



SKATE ONTARIO - Super Series LaSalle
January 31 - February 2 • LaSalle, Ontario

SUPER SERIES

as of January 31, 2020

FRIDAY, JANUARY 31

START	END	RINK A
2:30:00 PM	2:55:00 PM	STAR 4 Girls U10
2:55:00 PM	3:20:00 PM	STAR 4 Girls U13 - Group 1
3:20:00 PM	3:45:00 PM	STAR 4 Girls U13 - Group 2
3:45:00 PM	4:10:00 PM	STAR 4 Girls U13 - Group 3
4:10:00 PM	4:35:00 PM	STAR 4 Girls U13 - Group 4
4:35:00 PM	4:50:00 PM	FLOOD
4:50:00 PM	5:10:00 PM	STAR 4 Boys U13 (Shared Warm Up)
		STAR 4 Boys O13 (Shared Warm Up)
5:10:00 PM	5:35:00 PM	STAR 4 Girls O13 - Group 1
5:35:00 PM	6:05:00 PM	STAR 4 Girls O13 - Group 2
6:05:00 PM	6:35:00 PM	STAR 4 Girls O13 - Group 3
6:35:00 PM	6:50:00 PM	FLOOD
6:50:00 PM	7:05:00 PM	STAR 7/8 Elements (Shared Warm Up)
		Gold Elements (Shared Warm Up)
7:05:00 PM	7:25:00 PM	STAR 5 Elements
7:25:00 PM	7:40:00 PM	STAR 6 Elements
7:40:00 PM	8:00:00 PM	STAR 4 Elements
8:00:00 PM	8:40:00 PM	STAR 5 Artistic - Group 1
8:40:00 PM	9:25:00 PM	STAR 5 Artistic - Group 2
9:25:00 PM		GOODNIGHT - SEE YOU TOMORROW!

START	END	RINK B
1:00:00 PM	1:35:00 PM	STAR 5 Women U10
1:35:00 PM	2:30:00 PM	STAR 5 Women O13 - Group 1
2:30:00 PM	3:30:00 PM	STAR 5 Women O13 - Group 2
3:30:00 PM	4:30:00 PM	STAR 5 Women O13 - Group 3
4:30:00 PM	4:45:00 PM	FLOOD
4:45:00 PM	5:10:00 PM	STAR 5 Men U13 (Shared Warm Up)
		STAR 5 Men O13 (Shared Warm Up)
5:10:00 PM	6:10:00 PM	STAR 7 Women O12 - Group 1
6:10:00 PM	7:05:00 PM	STAR 7 Women O12 - Group 2
7:05:00 PM	7:30:00 PM	STAR 7 Women U12
7:30:00 PM	7:45:00 PM	FLOOD
7:45:00 PM	8:00:00 PM	STAR 7 Men U12 (Shared Warm Up)
		STAR 7 Men O12 (Shared Warm Up)
8:00:00 PM	8:35:00 PM	STAR 9 Women U14
8:35:00 PM	9:05:00 PM	STAR 9 Women O14
9:05:00 PM		GOODNIGHT - SEE YOU TOMORROW!

