

# Synchro Series #1

December 8, 2023 to December 10, 2023

Kingston, ON

Pre-Novice (STAR 8) Synchro - Free Program 1

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	TEAM UNITY	Tavistock & Distr, ON	20.40	13.20	0.00	1.50	32.10

#	Executed Element	Base									Score					
		Value	GOE	J1	J2	J3	J4	J5	J6	J7						
1	ME2	4.50	0.45	1	2	0	2	0	1	1	-	-	-	-	-	4.95
2	PL2	4.50	0.54	1	2	1	2	1	1	1	-	-	-	-	-	5.04
3	I1+pi1	1.50	-0.27	-1	-1	-3	-1	-2	-3	-2	-	-	-	-	-	1.23
4	TrE2	3.00	0.06	1	0	0	0	0	1	0	-	-	-	-	-	3.06
5	AL2	4.00	0.00	0	0	0	0	0	1	0	-	-	-	-	-	4.00
6	NHE2+s1	2.00	0.12	1	1	1	1	0	0	0	-	-	-	-	-	2.12
															20.40	

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor											Score			
Composition	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
Presentation	1.60	3.50	2.75	3.50	3.75	3.00	3.25	3.25	-	-	-	-	-	-	5.28
Skating Skills	2.40	3.75	2.75	3.50	3.50	3.25	2.75	3.50	-	-	-	-	-	-	7.92
															13.20

3 Fall(s) factor (0.5) 1.50

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	Platinum Edge	Petawawa SC,ON	19.38	12.60	0.00	0.00	31.98

#	Executed Element	Base									Score					
		Value	GOE	J1	J2	J3	J4	J5	J6	J7						
1	NHE2+s1	2.00	0.12	1	2	2	0	0	0	0	-	-	-	-	-	2.12
2	TrE2	3.00	-0.18	0	2	-1	-1	-2	-1	0	-	-	-	-	-	2.82
3	I1+pi2	2.25	-0.05	1	1	-1	0	-1	0	-1	-	-	-	-	-	2.20
4	PL2	4.50	0.00	1	2	0	0	-1	0	-1	-	-	-	-	-	4.50
5	ME1<	3.25	0.33	2	1	1	1	0	1	1	-	-	-	-	-	3.58
6	AW2	4.00	0.16	1	1	0	0	0	1	0	-	-	-	-	-	4.16
															19.38	

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor											Score			
Composition	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
Presentation	1.60		3.50	3.50	3.00	2.25	2.75	3.00	3.50	-	-	-	-	-	5.04
Skating Skills	2.40		3.75	3.50	2.75	2.75	3.00	3.00	3.50	-	-	-	-	-	7.56
															12.60

0.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Ice Lightning	Port Carling FSC,ON	14.84	12.64	0.00	0.00	27.48

#	Executed Element	Base									Score					
		Value	GOE	J1	J2	J3	J4	J5	J6	J7						
1	NHE2+sB	1.75	0.07	1	2	0	1	0	0	0	-	-	-	-	-	1.82
2	I1+piB	1.25	0.10	1	1	0	2	1	1	0	-	-	-	-	-	1.35
3	TrEB	1.00	0.06	1	2	0	1	0	0	1	-	-	-	-	-	1.06
4	PB1	3.50	0.21	1	2	1	0	0	-1	1	-	-	-	-	-	3.71
5	AW2	4.00	0.32	1	1	0	0	1	1	1	-	-	-	-	-	4.32
6	ME1<<	2.75	-0.17	0	0	-1	-1	-1	0	-1	-	-	-	-	-	2.58
															14.84	

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor														Score	
Composition	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
Presentation	1.60		3.25	3.00	3.00	2.50	3.25	3.00	3.50	-	-	-	-	-	-	4.96
Skating Skills	2.40		3.50	3.25	3.00	3.00	3.25	2.75	3.50	-	-	-	-	-	-	7.68
															12.64	

0.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4		Hamilton Skating .ON	15.23	12.16	0.00	0.00	27.39

#	Executed Element	Base									Score
		Value	GOE	J1	J2	J3	J4	J5	J6	J7	
1	I1+piB	1.25	-0.05	0	1	0	-1	-1	-1	0	1.20
2	AW2	4.00	0.24	1	1	1	2	0	0	0	4.24
3	TrEB	1.00	-0.02	0	0	0	0	-1	0	-1	0.98
4	NHE2+sB	1.75	-0.04	1	1	0	0	-1	-1	-1	1.71
5	PL2	4.50	-0.09	0	1	0	0	-1	0	-1	4.41
6	ME1<<	2.75	-0.06	0	1	-1	-1	0	0	0	2.69
											15.23

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 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor															Score
Composition	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
Presentation	1.60	3.00	3.25	3.25	3.00	3.00	3.00	3.25	-	-	-	-	-	-	4.96	
Skating Skills	2.40	3.25	3.00	3.00	3.00	3.00	2.75	3.00	-	-	-	-	-	-	7.20	
											12.16					

