



Skate Canada Dance Assessment

STAR 4a Dance – Swing

Date: ___ / ___ / ___ Club: _____ Candidate: _____

SC#: _____ Coach Assessor: _____

Evaluation Result: **Pass with Honours** **Pass** **Retry**

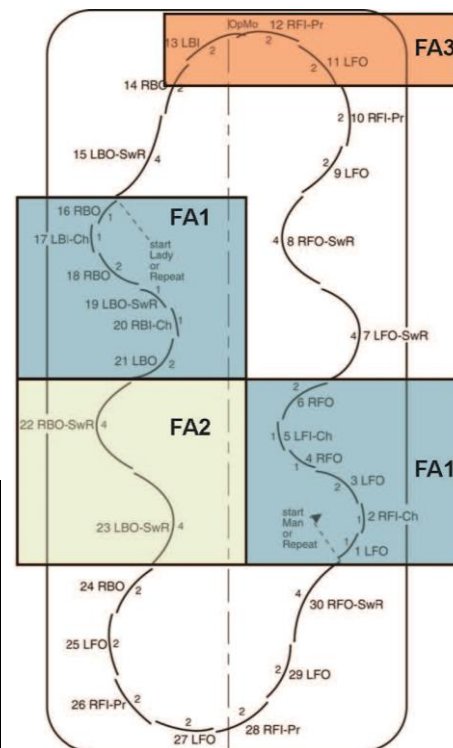
STAR 4a Dance – Swing

Date: ___ / ___ / ___ Candidate: _____ Coach Assessor: _____

| Focus Area Assessment | | | |
|--|------------|---|----------|
| ELEMENT | SUCCESSFUL | UNSUCCESSFUL | COMMENTS |
| Focus Area #1 Steps: 1-6 & 16-21 | | | |
| Focus Area #2 Steps: 22 & 23 | | | |
| Focus Area #3 Steps: 11, 12 & 13 | | | |
| Mandatory Focus Area Assessment: | | <input type="checkbox"/> Yes <input type="checkbox"/> No (must be Yes in order to receive a Pass or Pass with Honours) | |
| *Minimum 2 Focus Areas rated Successful? (skater must perform 2 patterns) | | | |

*Timing must be Silver or higher in order to pass

| Full Pattern Assessment | | | | | |
|-------------------------|--------|--------|--------|--|----------|
| CRITERIA | RATING | | | OVERALL | COMMENTS |
| | GOLD | SILVER | BRONZE | | |
| Timing* | | | | G <input type="checkbox"/> S <input type="checkbox"/> B <input type="checkbox"/> | |
| Carriage | | | | G <input type="checkbox"/> S <input type="checkbox"/> B <input type="checkbox"/> | |
| Technique | | | | G <input type="checkbox"/> S <input type="checkbox"/> B <input type="checkbox"/> | |



| | | | | | |
|--|---------------------------------|--|---------------|---------------|--|
| Result: <input type="checkbox"/> Pass with Honours (2 of 3 full pattern criteria Gold - including asterisk criteria) <input type="checkbox"/> Pass (2 of 3 full pattern criteria Silver or better - including asterisk criteria) <input type="checkbox"/> Retry | Total Overall Assessment | Gold | Silver | Bronze | |
| | | Mandatory Focus Area Assessment: <input type="checkbox"/> Yes <input type="checkbox"/> No | | | |



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Standards of Assessment

| ELEMENTS | CRITERIA | | SUCCESSFUL | UNSUCCESSFUL |
|---------------------------------|---|--|--|--|
| Focus Areas 1, 2 & 3 | Accuracy | | 100% accuracy of steps | Less than 100% accuracy of steps |
| | CRITERIA | GOLD (Good for level) | SILVER (Reasonable for level) | BRONZE (Poor for level) |
| Full Pattern | Timing:* Ability to match the musical timing | 100% correct timing of steps | 75% correct timing of steps | Less than 75% of exercise off time |
| | Carriage: Style, body lines & posture | <ul style="list-style-type: none"> • Body carriage – strong throughout • Free leg extension – strong throughout | <ul style="list-style-type: none"> • Body carriage • Free leg extension | <ul style="list-style-type: none"> • Body carriage – weak throughout • Free leg extension – weak throughout |
| | Technique: Proper mechanics demonstrated | <ul style="list-style-type: none"> • Steps (100% correct) • Blade pushes (more than 75%) • Knee action evident throughout | <ul style="list-style-type: none"> • Steps (75% correct) • Blade pushes (more than 75%) • Some knee action evident throughout | <ul style="list-style-type: none"> • Steps (50% correct) • Blade pushes (less than 75%) • Little or no knee action throughout |

Additional Comments:
