



## CanSkate - Parent & Tot – Delivery requirements (with COVID-19 considerations)

CanSkate - Parent & Tot can be used as an option for skaters who require hands-on assistance getting up and maneuvering on the ice. All CanSkate sessions (including CanSkate – Parent & Tot) must be delivered in accordance with the minimum delivery standards identified by Skate Canada.

“Parent” includes members of the skater’s household or members of their social circle. All participants on a Parent & Tot session must be registered with Skate Canada.

Clubs must ensure that parents have a sufficient skating level to be able to support their skater. Parents will be responsible for assisting their skater. Parents must be able to effectively skate on their own and support their skater if necessary.

Parents must wear a CSA approved helmet if their own skating level is below Stage 5 or equivalent.

Using the 3-station format, CanSkate Parent & Tot can be combined with a CanSkate session. In this hybrid format, clubs can substitute one or two CanSkate Parent & Tot station groups for one or two CanSkate station groups.

The maximum number of skaters at each station depends on whether it is a CanSkate station or a CanSkate Parent & Tot station. You may not combine CanSkate Parent & Tot skaters and CanSkate skaters within a station.

- CanSkate – Parent & Tot - Maximum of 14 skaters per station (7 skaters, 7 parents)
- CanSkate - Maximum of 12 skaters per station

<table border="1" style="width: 100%; text-align: center;"> <tr> <td style="width: 33%;">Parent &amp; Tot</td> <td style="width: 33%;">Parent &amp; Tot</td> <td style="width: 33%;">Parent &amp; Tot</td> </tr> <tr> <td>Max 14</td> <td>Max 14</td> <td>Max 14</td> </tr> </table>	Parent & Tot	Parent & Tot	Parent & Tot	Max 14	Max 14	Max 14	<p><u>CanSkate Parent &amp; Tot Session</u></p> <p><b>Maximum 42 skaters and parents, maximum 50 individuals including coaches and PAs</b></p> <p>3-station format – maximum of 14 skaters/parents per station (7 skaters, 7 parents)</p>
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