

SKATE ONTARIO Synchro Series #2 - BALTIMORE

Baltimore Recreational Centre • Baltimore, ON

AS OF JANUARY 16, 2024 - SUBJECT TO CHANGE

DRESSING ROOM SCHEDULE

| INSERT DATE | | WARM UP SPACE | DRESSING ROOM | ENTER WARM UP | EXIT WARM UP | ENTER ROOM | AT ICE LEVEL | ON ICE | OFF ICE | EXIT ROOM |
|---|-------------------------------------|---------------|---------------|---------------|--------------|------------|--------------|----------|----------|-----------|
| TEAM NAME | REPRESENTING | | | | | | | | | |
| STAR 4 O12 GROUP 1 | | FLOOD | | | | | 7:58 AM | 7:45 AM | 8:00 AM | |
| 1 | Steel City Synchro STAR 4 Over 12 | 1 | 1 | 7:10 AM | 7:30 AM | 7:35 AM | 7:58 AM | 8:00 AM | 8:06 AM | 8:23 AM |
| 2 | Eurythmy Synchro | 2 | 2 | 7:16 AM | 7:36 AM | 7:41 AM | 8:04 AM | 8:06 AM | 8:12 AM | 8:29 AM |
| 3 | Nepean Ice Gems Purple | 3 | 3 | 7:22 AM | 7:42 AM | 7:47 AM | 8:10 AM | 8:12 AM | 8:18 AM | 8:35 AM |
| 4 | Snow Angels | 4 | 4 | 7:28 AM | 7:48 AM | 7:53 AM | 8:16 AM | 8:18 AM | 8:24 AM | 8:41 AM |
| STAR 4 O12 GROUP 2 | | | | | | | 8:22 AM | 8:24 AM | 8:41 AM | |
| 5 | Synchronicity - Star 4 O12 | 1 | 5 | 7:51 AM | 8:11 AM | 8:16 AM | 8:39 AM | 8:41 AM | 8:46 AM | 9:03 AM |
| 6 | York Simcoe | 2 | 6 | 7:56 AM | 8:16 AM | 8:21 AM | 8:44 AM | 8:46 AM | 8:51 AM | 9:08 AM |
| 7 | Borealis | 3 | 1 | 8:01 AM | 8:21 AM | 8:26 AM | 8:49 AM | 8:51 AM | 8:56 AM | 9:13 AM |
| 8 | Ice Lightning | 4 | 2 | 8:06 AM | 8:26 AM | 8:31 AM | 8:54 AM | 8:56 AM | 9:01 AM | 9:18 AM |
| 9 | Georgina IceAtions | 1 | 3 | 8:11 AM | 8:31 AM | 8:36 AM | 8:59 AM | 9:01 AM | 9:06 AM | 9:23 AM |
| ADULT II FREE PROGRAM GROUP 1 | | FLOOD | | | | | 9:04 AM | 9:06 AM | 9:26 AM | |
| 1 | Phénix | 2 | 4 | 8:36 AM | 8:56 AM | 9:01 AM | 9:24 AM | 9:26 AM | 9:33 AM | 9:50 AM |
| 2 | Syncsation | 3 | 5 | 8:43 AM | 9:03 AM | 9:08 AM | 9:31 AM | 9:33 AM | 9:39 AM | 9:56 AM |
| 3 | Team Unity Image | 4 | 6 | 8:49 AM | 9:09 AM | 9:14 AM | 9:37 AM | 9:39 AM | 9:46 AM | 10:03 AM |
| 4 | Luminice | 1 | 1 | 8:56 AM | 9:16 AM | 9:21 AM | 9:44 AM | 9:46 AM | 9:52 AM | 10:09 AM |
| | | FLOOD | | | | | 9:50 AM | 9:52 AM | 10:07 AM | |
| 5 | Illusion Kingston | 2 | 2 | 9:17 AM | 9:37 AM | 9:42 AM | 10:05 AM | 10:07 AM | 10:13 AM | 10:30 AM |
| 6 | Indigo Ice | 3 | 3 | 9:23 AM | 9:43 AM | 9:48 AM | 10:11 AM | 10:13 AM | 10:20 AM | 10:37 AM |
| 7 | Harmony on Ice | 4 | 4 | 9:30 AM | 9:50 AM | 9:55 AM | 10:18 AM | 10:20 AM | 10:27 AM | 10:44 AM |
| 8 | Barrie Royal Blade | 1 | 5 | 9:37 AM | 9:57 AM | 10:02 AM | 10:25 AM | 10:27 AM | 10:33 AM | 10:50 AM |
