	1	1:09 PM	1:29 PM	1:34 PM	1:52 PM	1:54 PM	1:59 PM	2:14 PM
6	NEXXICE Beginner	Burlington Skating Centre	2	2	1:14 PM	1:34 PM	1:39 PM	1:57 PM	1:59 PM	2:04 PM	2:19 PM
ADULT III FREE PROGRAM GROUP 1			FLOOD					2:02 PM	2:04 PM	2:19 PM	
1	TEAM UNITY	Tavistock & District FSC	3	3	1:34 PM	1:54 PM	1:59 PM	2:17 PM	2:19 PM	2:25 PM	2:40 PM
2	Team Inspire	Plattsville FSC	4	4	1:40 PM	2:00 PM	2:05 PM	2:23 PM	2:25 PM	2:31 PM	2:46 PM
3	Platinum Blades	Peterborough FSC	5	5	1:46 PM	2:06 PM	2:11 PM	2:29 PM	2:31 PM	2:38 PM	2:53 PM
4	Illusion	Kingston Synchronized Skating Teams	6	6	1:53 PM	2:13 PM	2:18 PM	2:36 PM	2:38 PM	2:44 PM	2:59 PM
			FLOOD					2:42 PM	2:44 PM	2:59 PM	
5	Ice Fyre	Whitby Synchronized Skating Teams	1	1	2:14 PM	2:34 PM	2:39 PM	2:57 PM	2:59 PM	3:06 PM	3:21 PM
6	Steel City Synchro Adult 3	Ancaster FSC	2	2	2:21 PM	2:41 PM	2:46 PM	3:04 PM	3:06 PM	3:12 PM	3:27 PM
7	Ice Precise	Mississauga SC	3	3	2:27 PM	2:47 PM	2:52 PM	3:10 PM	3:12 PM	3:18 PM	3:33 PM
8	Capital Ice	Rideau SC	4	4	2:33 PM	2:53 PM	2:58 PM	3:16 PM	3:18 PM	3:25 PM	3:40 PM
ADULT III FREE PROGRAM GROUP 2			FLOOD					3:23 PM	3:25 PM	3:40 PM	
1	Ice Diamonds	Nepean SC	5	5	2:55 PM	3:15 PM	3:20 PM	3:38 PM	3:40 PM	3:46 PM	4:01 PM
2	TEAM UNITY IMAGE	Tavistock & District FSC	6	6	3:01 PM	3:21 PM	3:26 PM	3:44 PM	3:46 PM	3:53 PM	4:08 PM
3	Georgina Iceations	Georgina SC	1	1	3:08 PM	3:28 PM	3:33 PM	3:51 PM	3:53 PM	3:59 PM	4:14 PM
4	Mid Ice Crisis	East Gwillimbury SC	2	2	3:14 PM	3:34 PM	3:39 PM	3:57 PM	3:59 PM	4:06 PM	4:21 PM
			FLOOD					4:04 PM	4:06 PM	4:21 PM	
5	EnergICE	St Thomas FSC	3	3	3:36 PM	3:56 PM	4:01 PM	4:19 PM	4:21 PM	4:27 PM	4:42 PM
6	Le Mistral	CPA de Mercier	4	4	3:42 PM	4:02 PM	4:07 PM	4:25 PM	4:27 PM	4:33 PM	4:48 PM
7	Ice Crystals	Langton SC	5	5	3:48 PM	4:08 PM	4:13 PM	4:31 PM	4:33 PM	4:40 PM	4:55 PM
8	Matrix	Matrix Synchronized Skating Academy	6	6	3:55 PM	4:15 PM	4:20 PM	4:38 PM	4:40 PM	4:46 PM	5:01 PM
9	Ice Diamonds Sparkle	Nepean SC	1	1	4:01 PM	4:21 PM	4:26 PM	4:44 PM	4:46 PM	4:53 PM	5:08 PM
ADULT II FREE PROGRAM			FLOOD					4:51 PM	4:53 PM	5:08 PM	
1	Harmony On Ice	Port Hope FSC	2	2	4:23 PM	4:43 PM	4:48 PM	5:06 PM	5:08 PM	5:15 PM	5:30 PM

