

CanSkate Coach Pathway

All aspiring Skate Canada coaches begin NCCP training at the Learn to Skate level teaching Skate Canada's flagship program, CanSkate. The coach pathway is represented below. CanSkate Coaches are eligible to coach the CanSkate Program.

Certification Deadline

Coaches have three years from the date of the in-training course to certify as a CanSkate coach.

Pre-Requisites

- Be a current Skate Canada registrant with a Skate Canada Club.
- Be minimum 15 years of age.
- Has passed at least one complete Star 5 Assessment.
If you do not meet this pre-requisite, please contact your [Section Course Administrator](#).
- Has completed the following Skate Canada eLearning training:
 - Part A – Coaching Foundations eLearning course
 - Part B – CanSkate Foundations eLearning course

In-Training Status

- Attend an in-person 2-day course.
- Meet the standard as set in the [NCCP CanSkate Coach Participant Guidelines](#).
- Coaches with an In-Training Status have three years to complete their certification.

CanSkate Coach Course Information

The CanSkate course is scheduled and delivered by each Section individually. Frequency of courses are offered by demand- please contact your [Section Course Administrator](#).

- CanSkate course fee: varies by Section

Trained Status

CanSkate coaches will earn a Trained status once they have completed the two-day coach course and have completed these two multi-sport courses and Locker eLearning:

- **Making Ethical Decisions (multi-sport course)**
- **Teaching and Learning (multi-sport course)**

Multi-sport Course Information and Locker eLearning

All multi-sport training is offered in partnership with the Coaching Association of Canada through Provincial and Territorial Coaching Representatives. [Click here](#) for more information. Locker eLearning is available through your [Locker profile](#).

- Multi-sport course fee: varies by province/territory

Certified Status

- Must be a registered Skate Canada Coach in good standing

The CanSkate Coach Certified Evaluation Portfolio provides a platform for coaches to display their ability to coach at the Learn to Skate level. Coaches are encouraged to gain some experience coaching CanSkate or mentor with another coach prior to submitting this portfolio. To assist with coach development, the portfolio consists of the following components:

- Mentorship interview with the Coach evaluator
- Coaching philosophy
- Coaching goals
- Skater development philosophy
- CanSkate minimum requirement and delivery standards w/ coordinator or board member
- Emergency Action Plan (EAP)
- Submission of one technical video lessons at the CanSkate level
- Session Components
- Make Ethical Decisions online evaluation

Becoming a Certified CanSkate Coach

- When ready to complete the certification process, coaches must enroll in [CanSkate Coach Certified Portfolio](#) through the eLearning site.
 - You will be prompted to pay a \$105 evaluation fee prior to entry. Please note, this fee is non-refundable. Coaches should enroll in this course only when they are prepared to finish the portfolio in a timely manner.

Upon enrollment, the following events will take place:

- The coach will be assigned a coach evaluator by Skate Canada
- The coach evaluator will set up a time with the coach to review the portfolio (pre-brief conversation)
- The coach will complete the portfolio requirements and will notify the evaluator
 - Ensure portfolio is in fillable Portfolio Template
 - Submit for marking
- The evaluator will review the portfolio
 - Please allow four weeks for marking
- The coach evaluator will schedule a time with the coach to review the portfolio as well as create an action plan (debrief). The action plan may include additional professional development activities such as eLearning, resubmission of lessons, mentor coach lessons, etc.

PowerSkate Coach Pathway

The PowerSkate Coach Program prepares coaches to develop hockey and ringette players at the Learn to Train stage of LTD. The program serves as a transition out of CanSkate, to further develop sport-specific skating skills. Coaches going through the PowerSkate pathway will explore the delivery of the program and can utilize what they have learned to customize an advanced delivery of power skating. PowerSkate Coaches are qualified to coach the PowerSkate program.

Certification Deadline

Coaches have three years from the date of the in-training course to become Certified PowerSkate Coach.

