

Skate Canada Dance Assessment

STAR 5a Dance – Willow Waltz

Date://	Club:				Candidate:			
SC# <u>:</u>				Coach Assessor:				
Evaluation Resul	lt: Pas	s with Ho	nours 🗆	Pass 🗆		Retry l		
			STA	.R 5a Dance – W	'illow \	······································		
Date://	<u>/</u>	Candi	date:			Coach Assesso	or:	
		Focus	Area Asse	esment			1	
ELEN	MENT	CI	JCCESSFUL	UNSUCCESSFUI		CORABACNITC		
Male Steps	Female St		CCESSFUL	UNSUCCESSFUI	•	COMMENTS	4 RBO	21 RFI-Pr
Focus Area #1	Focus Are	ea #1					SLFU	30 1 LBO 2 1 20 LFO 2 PBI-Ch
Steps: 8,9, 10	Steps: 8						6 RFI (3	start 3 19
& 11								
Focus Area #2	Focus Are						7 LFO ³	3 18 LFO
Steps: 14	Steps: 15,	16,					FA1 8 RF03 2+1	3/17 RBI
	17 & 18						9 LBO 2	FA3
Focus Area #3	Focus Are						10 RBI-Pr/1	15 RBO
Steps: 15, 16,	Steps: 20,	21					11 LBO 3	3
17 & 18	& 22						12 RBO 2	FA2 2+1)14L
Mandatory Focus Area Assessment:				☐ Yes			13 LBI-Ch /1	2 / 13 RF
William 2 1 ocas 7 ii cas 1 acca 5 accessiai.				(must be Yes in order with Honours)	to receiv	e a Pass or Pass	14 RBO 3	3 11 RFO
*Timing must be	Silver or h	igher in o	der to pas	S			15 LFO	1 10 LFI-Pr
Full Pattern Assessment							16 RFO FA2	² PRFO FA1
CDITEDIA		RATING	3	O)/EDALL			17 LFI	38 LBO
CRITERIA	GOLD	SILVER	BRONZI	OVERALL		OMMENTS	18 RFJ 3	7 RBO
Timing*							орМо	
							19 LBI 3 Start Man	3)61
Carriage					•		FA3 20 RBO 1 3 1 RF0	2 LFI-Ch 3 RFO 3 SPFO
							FA3 21 LBI-Pr 22 RBO	4 LFO 5 RFI
Technique								
Mandatory Fo	ocus Area A	Assessme	nt:	☐ Ye	ς	□ No		
Result:						Gold	Silver	Bronze
Pass with Honours (2 of 3 full pattern criteria				Total Ove	erall	30.4	<u> </u>	2.01120
Gold - including asterisk criteria)				Assessm				
Pass (2 of 3 full pattern criteria Silver or better -			A33C33III					
including asterisk of		inciia siivel	טו טבננפו -					
□ Retry	,							

July 2016 Copyright © 2016 Skate Canada



Skate Canada Dance Assessment STAR 5a Dance – Willow Waltz

Skate Canada Dance Assessment

STAR 5a Dance-Willow Waltz

Standards of Assessment

ELEMENTS	CRITERIA		SUCCESSFUL	UNSUCCESSFUL
Focus Areas 1, 2 & 3	Accuracy		100% accuracy of steps	Less than 100% accuracy of steps
	CRITERIA	GOLD (Good for level)	SILVER (Reasonable for level)	BRONZE (Poor for level)
	Timing:* Ability to match the musical timing	100% correct timing of steps	75% correct timing of steps	Less than 75% of exercise off time
Full Pattern	Carriage: Style, body lines and posture	 Body carriage – strong throughout Free leg extension – strong throughout 	Body carriageFree leg extension	 Body carriage – weak throughout Free leg extension – weak throughout
	Technique: Proper mechanics demonstrated	 Steps (100% correct) Blade pushes (more than 75%) Knee action evident throughout 	 Steps (75% correct) Blade pushes (more than 75%) Some knee action evident throughout 	 Steps (50% correct) Blade pushes (less than 75%) Little or no knee action throughout

Additional Comments:

July 2016 Copyright © 2016 Skate Canada