

CanSkate - Parent & Tot – Delivery requirements (with COVID-19 considerations)

Please note, according to Step 3 of the Ontario Roadmap to Reopen, physical distancing on the ice between individuals is not necessary during a CanSkate session. However, we have included references to places within CanSkate where physical distancing would need to be reimplemented if necessary, based on future changes by the Ontario government and the fluid nature of the COVID-19 pandemic.

CanSkate - Parent & Tot can be used an option for skaters who require hands-on assistance getting up and maneuvering on the ice. All CanSkate sessions (including CanSkate – Parent & Tot) must be delivered in accordance with the minimum delivery standards identified by Skate Canada.

“Parent” includes members of the skater’s household or members of their social circle.

All participants on a Parent & Tot session must be registered with Skate Canada.

Clubs must ensure that parents have a sufficient skating level to be able to support their skater. Parents will be responsible for assisting their skater. Parents must be able to effectively skate on their own and support their skater if necessary.

Parents must wear a CSA approved helmet if their own skating level is below Stage 5 or equivalent.

Strategies to incorporate CanSkate - Parent & Tot include:

- Running a stand-alone CanSkate - Parent & Tot session
- Adding CanSkate – Parent & Tot to an already established PreCanSkate session
- Incorporating CanSkate – Parent & Tot into any CanSkate session
 - This could be done by designating one group to CanSkate – Parent & tot skaters.
 - CanSkate - Parent & Tot skaters could also be grouped with other skaters of similar level.