SKATE ONTARIO Synchro Series #2 - KINGSTON

INVISTA CENTRE • Kingston, ON

AS OF JANUARY 14, 2026 - SUBJECT TO CHANGE

DRESSING ROOM SCHEDULE

23-Jan-26		WARM UP SPACE	DRESSING ROOM	ENTER WARM UP	EXIT WARM UP	ENTER ROOM	AT ICE LEVEL	ON ICE	OFF ICE	EXIT ROOM	
COMPETITION	REPRESENTING										
2	TEAM UNITY	Tavistock & District FSC	3	3	4:30 PM	4:50 PM	4:55 PM	5:13 PM	5:15 PM	5:22 PM	5:37 PM
3	Team Inspire	Plattsville FSC	4	4	4:37 PM	4:57 PM	5:02 PM	5:20 PM	5:22 PM	5:30 PM	5:45 PM
4	Trinity	Trinity Skating Academy of Toronto	5	5	4:45 PM	5:05 PM	5:10 PM	5:28 PM	5:30 PM	5:37 PM	5:52 PM
		FLOOD					5:35 PM	5:37 PM	5:52 PM		
5	Capital Ice	Minto SC	6	6	5:07 PM	5:27 PM	5:32 PM	5:50 PM	5:52 PM	5:58 PM	6:13 PM
6	Ice Harmony	Port Stanley SC	1	1	5:13 PM	5:33 PM	5:38 PM	5:56 PM	5:58 PM	6:05 PM	6:20 PM
7	Ice Fyre	Whitby Synchronized Skating Teams	2	2	5:20 PM	5:40 PM	5:45 PM	6:03 PM	6:05 PM	6:11 PM	6:26 PM
8	Phenix	Patinage Candiac	3	3	5:26 PM	5:46 PM	5:51 PM	6:09 PM	6:11 PM	6:18 PM	6:33 PM
		FLOOD					6:16 PM	6:18 PM	6:33 PM		
9	Luminice	Elora & District FSC	4	4	5:48 PM	6:08 PM	6:13 PM	6:31 PM	6:33 PM	6:39 PM	6:54 PM
10	Team Unity Image	Tavistock & District FSC	5	5	5:54 PM	6:14 PM	6:19 PM	6:37 PM	6:39 PM	6:45 PM	7:00 PM
11	Ice Crystals	Langton SC	6	6	6:00 PM	6:20 PM	6:25 PM	6:43 PM	6:45 PM	6:52 PM	7:07 PM
12	Steel City Synchro Adult 2	Ancaster FSC	1	1	6:07 PM	6:27 PM	6:32 PM	6:50 PM	6:52 PM	6:58 PM	7:13 PM
13	Synchronicity	London SC	2	2	6:13 PM	6:33 PM	6:38 PM	6:56 PM	6:58 PM	7:04 PM	7:19 PM
ADULT I FREE PROGRAM		FLOOD					7:02 PM	7:04 PM	7:19 PM		
1	Nova Spirit	Patinage Synchronise Nova	3	3	6:34 PM	6:54 PM	6:59 PM	7:17 PM	7:19 PM	7:27 PM	7:42 PM
2	Capital Ice	Nepean SC	4	4	6:42 PM	7:02 PM	7:07 PM	7:25 PM	7:27 PM	7:34 PM	7:49 PM
3	TEAM UNITY	Tavistock & District FSC	5	5	6:49 PM	7:09 PM	7:14 PM	7:32 PM	7:34 PM	7:41 PM	7:56 PM
4	Steel City Synchro Adult 1	Ancaster FSC	6	6	6:56 PM	7:16 PM	7:21 PM	7:39 PM	7:41 PM	7:49 PM	8:04 PM
5	Synchronicity	London SC	1	1	7:04 PM	7:24 PM	7:29 PM	7:47 PM	7:49 PM	7:56 PM	8:11 PM
6	Ice Fyre	Whitby Synchronized Skating Teams	2	2	7:11 PM	7:31 PM	7:36 PM	7:54 PM	7:56 PM	8:04 PM	8:19 PM
		FLOOD					8:02 PM	8:04 PM	8:19 PM		
7	Ice Diamonds	Nepean SC	3	3	7:34 PM	7:54 PM	7:59 PM	8:17 PM	8:19 PM	8:26 PM	8:41 PM
8	Trinity	Trinity Skating Academy of Toronto	4	4	7:41 PM	8:01 PM	8:06 PM	8:24 PM	8:26 PM	8:33 PM	8:48 PM
9	Ice Precise	Mississauga SC	5	5	7:48 PM	8:08 PM	8:13 PM	8:31 PM	8:33 PM	8:41 PM	8:56 PM
10	Symmetry	Eganville SC	6	6	7:56 PM	8:16 PM	8:21 PM	8:39 PM	8:41 PM	8:48 PM	9:03 PM
11	Matrix	Matrix Synchronized Skating Academy	1	1	8:03 PM	8:23 PM	8:28 PM	8:46 PM	8:48 PM	8:55 PM	9:10 PM
12	Illusion	Kingston Synchronized Skating Teams	2	2	8:10 PM	8:30 PM	8:35 PM	8:53 PM	8:55 PM	9:03 PM	9:18 PM
END OF DAY									9:03 PM		