| 9 | Capital Ice | 2 | 6 | 9:43 AM | 10:03 AM | 10:08 AM | 10:31 AM | 10:33 AM | 10:40 AM | 10:57 AM |
| STAR 6 (JUVENILE) FREE PROGRAM GROUP 1 | | FLOOD | | | | | 10:38 AM | 10:40 AM | 11:00 AM | |
| 1 | NEXXICE Juvenile | 3 | 5 | 10:05 AM | 10:25 AM | 10:30 AM | 10:58 AM | 11:00 AM | 11:07 AM | 11:24 AM |
| 2 | Dyncicity | 4 | 6 | 10:12 AM | 10:32 AM | 10:37 AM | 11:05 AM | 11:07 AM | 11:15 AM | 11:32 AM |
| 3 | Gold Ice | 1 | 1 | 10:20 AM | 10:40 AM | 10:45 AM | 11:13 AM | 11:15 AM | 11:22 AM | 11:39 AM |
| 4 | TEAM UNITY | 2 | 2 | 10:27 AM | 10:47 AM | 10:52 AM | 11:20 AM | 11:22 AM | 11:29 AM | 11:46 AM |
| | | FLOOD | | | | | 11:27 AM | 11:29 AM | 11:44 AM | |
| 5 | Illusion | 3 | 3 | 10:49 AM | 11:09 AM | 11:14 AM | 11:42 AM | 11:44 AM | 11:52 AM | 12:09 PM |
| 6 | Steel City Synchro Juvenile | 4 | 4 | 10:57 AM | 11:17 AM | 11:22 AM | 11:50 AM | 11:52 AM | 11:59 AM | 12:16 PM |
| 7 | Ice Unite | 1 | 5 | 11:04 AM | 11:24 AM | 11:29 AM | 11:57 AM | 11:59 AM | 12:06 PM | 12:23 PM |
| 8 | Les Éclipses | 2 | 6 | 11:11 AM | 11:31 AM | 11:36 AM | 12:04 PM | 12:06 PM | 12:14 PM | 12:31 PM |
| 9 | Synchronicity | 3 | 1 | 11:19 AM | 11:39 AM | 11:44 AM | 12:12 PM | 12:14 PM | 12:21 PM | 12:38 PM |
| STAR 6 (JUVENILE) FREE PROGRAM GROUP 2 | | FLOOD | | | | | 12:19 PM | 12:21 PM | 12:41 PM | |
| 1 | Mount Brydges Magic Blades Juvenile | 4 | 1 | 11:46 AM | 12:06 PM | 12:11 PM | 12:39 PM | 12:41 PM | 12:48 PM | 1:05 PM |
| 2 | EDGE | 1 | 2 | 11:53 AM | 12:13 PM | 12:18 PM | 12:46 PM | 12:48 PM | 12:56 PM | 1:13 PM |
| 3 | Alvinston Ice Angels | 2 | 3 | 12:01 PM | 12:21 PM | 12:26 PM | 12:54 PM | 12:56 PM | 1:03 PM | 1:20 PM |
| 4 | ICE ignite | 3 | 4 | 12:08 PM | 12:28 PM | 12:33 PM | 1:01 PM | 1:03 PM | 1:11 PM | 1:28 PM |
| | | FLOOD | | | | | 1:09 PM | 1:11 PM | 1:26 PM | |
| 5 | Nova | 4 | 5 | 12:31 PM | 12:51 PM | 12:56 PM | 1:24 PM | 1:26 PM | 1:33 PM | 1:50 PM |
| 6 | Sparkling Ice | 1 | 6 | 12:38 PM | 12:58 PM | 1:03 PM | 1:31 PM | 1:33 PM | 1:40 PM | 1:57 PM |
| 7 | Starlight Juvenile | 2 | 1 | 12:45 PM | 1:05 PM | 1:10 PM | 1:38 PM | 1:40 PM | 1:48 PM | 2:05 PM |
| 8 | Meraki Star 6 | 3 | 2 | 12:53 PM | 1:13 PM | 1:18 PM | 1:46 PM | 1:48 PM | 1:55 PM | 2:12 PM |
| ADULT II FREE PROGRAM GROUP 2 | | FLOOD | | | | | 1:53 PM | 1:55 PM | 2:15 PM | |
| 1 | Country Blades | 4 | 1 | 1:25 PM | 1:45 PM | 1:50 PM | 2:13 PM | 2:15 PM | 2:21 PM | 2:38 PM |
| 2 | Team Inspire | 1 | 2 | 1:31 PM | 1:51 PM | 1:56 PM | 2:19 PM | 2:21 PM | 2:28 PM | 2:45 PM |
| 3 | Steel City Synchro Adult 2 | 2 | 3 | 1:38 PM | 1:58 PM | 2:03 PM | 2:26 PM | 2:28 PM | 2:34 PM | 2:51 PM |
