



**SKATE ONTARIO**  
SKATECANADA

## Event Info Sessions – Schedule

<b>Love to Skate – Kanata, January 12<sup>th</sup>, 2019</b> Location: Kanata Recreation Centre, Hall A (3 <sup>rd</sup> floor)	
<b>10:00am</b>	STAR 6-Gold – review of upcoming changes (for everyone)
<b>11:00am</b>	Performance Days – key components for planning (for board and coaches)
<b>Noon</b>	STAR 6-Gold – review of upcoming changes (for everyone)
<b>1:00pm</b>	STAR 1-5 Program & Assessment sheets (for parents)
<b>2:00pm</b>	Performance Days – key components for planning (for board and coaches)
<b>3:00pm</b>	STAR 1-5 Program & Assessment sheets (for parents)
<b>4:00pm</b>	STAR 6-Gold – review of upcoming changes (for everyone)
* Sessions will be approximately 40 minutes in length ** No cost to attend	