

## Program Components Learning Summary

<b>Video 1: Introduction, principles of judging, serious mistakes, biases</b>	<b>42:53</b>
Introduction: 5 to 3 components	00:00
Rationale for the change	02:02
Specific areas of evaluation	07:45
How to use the videos	14:16
Principles of assessment	17:20
Serious mistakes, falls, interruptions	18:37
Serious mistakes, falls, interruptions: examples	20:20
Biases	27:51

<b>Video 2a: Composition (part 1)</b>	<b>54:09</b>
Composition: definition and criteria	00:00
Unity	01:56
Unity: examples	04:13
Connections between and within the elements	27:15
Connections between the elements: examples	28:06
Connections within the elements: examples	44:06
Unit of movement: Definition and examples	49:10

<b>Video 2B: Composition (part 2)</b>	<b>49:38</b>
Pattern and ice coverage	00:00
Multidimensional movements and use of space	01:35
Choreography reflecting musical phrase and form	02:18
Choreography reflecting musical phrase and form: examples	03:42
Considerations: What is a skating program?	19:40
Questions to ask when judging "Composition"	21:25
Common mistakes when judging the component "Composition"	23:06
Composition summary and practice judging	24:20

<b>Video 3a: Presentation (part 1)</b>	<b>01:04:46</b>
Presentation: definition and criteria	00:00:00
Expressiveness and projection	00:01:35
Expressiveness and projection: examples	00:03:13
Variety and contrast of energy and of movements	00:28:57
Musical sensitivity and timing	00:31:57
Musical sensitivity and timing: examples	00:35:25

<b>Video 3B: Presentation (part 2)</b>	<b>53:14</b>
Musical sensitivity: musical nuances, finesse of movements, and movement details	00:00
Movement details: examples	00:39
Unison, oneness and awareness of space	12:48
Presentation: Key concepts	13:45
Question to ask when judging "Presentation" incl. connection / disconnection from music	14:48
Presentation summary and practice judging	19:05

<b>Video 4a: Skating skills (part 1)</b>	<b>53:22</b>
Skating skills: definition and criteria	00:00
Variety of edges, steps, turns, movements and directions	01:07
Clarity of edges, steps, turns, movements and body control	01:52
Clarity of edges, steps, turns, movements and body control: examples	02:47
Clarity of movement: further explained	20:38
Clarity of movement: examples	29:26
Clarity of movement: conclusion	52:41

<b>Video 4B: Skating skills (part 2)</b>	<b>01:03:21</b>
Balance and glide	00:00:00
Flow	00:01:58
Glide and flow: examples	00:03:30
Power and speed	00:26:27
Question to ask when judging "Skating skills"	00:26:59
Common mistakes when judging the component "Skating skills"	00:31:49
Skating skills summary and practice judging	00:33:59
Conclusion	00:01:34

<b>Video 5a: Listening to music</b>	<b>01:15:38</b>
<b>Part 1: Music elements and details</b>	
Definition of music	00:00:00
Music diagram	00:11:38
Elements of music	00:15:00
Timing and time signature	00:15:31
Timing and time signature: examples	00:20:23
The musical phrase	00:37:38
The musical phrase: examples	00:41:24
Melody and harmony	00:46:33
Tempo and dynamics	00:50:58
Change in tempo: accelerando and ritardando	00:52:53
Articulation, tone colour and timbre	00:57:12

<b>Video 5b: Listening to music</b>	<b>42:39</b>
<b>Part 2: Relationship between movement and music character</b>	
Movement and music character	00:00
Movement and music character: examples of consistency between music character and movements	00:59
1) Music character intuitive and easy to describe	
2) Music character of not easily described	11:25
Movement and music character: examples of deliberate contrast of movement with music character	23:12
Conclusion	37:06