0.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
5	Starlight Star 8	March-Kanata SC,ON	15.84	10.00	0.00	0.00	25.84

#	Executed Element	Base									Score					
		Value	GOE	J1	J2	J3	J4	J5	J6	J7						
1	I1+piB	1.25	-0.28	-1	-2	-3	-3	-2	-2	-2	-	-	-	-	-	0.97
2	ME1<<	2.75	-0.11	0	1	-1	0	-1	-1	0	-	-	-	-	-	2.64
3	PL2	4.50	0.09	0	1	0	1	-1	0	0	-	-	-	-	-	4.59
4	AL2	4.00	0.00	1	0	0	0	0	-1	0	-	-	-	-	-	4.00
5	NHE2+s1	2.00	-0.16	1	0	-1	-1	-1	-1	-1	-	-	-	-	-	1.84
6	TrE1	2.00	-0.20	-1	0	-1	-1	-1	-1	-1	-	-	-	-	-	1.80
															15.84	

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 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor														Score	
Composition	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
Presentation	1.60		2.75	2.50	2.25	2.00	2.50	2.00	2.50	-	-	-	-	-	-	3.76
Skating Skills	2.40		3.00	2.75	2.50	2.25	2.75	2.00	2.75	-	-	-	-	-	-	6.24
															10.00	

0.00

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Rank	Name	Club	Element Score							Prog Comp Score		Bonus	Deductions	Score
6	Pulse Synchro	Wasaga Beach FSC,ON	12.73							12.16		0.00	0.50	24.39

#	Executed Element	Base									Score				
		Value	GOE	J1	J2	J3	J4	J5	J6	J7					
1	I1+pi1	1.50	0.00	2	1	0	0	0	-1	-1	-	-	-	-	1.50
2	NHE2+sB	1.75	0.04	1	1	0	0	-1	0	0	-	-	-	-	1.79
3	ME1<<	2.75	-0.06	0	0	1	0	-1	0	-2	-	-	-	-	2.69
4	AW2	4.00	0.24	1	1	0	0	0	1	1	-	-	-	-	4.24
5	PBB	1.50	0.03	1	2	0	0	0	0	0	-	-	-	-	1.53
6	TrEB	1.00	-0.02	1	1	-1	-1	0	0	-1	-	-	-	-	0.98
														12.73	

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 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor											Score		
Composition	0.00	-	-	-	-	-	-	-	-	-	-	-	-	0.00
Presentation	1.60	3.25	3.25	3.00	2.50	2.75	3.25	3.25	-	-	-	-	-	4.96
Skating Skills	2.40	3.25	3.00	3.00	2.75	3.00	3.00	3.00	-	-	-	-	-	7.20
														12.16

1 Fall(s) factor (0.5) 0.50

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
7	Alvinston Ice Angels	Brooke-Alvinston ,ON	11.95	11.72	0.00	2.00	21.67

#	Executed Element	Base									Score					
		Value	GOE	J1	J2	J3	J4	J5	J6	J7						
1	NHE2+sB	1.75	0.14	2	1	2	0	-1	1	0	-	-	-	-	-	1.89
2	TrE1	2.00	-0.08	1	1	-1	-1	-2	-1	0	-	-	-	-	-	1.92
3	AL1	2.50	0.15	1	0	0	2	0	1	1	-	-	-	-	-	2.65
4	I1+piB	1.25	-0.03	1	0	-1	0	0	-1	0	-	-	-	-	-	1.22
5	PB1	3.50	-0.70	-1	-2	-3	0	-4	-2	-2	-	-	-	-	-	2.80
6	MEB	1.50	-0.03	0	0	1	0	-2	-1	0	-	-	-	-	-	1.47
												11.95				

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 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor															
Composition	0.00															0.00
Presentation	1.60		3.25	2.50	2.75	3.00	2.50	3.25	3.00							4.64
Skating Skills	2.40		3.50	2.50	3.00	2.75	2.75	2.75	3.50							7.08
																11.72

2 Excessive Interruption(s) factor (0.5), 2 Fall(s) factor (0.5) 2.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
8	Ice Fyre	Whitby Synchroniz,ON	11.40	9.52	0.00	0.00	20.92

#	Executed Element	Base									Score					
		Value	GOE	J1	J2	J3	J4	J5	J6	J7						
1	TrEB	1.00	-0.04	0	0	0	-1	-1	0	-1	-	-	-	-	-	0.96
2	ME1<	3.25	-0.07	0	0	-1	0	-1	0	0	-	-	-	-	-	3.18
3	I1+pi1	1.50	-0.06	0	0	-1	0	-1	0	-1	-	-	-	-	-	1.44
4	PLB	1.50	-0.12	-1	0	-1	-1	-1	0	-1	-	-	-	-	-	1.38
5	NHEB+sB	0.50	-0.06	-1	0	-2	-1	-2	0	-2	-	-	-	-	-	0.44
6	AW2	4.00	0.00	1	0	0	1	-1	0	-1	-	-	-	-	-	4.00
															11.40	