SATURDAY, FEBRUARY 1

START	END	RINK A
8:30:00 AM	8:45:00 AM	Juvenile Pattern Dance
8:45:00 AM	9:15:00 AM	STAR 4/5 Couples Pattern Dance
9:15:00 AM	9:30:00 AM	STAR 6/7 Couples Pattern Dance
9:30:00 AM	9:45:00 AM	STAR 4/5 Solo Pattern Dance
9:45:00 AM	10:00:00 AM	FLOOD
10:00:00 AM	10:30:00 AM	Adult Women Master Singles (YA, Class I, II)
		Adult Women Gold Singles (Class I) (Shared Warm Up)
10:30:00 AM	11:05:00 AM	Adult Women Gold Singles (Class II, III) (Shared Warm Up)
11:05:00 AM	11:30:00 AM	Adult Women Silver Singles (YA)
11:30:00 AM	12:05:00 PM	Adult Women Silver Singles (Class I,II,III)
12:05:00 PM	12:35:00 PM	Adult Women Bronze Singles (YA, Class I, III)
12:35:00 PM	12:50:00 PM	Adult Women Intro Open Singles (YA, Class I, II)
		Adult Men Silver Singles (YA) (Shared Warm Up)
12:50:00 PM	1:05:00 PM	Adult Men Bronze Singles (Class III) (Shared Warm Up)
1:05:00 PM	1:20:00 PM	FLOOD
1:20:00 PM	1:30:00 PM	Juvenile Free Dance
1:30:00 PM	1:55:00 PM	STAR 2/3 Solo Pattern Dance
1:55:00 PM	2:20:00 PM	STAR 2/3 Couples Pattern Dance
2:20:00 PM	2:35:00 PM	Adult Solo Rhythm Dance (Class II)
2:35:00 PM	2:50:00 PM	Adult Solo Pattern Dance Elite (Class I)
2:50:00 PM	3:05:00 PM	Adult Solo Pattern Dance Gold (Class III)
3:05:00 PM	3:25:00 PM	Adult Solo Pattern Dance Silver (YA, Class IV)
3:25:00 PM	3:40:00 PM	Adult Solo Pattern Dance Bronze (YA)
3:40:00 PM	3:55:00 PM	FLOOD
3:55:00 PM	4:20:00 PM	STAR 3 Girls - Group 1
4:20:00 PM	4:45:00 PM	STAR 3 Girls - Group 2
4:45:00 PM	5:10:00 PM	STAR 3 Girls - Group 3
5:10:00 PM	5:35:00 PM	STAR 3 Girls - Group 4
5:35:00 PM	6:05:00 PM	STAR 3 Girls - Group 5
6:05:00 PM	6:20:00 PM	FLOOD
		Adult Women Elite Interpretive (Class I) (Shared Warm Up)
6:20:00 PM	6:50:00 PM	Adult Women Gold Interpretive (YA, I) (Shared Warm Up)
		Adult Women Gold Interpretive (III, IV) (Shared Warm Up)
6:50:00 PM	7:20:00 PM	Adult Women Silver Interpretive (YA, Class I)
7:20:00 PM	7:35:00 PM	Adult Women Silver Interpretive (Class II, III)
		Adult Women Bronze Interpretive (YA, Class I) (Shared Warm Up)
7:35:00 PM	8:10:00 PM	Adult Women Bronze Interpretive (Class III,IV) (Shared Warm Up)
8:10:00 PM	8:25:00 PM	Adult Women Intro Interpretive (YA, Class II, IV)
8:25:00 PM	8:35:00 PM	Adult Couples Open Interpretive (Class IV)
8:35:00 PM		GOODNIGHT - SEE YOU TOMORROW!

START	END	RINK B
8:00:00 AM	8:40:00 AM	STAR 5 Women U13 - Group 1
8:40:00 AM	9:25:00 AM	STAR 5 Women U13 - Group 2
9:25:00 AM	10:10:00 AM	STAR 5 Women U13 - Group 3
10:10:00 AM	10:35:00 AM	STAR 10 Women
10:35:00 AM	10:50:00 AM	FLOOD
10:50:00 AM	11:25:00 AM	STAR 7 Artistic
11:25:00 AM	12:10:00 PM	STAR 9 Artistic
12:10:00 PM	1:00:00 PM	Gold Artistic - Group 1
1:00:00 PM	1:15:00 PM	FLOOD
1:15:00 PM	2:05:00 PM	Gold Artistic - Group 2
		Pre-Juvenile Women U11 (Shared Warm Up)
2:05:00 PM	2:35:00 PM	Pre-Juvenile Women U13 (Shared Warm Up)
2:35:00 PM	3:40:00 PM	STAR 6 Women - Group 1
3:40:00 PM	3:55:00 PM	FLOOD
3:55:00 PM	5:05:00 PM	STAR 6 Women - Group 2
5:05:00 PM	6:15:00 PM	STAR 6 Women - Group 3
		Juvenile Men U12 (Shared Warm Up)
6:15:00 PM	6:35:00 PM	Juvenile Men U14 (Shared Warm Up)
6:35:00 PM	6:50:00 PM	FLOOD
6:50:00 PM	7:10:00 PM	STAR 6 Men (Shared Warm Up)
		STAR 8 Men (Shared Warm Up)
7:10:00 PM	8:25:00 PM	STAR 8 Women
8:25:00 PM	9:15:00 PM	Gold Women
9:15:00 PM		GOODNIGHT - SEE YOU TOMORROW!

