



**Skate
Ontario**

**SECTIONAL SERIES #1
JULY EVENT**

JULY 20-23, 2023 • OTTAWA, ONTARIO

BOB MACQUARRIE RECREATION COMPLEX

*As of *June 15, 2023* - subject to change*

THURSDAY, JULY 20, 2023

START	END	RINK 1 - SENECA	START	END	RINK 2 - MANLEY
			8:00:00 AM	9:15:00 AM	JUNIOR WOMEN SHORT GP1
			9:15:00 AM	9:30:00 AM	FLOOD
			9:30:00 AM	11:00:00 AM	JUNIOR WOMEN SHORT GP2
			11:00:00 AM	11:15:00 AM	FLOOD
			11:15:00 AM	12:30:00 PM	NOVICE WOMEN SHORT GP1
			12:30:00 PM	12:45:00 PM	FLOOD
			12:45:00 PM	2:00:00 PM	NOVICE WOMEN SHORT GP2
			2:00:00 PM	2:15:00 PM	FLOOD
			2:15:00 PM	3:05:00 PM	PRE NOVICE MEN SHORT
			3:05:00 PM	4:00:00 PM	NOVICE MEN SHORT
			4:00:00 PM	4:20:00 PM	SENIOR MEN SHORT
			4:20:00 PM	4:35:00 PM	FLOOD
			4:35:00 PM	5:15:00 PM	JUNIOR MEN SHORT
			5:15:00 PM	5:30:00 PM	STAR 7 012 MEN (2) & STAR 7 U12 MEN (1)
			5:30:00 PM	6:10:00 PM	STAR 7 U12 WOMEN
			6:10:00 PM	6:25:00 PM	FLOOD
			6:25:00 PM	8:00:00 PM	SENIOR WOMEN SHORT GP1
			8:00:00 PM	8:15:00 PM	FLOOD
			8:15:00 PM	9:50:00 PM	SENIOR WOMEN SHORT GP2
			9:50:00 PM		Good Night

FRIDAY, JULY 21, 2023

START	END	RINK 1 - SENECA	START	END	RINK 2 - MANLEY
8:00:00 AM	9:20:00 AM	PRE JUVENILE U13 WOMEN	8:00:00 AM	8:20:00 AM	JUVENILE PATTERN DANCE
9:20:00 AM	9:35:00 AM	FLOOD	8:20:00 AM	8:50:00 AM	PRE NOVICE PATTERN DANCE
9:35:00 AM	11:00:00 AM	PRE JUVENILE U11 WOMEN	8:50:00 AM	9:15:00 AM	PRE NOVICE PAIRS SHORT (3) & NOVICE PAIR SHORT (1)
11:00:00 AM	11:15:00 AM	FLOOD	9:15:00 AM	9:35:00 AM	JUNIOR PAIR SHORT
11:15:00 AM	12:30:00 PM	JUVENILE WOMEN U14	9:35:00 AM	9:50:00 AM	FLOOD
12:30:00 PM	1:30:00 PM	JUVENILE WOMEN U12	9:50:00 AM	10:10:00 AM	SENIOR PAIR SHORT
1:30:00 PM	1:45:00 PM	FLOOD	10:10:00 AM	11:10:00 AM	NOVICE MEN FREE
1:45:00 PM	2:30:00 PM	PRE NOVICE MEN FREE	11:10:00 AM	11:30:00 AM	FLOOD
2:30:00 PM	3:50:00 PM	JUNIOR WOMEN FREE GP1	11:30:00 AM	12:35:00 PM	PRE NOVICE WOMEN SHORT GP1
3:50:00 PM	4:05:00 PM	FLOOD	12:35:00 PM	12:50:00 PM	FLOOD
4:05:00 PM	5:30:00 PM	JUNIOR WOMEN FREE GP2	12:50:00 PM	1:25:00 PM	NOVICE PATTERN DANCE
5:30:00 PM	5:45:00 PM	FLOOD	1:25:00 PM	2:45:00 PM	JUNIOR RHYTHM DANCE
5:45:00 PM	7:00:00 PM	PRE NOVICE WOMEN SHORT GP3	2:45:00 PM	3:00:00 PM	FLOOD
7:00:00 PM	7:15:00 PM	FLOOD	3:00:00 PM	4:05:00 PM	PRE NOVICE WOMEN SHORT GP2
7:15:00 PM	8:45:00 PM	NOVICE WOMEN FREE GP1	4:05:00 PM	4:20:00 PM	FLOOD
8:45:00 PM	9:00:00 PM	FLOOD	4:20:00 PM	4:55:00 PM	JUNIOR MEN FREE
9:00:00 PM	10:20:00 PM	NOVICE WOMEN FREE GP2	4:55:00 PM	5:25:00 PM	SENIOR MEN FREE
10:20:00 PM		Good Night	5:25:00 PM	5:40:00 PM	FLOOD
			5:40:00 PM	6:10:00 PM	SENIOR RHYTHM DANCE
			6:10:00 PM	6:25:00 PM	FLOOD
			6:25:00 PM	8:10:00 PM	SENIOR WOMEN FREE GP1
			8:10:00 PM	8:25:00 PM	FLOOD
			8:25:00 PM	10:10:00 PM	SENIOR WOMEN FREE GP2
			10:10:00 PM		Good Night

