



SKATE ONTARIO - PROVINCIAL SERIES #5 - NEPEAN
 NOVEMBER 29 - DECEMBER 1, 2024 • NEPEAN, ONTARIO
 NEPEAN SPORTSPLEX, 1701 WOODROFFE AVENUE
 AS OF NOVEMBER 9, 2024 - Subject to Change

FRIDAY, NOVEMBER 29, 2024

START	END	ARENA 3	START	END	ARENA 1 (YZERMAN)
8:00 AM	9:05 AM	STAR 5 U13 Women - Group 1	2:30 PM	2:55 PM	STAR 4 U10 Girls
9:05 AM	10:05 AM	STAR 5 U13 Women - Group 2	2:55 PM	3:25 PM	STAR 4 U13 Girls - Group 1
10:05 AM	10:20 AM	STAR 5 U13 Women - NQ	3:25 PM	3:55 PM	STAR 4 U13 Girls - Group 2
10:20 AM	10:35 AM	FLOOD	3:55 PM	4:25 PM	STAR 4 U13 Girls - Group 3
10:35 AM	12:00 PM	STAR 5 O13 Women - Group 1	4:25 PM	4:40 PM	FLOOD
12:00 PM	12:15 PM	STAR 7 O12 Women - NQ	4:40 PM	5:10 PM	STAR 4 O13 Girls - Group 1
12:15 PM	1:20 PM	STAR 7 U12 Women	5:10 PM	5:40 PM	STAR 4 O13 Girls - Group 2
1:20 PM	1:35 PM	FLOOD	5:40 PM	6:10 PM	STAR 4 O13 Girls - Group 3
1:35 PM	2:00 PM	STAR 7 U12 Men (<i>Shared Warm-up</i>) STAR 7 O12 Men	6:10 PM	6:40 PM	STAR 4 O13 Girls - Group 4
2:00 PM	3:35 PM	STAR 7 O12 Women - Group 1	6:40 PM	7:10 PM	STAR 4 U10 Boys (<i>Shared Warm-up</i>) STAR 4 U13 Boys STAR 4 O13 Boys
3:35 PM	5:10 PM	STAR 7 O12 Women - Group 2	7:10 PM	7:25 PM	FLOOD
5:10 PM	5:25 PM	FLOOD	7:25 PM	7:50 PM	Adult Intro Women Artistic - Class V (<i>Shared Warm-up</i>) Adult Bronze Women Artistic - Young Adult Adult Bronze Women Artistic - Class II
5:25 PM	7:00 PM	STAR 7 O12 Women - Group 3	7:50 PM	8:05 PM	Adult Silver Women Artistic - Class II (<i>Shared Warm-up</i>) Adult Silver Women Artistic - Class III Adult Silver Women Artistic - Class IV
7:00 PM	7:20 PM	STAR 9 U14 Women	8:05 PM	8:20 PM	Adult Gold Women Artistic - Class I (<i>Shared Warm-up</i>) Adult Gold Women Artistic - Class IV
7:20 PM	9:00 PM	STAR 9 O14 Women	8:20 PM	8:35 PM	Adult Elite Women Artistic - Class I (<i>Shared Warm-up</i>) Adult Elite Women Artistic - Class V
9:00 PM		GOOD NIGHT	8:35 PM		GOOD NIGHT



