


SKATE ONTARIO - PROVINCIAL SERIES #3 - NEPEAN
DECEMBER 1-3, 2023 • NEPEAN, ONTARIO
 NEPEAN SPORTSPLEX, 1701 WOODROFFE AVENUE

FRIDAY, DECEMBER 1, 2023

START	END	ARENA 3	START	END	ARENA 1 (YZERMAN)
8:00 AM	9:00 AM	STAR 5 Women O13 - Group 1	2:30 PM	2:55 PM	STAR 4 Girls U10
9:00 AM	10:00 AM	STAR 5 Women O13 - Group 2	2:55 PM	3:25 PM	STAR 4 Girls U13 - Group 1
10:00 AM	10:20 AM	STAR 5 Men U10	3:25 PM	3:55 PM	STAR 4 Girls U13 - Group 2
10:20 AM	10:35 AM	FLOOD	3:55 PM	4:25 PM	STAR 4 Girls U13 - Group 3
10:35 AM	11:40 AM	STAR 5 Women U13 - Group 1	4:25 PM	4:55 PM	STAR 4 Girls U13 - Group 4
11:40 AM	12:45 PM	STAR 5 Women U13 - Group 2	4:55 PM	5:10 PM	FLOOD
12:45 PM	1:05 PM	STAR 5 Men U13 (Shared Warm-up)	5:10 PM	5:35 PM	STAR 4 Girls O13 - Group 1
		STAR 5 Men O13	5:35 PM	6:00 PM	STAR 4 Girls O13 - Group 2
1:05 PM	1:20 PM	FLOOD	6:00 PM	6:25 PM	STAR 4 Girls O13 - Group 3
1:20 PM	2:20 PM	STAR 5 Women O13 - Group 3	6:25 PM	6:50 PM	STAR 4 Boys U10 (Shared Warm-up)
2:20 PM	2:45 PM	STAR 5 Women U10 (Shared Warm-up)			STAR 4 Boys U13
		STAR 5 Women U13 - NQ			STAR 4 Boys O13
2:45 PM	3:35 PM	STAR 5 Women O13 - NQ	6:50 PM	7:05 PM	FLOOD
3:35 PM	3:50 PM	FLOOD	7:05 PM	7:20 PM	STAR 4 Individual Elements - Group 1
3:50 PM	5:10 PM	STAR 7 Women O12 - Group 1	7:20 PM	7:35 PM	STAR 4 Individual Elements - Group 2
5:10 PM	5:40 PM	STAR 7 Women U12 (Shared Warm-up)	7:35 PM	8:00 PM	STAR 5 Individual Elements
		STAR 9 Women U14	8:00 PM	8:10 PM	STAR 4 Team Elements
5:40 PM	5:55 PM	FLOOD	8:10 PM	8:20 PM	STAR 5 Team Elements
5:55 PM	7:15 PM	STAR 7 Women O12 - Group 2	8:20 PM		GOOD NIGHT
7:15 PM	7:45 PM	STAR 7 Men O12			
7:45 PM	8:00 PM	STAR 7 Women O12 - NQ			
8:00 PM	8:10 PM	STAR 6 Individual Elements			
8:10 PM	8:25 PM	STAR 6 Team Elements			
8:25 PM		GOOD NIGHT			

