

Skate Ontario Synchro Series #1 - Kingston

DRESSING ROOM SCHEDULE

Updated December 8th, 2023 - Subject to Change

Saturday, December 9th, 2023		ROOM	ENTER	AT	ON	OFF	EXIT
TEAM NAME	REPRESENTING	#	ROOM	ICE LEVEL	ICE	ICE	ROOM
OFFICIAL PRACTICE - OPEN FREE PROGRAM		FLOOD		7:37 AM	7:39 AM	7:30 AM	
1 Steel City Synchro	Hamilton SC	5	7:05 AM	7:28 AM	7:30 AM	7:42 AM	8:02 AM
2 Synchronicity Juvenile	London SC	6	7:17 AM	7:40 AM	7:42 AM	7:54 AM	8:14 AM
3 NEXXICE	Burlington Skating Centre	1	7:29 AM	7:52 AM	7:54 AM	8:06 AM	8:26 AM
4 Golding Ice de Laval	CPA Laval	2	7:41 AM	8:04 AM	8:06 AM	8:18 AM	8:38 AM
5 Synchronicity Open	London SC	3	7:53 AM	8:16 AM	8:18 AM	8:30 AM	8:50 AM
6 Illusion	Skate Kingston	4	8:05 AM	8:28 AM	8:30 AM	8:42 AM	9:02 AM
OFFICIAL PRACTICE - JUNIOR FREE PROGRAM		FLOOD		8:40 AM	8:42 AM	8:57 AM	
1 Solstice Junior	Calalta Figure Skating Club	5	8:32 AM	8:55 AM	8:57 AM	9:08 AM	9:28 AM
2 Lower Mainland Junior	Lower Mainland Synchronized SC	6	8:43 AM	9:06 AM	9:08 AM	9:19 AM	9:39 AM
3 Golding Ice de Laval	CPA Laval	1	8:54 AM	9:17 AM	9:19 AM	9:30 AM	9:50 AM
4 Gold Ice	Skate Canada Brampton Chinguacousy	2	9:05 AM	9:28 AM	9:30 AM	9:41 AM	10:01 AM
OFFICIAL PRACTICE - JUNIOR FREE PROGRAM		FLOOD		9:39 AM	9:41 AM	9:56 AM	
5 ICE Ignite	Ilderton Skating Club	3	9:31 AM	9:54 AM	9:56 AM	10:07 AM	10:27 AM
6 Lexettes	Skating Club of Boston	4	9:42 AM	10:05 AM	10:07 AM	10:18 AM	10:38 AM
7 Nova Junior	CPS NOVA	6	9:53 AM	10:16 AM	10:18 AM	10:29 AM	10:49 AM
8 Les Supremes	CPA Saint-Leonard	1	10:04 AM	10:27 AM	10:29 AM	10:40 AM	11:00 AM
9 NEXXICE	Burlington Skating Centre	2	10:15 AM	10:38 AM	10:40 AM	10:51 AM	11:11 AM
OFFICIAL PRACTICE - ELITE 12 FREE PROGRAM		FLOOD		10:49 AM	10:51 AM	11:06 AM	
1 Black Gold	Calgary Synchronized SC	4	10:41 AM	11:04 AM	11:06 AM	11:18 AM	11:38 AM
2 NEXXICE	Burlington Skating Centre	3	10:53 AM	11:16 AM	11:18 AM	11:30 AM	11:50 AM
3 Hayden Select	Skating Club of Boston	5	11:05 AM	11:28 AM	11:30 AM	11:42 AM	12:02 PM
OFFICIAL PRACTICE - SENIOR FREE PROGRAM		FLOOD		11:40 AM	11:42 AM	11:57 AM	
1 Les Supremes	CPA Saint-Leonard	1	11:32 AM	11:55 AM	11:57 AM	12:09 PM	12:29 PM
2 NEXXICE	Burlington Skating Centre	2	11:44 AM	12:07 PM	12:09 PM	12:21 PM	12:41 PM
3 NOVA	CPS NOVA	4	11:56 AM	12:19 PM	12:21 PM	12:33 PM	12:53 PM
OPEN FREE PROGRAM 1		FLOOD		12:31 PM	12:33 PM	12:48 PM	
1 Synchronicity	Synchronicity	3	12:23 PM	12:46 PM	12:48 PM	12:55 PM	1:15 PM
2 Illusion	Skate Kingston	5	12:30 PM	12:53 PM	12:55 PM	1:03 PM	1:23 PM
3 Capital Ice	Nepean Skating Club	6	12:38 PM	1:01 PM	1:03 PM	1:11 PM	1:31 PM
4 EDGE	Skate Oakville	1	12:46 PM	1:09 PM	1:11 PM	1:17 PM	1:37 PM
JUVENILE (STAR 6)		FLOOD		1:15 PM	1:17 PM	1:32 PM	
1 ICE Ignite	Ilderton Skating Club	4	1:07 PM	1:30 PM	1:32 PM	1:39 PM	1:59 PM
2 Team Unity	Tavistock & District Skating Club	2	1:14 PM	1:37 PM	1:39 PM	1:45 PM	2:05 PM
3 Gold Ice	Skate Canada Brampton Chinguacousy	3	1:20 PM	1:43 PM	1:45 PM	1:52 PM	2:12 PM
4 NEXXICE	Burlington Skating Centre	1	1:27 PM	1:50 PM	1:52 PM	1:58 PM	2:18 PM
FLOOD		FLOOD		1:56 PM	1:58 PM	2:13 PM	
5 Synchronicity	London SC	5	1:48 PM	2:11 PM	2:13 PM	2:19 PM	2:39 PM
6 Kingston Illusion	Skate Kingston	6	1:54 PM	2:17 PM	2:19 PM	2:26 PM	2:46 PM
7 Steel City Synchro	Hamilton Skating Club	4	2:01 PM	2:24 PM	2:26 PM	2:32 PM	2:52 PM
8 Sparkling Ice	Unionville Skating Club	2	2:07 PM	2:30 PM	2:32 PM	2:38 PM	2:58 PM
FLOOD		FLOOD		2:36 PM	2:38 PM	2:53 PM	
9 Ice Unite	Silver Blades	3	2:28 PM	2:51 PM	2:53 PM	3:00 PM	3:20 PM
10 Mount Brydges Magic Blades	Mount Brydges Skating Club	1	2:35 PM	2:58 PM	3:00 PM	3:06 PM	3:26 PM
11 Meraki	Leaside Skating Club	5	2:41 PM	3:04 PM	3:06 PM	3:12 PM	3:32 PM
12 EDGE	Skate Oakville	4	2:47 PM	3:10 PM	3:12 PM	3:19 PM	3:39 PM
13 Starlight	Goulbourn SC	6	2:54 PM	3:17 PM	3:19 PM	3:25 PM	3:45 PM
INTERMEDIATE FREE PROGRAM 2		FLOOD		3:23 PM	3:25 PM	3:40 PM	
1 Synchronicity	London SC	2	3:15 PM	3:38 PM	3:40 PM	3:47 PM	4:07 PM
2 Mount Brydges Magic Blades	Mount Brydges Skating Club	3	3:22 PM	3:45 PM	3:47 PM	3:54 PM	4:14 PM
3 EDGE	Skate Oakville	1	3:29 PM	3:52 PM	3:54 PM	4:01 PM	4:21 PM
FLOOD		FLOOD		3:59 PM	4:01 PM	4:16 PM	
4 Gold Ice	Skate Canada Brampton Chinguacousy	4	3:51 PM	4:14 PM	4:16 PM	4:23 PM	4:43 PM
5 Starlight	Goulbourn SC	6	3:58 PM	4:21 PM	4:23 PM	4:30 PM	4:50 PM
6 Team Unity	Tavistock & District Skating Club	5	4:05 PM	4:28 PM	4:30 PM	4:36 PM	4:56 PM
7 NEXXICE	Burlington Skating Centre	2	4:11 PM	4:34 PM	4:36 PM	4:43 PM	5:03 PM

