



**SKATE ONTARIO**  
SKATECANADA

## Return to Play Protocols

Day Camps – June 11, 2021

## Skate Ontario Return to Play Protocols – Day Camps (these “Protocols”)

**Effective June 11, 2021**

These Protocols are Skate Ontario’s rules and policies and are intended to enable a safe return to the sport when clubs and skating schools are running day camps. These Protocols are based on current Ontario statutes and regulations, current public health requirements and directives, and Skate Ontario’s desire to make our sport safe for all. These Protocols may be updated at any time; please be sure that you are referring to the most recent Version which will be posted from time to time on Skate Ontario’s website at [www.skateontario.org](http://www.skateontario.org). These Protocols are subject to all federal, provincial and municipal laws, regulations, by-laws and orders as they may exist from time to time.

Clubs and skating schools that offer day camps for children must operate these in a manner consistent with the COVID-19 Safety Guidelines for Day Camps produced by the Office of the Chief Medical Officer of Health found here: [https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019\\_summer\\_day\\_camps\\_guidance.pdf](https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019_summer_day_camps_guidance.pdf)

Skate Ontario will communicate in subsequent Versions of these Protocols updated information as it becomes available.

### Day Camp Operations

Area	Item	Protocol
Day Camp Operations DCO – 001	Compliance with regulations	<p>All day camps must adhere to all federal, provincial and municipal laws, regulations, by-laws and orders as they may exist from time to time. This includes but is not limited to compliance with:</p> <ul style="list-style-type: none"> <li>• Physical distancing measures</li> <li>• Health and safety regulations</li> <li>• Size of permitted gatherings</li> <li>• Skate Canada rules, policies and procedures</li> <li>• Skate Ontario rules, policies and procedures</li> <li>• All Safe Sport policies and procedures</li> <li>• Applicable occupational health and safety requirements</li> </ul>
Day Camp Operations DCO – 002	Compliance with these Protocols	<p>Each club, skating school and coach conducting day camps (whether or not on rented non-club ice) must implement and comply with the current Version of these Protocols. Each club, skating school and coach is also responsible for implementing and complying with any updated Version of these Protocols as posted from time to time.</p> <p>The Acknowledgement, Release, Indemnity, and Assumption of Risk regarding COVID-19 form provided as part of these Protocols must be completed by each participant in club or skating school day camps (including staff, skaters, coaches, choreographers and volunteers). This form must be completed prior to the start of participation in day camps. This form is only required to be completed one time by each participant. The club or skating school must keep this form on-file for each participant. It is not necessary to submit this to Skate Ontario, but it may be requested by Skate Ontario at any time.</p> <p>Any non-implementation or non-compliance may have consequences and could jeopardize insurance coverage.</p>



### Day Camp Operations (continued)

Area	Item	Protocol
Day Camp Operations DCO – 003	COVID-19 Education	<p>Each club and skating school must ensure that staff, coaches, skaters, parents, members and volunteers receive education on new safety and hygiene protocols within the club / skating school as well as Government-approved information on ways to limit the spread of COVID-19 including:</p> <ul style="list-style-type: none"> <li>• Respiratory etiquette</li> <li>• Hand hygiene</li> <li>• Physical distancing</li> <li>• Use of Personal Protective Equipment (e.g. face masks)</li> </ul> <p><i>Note: Please see Appendix A for samples of these education tools</i></p>
Day Camp Operations DCO - 004	COVID-19 Management Plan	Clubs and skating schools must follow the Ontario COVID-19 Safety Guidelines for Day Camps with respect to reporting and management of all probable or confirmed cases of COVID-19 related to day camp participants or staff.
Day Camp Operations DCO – 005	Club / Skating School Offices	All club administrative activities should be conducted on-line and virtually whenever possible.
Day Camp Operations DCO - 006	Facility Coordination	Each club and skating school must coordinate with the relevant facility in order to ensure compliance with these Protocols as well as the Ontario COVID-19 Safety Guidelines for Day Camps.
Day Camp Operations DCO - 007	Screening measures	All individuals taking part in club / skating school day camps must self-screen in accordance with current public health guidelines and the Ontario COVID-19 Safety Guidelines for Day Camps.
Day Camp Operations DCO - 008	Tracking of participants in day camps	Clubs and skating schools are required tracking participants in day camps according to the Ontario COVID-19 Safety Guidelines for Day Camps.
Day Camp Operations DCO - 009	Vaccination	Clubs and skating schools that operate day camps should strongly encourage all eligible staff and campers to receive COVID-19 vaccination as soon as possible, and at the earliest opportunity before the camp starts.



