

### **COURSE FEE: \$450.00**

Applications are accepted on a first come, first serve basis however registration will close once the maximum number of participants has been reached. Only completed applications will be processed. Spots cannot be reserved. Skate Ontario reserves the right to withdraw any applicant who does not meet the Skate Canada registration requirements. All aspiring Skate Canada coaches begin NCCP training at the Learn to Skate level teaching Skate Canada's flagship program, CanSkate. The coach pathway is represented on page two of this document.

The 3-day CanSkate course introduces participants to the basics of coaching, which includes an introduction to Long Term Athlete Development, Teaching and Learning, Communication, Biomechanics, Ethics, and all components of the CanSkate program. Throughout this course, candidates will partake in an interactive learning environment and will reflect on their experiences as a skater and how to successfully transition into a coaching role. Based on the following learning objectives, the CanSkate course will prepare coaches to:

- Recognize factors that affect learning and relate to the Learn to Skate athlete.
- Relate CanSkate skills to the three biomechanical principles introduced.
- Evaluate CanSkate Skills- recognize errors and strategies to correct the error.
- Identify all components of a CanSkate program and lead a program with confidence.

Club Coach: CanSkate Coaches are only eligible to coach the CanSkate Program.

### **TO REGISTER, PARTICIPANTS MUST:**

1. Be 16 years of age by the start of the course (no exceptions).
2. Have passed one complete Junior Bronze STARSkate test OR have passed at least one complete STAR 5 Assessment.
3. Be a Skate Canada registrant for the 2018/2019 membership season (September 1, 2018 – August 31, 2019) OR a Skate Canada registrant for the 2019/2020 membership season (September 1, 2019 – August 31, 2020) depending on when the course is scheduled to take place. *\*Memberships may be obtained through your local Skate Canada club.*
4. Obtain a NCCP Number through the Coaching Association of Canada. Click [here](#) to request your number now! This number will be required at the time of registration.

### **REGISTRATION DETAILS:**

- \*No refunds will be issued after the registration deadline date.
- \*Cancellations before the deadline date will be subject to a \$75.00 administrative fee.
- \*Incomplete applications will be subject to a \$75.00 administrative fee. This includes missing/incorrect documentation.
- \*Requests to change courses cannot be accommodated.
- \*Course cancellations are at the sole discretion of Skate Ontario.

### **NCCP PLAGIARISM POLICY:**

Skate Ontario takes plagiarism very seriously. Consequently, submissions as part of the NCCP course curriculum must be one's own work. Submitting someone else's work, in whole or in part, will result in a "needs improvement" evaluation, requiring a resubmission. Skate Ontario reserves the right to suspend one's privileges.

### **COACH COMMUNICATION:**

All communication with Skate Ontario must be with the coaching candidate directly as per Skate Ontario and Skate Canada policy. Please contact [Amanda Montgomery](#), Coordinator, Coaching & Synchronized Skating for questions.



# NCCP Instruction Intermediate

## CanSkate Coach Pathway

### PRE-REQUISITES

- Be a Skate Canada registrant
  - Be minimum 16 years of age
  - Passed at least one complete STAR 5 Assessment\*
- \*If you do not meet this requirement please contact your Section Course Administrator

### REGISTERED PROFESSIONAL COACH, IN GOOD STANDING

- Registered for the current season
- NCCP status (renewed when certified)
- Valid First Aid
- Clear Screening
- Skate Canada's Code of Ethics
- Respect in Sport Training

COACHES HAVE THREE YEARS FROM THE DATE OF THE IN-TRAINING COURSE TO BECOME CANSKATE COACH CERTIFIED

### Skate Canada eLearning

- CanSkate Coach Pre-Course

### CanSkate Coach In-training Course

(3-day course)

- How to teach
- How to deliver CanSkate
- Putting it all together

\*Upon completion of the CanSkate Course, coaches are eligible to teach the CanSkate Program. Prior to doing so, coaches must be registered and in good standing with Skate Canada.

**CanSkate Coach In-training**

### Coaching Association of Canada

#### Multi-Sport Training

Multi-sport training is offered by Provincial and Territory Coaching Representatives

- Make Ethical Decisions
- Planning a Practice
- Teaching and Learning

**CanSkate Coach Trained**

### CanSkate Coach Certified Portfolio

Includes the following components:

- Your coaching philosophy
- Your coaching goals
- Mentorship Interview
- Submission of two CanSkate lessons
- Submit a Warm Up, Group Activity and Cool Down plan

A certified status is achieved upon successful completion of the CanSkate Coach Certified Portfolio. Maintenance of Certification will apply with a certified status (6 points/ 3-year cycle)

**CanSkate Coach Certified**

