

2025 Skate Ontario Adult Championships

March 7 to 8, 2025

Kanata, ON

Gold Women (Class III) - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Mireille Parent	CPA de Rimouski, QC	9.20	24.66	0.00	0.00	33.86

#	Executed Element	Base						Score
		Value	GOE	J1	J3	J4		
1	2S	1.30	0.09	1	-	1	0	1.39
2	1F+1A+1Aq+SEQ	2.70	-0.26	-2	-	-2	-3	2.44
3	CCoSp	0.00	-	-	-	-	-	0.00
4	1Lo+1Lo	1.00	0.02	1	-	0	0	1.02
5	StSqB	1.50	0.10	0	-	1	1	1.60
6	1F	0.50	-0.02	-1	-	0	0	0.48
7	FCSp	0.00	-	-	-	-	-	0.00
8	1Lz+1T<<	0.60	-0.14	-1	-	-3	-3	0.46
9	SSp2	1.60	0.21	2	-	1	1	1.81

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! (dance) Choreo Element does not fulfil all requirements
 < - underrotated jump < - (Key Points Dance) interruption REP - repeated jump restriction
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift EE - Extended Edge F - Fall in Element

Program Component	Factor	2.75	-	3.25	3.25	-	-	-	-	-	-	-	-	Score
Composition	2.67													8.22
Presentation	2.67													8.22
Skating Skills	2.67													8.22
														24.66

0.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	anny carrier	Patinage St-Bruno, QC	7.81	23.13	0.00	0.50	30.44

#	Executed Element	Base						Score
		Value	GOE	J1	J3	J4		
1	1Lz+1A<+SEQ	1.48	-0.21	-2	-	-3	-2	1.27
2	1F	0.50	0.02	1	-	0	0	0.52
3	CSSp1 (V)	1.43	0.09	1	-	0	1	1.52
4	1Lo+1T	0.90	0.02	1	-	0	0	0.92
5	1F+1Lo+1T<<	1.00	-0.15	-2	-	-4	-3	0.85
6	CCoSp	0.00	-	-	-	-	-	0.00
7	StSqB	1.50	0.00	-1	-	0	1	1.50
8	FUSpB	1.50	-0.65	-3	-	-5	-5	0.85
9	1Lz(e)	0.48	-0.10	-1	-	-2	-3	0.38

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Program Component	Factor	2.75	-	2.75	3.00	-	-	-	-	-	-	-	-	-	-	
Composition	2.67															7.56
Presentation	2.67															8.01
Skating Skills	2.67															7.56
																23.13

1 Fall(s) factor (0.5) 0.50

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Liesl Corson	Goulbourn SC,ON	5.96	22.03	0.00	0.00	27.99

#	Executed Element	Base							Score
		Value	GOE	J1	J3	J4			
1	1F+1Lo	1.00	-0.08	-1	-	-2	-2	-	0.92
2	CCoSpB (V)	1.28	-0.04	0	-	0	-1	-	1.24
3	1Sq	0.40	-0.08	-2	-	-2	-2	-	0.32
4	1Lz+1Lo	1.10	0.00	1	-	0	-1	-	1.10
5	StSqB	1.50	0.00	0	-	0	0	-	1.50
6	FSSp	0.00	-	-	-	-	-	-	0.00
7	1Lz	0.60	-0.02	1	-	-1	-1	-	0.58
8	1F+1T<<<+1T<<	0.50	-0.20	-3	-	-4	-5	-	0.30
9	SSp	0.00	-	-	-	-	-	-	0.00

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Program Component	Factor														Score
Composition	2.67		2.50	-	3.25	2.50	-	-	-	-	-	-	-	-	7.34
Presentation	2.67		2.75	-	3.00	2.75	-	-	-	-	-	-	-	-	7.56
Skating Skills	2.67		2.25	-	3.25	2.50	-	-	-	-	-	-	-	-	7.13
															22.03

0.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Trycia-Grace Lynch	Kitchener - Water, ON	5.00	21.60	0.00	0.00	26.60

#	Executed Element	Base						Score
		Value	GOE	J1	J3	J4		
1	CCoSp	0.00	-	-	-	-	0.00	
2	1F+1Lo	1.00	-0.02	-1	0	0	0.98	
3	1Lz+1Lo	1.10	0.00	0	0	0	1.10	
4	1F	0.50	0.02	1	0	0	0.52	
5	1S	0.40	-0.01	-1	0	0	0.39	
6	FCSp	0.00	-	-	-	-	0.00	
7	StSq	0.00	-	-	-	-	0.00	
8	1Lz+1T	1.00	-0.02	0	-1	0	0.98	
9	USpB	1.00	0.03	0	0	1	1.03	

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Program Component	Factor	2.25	3.00	2.75	2.75	7.13
Composition	2.67	-	3.00	2.75	-	7.13
Presentation	2.67	3.00	2.50	2.75	-	7.34
Skating Skills	2.67	2.50	2.75	2.75	-	7.13
						21.60

0.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
5	Robyn Lasci	Sudbury SC, ON	2.49	16.47	0.00	0.50	18.46

#	Executed Element	Base							Score
		Value	GOE	J1	J3	J4			
1	1Lz+1Lo+1T<< !	1.10	-0.22	-3	-	-4	-4	-	0.88
2	1A<< F	0.00	-	-	-	-	-	-	0.00
3	CCoSp	0.00	-	-	-	-	-	-	0.00
4	1Lz(e)	0.48	-0.14	-3	-	-2	-4	-	0.34
5	1F+1T	0.90	-0.03	-1	-	0	-1	-	0.87
6	FCSp	0.00	-	-	-	-	-	-	0.00
7	StSq	0.00	-	-	-	-	-	-	0.00
8	1F+1T<<*	0.50	-0.10	0	-	-3	-3	-	0.40
9	USp	0.00	-	-	-	-	-	-	0.00

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Program Component	Factor														Score
Composition	2.67		1.50	-	2.25	2.25	-	-	-	-	-	-	-	-	5.34
Presentation	2.67		2.00	-	2.25	2.25	-	-	-	-	-	-	-	-	5.79
Skating Skills	2.67		1.75	-	2.25	2.00	-	-	-	-	-	-	-	-	5.34
															16.47

1 Fall(s) factor (0.5) 0.50