SATURDAY, JULY 22, 2023

START	END	RINK 1 - SENECA	START	END	RINK 2 - MANLEY NEXT GEN
8:00:00 AM	10:05:00 AM	STAR 6 WOMEN	7:00:00 AM	7:30:00 AM	JUNIOR WOMEN SHORT PRACTICE
10:05:00 AM	10:20:00 AM	FLOOD	7:30:00 AM	7:45:00 AM	FLOOD
10:20:00 AM	10:35:00 AM	PRE NOVICE FREE DANCE	7:45:00 AM	8:15:00 AM	JUNIOR WOMEN SHORT PRACTICE
10:35:00 AM	11:05:00 AM	NOVICE FREE DANCE	8:15:00 AM	8:45:00 AM	JUNIOR WOMEN SHORT PRACTICE
11:05:00 AM	11:20:00 AM	PRE NOVICE PAIR FREE	8:45:00 AM	9:00:00 AM	FLOOD
11:20:00 AM	11:40:00 AM	NOVICE PAIR FREE	9:00:00 AM	9:30:00 AM	JUNIOR PAIR SHORT PRACTICE
11:40:00 AM	12:00:00 AM	JUNIOR PAIR FREE	9:30:00 AM	10:00:00 AM	JUNIOR PAIR SHORT PRACTICE
12:00:00 PM	12:15:00 PM	FLOOD	10:00:00 AM	10:15:00 AM	FLOOD
12:15:00 PM	12:35:00 PM	STAR 6 MEN (2) & PRE JUVENILE MEN U13 (1)	10:15:00 AM	10:45:00 AM	JUNIOR RHYTHM DANCE PRACTICE
12:35:00 PM	1:15:00 PM	STAR 8 MEN & JUVENILE MEN U14 (5)	10:45:00 AM	11:15:00 PM	JUNIOR RHYTHM DANCE PRACTICE
1:15:00 PM	1:40:00 PM	STAR 10 WOMEN (2) & GOLD WOMEN (2)	11:15:00 AM	11:30:00 AM	FLOOD
1:40:00 PM	2:05:00 PM	STAR 8 WOMEN	11:30:00 AM	12:00:00 PM	JUNIOR MEN PRACTICE
2:05:00 PM	2:20:00 PM	FLOOD	12:00:00 PM	12:30:00 PM	JUNIOR MEN PRACTICE
2:20:00 PM	3:40:00 PM	PRE NOVICE WOMEN FREE GP1	12:30:00 PM	12:50:00 PM	FLOOD
3:40:00 PM	3:55:00 PM	FLOOD			COMPETITION
3:55:00 PM	5:15:00 PM	PRE NOVICE WOMEN FREE GP2	12:50:00 PM	2:55:00 PM	JUNIOR WOMEN SHORT
5:15:00 PM	5:30:00 PM	FLOOD	2:55:00 PM	3:15:00 PM	FLOOD
5:30:00 PM	6:50:00 PM	PRE NOVICE WOMEN FREE GP3	3:15:00 PM	4:25:00 PM	JUNIOR PAIR SHORT
6:50:00 PM	7:05:00 PM	FLOOD	4:25:00 PM	4:45:00 PM	FLOOD
7:05:00 PM	8:15:00 PM	STAR 7 012 WOMEN	4:45:00 PM	6:05:00 PM	JUNIOR RHYTHM DANCE
8:15:00 PM	8:45:00 PM	STAR 9 014 WOMEN	6:05:00 PM	6:30:00 PM	FLOOD

8:45:00 PM 9:15:00 PM
9:15:00 PM

STAR 9 U14 WOMEN
Good Night

6:30:00 PM 8:10:00 PM
8:10:00 PM 8:25:00 PM
8:25:00 PM 9:40:00 PM
9:40:00 PM 10:10:00 PM

JUNIOR MEN SHORT
FLOOD
JUNIOR FREE DANCE (Skate Ontario event)
SENIOR FREE DANCE (Skate Ontario event)

SUNDAY, JULY 23, 2023

START	END	RINK 1 - SENECA NEXT GEN	START	END	RINK 2 - MANLEY NEXT GEN
8:00:00 AM	8:30:00 AM	JUNIOR PAIR FREE PRACTICE	6:30:00 AM	7:00:00 AM	JUNIOR WOMEN FREE PRACTICE
8:30:00 AM	9:00:00 AM	JUNIOR PAIR FREE PRACTICE	7:00:00 AM	7:15:00 AM	FLOOD
9:00:00 AM	9:15:00 AM	FLOOD	7:15:00 AM	7:45:00 AM	JUNIOR WOMEN FREE PRACTICE
9:15:00 AM	9:45:00 AM	JUNIOR FREE DANCE PRACTICE	7:45:00 AM	8:15:00 AM	JUNIOR WOMEN FREE PRACTICE
9:45:00 AM	10:15:00 AM	JUNIOR FREE DANCE PRACTICE	8:15:00 AM	8:30:00 AM	FLOOD
10:15:00 AM	10:30:00 AM	FLOOD			COMPETITION
10:30:00 AM	11:05:00 AM	JUNIOR MEN PRACTICE	9:15:00 AM	11:20:00 AM	JUNIOR WOMEN FREE
11:05:00 AM	11:40:00 AM	JUNIOR MEN PRACTICE	11:20:00 AM	11:40:00 AM	FLOOD
			11:40:00 AM	12:50:00 PM	JUNIOR PAIR FREE
			12:50:00 PM	1:10:00 PM	FLOOD
			1:10:00 PM	2:30:00 PM	JUNIOR FREE DANCE
			2:30:00 PM	2:55:00 PM	FLOOD
			2:55:00 PM	4:35:00 PM	JUNIOR MEN FREE
			4:35:00 PM		Good Night