Pre-Requisites

- Be a current Skate Canada registrant with a Skate Canada Club or a registered Coach in good standing.
- Be minimum 15 years of age.
- Has a Skate Canada CanSkate Coach, Hockey Canada, or Ringette Canada NCCP Status.
- Has completed the following Skate Canada eLearning training:

- Part A – Coaching Foundations eLearning course

In-Training status

- Successfully complete the [PowerSkate update](#)
- Attend the two-day course

PowerSkate Course Information

The PowerSkate course is scheduled and delivered by each Section individually. Frequency of courses are offered by demand- please contact your [Section Course Administrator](#).

- PowerSkate course fee: varies by Section

Trained status

PowerSkate coaches will earn a Trained status once they have completed the two-day coach course, have completed these three multi-sport courses and Locker eLearning:

- **Making Ethical Decisions (multi-sport course)**
- **Teaching and Learning (multi-sport course)**
- **Planning a Practice (multi-sport course)**

Multi-sport Course Information

All multi-sport training is offered in partnership with the Coaching Association of Canada through Provincial and Territorial Coaching Representatives. [Click here](#) for more information.

- Multi-sport course fee: varies by province/territory

Certified status

- Must be a registered Skate Canada Coach, in good standing
- Successfully complete the PowerSkate Coach Certified Evaluation Portfolio (Locker)

The PowerSkate Coach Certified Evaluation Portfolio provides a platform for coaches to display their competency of coaching on a PowerSkate session. To assist with coach development, the portfolio consists of the following components:

- Coach philosophy
- Coaching goals
- Puck/ring philosophy
- Emergency Action Plan (EAP)
- Submission of two 10-minute lessons
- Advanced technical lesson plan
- Warm-up, development time, cool down plan
- Completion of the Making Ethical Decisions online evaluation

Becoming a Certified PowerSkate Coach

- When ready to complete the certification process, Coaches must enroll in [PowerSkate Coach Certified Evaluation Portfolio](#) through the eLearning site.

- You will be prompted to pay a \$105 evaluation fee prior to entry. Please note, this fee is non-refundable. Coaches should enroll in this course only when they are prepared to finish the portfolio in a timely manner.

Upon enrollment, the following events will take place:

- The coach will be assigned a coach evaluator by Skate Canada
- The coach evaluator will set up a time with the coach to review the portfolio (pre-brief conversation)
- The coach will complete the portfolio requirements and notify the evaluator
 - Ensure portfolio is in fillable Portfolio Template
 - Submit for marking
- The coach evaluator will review the portfolio
 - Please allow four weeks for marking
- The coach evaluator will schedule a time with the coach to review the portfolio as well as create an action plan (debrief). The action plan may include additional professional development activities such as eLearning, resubmission of lessons, mentor coach lessons, etc.

Regional Coach Pathway

The Regional Coach Program prepares coaches to develop skaters at the Learn to Train stage in figure skating. Specifically, this context focuses on the STAR 1-5 program which is designed to prepare skaters for success at Learn to Compete. Regional Coaches are qualified to coach all Skate Canada figure skating programs and levels.

Certification Deadline

Coaches have three years from the date of the in-training course to certify as a Regional Coach

Pre-Requisites

- Be a current Skate Canada registrant with a Skate Canada Club or a registered Coach in good standing.
- Has passed one complete Star 6 assessment or Star 5 Freeskate assessment plus one additional Star 5 assessment.
- Has completed the following Skate Canada eLearning training:
 - Part A – Coaching Foundations eLearning course
 - Part B – CanSkate Foundations eLearning course
 - Part C – Regional Foundations eLearning course
- Has completed the 2-day CanSkate Course

In-Training Status

- Attend an in-person 2-day course.
- Coaches with an in-training status have three years to complete their certification.

Regional Coach Course Information

The Regional Coach course is scheduled and delivered by each Section individually. The frequency of courses is offered by demand - please contact your [Section Course Administrator](#).

