



SMART Goals Worksheet

ORGANIZER:

CLUB/SCHOOL:

DATE/YEAR:

GOAL 1:

GOAL 2:

GOAL 3:

GOAL 4:

GOAL 5:

Specific

(simple, sensible, significant)

Measurable

(meaningful, motivating)

Achievable

(agreed, attainable)

Relevant

(reasonable, realistic &
resourced, results-based)

Time-based

(time-bound, time/cost
limited, timely, time-sensitive)

