



## Skate Ontario STAR 1 Event Delivery Model – 2024-2025

### Guiding Principles for Event Management

- **Create a positive, organized, and relaxed environment:** Ensure a fun, participatory experience for each skater, maintaining good organization and flow.
- **Foster a well-organized environment:** Good planning contributes significantly to the overall experience.
- **Provide a great first performance experience:** Aim to make the event memorable and enjoyable for skaters.
- **Continuous Movement:** Plan for skaters to move throughout the event to reinforce LTD stage appropriate principles.

### STAR 1 Event Management Procedure Recommendations

The STAR 1 Event Management procedures align with the above guiding principles.

- **Group Organization:** When forming groups, the Technical Representative will endeavor to keep skaters from the same club together, group by age and when applicable, a group for boys. This supports coaches and enhances event flow.
- **Warm-up Planning:** Conduct warmups on both ends of the ice surface.
- **Event Execution:** Events will take place in the center of the ice, with a maximum of two skaters performing simultaneously. This arrangement is ideal for spectating, taking photos, and optimizing warm-up space. Skaters will perform the following elements in sets:
  - **Stroking Exercise** Technical representative will draw to determine which direction (clockwise or counterclockwise)
  - **Jump Elements** - 3 jumps
  - **Spin Elements** - 2 spins
  - **Spiral Sequence**

After each set, the skater will return to their coach to the practice area to warm up the next set of elements until it is their turn to perform again.

- **Event Scheduling:** Each group will complete their performance in its entirety before the next group(s) of skaters will enter the ice to avoid confusion, particularly for young skaters.
- **Evaluation:** Ensure that all level requirements are clearly communicated (will be included in the event announcement).