

2024 Skate Ontario Adult Championships

March 1, 2024 to March 2, 2024

100 Charlie Rogers Place

Bronze Women (II Freeskate) - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Sophie Adam-Dallaire	Nickel Blades SC,ON	8.84	11.84	0.00	0.00	20.68

#	Executed Element	Base				JREF											Score									
		Value	GOE	J1	J2																					
1	SSpB	1.10	0.07	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0	-	-	1.17
2	1F+1T	0.90	0.02	1	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0	-	-	0.92
3	1Lo+1Lo	1.00	0.02	0	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	-	1.02	
4	1F	0.50	0.02	1	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0	-	-	0.52	
5	1T	0.40	-0.01	0	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-1	-	-	0.39	
6	ChSq1	3.00	0.17	0	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0	-	-	3.17	
7	CUSpB	1.50	0.15	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	-	1.65	
																							8.84			

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor												Score														
Composition	2.00																						1.75	-	-	3.84	
Presentation	2.00																							1.50	-	-	3.50
Skating Skills	2.00																							2.00	-	-	4.50
																							11.84				
																							0.00				

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3	Monika Janek	London SC,ON	5.78	12.84	0.00	0.00	18.62

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		Value	GOE	J1	J2																
1	1Lo+1Lo	1.00	0.00	0	0	-	-	-	-	-	-	-	-	-	-	-	-	0	-	-	1.00
2	1F<+1T	0.80	-0.11	-3	-2	-	-	-	-	-	-	-	-	-	-	-	-	-3	-	-	0.69
3	1Lz(e)	0.48	-0.11	-2	-2	-	-	-	-	-	-	-	-	-	-	-	-	-3	-	-	0.37
4	CSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
5	ChSq1	3.00	0.33	1	1	-	-	-	-	-	-	-	-	-	-	-	-	0	-	-	3.33
6	1S	0.40	-0.01	0	0	-	-	-	-	-	-	-	-	-	-	-	-	-1	-	-	0.39
7	SSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00

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Program Component	Factor											Score				
Composition	2.00			2.50	2.25	-	-	-	-	-	-	-	1.75	-	-	4.34
Presentation	2.00			2.50	2.50	-	-	-	-	-	-	-	2.00	-	-	4.66
Skating Skills	2.00			2.25	2.25	-	-	-	-	-	-	-	1.25	-	-	3.84
																12.84

0.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Ann Nakashima	Markham SC,ON	6.79	11.34	0.00	0.00	18.13

#	Executed Element	Base				JREF												Score			
		Value	GOE	J1	J2																
1	1F+1Lo	1.00	0.00	0	0	-	-	-	-	-	-	-	-	-	-	-	-	0	-	-	1.00
2	USpB	1.00	0.00	0	0	-	-	-	-	-	-	-	-	-	-	-	-	0	-	-	1.00
3	1F<	0.40	-0.08	-2	-2	-	-	-	-	-	-	-	-	-	-	-	-2	-	-	0.32	
4	ChSq1	3.00	0.17	0	1	-	-	-	-	-	-	-	-	-	-	-	0	-	-	3.17	
5	1S+1Lo	0.90	0.00	0	0	-	-	-	-	-	-	-	-	-	-	-	0	-	-	0.90	
6	1S	0.40	0.00	0	0	-	-	-	-	-	-	-	-	-	-	-	0	-	-	0.40	
7	SSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00	

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Program Component	Factor													Score			
Composition	2.00			2.25	2.00	-	-	-	-	-	-	-	-	1.50	-	-	3.84
Presentation	2.00			2.25	2.25	-	-	-	-	-	-	-	-	1.25	-	-	3.84
Skating Skills	2.00			2.00	2.00	-	-	-	-	-	-	-	-	1.50	-	-	3.66
																11.34	

0.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
5	Clare So	Kitchener - Water,ON	6.08	10.34	0.00	0.00	16.42

