

CanPowerSkate Course

COURSE FEE: \$340.00

Applications are accepted on a first come, first serve basis however registration will close once the maximum number of participants has been reached. Only completed applications will be processed. Spots cannot be reserved. Skate Ontario reserves the right to withdraw any applicant who does not meet the Skate Canada registration requirements.

This 2-day course will prepare coaches for the delivery of the *revised* CanPowerSkate program. Day 1 will explore basic technique of the Balance, Control and Agility skills taught in the CanPower program. Participants will also practice analyzing skills, error detection and discovering possible correction exercises. Day 2 will cover aspects of the revised CanPowerSkate Program. Topics will include session planning, components of a session (warm up, lesson time, development time and cool down), as well as how to assess in the program. Participants attending the course must wear hockey skates, hockey gloves and bring their own hockey or ringette stick during the on-ice training. Successful completion of the course will earn an NCCP In-training CanPowerSkate status. Additional evaluation components are required after the course to earn a Trained status. Please see below for a more detailed look at the revised CanPowerSkate pathway.

TO BE ELIGIBLE TO REGISTER FOR THE CANPOWERSKATE COURSE, PARTICIPANTS MUST UPLOAD PROOF OF THE FOLLOWING:

1. Proof of age – must be 16 years of age by the start of the course, no exceptions.
2. Proof of a Skate Canada, Hockey Canada or Ringette Canada NCCP status.
3. Completion of the [NCCP Coach Initiation In Sport online training module](#).
4. Proof of your 2018/2019 Skate Canada Registration or Skate Canada Professional Coaching membership, in good-standing.

PLEASE NOTE THE FOLLOWING:

The membership season is in effect from September 1 - August 31 each year. To become a Skate Canada Registrant, please contact your local Skate Canada club.

REGISTRATION DETAILS:

- * No refunds will be issued after the deadline date.
- * Cancellations before the deadline date will be subject to a \$75.00 administrative fee.
- * Incomplete applications will be subject to a \$75.00 administrative fee. This includes missing/incorrect documentation.
- * Requests to change courses cannot be accommodated.
- * Course cancellations are at the sole discretion of Skate Ontario.

NCCP PLAGIARISM POLICY:

Skate Ontario takes plagiarism very seriously. Consequently, submissions as part of the NCCP course curriculum must be one's own work. Submitting someone else's work, in whole or in part, will result in a "needs improvement" evaluation, requiring a resubmission. Skate Ontario reserves the right to suspend one's privileges.

COACH COMMUNICATION:

Please contact [Amanda Montgomery](#), Coordinator, Coaching & Synchronized Skating for questions.

Please see page two for a more detailed look at the revised CanPowerSkate pathway.

NCCP Instruction Intermediate CanPowerSkate Coach Pathway

PRE-REQUISITES

- Be a Skate Canada registrant or current Skate Canada Coach in good standing.
- Be at least 16 years of age
- Skate Canada, Hockey Canada or Ringette Canada NCCP status

REGISTERED PROFESSIONAL COACH, IN GOOD STANDING

- Registered for the current season
- NCCP status (renewed when certified)
- Valid First Aid
- Clear Screening
- Accepted Skate Canada's Code of Ethics
- Complete the Respect in Sport Activity Leader Training

PROFESSIONAL DEVELOPMENT OPPORTUNITIES

Skate Canada Ice Summit, CAC Sport Leadership Conferences, Other NSO Conferences, Section Seminars, Hockey or Ringette NCCP training

NCCP DEADLINE

Coaches have 3 years from earning an In-Training status to become Certified

Skate Canada eLearning

- CanPowerSkate Pre-Course (in development)

CanPowerSkate Coach

In-training Course (2-day course)

- Successfully complete an on-ice assessment
- Successfully complete the course and classroom workbook

Participants must:

- Wear hockey skates and bring a stick
- Demonstrate all CPS skills with a hockey/ringette stick
- Know how to apply skills to game situations.
- Helmets are highly recommended

CanPowerSkate Coach In-training

Coaching Association of Canada

Multi Sport Training

Multi-sport training is offered by Provincial and Territory Coaching Representatives.

- Making Ethical Decisions Training
- Planning a Practice
- Teaching and Learning
- Coach Initiation in Sport (Locker e-Learning)

CanPowerSkate Coach Trained

CanPowerSkate Coach

Certified Portfolio

Includes the following components:

- Coach Philosophy
- Coaching Goals
- Puck/Ring Philosophy
- Emergency Action Plan
- Video submission of two 10-minute technical lessons
- Warm up, development time, cool down plan
- Completion of the Making Ethical Decisions online evaluation

A certified status is achieved upon successful completion of the CanPowerSkate Coach Certified Portfolio. Maintenance of Certification will be required with a certified status (12 points/3-year cycle)

CanPowerSkate Coach Certified