**Skate
Ontario**

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SATURDAY, NOVEMBER 30, 2024

START	END	ARENA 3	START	END	ARENA 1 (YZERMAN)
8:00 AM	8:50 AM	STAR 5 U10 Women	8:00 AM	8:25 AM	STAR 1 - Group 1 (Zamboni End)
8:50 AM	9:15 AM	STAR 5 U10 Men (<i>Shared Warm-up</i>)			STAR 1 - Group 2 (Other End)
		STAR 5 U13 Men	8:25 AM	8:45 AM	STAR 1 - Group 3 (Zamboni End)
9:15 AM	9:30 AM	STAR 5 O13 Men			STAR 1 - Group 4 (Other End)
9:30 AM	10:10 AM	STAR 5 O13 Women - NQ	8:45 AM	9:05 AM	STAR 1 - Group 5 (Zamboni End)
10:10 AM	10:25 AM	FLOOD			STAR 1 - Group 6 (Other End)
10:25 AM	11:50 AM	STAR 5 O13 Women - Group 2	9:05 AM	9:25 AM	STAR 1 - Group 7 (Zamboni End)
11:50 AM	12:50 PM	Pre-Juvenile U13 Women			STAR 1 - Group 8 (Other End)
12:50 PM	1:05 PM	FLOOD	9:25 AM	9:40 AM	FLOOD
1:05 PM	1:30 PM	Pre-Juvenile U11 Women	9:40 AM	10:10 AM	STAR 2 - Group 1
1:30 PM	1:50 PM	Pre-Juvenile U13 Men	10:10 AM	10:40 AM	STAR 2 - Group 2
1:50 PM	2:10 PM	Juvenile U14 Men	10:40 AM	11:10 AM	STAR 2 - Group 3
2:10 PM	2:35 PM	Juvenile U12 Women	11:10 AM	11:40 AM	STAR 2 - Group 4
2:35 PM	3:45 PM	Juvenile U14 Women	11:40 AM	11:55 AM	FLOOD
3:45 PM	4:00 PM	FLOOD	11:55 AM	12:25 PM	STAR 2 - Group 5
4:00 PM	5:45 PM	STAR 8 Women	12:25 PM	12:55 PM	STAR 2 - Group 6
5:45 PM	6:30 PM	STAR 10 Women	12:55 PM	1:25 PM	STAR 2 - Group 7
6:30 PM	7:20 PM	Gold Women	1:25 PM	1:55 PM	STAR 2 - Group 8
7:20 PM	7:35 PM	FLOOD	1:55 PM	2:10 PM	FLOOD
7:35 PM	7:50 PM	Adult Intro Open Women Free Skate - Class II (<i>Shared Warm-up</i>)	2:10 PM	2:40 PM	STAR 2 - Group 9
		Adult Intro Open Women Free Skate - Class V	2:40 PM	3:10 PM	STAR 2 - Group 10
7:50 PM	8:20 PM	Adult Bronze Women Free Skate - Young Adult (<i>Shared Warm-up</i>)	3:10 PM	3:20 PM	Special Olympics Women Level 5 - Short Program (<i>Shared Warm-up</i>)
		Adult Bronze Women Free Skate - Class I			Special Olympics Men Level 5 - Short Program
		Adult Bronze Women Free Skate - Class II	3:20 PM	3:35 PM	Special Olympics Level 1 Solo Dance
		Adult Bronze Women Free Skate - Class III	3:35 PM	3:50 PM	Special Olympics Women Level 1 Freeskate (<i>Shared Warm-up</i>)
		Adult Bronze Women Free Skate - Class IV			Special Olympics Men Level 2 Freeskate
8:20 PM	8:50 PM	Adult Silver Women Free Skate - Young Adult (<i>Shared Warm-up</i>)			Special Olympics Women Level 3 Freeskate
		Adult Silver Women Free Skate - Class I	3:50 PM	4:05 PM	Special Olympics Men Level 4 Freeskate (<i>Shared Warm-up</i>)
		Adult Silver Women Free Skate - Class II			Special Olympics Women Level 4 Freeskate
8:50 PM	9:15 PM	Adult Silver Women Free Skate - Class III (<i>Shared Warm-up</i>)	4:05 PM	4:20 PM	Special Olympics Men Level 5 Freeskate (<i>Shared Warm-up</i>)
		Adult Silver Women Free Skate - Class IV			Special Olympics Women Level 5 Freeskate
9:15 PM	9:40 PM	Adult Gold Women Free Skate - Young Adult (<i>Shared Warm-up</i>)	4:20 PM	4:35 PM	FLOOD
		Adult Gold Women Free Skate - Class I	4:35 PM	4:50 PM	STAR 2/3 Couples Dance
		Adult Gold Women Free Skate - Class IV	4:50 PM	5:15 PM	STAR 2/3 Solo Dance
9:40 PM		GOOD NIGHT	5:15 PM	6:30 PM	STAR 5 Artistic - Group 1
			6:30 PM	6:45 PM	FLOOD
			6:45 PM	8:00 PM	STAR 5 Artistic - Group 2
			8:00 PM	9:15 PM	STAR 5 Artistic - Group 3
			9:15 PM		GOOD NIGHT



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SUNDAY, DECEMBER 1, 2024

START	END	ARENA 3
8:00 AM	9:50 AM	STAR 6 Women - Group 1
9:50 AM	11:40 AM	STAR 6 Women - Group 2
11:40 AM	11:55 AM	FLOOD
11:55 AM	12:10 PM	STAR 6 Women - NQ
12:10 PM	12:30 PM	STAR 8 Men
12:30 PM	1:25 PM	STAR 7 Artistic - Group 1
1:25 PM	2:20 PM	STAR 7 Artistic - Group 2
2:20 PM	2:30 PM	STAR 7 Artistic - NQ
2:30 PM	2:45 PM	FLOOD
2:45 PM	3:10 PM	STAR 9 Artistic
3:10 PM	3:45 PM	Gold Artistic
3:45 PM		GOOD NIGHT

START	END	ARENA 1 (YZERMAN)
8:00 AM	8:30 AM	STAR 3 - Group 1
8:30 AM	9:00 AM	STAR 3 - Group 2
9:00 AM	9:30 AM	STAR 3 - Group 3
9:30 AM	10:00 AM	STAR 3 - Group 4
10:00 AM	10:15 AM	FLOOD
10:15 AM	10:45 AM	STAR 3 - Group 5
10:45 AM	11:15 AM	STAR 3 - Group 6
11:15 AM	11:45 AM	STAR 3 - Group 7
11:45 AM	12:15 PM	STAR 3 - Group 8
12:15 PM	12:30 PM	FLOOD
12:30 PM	1:00 PM	STAR 3 - Group 9
1:00 PM	1:30 PM	STAR 3 - Group 10
1:30 PM	2:00 PM	STAR 3 - Group 11
2:00 PM	2:30 PM	STAR 3 - Group 12
2:30 PM	2:45 PM	FLOOD
2:45 PM	3:30 PM	STAR 5 Artistic - NQ
3:30 PM		GOOD NIGHT