**Day Camp Operations (continued)**

Area	Item	Protocol																		
Day Camp Operations DCO - 010	Limitations on cohort sizes	<p>All day camps must follow provincial, local public health and facility guidelines as well as the Ontario COVID-19 Safety Guidelines for Day Camps with respect to the size of cohorts.</p> <p style="text-align: center;"><b>Maximum Day Camp Cohort Sizes</b></p> <table border="1" data-bbox="618 491 1536 1220"> <thead> <tr> <th data-bbox="621 495 922 527"><i><b>Program</b></i></th> <th data-bbox="925 495 1182 527"><i><b>Age</b></i></th> <th data-bbox="1185 495 1533 527"><i><b>Maximum Cohort Size</b></i></th> </tr> </thead> <tbody> <tr> <td data-bbox="621 531 922 667"><i>CanSkate* &amp; CanPower</i></td> <td data-bbox="925 531 1182 667"><i>All skaters in cohort ages 4 years up to 9 years</i></td> <td data-bbox="1185 531 1533 667"><i>Maximum of 26 skaters with minimum ratio of coaches to skaters as 1 to 13</i></td> </tr> <tr> <td data-bbox="621 672 922 808"><i>CanSkate* &amp; CanPower</i></td> <td data-bbox="925 672 1182 808"><i>All skaters in cohort ages 6 years up to 9 years</i></td> <td data-bbox="1185 672 1533 808"><i>Maximum of 30 skaters with minimum ratio of coaches to skaters as 1 to 15</i></td> </tr> <tr> <td data-bbox="621 812 922 911"><i>CanSkate* &amp; CanPower</i></td> <td data-bbox="925 812 1182 911"><i>Any skater in cohort over the age of 9 years</i></td> <td data-bbox="1185 812 1533 911"><i>Maximum of 20 skaters with minimum ratio of coaches of 1 to 13</i></td> </tr> <tr> <td data-bbox="621 915 922 1052"><i>STARSkate/ Competitive/ Special Olympics/Synchronized Skating**</i></td> <td data-bbox="925 915 1182 1052"><i>All skaters in cohort ages 4 years up to 9 years</i></td> <td data-bbox="1185 915 1533 1052"><i>Maximum of 25 skaters with a minimum ration of coaches to skaters as 1 to 13</i></td> </tr> <tr> <td data-bbox="621 1056 922 1213"><i>STARSkate/ Competitive/ Special Olympics/Synchronized Skating**</i></td> <td data-bbox="925 1056 1182 1213"><i>Any skater in cohort over the age of 9 years</i></td> <td data-bbox="1185 1056 1533 1213"><i>Maximum of 20 skaters with minimum ratio of coaches of 1 to 20</i></td> </tr> </tbody> </table> <p>*CanSkate: Skaters must be working on Stage 1 or equivalent in order to participate in day camps. Skaters can participate in day camps on their own if they can get up and manoeuvre without hands-on assistance.</p> <p>If CanSkaters are unable to get up on their own and manoeuvre without hands-on assistance, a responsible person from within their household may assist them on the ice.</p> <p>**Synchronized Skating: SYS teams may train together following the day camp cohort sizes listed above, while maintaining physical distancing.</p>	<i><b>Program</b></i>	<i><b>Age</b></i>	<i><b>Maximum Cohort Size</b></i>	<i>CanSkate* &amp; CanPower</i>	<i>All skaters in cohort ages 4 years up to 9 years</i>	<i>Maximum of 26 skaters with minimum ratio of coaches to skaters as 1 to 13</i>	<i>CanSkate* &amp; CanPower</i>	<i>All skaters in cohort ages 6 years up to 9 years</i>	<i>Maximum of 30 skaters with minimum ratio of coaches to skaters as 1 to 15</i>	<i>CanSkate* &amp; CanPower</i>	<i>Any skater in cohort over the age of 9 years</i>	<i>Maximum of 20 skaters with minimum ratio of coaches of 1 to 13</i>	<i>STARSkate/ Competitive/ Special Olympics/Synchronized Skating**</i>	<i>All skaters in cohort ages 4 years up to 9 years</i>	<i>Maximum of 25 skaters with a minimum ration of coaches to skaters as 1 to 13</i>	<i>STARSkate/ Competitive/ Special Olympics/Synchronized Skating**</i>	<i>Any skater in cohort over the age of 9 years</i>	<i>Maximum of 20 skaters with minimum ratio of coaches of 1 to 20</i>
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### Day Camp Operations (continued)

