

Session Participation and Health Screening Tracking

Red Zone: Synchronized Skating

All skaters/coaches are expected to complete Health Screening prior to each participation in on-ice activity. The Health Screening may be completed verbally. By indicating YES in the chart below, you confirm that this Health Screening was passed.

The expectation is that a tracking sheet must exist for each on-ice session to facilitate contact tracing in the event of a COVID-19 exposure.

Session Location	Ice Pad	Date	Time

	Name of each individual included in this session Please list all coaches, skaters and choreographers included in this session. Synchronized Skating may resume training together as a whole team while maintaining physical distancing. The maximum number of skaters on the ice is 10. Coaches are permitted on the ice in addition to this number. There must be a minimum of one coach on the ice for each session.	Contact Phone Number	Health Screening Passed (Yes/No)
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