



# Skate Ontario Video Performance 1

Novmeber 27, 2020 to November 29, 2020

## Gold Women (Free) - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
	Adelle MacLeod	Glen Cairn SC,ON	19.55	11.52	0.00	0.50	30.57

# Executed Element	Base				JREF	Score
	Value	GOE	J1	J2		
1 2F+2T+1Lo	3.60	0.00	0	0	0	3.60
2 2Lz<<	0.60	-0.30	-5	-5	-5	0.30
3 FSSp2	2.30	-0.38	-2	-3	0	1.92
4 2S	1.30	0.00	0	0	0	1.30
5 1A+2Lo	2.80	0.06	0	0	1	2.86
6 CCoSp	0.00	-	-	-	-	0.00
7 2Lzq+1T	2.50	-0.42	-2	-2	-2	2.08
8 2Lo	1.70	-0.06	0	-1	0	1.64
9 2F	1.80	-0.06	0	-1	0	1.74
10 StSq1	1.80	0.06	0	0	1	1.86
11 FCCoSp2	2.50	-0.25	-1	-2	0	2.25
19.55						

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor	2.75	3.00	-	-	-	-	-	-	-	3.25	-	-	3.00
Skating Skills	1.00	2.75	3.00	-	-	-	-	-	-	-	3.25	-	-	3.00
Transitions	0.75	3.00	3.00	-	-	-	-	-	-	-	3.00	-	-	2.25
Performance	1.00	2.75	2.75	-	-	-	-	-	-	-	2.75	-	-	2.75
Composition	0.50	2.50	3.25	-	-	-	-	-	-	-	3.00	-	-	1.46
Interpretation of the Music	0.75	2.50	3.00	-	-	-	-	-	-	-	2.75	-	-	2.06
11.52														

1 Fall(s) factor (0.5) 0.50