



**Skate  
Ontario**

**SKATE ONTARIO  
ADULT CHAMPIONSHIPS**

**2025 SKATE ONTARIO ADULT CHAMPIONSHIPS**  
**MARCH 7 and 8, 2025 • KANATA, ONTARIO**  
 TONY GRAHAM RECREATION COMPLEX, 100 Charlie Rogers Place  
 AS OF FEBRUARY 5, 2025 - SUBJECT TO CHANGE

**FRIDAY, MARCH 7, 2025**

START	END	PAD 1	START	END	PAD 2
8:00 AM	8:55 AM	Intro Open Women Free - Class YA	8:00 AM	8:35 AM	Silver Men Free- Class YA
8:55 AM	9:25 AM	Intro Open Women Free - Class I			Silver Men Free - Class II
		Intro Open Women Free - Class II			Silver Men Free- Class III
		Intro Open Women Free - Class III			Silver Men Free- Class IV
9:25 AM	9:45 AM	Intro Open Women Free - Class IV	8:35 AM	8:55 AM	Gold Men Free - Class YA
		Intro Open Women Free - Class V			Gold Men Free- Class I
9:45 AM	10:25 AM	Bronze Women Free - Class YA			Gold Men Free - Class III
<b>10:25 AM</b>	<b>10:40 AM</b>	<b>FLOOD</b>	8:55 AM	9:10 AM	Masters Men Free - Class II
10:40 AM	11:50 AM	Bronze Women Free - Class I			Masters Men Free - Class III
11:50 AM	1:10 PM	Bronze Women Free - Class II	9:10 AM	10:10 AM	Gold Women Free - Class I
<b>1:10 PM</b>	<b>1:25 PM</b>	<b>FLOOD</b>	<b>10:10 AM</b>	<b>10:25 AM</b>	<b>FLOOD</b>
1:25 PM	2:05 PM	Bronze Women Free - Class III	10:25 AM	11:25 PM	Gold Women Free - Class YA Group 1
2:05 PM	2:25 PM	Bronze Women Free - Class IV	11:25 PM	12:25 PM	Gold Women Free - Class YA Group 2
2:25 PM	3:50 PM	Silver Women Free - Class YA	12:25 PM	12:45 PM	Masters Women Free- Class II
<b>3:50 PM</b>	<b>4:05 PM</b>	<b>FLOOD</b>	12:45 PM	1:15 PM	Masters Elite Women Free - Class YA
4:05 PM	5:15 PM	Silver Women Free - Class I			Masters Elite Women Free- Class I
5:15 PM	6:15 PM	Silver Women Free - Class II	<b>1:15 PM</b>	<b>1:30 PM</b>	<b>FLOOD</b>
6:15 PM	7:25 PM	Silver Women Free - Class III	1:30 PM	2:45 PM	Couples Dance STAR 4/5
7:25 PM	7:55 PM	Silver Women Free - Class IV	2:45 PM	3:10 PM	Couples Dance STAR 6/7
		Silver Women Free - Class V	3:10 PM	3:35 PM	Couples Dance STAR 8/9
<b>7:55 PM</b>	<b>8:10 PM</b>	<b>FLOOD</b>	3:35 PM	3:50 PM	Couples Dance Elite
8:10 PM	8:40 PM	Gold Women Free - Class II	<b>3:50 PM</b>	<b>4:05 PM</b>	<b>FLOOD</b>
8:40 PM	9:20 PM	Gold Women Free - Class III	4:05 PM	5:00 PM	Solo Dance STAR 4/5 (Bronze)
		Gold Women Free - Class IV	5:00 PM	5:55 PM	Solo Dance STAR 6/7 (Silver)
<b>9:20 PM</b>		<b>GOOD NIGHT!</b>	5:55 PM	6:20 PM	Solo Dance STAR 8/9 (Gold) Dance 1
			<b>6:20 PM</b>	<b>6:35 PM</b>	<b>FLOOD</b>
			6:35 PM	6:55 PM	Solo Dance STAR 8/9 (Gold) Dance 2
			6:55 PM	8:35 PM	Solo Dance Elite STAR 10/GOLD
			8:35 PM	8:55 PM	Solo Open Rhthmn Dance
			8:55 PM	9:10 PM	Free Dance Bronze
			9:10 PM	9:25 PM	Free Dance Gold
			<b>9:25 PM</b>		<b>GOOD NIGHT!</b>



**Skate  
Ontario**

**SKATE ONTARIO  
ADULT CHAMPIONSHIPS**

**2025 SKATE ONTARIO ADULT CHAMPIONSHIPS**  
**MARCH 7 and 8, 2025 • KANATA, ONTARIO**  
 TONY GRAHAM RECREATION COMPLEX, 100 Charlie Rogers Place  
 AS OF FEBRUARY 5, 2025 - SUBJECT TO CHANGE