- Regional Coach Course fee: varies by Section

Trained Status

Regional Coaches will earn a Trained status once they have completed the three-day coach course and have completed these five multi-sport courses:

- **Planning a Practice (multi-sport course)**
- Making Ethical Decisions (multi-sport course – completed in CanSkate pathway)
- Teaching and Learning (multi-sport course- completed in CanSkate pathway)

Multi-sport Course Information

All multi-sport training is offered in partnership with the Coaching Association of Canada through Provincial and Territorial Coaching Representatives. [Click here](#) for more information.

- Multi-sport course fee: varies by province/territory

Certified Status

There are two certification options to choose from. Please select the option that best suits your coaching needs.

Option 1 - CanSkate and Regional Coach Hybrid Certified Portfolio

- Must be a registered Skate Canada coach in good standing

The CanSkate and Regional Coach Hybrid Certified Portfolio provides a platform for coaches to show their ability to coach Learn to Skate and Learn to Train figure skaters. Coaches are encouraged to gain some experience coaching or mentor with another coach prior to submitting this portfolio. To assist with coach development, the hybrid portfolio includes the Regional components listed below plus the following components from the CanSkate portfolio;

- Skater Development Philosophy
- CanSkate minimum requirement and delivery standards w/ coordinator or board member
- CanSkate Video Lesson
- Session Components

Option 2 - Regional Coach Certified Portfolio

- Must be a registered Skate Canada coach in good standing

The Regional Coach Certified Portfolio provides a platform for coaches to show their ability to coach Learn to Train figure skaters. Coaches are encouraged to gain some experience coaching or mentor with another coach prior to submitting this portfolio. To assist with coach development, the portfolio consists of the following components:

- Coach philosophy
- Coaching goals
- Discovering eLearning
- Mentorship
- Submission of two technical lessons at the STAR 1-5 level
- Submission of a mock STAR 1-5 Assessment
- STAR 1-5 weekly session plan
- Make Ethical Decisions online evaluation

Becoming a Certified Regional Coach

- When ready to complete the certification process, Coaches must enroll in either;
- Option 1 - [CanSkate and Regional Coach Certified Portfolio](#) through eLearning site.

- You will be prompted to pay a \$180 fee prior to entry. Please note, this fee is non-refundable. Coaches should enroll in this course only when they are prepared to finish the portfolio in a timely manner.
- Option 2 - [Regional Coach Certified Portfolio](#) through the eLearning site.
 - You will be prompted to pay a \$130 fee prior to entry. Please note, this fee is non-refundable. Coaches should enroll in this course only when they are prepared to finish the portfolio in a timely manner.

Upon enrollment, the following events will take place:

- A coach will be assigned a coach evaluator by Skate Canada
- The coach evaluator will set up a time with the coach to review the portfolio (pre-brief conversation)
- The coach will complete the portfolio requirements and notify the evaluator
 - Ensure portfolio is in fillable Portfolio Template
 - Submit for marking
- The coach evaluator will review the portfolio
 - Please allow four weeks for marking
- The coach evaluator will schedule a time with the coach to review the portfolio as well as create an action plan (debrief). The action plan may include additional professional development activities such as eLearning, resubmission of lessons, mentor coach lessons, etc.

Provincial Coach Pathway

Pre-Requisites

- Must have a Regional Coach certified status
- Must be a registered Skate Canada coach in good standing

In-Training Status

Step 1: Successfully complete two Provincial Coach Pre-Course eLearning Modules in the disciplines of your choice as well as the Cross-Discipline Module prior to attending the discipline-specific virtual and in-person courses.

- Singles
- Pairs
- Ice Dance
- Synchronized Skating
- Cross-Discipline Foundational Training (mandatory)

Step 2: Successfully complete two Discipline Specific Virtual Courses and the in-person Cross-Discipline Foundational Training course

- Singles
- Pairs (pre-requisite: Singles pre-course and virtual course)
- Ice Dance
- Synchronized Skating

Provincial Coach Course Information

The Provincial Coach courses are scheduled and delivered by each Section individually. The frequency of courses is offered by demand - please contact your [Section Course Administrator](#).