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 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
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 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor														Score	
Composition	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
Presentation	1.60		2.25	2.25	2.25	2.50	2.50	2.50	2.00	-	-	-	-	-	-	3.76
Skating Skills	2.40		2.50	2.25	2.25	2.50	2.75	2.50	2.25	-	-	-	-	-	-	5.76
															9.52	

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
9	Ice Gems	Nepean SC, Inc, ON	11.47	8.84	0.00	0.50	19.81

#	Executed Element	Base									Score					
		Value	GOE	J1	J2	J3	J4	J5	J6	J7						
1	IB+piB	0.50	-0.07	-1	0	-2	-2	-2	-1	-1	-	-	-	-	-	0.43
2	PBB	1.50	0.00	1	1	-1	1	-1	-1	0	-	-	-	-	-	1.50
3	AL2	4.00	-1.20	-2	-2	-4	-2	-4	-3	-4	-	-	-	-	-	2.80
4	NHE2+sB	1.75	-0.21	0	0	-2	-1	-2	-1	-2	-	-	-	-	-	1.54
5	ME2<	4.25	-0.09	0	1	0	0	-1	0	-1	-	-	-	-	-	4.16
6	TrEB	1.00	0.04	1	1	0	0	-1	1	0	-	-	-	-	-	1.04
															11.47	

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
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 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor											Score			
Composition	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
Presentation	1.60		2.25	2.25	1.50	2.25	2.00	2.00	2.25	-	-	-	-	-	3.44
Skating Skills	2.40		2.50	2.50	2.00	2.25	2.25	2.00	2.25	-	-	-	-	-	5.40
															8.84

1 Fall(s) factor (0.5) 0.50

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
10	Ice Unite Pre-Novice	Silver Blades (ON,ON)	6.70	10.64	0.00	1.00	16.34

#	Executed Element	Base									Score					
		Value	GOE	J1	J2	J3	J4	J5	J6	J7						
1	IB+pi1	1.00	-0.04	1	0	-1	-1	-2	1	-1	-	-	-	-	-	0.96
2	PLB	1.50	0.12	1	1	0	0	1	1	1	-	-	-	-	-	1.62
3	AWB	1.00	-0.18	-2	0	-2	-1	-2	-2	-2	-	-	-	-	-	0.82
4	NHE1+sB	1.00	-0.06	0	1	-1	0	-1	-1	-1	-	-	-	-	-	0.94
5	MEB	1.50	-0.06	1	0	0	-1	-1	0	-1	-	-	-	-	-	1.44
6	TrEB	1.00	-0.08	0	0	-1	-1	-2	-1	-1	-	-	-	-	-	0.92

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
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 EL - Extended Lift      F - Fall in Element

Program Component	Factor															Score
Composition	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
Presentation	1.60		2.75	3.00	2.25	2.25	2.50	2.75	2.75	-	-	-	-	-	-	4.16
Skating Skills	2.40		3.00	2.75	2.50	2.50	3.00	2.50	2.75	-	-	-	-	-	-	6.48
																10.64

2 Fall(s) factor (0.5) 1.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
11	Matrix	West Lincoln FSC,ON	10.28	7.96	0.00	2.50	15.74

#	Executed Element	Base									Score					
		Value	GOE	J1	J2	J3	J4	J5	J6	J7						
1	NHE2+sB	1.75	-0.11	0	0	-2	0	-1	0	-2	-	-	-	-	-	1.64
2	PLB	1.50	-0.66	-4	-3	-5	-4	-5	-5	-4	-	-	-	-	-	0.84
3	MEB	1.50	-0.36	-2	-1	-3	-3	-3	-1	-3	-	-	-	-	-	1.14
4	IB+piB	0.50	-0.12	-2	-1	-3	-3	-4	-1	-3	-	-	-	-	-	0.38
5	TrE2	3.00	-0.48	-1	0	-1	-2	-2	-2	-2	-	-	-	-	-	2.52
6	AW2	4.00	-0.24	-1	0	0	0	-1	-1	-1	-	-	-	-	-	3.76

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor											Score			
Composition	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
Presentation	1.60		2.00	2.50	1.75	1.75	1.50	2.25	1.75	-	-	-	-	-	3.04
Skating Skills	2.40		2.25	2.50	2.00	2.00	2.00	2.00	2.00	-	-	-	-	-	4.92
															7.96

3 Excessive Interruption(s) factor (0.5), 2 Fall(s) factor (0.5) 2.50