Area	Item	Protocol		
Day Camp Operations DCO - 011	Programming	<p>The following programs may operate as part of day camps provided they follow the COVID-19 Safety Guidelines for Day Camps as well as Skate Ontario Limitations on cohort sizes (see DCO-010) and all provincial, local and facility requirements:</p> <p><b>Competitive Skate</b> – Pre-Novice, Novice, Junior and Senior - Singles, Pairs and Ice Dance.  <b>STARSkate</b> - STAR 5 to Gold, Pre-Juvenile, Juvenile and Adult - Singles, Pairs and Ice Dance  <b>STAR 1-4</b> – All disciplines  <b>SYS</b> – All levels  <b>CanPowerSkate</b>  <b>CanSkate</b>  <b>Special Olympics</b></p> <p><b>All CanSkate/CanPower programming must follow the program guidelines as set out in the following resources.</b></p> <p><a href="#">Program Requirements and Delivery Standards – CanSkate - with COVID-19 Considerations</a></p> <p><a href="#">Program Requirements and Delivery Standards – CanPower – with COVID-19 Considerations</a></p> <p>Special Olympic Return to Programming protocols can be found at <a href="https://www1.specialolympicsontario.com/return-to-program/">https://www1.specialolympicsontario.com/return-to-program/</a></p> <p><b><u>Please note, on-ice day camp programs may not mix with skaters training as part of the high performance training exemption.</u></b></p>		
Day Camp Operations DCO - 012	Assessment Days	<p>Clubs and skating schools must follow the following guidelines when booking Assessment Days:</p> <table border="1" data-bbox="618 1381 1531 1446"> <tr> <td data-bbox="618 1381 924 1446">Step 1 – Day Camps</td> <td data-bbox="927 1381 1531 1446">No Assessment Days may be held</td> </tr> </table>	Step 1 – Day Camps	No Assessment Days may be held
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Day Camp Operations DCO - 013	Pairs and Ice Dance	<p>Pairs / Ice Dance couples should follow the guidelines below if they are taking part in day camps:</p> <ul style="list-style-type: none"> <li>• Skaters are permitted to contact each other within the facility, provided they are part of the same household or social circle</li> <li>• Skaters are encouraged to continue hand hygiene practices by sanitizing their hands before and after all sessions where contact has taken place</li> </ul> <p>Skate Ontario will communicate in subsequent Versions of these Protocols updated information as it becomes available.</p>		



### Day Camp Operations (continued)

Area	Item	Protocol
Day Camp Operations DCO - 014	On-Ice Coaching	Coaches must follow the COVID-19 Safety Guidelines for Day Camps with respect to maintaining consistent staffing for cohorts for the duration of the program.
Day Camp Operations DCO - 015	Harness	<p>The use of harnesses is permitted in the following situations:</p> <ul style="list-style-type: none"> <li>• Mounted and portable harnesses are permitted</li> <li>• The skater and coach must wear a non-medical face mask at all times when the harness is in use</li> <li>• The harness must be disinfected and/or sanitized before and after each use using a spray or wipe</li> <li>• The coach/skater should sanitize their hands before and after use</li> <li>• Where possible, coaches are encouraged to stay more than 2m apart from skaters during harness lessons</li> <li>• Harness lessons should be limited to no more than 15 minutes with adequate time allowed in between lessons to disinfect the equipment</li> <li>• Consideration could be made to making a secondary disinfected harness or chest strap available in order to more easily rotate skaters between harness lessons</li> </ul>