- Provincial Coach Pre-Course Modules fee: free
- Provincial Coach Cross-Discipline Course fee: varies by Section

Trained Status

Provincial Coaches will earn a Trained status once they have completed the pre-course eLearning modules, the Discipline Specific Virtual Courses and the in-person Cross-Discipline Foundational Training Course coach course, and have completed these multi-sport courses:

- **Performance Planning (multi-sport course)**
- Making Ethical Decisions (multi-sport course – completed at CanSkate)
- Teaching and Learning (multi-sport course- completed at CanSkate)
- Planning a Practice (multi-sport course- completed at Regional)

Multi-sport Course Information

All multi-sport training is offered in partnership with the Coaching Association of Canada through Provincial and Territorial Coaching Representatives. [Click here](#) for more information.

- Multi-sport course fee: varies by province/territory

Certified Status

- Must be a registered Skate Canada coach in good standing

The Provincial Coach Certified Evaluation Portfolio provides a platform for coaches to show their ability to coach Train to Train figure skaters. Coaches are encouraged to gain some experience coaching or mentor with another coach prior to submitting this portfolio. Prior to enrolling in the portfolio, coaches are required to have athletes at the Pre-Novice/Novice level for Singles, Pairs and Dance. For Synchronized skating, teams must be at Novice, Intermediate or Open. To assist with coach development, the portfolio consists of the following components:

- Coach philosophy
- Coaching goals
- A skater's or team's yearly plan
- Two lessons (Foundational skating lesson and a technical lesson)
 - The technical lesson must include one of the elements identified in the discipline of choice:
 - Singles: Double Axel or triple jump of choice
 - Pairs: Group 3, 4 or 5 lift or twist
 - Dance: Dance spin or lift
 - Synchro: Pivoting block or intersection
- Training session observation
- Submission of the pre-course workbooks
- Make Ethical Decisions online evaluation

Becoming a Certified Provincial Coach

- When ready to complete the certification process, Coaches must enroll in Provincial Coach Certified Evaluation Portfolio through the eLearning site.
 - You will be prompted to pay a \$255 evaluation fee prior to entry. Please note, this fee is non-refundable. Coaches should enroll in this course only when they are prepared to finish the portfolio in a timely manner.

Upon enrollment, the following events will take place:

- The coach will be assigned a coach evaluator by Skate Canada
- The coach evaluator will set up a time with the coach to review the portfolio (pre-brief conversation)
- The coach will complete the portfolio requirements and notify the evaluator
 - Ensure portfolio is in fillable Portfolio Template
 - Submit for marking
- The coach evaluator will review the portfolio
 - Please allow four weeks for marking
- The coach evaluator will schedule a time with the coach to review the portfolio as well as create an action plan (debrief). The action plan may include additional professional development activities such as eLearning, resubmission of lessons, mentor coach lessons, etc.

National Coach Pathway

The National Coach Program is designed for coaches working with Train to Compete athletes who will acquire the necessary skill set to improve athlete performance in preparation for provincial, national, and in some cases international competitions.

Pre-Requisites

- Must be a certified Provincial Coach status
- Must be either a registered Skate Canada coach in good standing

In-Training Status

- Attend Analyze Technical and Tactical Performance (ATTP) course either virtually or in-person
- Complete ATTP workbook successfully

In a multi-skating discipline environment, the ATTP 2-day course prepares coaches to refine advanced figure skating skills and strategize plans for helping their athletes reach their full potential. At the ATTP course, coaches will analyze technical skills at the junior or senior competitive levels. Based on the following learning objectives, the ATTP course will prepare coaches to:

- Analyze technical and tactical performance by observing and defining key factors that influence competitive performance
- Analyze technical and tactical performance by applying the principles of motion to detect and correct key performance factors
- Identify strategies to monitor and evaluate the technical and tactical performance
- Implement and assess the effectiveness of corrections

Course Information

The ATTP course is scheduled and delivered by each Section individually. Frequency of courses are offered by demand- please contact your [Section Course Administrator](#).