**SATURDAY MARCH 8, 2025**

START	END	PAD 1	START	END	PAD 2
8:00 AM	10:02 AM	Adult II Synchro	8:00 AM	8:25 AM	Introductory Women Artistic - YA
<b>10:02 AM</b>	<b>10:17 AM</b>	<b>FLOOD</b>	8:25 AM	8:45 AM	Introductory Women Artistic - Class I
10:17 AM	11:25 AM	Adult III Synchro - Group 1			Introductory Women Artistic - Class II
<b>11:25 AM</b>	<b>11:40 AM</b>	<b>FLOOD</b>			Introductory Women Artistic - Class V
11:40 AM	12:48 PM	Adult III Synchro - Group 2	8:45 AM	9:10 AM	Introductory Women Artistic - Class III
<b>12:48 PM</b>	<b>1:03 PM</b>	<b>FLOOD</b>			Introductory Women Artistic - Class IV
1:03 PM	2:15 PM	Adult I Synchro	9:10 AM	9:35 AM	Bronze Women Artistic - YA
<b>2:15 PM</b>	<b>2:30 PM</b>	<b>FLOOD</b>			Bronze Women Artistic - Class III
2:30 PM	3:06 PM	Men Intro Open Free - Class I	9:35 AM	10:10 AM	Bronze Women Artistic - Class I
		Men Intro Open Free - Class II	<b>10:10 AM</b>	<b>10:25 AM</b>	<b>FLOOD</b>
		Men Intro Open Free - Class III	10:25 AM	11:00 AM	Bronze Women Artistic - Class II
		Men Intro Open Free - Class V	11:00 AM	11:15 AM	Bronze Women Artistic - Class IV
<b>3:06 PM</b>	<b>3:21 PM</b>	<b>FLOOD</b>			Bronze Women Artistic - Class V
3:21 PM	5:23 PM	Adult II Synchro	11:15 AM	12:00 PM	Silver Women Artistic - YA
<b>5:23 PM</b>	<b>5:38 PM</b>	<b>FLOOD</b>	12:00 PM	12:25 PM	Silver Women Artistic - Class I
5:38 PM	6:46 PM	Adult III Synchro - Group 1	12:25 PM	12:40 PM	Silver Women Artistic - Class II
<b>6:46 PM</b>	<b>7:01 PM</b>	<b>FLOOD</b>			Silver Women Artistic - Class V
7:01 PM	8:09 PM	Adult III Synchro - Group 2	<b>12:40 PM</b>	<b>12:55 PM</b>	<b>FLOOD</b>
<b>8:09 PM</b>	<b>8:24 PM</b>	<b>FLOOD</b>	12:55 PM	1:15 PM	Silver Women Artistic - Class III
8:24 PM	9:36 PM	Adult I Synchro	1:15 PM	1:35 PM	Silver Women Artistic - Class IV
<b>9:36 PM</b>		<b>GOOD NIGHT! SAFE TRAVELS!</b>	1:35 PM	1:55 PM	Gold Women Artistic - Class YA
			1:55 PM	2:30 PM	Gold Women Artistic - Class I
			2:30 PM	2:55 PM	Gold Women Artistic - Class III
			<b>2:55 PM</b>	<b>3:10 PM</b>	<b>FLOOD</b>
			3:10 PM	3:30 PM	Bronze Men Free - Class YA
					Bronze Men Free - Class I
			3:30 PM	3:55 PM	Bronze Men Free - Class II
					Bronze Men Free - Class III
			3:55 PM	4:15 PM	Gold Women Artistic - Class II
					Gold Women Artistic - Class IV
			4:15 PM	4:40 PM	Elite Women Artistic - Class YA
			4:40 PM	5:10 PM	Elite Women Artistic - Class I
					Elite Women Artistic - Class IV
					Elite Women Artistic - Class V

<b>5:10 PM</b>	<b>5:25 PM</b>	<b>FLOOD</b>
5:25 PM	5:45 PM	Open Partner Artistic Masters Open Partner Artistic
5:45 PM	6:00 PM	Introductory Showcase
6:00 PM	6:20 PM	Bronze Showcase
6:20 PM	6:40 PM	Silver Showcase
6:40 PM	7:00 PM	Open Partner Showcase
<b>7:00 PM</b>	<b>7:15 PM</b>	<b>FLOOD</b>
7:15 PM	7:25 PM	Introductory Men Artistic - Class YA Introductory Men Artistic - Class V
7:25 PM	7:40 PM	Bronze Men Artistic - Class YA Bronze Men Artistic - Class I Bronze Men Artistic - Class III
7:40 PM	7:50 PM	Silver Men Artistic - Class IV Elite Men Artistic - Class I
<b>7:50 PM</b>	<b>8:05 PM</b>	<b>FLOOD</b>
8:05 PM	8:45 PM	Masters Women Free- Class YA
8:45 PM	9:25 PM	Masters Women Free - Class I
9:25 PM	9:35 PM	Adult Pair
<b>9:35 PM</b>		<b>DRIVE SAFE!</b>