



Skate
Ontario

SKATE ONTARIO - LAKE SUPERIOR FSC

Jan 10-12 • Sault Ste Marie, Ontario

FRIDAY, JANUARY 10, 2025

START	END	PAD A
12:00:00	12:25:00	STAR 2 ELEMENTS - GROUP 1
12:25:00	12:45:00	STAR 2 ELEMENTS - GROUP 2
12:45:00	13:05:00	STAR 2 ELEMENTS - GROUP 3
13:05:00	13:25:00	STAR 2 ELEMENTS - GROUP 4
13:25:00	13:45:00	STAR 2 ELEMENTS - GROUP 5
13:45:00	14:05:00	STAR 3 ELEMENTS - GROUP 1
14:05:00	14:25:00	STAR 3 ELEMENTS - GROUP 2
14:25:00	14:45:00	STAR 3 ELEMENTS - GROUP 3
14:45:00	15:00:00	FLOOD
15:00:00	15:15:00	STAR 4 ELEMENTS - GROUP 1
15:15:00	15:30:00	STAR 4 ELEMENTS - GROUP 2
15:30:00	15:40:00	STAR 5 ELEMENTS
15:40:00	15:55:00	STAR 6 ELEMENTS - <i>Shared Warm-Up</i>
		STAR 8 ELEMENTS
		GOLD ELEMENTS
15:55:00	16:40:00	STAR 5 ARTISTIC - GROUP 1
16:40:00	17:30:00	STAR 5 ARTISTIC - GROUP 2
17:30:00	17:45:00	CREATIVE IMPROV 1
17:45:00	18:00:00	CREATIVE IMPROV 2
18:00:00	18:15:00	FLOOD
18:15:00	19:05:00	STAR 7 ARTISTIC
19:05:00	19:25:00	STAR 9 ARTISTIC
19:25:00	19:45:00	GOLD ARTISTIC
19:45:00	20:00:00	ADULT INTRO FREE OPEN
20:00:00	20:20:00	ADULT BRONZE FREE MEN - <i>Shared Warm-Up</i>
		ADULT BRONZE FREE WOMEN
20:20:00	20:55:00	ADULT SILVER FREE - <i>Shared Warm-Up</i>
		ADULT GOLD FREE
		ADULT MASTERS FREE
20:55:00		GOODNIGHT!

SATURDAY, JANUARY 11, 2025

START END PAD A

FULL ICE EVENTS

08:00:00 09:20:00 STAR 7 WOMEN O12
 09:20:00 09:45:00 STAR 7 MEN O12 - *Shared Warm-Up*
 STAR 7 U12 WOMEN
 09:45:00 10:20:00 STAR 4 Girls O13 GROUP 1
 10:20:00 10:55:00 STAR 9 U14 - *Shared Warm-Up*
 STAR 9 O14 WOMEN
 10:55:00 11:30:00 STAR 5 WOMEN O13 - NQ - *Shared Warm-up*
 STAR 5 WOMEN U13 - NQ

11:30:00 11:45:00 FLOOD

11:45:00 12:20:00 STAR 4 GIRLS O13 - GROUP 2
 12:20:00 12:40:00 STAR 4 U13 GIRLS - GROUP 1
 12:40:00 13:05:00 STAR 4 U13 GIRLS/BOYS - GROUP 2
 13:05:00 13:20:00 STAR 4 U10 GIRLS
 13:20:00 14:15:00 STAR 5 WOMEN O13
 14:15:00 14:45:00 STAR 5 WOMEN U10- *Shared Warm-up*
 STAR 5 WOMEN U13
 14:45:00 14:50:00 GOLD TEAM ELEMENTS

HALF ICE EVENTS

LOBBY END

OTHER END

14:50:00 14:55:00	STAR 2 TEAM ELEMENTS	STAR 3 TEAM ELEMENTS
14:55:00 15:05:00	STAR 4 TEAM ELEMENTS	STAR 5 TEAM ELEMENTS
15:05:00 15:35:00	STAR 1 - GROUP 1	STAR 1 - GROUP 2
15:35:00 16:05:00	STAR 1 - GROUP 3	STAR 1 - GROUP 4

16:05:00 16:20:00 FLOOD

FULL ICE EVENTS

16:20:00 17:15:00 STAR 6 WOMEN
 17:15:00 17:30:00 STAR 6 MEN - *Shared Warm-Up*
 STAR 8 MEN
 17:30:00 17:40:00 STAR 2/3 SOLO DANCE
 17:40:00 17:55:00 INDIVIDUAL SHOWCASE 2
 17:55:00 18:05:00 INDIVIDUAL SHOWCASE 1 - GROUP 1
 18:05:00 18:20:00 INDIVIDUAL SHOWCASE 1 - GROUP 2
 18:20:00 18:25:00 INDIVIDUAL SHOWCASE 3
 18:25:00 18:30:00 CREATIVE IMPROV 4
 18:30:00 18:35:00 GROUP SHOWCASE 2

18:35:00 18:50:00 FLOOD

18:50:00 19:15:00 JUVENILE WOMEN U14 - *Shared Warm-Up*

PRE-JUVENILE WOMEN U11

PRE-JUVENILE WOMEN U13

19:15:00 19:50:00 STAR 8 WOMEN

19:50:00 20:15:00 STAR 10 WOMEN - *Shared Warm-Up*

GOLD WOMEN

20:15:00 21:00:00 STAR 7 ARTISTIC NQ -*Shared Warm-up with first warm-up Star 5 Artistic NQ*

STAR 5 ARTISTIC NQ

21:00:00 21:30:00 ADULT INTRODUCTORY MEN ARTISTIC - *Shared Warm-Up*

ADULT INTRODUCTORY WOMEN ARTISTIC

ADULT BRONZE WOMEN ARTISTIC

21:30:00 21:45:00 ADULT WOMEN SILVER ARTISTIC

ADULT GOLD WOMEN ARTISTIC

20:55:00

GOODNIGHT!

SUNDAY, JANUARY 12, 2025

START	END	PAD A
08:00:00	08:30:00	STAR 2 GIRLS/BOYS - GROUP 1
08:30:00	09:00:00	STAR 2 GIRLS/BOYS - GROUP 2
09:00:00	09:30:00	STAR 2 GIRLS/BOYS - GROUP 3
09:30:00	10:00:00	STAR 2 GIRLS/BOYS - GROUP 4
10:00:00	10:30:00	STAR 2 GIRLS/BOYS - GROUP 5
10:30:00	11:00:00	STAR 2 GIRLS/BOYS - GROUP 6
11:00:00	11:15:00	FLOOD
11:15:00	11:45:00	STAR 3 GIRLS/BOYS - GROUP 1
11:45:00	12:15:00	STAR 3 GIRLS/BOYS - GROUP 2
12:15:00	12:45:00	STAR 3 GIRLS/BOYS - GROUP 3
12:45:00	13:15:00	STAR 3 GIRLS/BOYS - GROUP 4
13:15:00		SAFE TRAVELS!