



2025-2026 Key Points and Key Point Features for Sequences/ Sections of Novice Pattern Dances

May 8, 2025

Athlete A performs the A (Follow) steps and Athlete B performs the B (Lead) steps.

Key Points: Must include correct turns, edges, foot placement, timing and holds

Characteristics of Levels for Novice Pattern Dances

Basic Level	Level 1	Level 2	Level 3
50% of Pattern Dance is completed by both partners	75% of Pattern Dance is completed by both partners	75% of Pattern Dance is completed by both partners. 1 Key Point is correctly executed.	90% of Pattern Dance is completed by both partners. 2 Key Points are correctly executed.

Quickstep

Sequence	Key Point 1	Key Point 2
Sequence 1 & 3: QS1Sq & QS3Sq 25% = 5 steps	Athlete A (Follow) steps 5 & 6 (LFO Sw-CISSt, RBIO)	Athlete B (Lead) steps 11 & 12 (LFI, RFI)
Sequence 2 & 4: QS2Sq & QS4Sq 25% = 5 steps	Athlete B (Lead) steps 5 & 6 (LFO Sw-CISSt, RBIO)	Athlete A (Follow) steps 11 & 12 (LFI, RFI)

Argentine Tango

Section	Key Point 1	Key Point 2
Each Section: AT1Sq1Se & AT2Sq1Se Steps #1-18 (25% = 4 steps)	Athlete A (Follow) Steps 7 to 10 (LFO, XF-RFO, XB-LFIO, XB-RFIO)	Athlete B (Lead) Steps 13 to 15 (CR-LBO, RFO3, LBO)
Each Section: AT1Sq2Se & AT2Sq2Se Steps #19-31 (25% = 3 steps)	Athlete B (Lead) Steps 23 & 24 (LFO Sw-OpSSt, RBI (between counts 4&1), LBO)	Athlete B (Follow) Steps 31 (CR-LBO-SwR/RFI (between counts 4&1))

* Cross Roll (Forward/Backward) - Requirement/description: Rolling action of the free leg passing continuously the skating foot to the next outside curve. At the same time, the body weight transfers from one outside curve to the new outside curve to create a rolling movement.

For Cross Rolls, the free foot passes the skating blade/foot and is placed on the ice in front/back of the skating blade/foot. There is no requirement for the new skating blade to be on an outside edge when it is placed on the ice.

Note: A change of edge within the last ½ a beat of the step is permitted to prepare the push/transition to the next step. (Examples in Key Points: 1AT - Key Point 2)