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Saturday, December 9th, 2023							
TEAM NAME	REPRESENTING	ROOM #	ENTER ROOM	AT ICE LEVEL	ON ICE	OFF ICE	EXIT ROOM
NOVICE FREE PROGRAM 2		FLOOD		4:41 PM	4:43 PM	4:58 PM	
1 Solstice Novice	Calalta Figure Skating Club	3	4:33 PM	4:56 PM	4:58 PM	5:05 PM	5:25 PM
2 Sparkling Ice	Unionville Skating Club	1	4:40 PM	5:03 PM	5:05 PM	5:11 PM	5:31 PM
3 EDGE	Skate Oakville	4	4:46 PM	5:09 PM	5:11 PM	5:17 PM	5:37 PM
4 Gold Ice	Skate Canada Brampton Chinguacousy	6	4:52 PM	5:15 PM	5:17 PM	5:24 PM	5:44 PM
FLOOD		FLOOD		5:22 PM	5:24 PM	5:39 PM	
5 Meraki Novice	Leaside Skating Club	5	5:14 PM	5:37 PM	5:39 PM	5:45 PM	6:05 PM
6 Golding Ice de Laval	CPA Laval	2	5:20 PM	5:43 PM	5:45 PM	5:52 PM	6:12 PM
7 ICE Ignite	Ilderton Skating Club	3	5:27 PM	5:50 PM	5:52 PM	5:58 PM	6:18 PM
8 NEXXICE	Burlington Skating Centre	1	5:33 PM	5:56 PM	5:58 PM	6:04 PM	6:24 PM
9 Les Supremes	CPA Saint-Leonard	4	5:39 PM	6:02 PM	6:04 PM	6:11 PM	6:31 PM
JUNIOR FREE PROGRAM		FLOOD		6:09 PM	6:11 PM	6:26 PM	
1 Solstice Junior	Calalta Figure Skating Club	5	6:01 PM	6:24 PM	6:26 PM	6:32 PM	6:52 PM
2 Lower Mainland Junior	Lower Mainland Synchronized SC	1	6:07 PM	6:30 PM	6:32 PM	6:39 PM	6:59 PM
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FLOOD		FLOOD		6:51 PM	6:53 PM	7:08 PM	
5 ICE Ignite	Ilderton Skating Club	6	6:43 PM	7:06 PM	7:08 PM	7:15 PM	7:35 PM
6 Lexettes	Skating Club of Boston	4	6:50 PM	7:13 PM	7:15 PM	7:22 PM	7:42 PM
7 Nova Junior	CPS NOVA	1	6:57 PM	7:20 PM	7:22 PM	7:29 PM	7:49 PM
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SENIOR FREE PROGRAM		FLOOD		8:19 PM	8:21 PM	8:36 PM	
1 Les Supremes	CPA Saint-Leonard	1	8:11 PM	8:34 PM	8:36 PM	8:44 PM	9:04 PM
2 NEXXICE	Burlington Skating Centre	2	8:19 PM	8:42 PM	8:44 PM	8:52 PM	9:12 PM
3 NOVA	CPS NOVA	3	8:27 PM	8:50 PM	8:52 PM	9:00 PM	9:20 PM