SUNDAY, FEBRUARY 2

START	END	RINK A
8:00:00 AM	8:30:00 AM	Pre-Novice Women Free
8:30:00 AM	9:00:00 AM	Novice Women Free
9:00:00 AM	9:30:00 AM	Junior Women Free
9:30:00 AM	9:50:00 AM	Novice Men Free (Shared Warm Up)
		Junior Men Free (Shared Warm Up)
9:50:00 AM	10:10:00 AM	Juvenile Women U12
10:10:00 AM	11:10:00 AM	Juvenile Women U14
11:10:00 AM	11:25:00 AM	FLOOD
11:25:00 AM	11:55:00 AM	STAR 3 Girls - Group 6
11:55:00 AM	12:25:00 PM	STAR 3 Girls - Group 7
12:25:00 PM	12:55:00 PM	STAR 3 Girls - Group 8
12:55:00 PM	1:25:00 PM	STAR 3 Girls - Group 9
1:25:00 PM	1:55:00 PM	STAR 3 Girls - Group 10
1:55:00 PM	2:10:00 PM	FLOOD
2:10:00 PM	2:35:00 PM	STAR 2 Girls - Group 1
2:35:00 PM	3:00:00 PM	STAR 2 Girls - Group 2
3:00:00 PM	3:25:00 PM	STAR 2 Girls - Group 3
3:25:00 PM	3:50:00 PM	STAR 2 Girls - Group 4
3:50:00 PM		GOODNIGHT - DRIVE SAFE!

START	END	RINK B
8:30:00 AM	8:55:00 AM	STAR 3 Elements
8:55:00 AM	9:10:00 AM	STAR 2 Elements - Group 1
9:10:00 AM	9:25:00 AM	STAR 2 Elements - Group 2
9:25:00 AM	9:40:00 AM	STAR 2 Boys - Group 1
9:40:00 AM	10:10:00 AM	STAR 3 Boys - Group 1
10:10:00 AM	10:35:00 AM	STAR 2 Girls - Group 5
10:35:00 AM	11:00:00 AM	STAR 2 Girls - Group 6
11:00:00 AM	11:15:00 AM	FLOOD
11:15:00 AM	11:45:00 AM	STAR 2 Girls - Group 7
11:45:00 AM	12:15:00 PM	STAR 2 Girls - Group 8
12:15:00 PM	12:45:00 PM	STAR 2 Girls - Group 9
12:45:00 PM	1:15:00 PM	STAR 2 Girls - Group 10
1:15:00 PM	1:30:00 PM	FLOOD
1:30:00 PM	1:55:00 PM	STAR 1 Girls - Group 1
		STAR 1 Girls - Group 2
1:55:00 PM	2:20:00 PM	STAR 1 Girls - Group 3
		STAR 1 Girls - Group 4
2:20:00 PM	2:45:00 PM	STAR 1 Girls - Group 5
		STAR 1 Girls - Group 6
2:45:00 PM	3:10:00 PM	STAR 1 Girls - Group 7
		STAR 1 Boys - Group 1
3:10:00 PM		GOODNIGHT - DRIVE SAFE!