

BRING ON THE FUN! MARKING SHEET



CREATIVE ELEMENT PROGRAM

STAR 1 & 2

Date:	
Skater:	
Group:	

ELEMENT		ASSESSMEN	IT	NOTES
Waltz Jump	Ε	S	G	
Toe Loop Jump	E	S	G	
Fwd Upright Spin	E	S	G	
Fwd Spiral Sequence (Two forward spirals with one spiral on each foot.)	E	S	G	
Skating Skills (Balance, control, edge depth, use of multi- directional skating)	E	S	G	
OVERALL ASSESSMENT 3+ E = Excellent! 3+ S = Super!				
3+ G = Good! E =	EXCELLENT	S = SUPER	G = GOOD	

January 2024

STAR 1 & 2 Creative Element Program

Elements	Criteria	Good	Super	Excellent
Jumps	Must be fully rotated (lacking ¼ rotation or less) with correct take-off to receive a Super rating.		Skater demonstrates adequate height, distance and flow. Air position is developing. Skater may appear cautious. Speed and flow in and out of jump may be slow. Landing position is developing.	
Spins	Must meet the definition of basic position(s) achieved with an established centre to receive a Super rating.		Must have a minimum of a 3 revolution total. Bwd Upright Spin must exit on spinning foot. Basic position is developing. Some break in posture may be evident. Speed of revs is developing. Adequate control of exit, for the level.	
Spiral Sequence			Position hed for a minimum of 1 second. May have significant break in posture. Free leg extension developing. Stable 75% or more of the time. Weak edges and/or wobbles may be present.	
Skating Skills			Weak edges and turns present. Reasonable balance, control, agility, form. Skater may seem slow. Generation of speed in development.	



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CREATIVE ELEMENT PROGRAM

STAR 3 & 4

Date:	
Skater:	
Group:	

ELEMENT	A	SSESSMEN	т	NOTES
Single Flip Jump	E	S	G	
Loop + Loop Jump Combination	E	S	G	
Sit Spin / Camel Spin (Circle One)	E	S	G	
Fwd Spiral Sequence (Two forward spirals with one spiral on each foot.)	E	S	G	
Skating Skills (Balance, control, edge depth, use of multi- directional skating)	E	S	G	
OVERALL ASSESSMENT 3+ E = Excellent!				
3+ S = Super! 3+ G = Good! E =	EXCELLENT		S = SUPER	G = GOOD

January 2024

STAR 3 & 4 Creative Element Program

Elements	Criteria	Good	Super	Excellent
Jumps	Must be fully rotated (lacking ¼ rotation or less) with correct take- off to receive a Super rating.		Skater demonstrates reasonable height, distance and flow for jump completion. Air position is organized and aligned. Little flow on landing. Slight break in upright posture on Landign. May have partial extension of free leg.	
Spins	Must meet the definition of basic position(s) achieved with an established centre to receive a Super rating. *Bwd Upright Spin must exit on spinning foot		Moderate speed of revs on majority of spins. Able to maintain proper edge on spinning foot for 2 revs or more. Position is adequate with moderate extension. More than 50% of spin is centred.	
Spiral Sequence			Position held for min 3 seconds. Posture developing. Some slight breaks in posture acceptable. Skater demonstrates moderately defined edges. Skater demonstrates reasonable balance, control, and agility.	
Skating Skills			Skater demonstrates moderately defined edges and turns. Skater demonstrates reasonable balance, control, agility and form. Generation of speed is adequate. Skater uses blade pushes.	



BRING ON THE FUN! MARKING SHEET



CREATIVE ELEMENT PROGRAM

STAR 5+

Date:	
Skater:	
Group:	

ELEMENT	A	SESSMEN	т	NOTES
Single Axel	E	S	G	
Combination Jump (Two jump, <i>One jump must be a</i> <i>double)</i>	E	S	G	
Flying Sit Spin OR Flying Camel Spin (Circle One)	E	S	G	
Field Move of Choice (Spread Eagle, Ina Bauer, Hydro Blade, Spiral Sequence)	E	S	G	
Skating Skills (Balance, control, edge depth, use of multi-directional skating)	E	S	G	
OVERALL ASSESSMENT 3+ E = Excellent! 3+ S = Super! 3+ G = Good!				
E = EXC	ELLENT	S	S = SUPER	G = GOOD

STAR 5+

Elements	Criteria	Good	Super	Excellent
Jumps - SINGLE	Must be fully rotated (lacking ¼ rotation or less) with		Single Jumps Demonstrate good height and distance. Air position is organized. Single rotation jump approach is confident with strong flow in and out. Landing - Solid form with moderate free leg extension and adequate knee/ankle bend.	
Jumps - DOUBLE	correct take-off to receive a Super rating.		Double Jumps Height and distance may be minimal. Air position is somewhat controlled and aligned. Axel or double jump approach may be tentative, slow and cautious. Little flow on landing.	
Spins	Must meet the definition of basic position(s) achieved with an established centre to receive a Super rating.		Moderate speed of revs throughout spin. Basic positions: have good extension and body lines. Flying spin may demonstrate minimal height and poor air position. May have slight loss of control on exit.	
Spiral Sequence			Solid position with moderate extension. Body lines are adequate. The skater has reasonable upright carriage. Edges correct but may be shallow. Skater demonstrates some examples of control and balance but may be limited.	
Skating Skills			Edges and turns are correct and may be shallow. Skater demonstrates control and balance. Skater has comfortable upright carriage and generally good posture. Skater demonstrates reasonably strong core. Skater uses blade pushes to generate and maintain a reasonable amount of speed.	