| 4 | Ice Precise | 3 | 4 | 1:44 PM | 2:04 PM | 2:09 PM | 2:32 PM | 2:34 PM | 2:42 PM | 2:59 PM |
| 5 | Team Unity | 4 | 5 | 1:52 PM | 2:12 PM | 2:17 PM | 2:40 PM | 2:42 PM | 2:49 PM | 3:06 PM |
| | | FLOOD | | | | | 2:47 PM | 2:49 PM | 3:04 PM | |
| 6 | Ice Fyre | 1 | 6 | 2:14 PM | 2:34 PM | 2:39 PM | 3:02 PM | 3:04 PM | 3:10 PM | 3:27 PM |
| 7 | Stella | 2 | 1 | 2:20 PM | 2:40 PM | 2:45 PM | 3:08 PM | 3:10 PM | 3:18 PM | 3:35 PM |
| 8 | Synchronicity | 3 | 2 | 2:28 PM | 2:48 PM | 2:53 PM | 3:16 PM | 3:18 PM | 3:25 PM | 3:42 PM |
| 9 | Georgina IceAtions | 4 | 3 | 2:35 PM | 2:55 PM | 3:00 PM | 3:23 PM | 3:25 PM | 3:32 PM | 3:49 PM |

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| INSERT DATE | | WARM UP SPACE | DRESSING ROOM | ENTER WARM UP | EXIT WARM UP | ENTER ROOM | AT ICE LEVEL | ON ICE | OFF ICE | EXIT ROOM | | |
|---|------------------------------------|------------------------------------|---------------|---------------|--------------|------------|--------------|----------------|---------|-----------|---------|---------|
| | TEAM NAME | REPRESENTING | | | | | | | | | | |
| 10 | Port Stanley : Ice Harmony | Port Stanley SC | | 1 | 4 | 2:42 PM | 3:02 PM | 3:07 PM | 3:30 PM | 3:32 PM | 3:40 PM | 3:57 PM |
| NOVICE FREE PROGRAM 2 | | FLOOD | | | | | | | 3:38 PM | 3:40 PM | 4:00 PM | |
| 1 | Meraki Novice | Leaside SC | | 2 | 4 | 3:05 PM | 3:25 PM | 3:30 PM | 3:58 PM | 4:00 PM | 4:07 PM | 4:29 PM |
| 2 | Sparkling Ice | Unionville SC | | 3 | 5 | 3:12 PM | 3:32 PM | 3:37 PM | 4:05 PM | 4:07 PM | 4:14 PM | 4:36 PM |
| 3 | EDGE | Skate Oakville | | 4 | 6 | 3:19 PM | 3:39 PM | 3:44 PM | 4:12 PM | 4:14 PM | 4:22 PM | 4:44 PM |
| 4 | ICE ignite | Ilderton SC | | 1 | 1 | 3:27 PM | 3:47 PM | 3:52 PM | 4:20 PM | 4:22 PM | 4:29 PM | 4:51 PM |
| | | FLOOD | | | | | | | 4:27 PM | 4:29 PM | 4:44 PM | |
| 5 | Gold Ice | Skate Canada Brampton-Chinguacousy | | 2 | 2 | 3:49 PM | 4:09 PM | 4:14 PM | 4:42 PM | 4:44 PM | 4:52 PM | 5:14 PM |
| 6 | NEXXICE | Burlington Skating Centre | | 3 | 3 | 3:57 PM | 4:17 PM | 4:22 PM | 4:50 PM | 4:52 PM | 4:59 PM | 5:21 PM |
| 7 | Les Suprêmes Novice | CPA Saint-Leonard (QC) | | 4 | 4 | 4:04 PM | 4:24 PM | 4:29 PM | 4:57 PM | 4:59 PM | 5:06 PM | 5:28 PM |
| 8 | Nova | Club de Patinage Synchronisé Nova | | 1 | 5 | 4:11 PM | 4:31 PM | 4:36 PM | 5:04 PM | 5:06 PM | 5:14 PM | 5:36 PM |
| SENIOR ELITE 12 FREE PROGRAM | | BREAK | | | | | | | 5:12 PM | 5:14 PM | 5:19 PM | |
| 1 | NEXXICE | Burlington Skating Centre | | 2 | 6 | 4:24 PM | 4:44 PM | 4:49 PM | 5:17 PM | 5:19 PM | 5:27 PM | 5:49 PM |