- Suggested course fee: \$250

Trained Status

National Coaches will earn a Trained status once they have completed the following multi-sport courses:

- **Leading a Drug-free sport (multi-sport course)**
- **Managing Conflict (multi-sport course)**
- **Coaching and Leading Effectively (multi-sport course)**

- **Developing Athletic Abilities (multi-sport course)**
- **Prevention and Recovery (multi-sport course)**
- **Psychology of Performance (multi-sport course)**
- **Advanced Practice Planning (multi-sport course)**
- **Manage A Sport Program (multi-sport course)**
- Performance Planning (multi-sport course - completed at Provincial)

For further information, please review the following [overview and module descriptions](#) and contact [Provincial and Territorial Coaching Representatives](#) (PTCR) to get started. Depending on the module, multi-sport training may be done in-person, online, or by correspondence. Please inquire with the PTCR in your area.

Certified Status

- Must be a registered Skate Canada coach in good standing

The National Coach Certified Evaluation Portfolio provides a platform for coaches to show their ability to coach Train to Compete figure skaters. Coaches are required to work with Junior to Senior podium pathway athletes in at least one skating discipline – singles, ice dance, pair skating, or synchronized skating. National Coach evaluation is broken down into three parts; Part 1 – Coach Portfolio, Part 2 – Observation of a training session at your club or skating school and Part 3 – Observation of a competition with a Junior or Senior level podium pathway athlete.

Part 1: Coaching Portfolio

Upon enrollment, the following events will take place:

- The coach will be assigned a coach evaluator by Skate Canada
- The coach evaluator will set up a time with the coach to review the portfolio (pre-brief conversation), set up at time for the Observation training session and/or Observation of a competition.
- The coach will complete the portfolio requirements and notify the evaluator
 - Ensure portfolio is in fillable Portfolio Template
 - Submit for marking
- The coach evaluator will review the portfolio
 - Please allow four weeks for marking
- The coach evaluator will schedule a time with the coach to review the portfolio as well as create an action plan (debrief). The action plan may include additional professional development activities such as eLearning, resubmission of lessons, mentor coach lessons, etc.

The National Coach Portfolio includes:

- Coaching philosophy
- Competition plan
- Athlete tracking and monitoring
- Program management and communication tools
- Three online multi-sport evaluations
 - NCCP Competition-Development: Making Ethical Decisions (MED)
 - NCCP Competition-Development: Managing Conflict
 - NCCP Competition-Development: Leading Drug-Free Sport

Part 2: Observation of a training session at your club or skating school

Upon enrollment, the following events will take place:

- The coach will be assigned a coach evaluator by Skate Canada

- The coach evaluator will set up a time with the coach to review the Observation training session (pre-brief conversation)
- 1-hour observation to be scheduled
- Debrief post observation

The purpose of this observation is to evaluate the skills to manage an athlete in a training environment.

Part 3: Observation of a competition with a Junior or Senior level competitive athlete.

Upon enrollment, the following events will take place:

- The coach will be assigned a coach evaluator by Skate Canada
- The coach evaluator will set up a time with the coach to review the Observation of a competition (pre-brief conversation)
- Observation of a competitive event at the Junior or Senior level
- Debrief post event

Becoming a Certified National Coach

- When ready to complete the certification process, Coaches must enroll in National Coach Certified Evaluation Portfolio through the eLearning site.
 - National Coach portfolio evaluation: \$100
 - National Coach training session observation: \$200
 - National Coach competition observation: \$200
 - Re-evaluation/observation fees may be applicable based on the areas identified as future strengths