



Skate  
Ontario

## SKATE ONTARIO - LAKE SUPERIOR FSC

Jan 10-12 • Sault Ste Marie, Ontario

PROVINCIAL SERIES

FRIDAY, JANUARY 10, 2025

START	END	PAD A
12:00:00	12:25:00	STAR 2 ELEMENTS - GROUP 1
12:25:00	12:45:00	STAR 2 ELEMENTS - GROUP 2
12:45:00	13:05:00	STAR 2 ELEMENTS - GROUP 3
13:05:00	13:25:00	STAR 2 ELEMENTS - GROUP 4
13:25:00	13:45:00	STAR 2 ELEMENTS - GROUP 5
13:45:00	14:05:00	STAR 3 ELEMENTS - GROUP 1
14:05:00	14:25:00	STAR 3 ELEMENTS - GROUP 2
14:25:00	14:45:00	STAR 3 ELEMENTS - GROUP 3
<b>14:45:00</b>	<b>15:00:00</b>	<b>FLOOD</b>
15:00:00	15:15:00	STAR 4 ELEMENTS - GROUP 1
15:15:00	15:30:00	STAR 4 ELEMENTS - GROUP 2
15:30:00	15:40:00	STAR 5 ELEMENTS
15:40:00	15:55:00	STAR 6 ELEMENTS - <i>Shared Warm-Up</i>
		STAR 8 ELEMENTS
		GOLD ELEMENTS
15:55:00	16:40:00	STAR 5 ARTISTIC - GROUP 1
16:40:00	17:30:00	STAR 5 ARTISTIC - GROUP 2
17:30:00	17:35:00	CREATIVE IMPROV 4
17:35:00	17:55:00	CREATIVE IMPROV 1
17:55:00	18:10:00	CREATIVE IMPROV 2
<b>19:10:00</b>	<b>18:25:00</b>	<b>FLOOD</b>
18:25:00	19:15:00	STAR 7 ARTISTIC
19:15:00	19:35:00	STAR 9 ARTISTIC
19:35:00	19:55:00	GOLD ARTISTIC
19:55:00	20:10:00	ADULT INTRO FREE OPEN
10:10:00	20:30:00	ADULT BRONZE FREE MEN - <i>Shared Warm-Up</i>
		ADULT BRONZE FREE WOMEN
20:30:00	21:05:00	ADULT SILVER FREE - <i>Shared Warm-Up</i>
		ADULT GOLD FREE
		ADULT MASTERS FREE
<b>21:05:00</b>		<b>GOODNIGHT!</b>

**SATURDAY, JANUARY 11, 2025****START END PAD A****FULL ICE EVENTS**

08:00:00 09:20:00 STAR 7 WOMEN O12  
 09:20:00 09:45:00 STAR 7 MEN O12 - *Shared Warm-Up*  
                   STAR 7 U12 WOMEN  
 09:45:00 10:20:00 STAR 4 Girls O13 GROUP 1  
 10:20:00 10:55:00 STAR 9 U14 - *Shared Warm-Up*  
                   STAR 9 O14 WOMEN  
 10:55:00 11:30:00 STAR 5 WOMEN O13 - NQ - *Shared Warm-up*  
                   STAR 5 WOMEN U13 - NQ

**11:30:00 11:45:00 FLOOD**

11:45:00 12:20:00 STAR 4 GIRLS O13 - GROUP 2  
 12:20:00 12:40:00 STAR 4 U13 GIRLS - GROUP 1  
 12:40:00 13:05:00 STAR 4 U13 GIRLS/BOYS - GROUP 2  
 13:05:00 13:20:00 STAR 4 U10 GIRLS  
 13:20:00 14:15:00 STAR 5 WOMEN O13  
 14:15:00 14:45:00 STAR 5 WOMEN U10- *Shared Warm-up*  
                   STAR 5 WOMEN U13  
 14:45:00 14:50:00 GOLD TEAM ELEMENTS

**HALF ICE EVENTS****LOBBY END****OTHER END**

14:50:00	14:55:00	STAR 2 TEAM ELEMENTS	STAR 3 TEAM ELEMENTS
14:55:00	15:05:00	STAR 4 TEAM ELEMENTS	STAR 5 TEAM ELEMENTS
15:05:00	15:35:00	STAR 1 - GROUP 1	STAR 1 - GROUP 2
15:35:00	16:05:00	STAR 1 - GROUP 3	STAR 1 - GROUP 4

**16:05:00 16:20:00 FLOOD****FULL ICE EVENTS**

16:20:00 17:15:00 STAR 6 WOMEN  
 17:15:00 17:30:00 STAR 6 MEN - *Shared Warm-Up*  
                   STAR 8 MEN  
 17:30:00 17:40:00 STAR 2/3 SOLO DANCE  
 17:40:00 17:55:00 INDIVIDUAL SHOWCASE 2  
 17:55:00 18:05:00 INDIVIDUAL SHOWCASE 1 - GROUP 1  
 18:05:00 18:20:00 INDIVIDUAL SHOWCASE 1 - GROUP 2  
 18:20:00 18:25:00 GROUP SHOWCASE 2

**18:25:00 18:40:00 FLOOD**

18:40:00 19:05:00 JUVENILE WOMEN U14 - *Shared Warm-Up*  
                   PRE-JUVENILE WOMEN U11  
                   PRE-JUVENILE WOMEN U13  
 19:05:00 19:40:00 STAR 8 WOMEN  
 19:40:00 20:05:00 STAR 10 WOMEN - *Shared Warm-Up*  
                   GOLD WOMEN  
 20:05:00 20:50:00 STAR 7 ARTISTIC NQ -*Shared Warm-up with first warm-up Star 5 Artistic NQ*  
                   STAR 5 ARTISTIC NQ  
 20:50:00 21:20:00 ADULT INTRODUCTORY MEN ARTISTIC - *Shared Warm-Up*  
                   ADULT INTRODUCTORY WOMEN ARTISTIC  
                   ADULT BRONZE WOMEN ARTISTIC  
 21:20:00 21:35:00 ADULT WOMEN SILVER ARTISTIC  
                   ADULT GOLD WOMEN ARTISTIC

**21:35:00 GOODNIGHT!**

SUNDAY, JANUARY 12, 2025

START	END	PAD A
08:00:00	08:30:00	STAR 2 GIRLS/BOYS - GROUP 1
08:30:00	09:00:00	STAR 2 GIRLS/BOYS - GROUP 2
09:00:00	09:30:00	STAR 2 GIRLS/BOYS - GROUP 3
09:30:00	10:00:00	STAR 2 GIRLS/BOYS - GROUP 4
10:00:00	10:30:00	STAR 2 GIRLS/BOYS - GROUP 5
10:30:00	11:00:00	STAR 2 GIRLS/BOYS - GROUP 6

**11:00:00 11:15:00 FLOOD**

11:15:00	11:45:00	STAR 3 GIRLS/BOYS - GROUP 1
11:45:00	12:15:00	STAR 3 GIRLS/BOYS - GROUP 2
12:15:00	12:45:00	STAR 3 GIRLS/BOYS - GROUP 3
12:45:00	13:15:00	STAR 3 GIRLS/BOYS - GROUP 4

**13:15:00 SAFE TRAVELS!**