| INTERMEDIATE (GOLD) FREE PROGRAM 2 | | FLOOD | | | | | | | 5:25 PM | 5:27 PM | 5:47 PM | |
| 1 | Synchronicity | London SC | | 3 | 1 | 4:52 PM | 5:12 PM | 5:17 PM | 5:45 PM | 5:47 PM | 5:55 PM | 6:17 PM |
| 2 | Mount Brydges Magic Blades Interme | Mount Brydges SC | | 4 | 2 | 5:00 PM | 5:20 PM | 5:25 PM | 5:53 PM | 5:55 PM | 6:04 PM | 6:26 PM |
| 3 | Illusion | CPA St Jean | | 1 | 3 | 5:09 PM | 5:29 PM | 5:34 PM | 6:02 PM | 6:04 PM | 6:12 PM | 6:34 PM |
| 4 | Team Unity | Tavistock & District FSC | | 2 | 4 | 5:17 PM | 5:37 PM | 5:42 PM | 6:10 PM | 6:12 PM | 6:20 PM | 6:42 PM |
| | | FLOOD | | | | | | | 6:18 PM | 6:20 PM | 6:35 PM | |
| 5 | Gold Ice | Skate Canada Brampton-Chinguacousy | | 3 | 5 | 5:40 PM | 6:00 PM | 6:05 PM | 6:33 PM | 6:35 PM | 6:42 PM | 7:04 PM |
| 6 | NEXXICE | Burlington Skating Centre | | 4 | 6 | 5:47 PM | 6:07 PM | 6:12 PM | 6:40 PM | 6:42 PM | 6:49 PM | 7:11 PM |
| 7 | EDGE | Skate Oakville | | 1 | 1 | 5:54 PM | 6:14 PM | 6:19 PM | 6:47 PM | 6:49 PM | 6:57 PM | 7:19 PM |
| 8 | Starlight Intermediate | Goulbourn SC | | 2 | 2 | 6:02 PM | 6:22 PM | 6:27 PM | 6:55 PM | 6:57 PM | 7:04 PM | 7:26 PM |
| 9 | Les Eclipses | CPA Unibel | | 3 | 3 | 6:09 PM | 6:29 PM | 6:34 PM | 7:02 PM | 7:04 PM | 7:11 PM | 7:33 PM |
| OPEN FREE PROGRAM 1 | | FLOOD | | | | | | | 7:09 PM | 7:11 PM | 7:31 PM | |
| 1 | Nova | Club de Patinage Synchronisé Nova | | 4 | 4 | 6:36 PM | 6:56 PM | 7:01 PM | 7:29 PM | 7:31 PM | 7:40 PM | 8:02 PM |
| 2 | Illusion | Skate Kingston | | 1 | 5 | 6:45 PM | 7:05 PM | 7:10 PM | 7:38 PM | 7:40 PM | 7:48 PM | 8:10 PM |
| 3 | Capital Ice Open | Nepean SC, Inc. | | 2 | 6 | 6:53 PM | 7:13 PM | 7:18 PM | 7:46 PM | 7:48 PM | 7:57 PM | 8:19 PM |
| 4 | ELITE SYNCHRO | Club de Patinage des Deux-Rives | | 3 | 1 | 7:02 PM | 7:22 PM | 7:27 PM | 7:55 PM | 7:57 PM | 8:06 PM | 8:28 PM |
| | | FLOOD | | | | | | | 8:04 PM | 8:06 PM | 8:21 PM | |
| 5 | Cassiopée Sherbrooke | CPA Sherbrooke | | 4 | 2 | 7:26 PM | 7:46 PM | 7:51 PM | 8:19 PM | 8:21 PM | 8:29 PM | 8:51 PM |
| 7 | Les Suprêmes Open | CPA Saint-Leonard (QC) | | 2 | 4 | 7:34 PM | 7:54 PM | 7:59 PM | 8:27 PM | 8:29 PM | 8:38 PM | 9:00 PM |
| 8 | Synchronicity | London SC | | 3 | 5 | 7:43 PM | 8:03 PM | 8:08 PM | 8:36 PM | 8:38 PM | 8:47 PM | 9:09 PM |
| 9 | EDGE | Skate Oakville | | 4 | 6 | 7:52 PM | 8:12 PM | 8:17 PM | 8:45 PM | 8:47 PM | 8:55 PM | 9:17 PM |
| 10 | Starlites | Mount Pearl-Paradise SC | | 1 | 1 | 8:00 PM | 8:20 PM | 8:25 PM | 8:53 PM | 8:55 PM | 9:04 PM | 9:26 PM |
| END OF DAY | | | | | | | | 9:04 PM | | | | |