SATURDAY, DECEMBER 2, 2023

START	END	ARENA 3	START	END	ARENA 1 (YZERMAN)
8:00 AM	9:25 AM	STAR 9 Women O14	8:00 AM	8:30 AM	STAR 1 - Group 1
9:25 AM	9:45 AM	STAR 9 Men O14			STAR 1 - Group 2
9:45 AM	10:00 AM	FLOOD	8:30 AM	9:00 AM	STAR 1 - Group 3
10:00 AM	11:20 AM	STAR 6 Women - Group 1			STAR 1 - Group 4
11:20 AM	12:35 PM	STAR 6 Women - Group 2	9:00 AM	9:30 AM	STAR 1 - Group 5
12:35 PM	12:50 PM	FLOOD			STAR 1 - Group 6
12:50 PM	1:25 PM	Juvenile Women U14	9:30 AM	9:55 AM	STAR 1 - Group 7
1:25 PM	2:15 PM	STAR 5 Artistic NQ - Group 1			STAR 1 - Group 8
2:15 PM	2:50 PM	STAR 5 Artistic NQ - Group 2	9:55 AM	10:20 AM	STAR 1 - Group 9
2:50 PM	3:05 PM	FLOOD			STAR 1 - Group 10
3:05 PM	4:15 PM	Pre-Juvenile Women U13	10:20 AM	10:45 AM	STAR 1 - Group 11
4:15 PM	4:40 PM	Pre-Juvenile Women U11	10:45 AM	11:00 AM	FLOOD
4:40 PM	5:05 PM	Pre-Juvenile Men U13	11:00 AM	11:30 AM	STAR 2 - Group 1
5:05 PM	5:35 PM	Juvenile Men U14	11:30 AM	12:00 PM	STAR 2 - Group 2
5:35 PM	6:00 PM	Juvenile Women U12	12:00 PM	12:30 PM	STAR 2 - Group 3
6:00 PM	6:15 PM	FLOOD	12:30 PM	1:00 PM	STAR 2 - Group 4
6:15 PM	7:35 PM	STAR 5 Artistic - Group 1	1:00 PM	1:15 PM	FLOOD
7:35 PM	8:50 PM	STAR 5 Artistic - Group 2	1:15 PM	1:45 PM	STAR 2 - Group 5
8:50 PM		GOOD NIGHT	1:45 PM	2:15 PM	STAR 2 - Group 6
			2:15 PM	2:40 PM	STAR 2 - Group 7
			2:40 PM	3:05 PM	STAR 2 - Group 8
			3:05 PM	3:20 PM	FLOOD
			3:20 PM	3:45 PM	STAR 2 - Group 9
			3:45 PM	4:10 PM	STAR 2 - Group 10
			4:10 PM	4:35 PM	STAR 2 - Group 11
			4:35 PM	5:00 PM	STAR 2 - Group 12
			5:00 PM	5:25 PM	STAR 2 - Group 13
			5:25 PM	5:40 PM	FLOOD
			5:40 PM	6:05 PM	STAR 2/3 Solo Pattern Dance
			6:05 PM	6:30 PM	STAR 2/3 Couples Pattern Dance
			6:30 PM	6:45 PM	STAR 2 Individual Elements - Group 1
			6:45 PM	7:00 PM	STAR 2 Individual Elements - Group 2
			7:00 PM	7:15 PM	STAR 2 Individual Elements - Group 3
			7:15 PM	7:30 PM	STAR 2 Individual Elements - Group 4
			7:30 PM	7:40 PM	STAR 2 Team Elements - Group 1
			7:40 PM	7:50 PM	STAR 2 Team Elements - Group 2
			7:50 PM		GOOD NIGHT

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SUNDAY, DECEMBER 3, 2023

START	END	ARENA 3
8:00 AM	8:25 AM	STAR 6 Men (Shared Warm-up) STAR 8 Men
8:25 AM	9:40 AM	STAR 8 Women
9:40 AM	10:35 AM	STAR 10 Women
10:35 AM	10:45 AM	Gold Women
10:45 AM	11:00 AM	FLOOD
11:00 AM	12:00 PM	STAR 7 Artistic
12:00 PM	12:40 PM	STAR 9 Artistic
12:40 PM	1:05 PM	STAR 7 Artistic - NQ
1:05 PM	1:45 PM	Gold Artistic
1:45 PM		DRIVE SAFE!

START	END	ARENA 1 (YZERMAN)
8:00 AM	8:30 AM	STAR 3 - Group 1
8:30 AM	9:00 AM	STAR 3 - Group 2
9:00 AM	9:30 AM	STAR 3 - Group 3
9:30 AM	10:00 AM	STAR 3 - Group 4
10:00 AM	10:15 AM	FLOOD
10:15 AM	10:45 AM	STAR 3 - Group 5
10:45 AM	11:15 AM	STAR 3 - Group 6
11:15 AM	11:45 AM	STAR 3 - Group 7
11:45 AM	12:15 PM	STAR 3 - Group 8
12:15 PM	12:45 PM	STAR 3 - Group 9
12:45 PM	1:00 PM	FLOOD
1:00 PM	1:15 PM	STAR 3 Individual Elements - Group 1
1:15 PM	1:30 PM	STAR 3 Individual Elements - Group 2
1:30 PM	1:45 PM	STAR 3 Individual Elements - Group 3
1:45 PM	2:00 PM	STAR 3 Individual Elements - Group 4
2:00 PM	2:15 PM	STAR 3 Team Elements
2:15 PM		DRIVE SAFE!