#	Executed Element	Base					JREF	Score
		Value	GOE	J1	J2			
1	USp	0.00	-	-	-	-	-	0.00
2	1F< !	0.40	-0.12	-3	-3	-	-	0.28
3	SSpB	1.10	0.00	0	0	-	-	1.10
4	1S	0.40	0.01	1	0	-	-	0.41
5	ChSq1	3.00	0.17	0	1	-	-	3.17
6	1Lo+1Lo<<	0.50	-0.17	-4	-3	-	-	0.33
7	1T+1T	0.80	-0.01	0	0	-	-	0.79
								6.08

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Program Component	Factor														
Composition	2.00		2.25	2.00	-	-	-	-	-	-	-	1.50	-	-	3.84
Presentation	2.00		2.00	2.00	-	-	-	-	-	-	-	1.00	-	-	3.34
Skating Skills	2.00		1.75	1.75	-	-	-	-	-	-	-	1.25	-	-	3.16
															10.34

0.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
6	Laura Smith	Rideau SC,ON	5.75	9.66	0.00	0.00	15.41

#	Executed Element	Base				JREF										Score					
		Value	GOE	J1	J2																
1	1S+1T	0.80	0.00	0	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0	0.80
2	USpB	1.00	-0.07	0	-1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-1	0.93
3	1T	0.40	0.00	0	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0	0.40
4	ChSq1	3.00	-0.17	0	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-1	2.83	
5	1Lo<<	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
6	1S<<	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
7	CUSpB (V)	1.13	-0.34	-3	-1	-	-	-	-	-	-	-	-	-	-	-	-	-	-5	0.79	
		5.75																			

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Program Component	Factor											Score				
Composition	2.00			2.00	1.75	-	-	-	-	-	-	-	1.50	-	-	3.50
Presentation	2.00			2.25	1.75	-	-	-	-	-	-	-	1.25	-	-	3.50
Skating Skills	2.00			1.50	1.50	-	-	-	-	-	-	-	1.00	-	-	2.66
9.66																

0.00

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7	Mandy Roach	Winchester SC Inc,ON	3.93		10.84		0.00	0.00		14.77

#	Executed Element	Base					JREF					Score	
		Value	GOE	J1	J2								
1	1W*	-	-	-	-	-	-	-	-	-	-	-	0.00
2	1Lo	0.50	0.00	0	0	-	-	-	-	-	-	0	0.50
3	CSpB	1.10	0.00	1	-1	-	-	-	-	-	-	0	1.10
4	1S	0.40	0.00	0	0	-	-	-	-	-	-	0	0.40
5	1F	0.50	0.00	0	0	-	-	-	-	-	-	0	0.50
6	StSq*	-	-	-	-	-	-	-	-	-	-	-	0.00
7	1T	0.40	0.00	0	0	-	-	-	-	-	-	0	0.40
8	USpB	1.00	0.03	1	0	-	-	-	-	-	-	0	1.03

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Program Component	Factor													Score	
Composition	2.00	2.25	1.75	-	-	-	-	-	-	-	-	1.75	-	-	3.84
Presentation	2.00	2.00	2.00	-	-	-	-	-	-	-	-	1.50	-	-	3.66
Skating Skills	2.00	2.00	1.50	-	-	-	-	-	-	-	-	1.50	-	-	3.34
														10.84	

0.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
8	Nadine Young	Markham SC,ON	4.45	10.00	0.00	0.00	14.45

#	Executed Element	Base														Score	
		Value	GOE	J1	J2	JREF											
1	1S+1Lo	0.90	-0.08	-2	0	-	-	-	-	-	-	-	-	-	-	-3	0.82
2	1F<<+REP+COMBO+1T<<*	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
3	SSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
4	1S+1T	0.80	0.00	0	0	-	-	-	-	-	-	-	-	-	0	0.80	
5	1Lo<<	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
6	ChSq1	3.00	-0.17	0	0	-	-	-	-	-	-	-	-	-	-1	2.83	
7	LSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00

4.45

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Program Component	Factor											Score		
Composition	2.00			1.75	1.75	-	-	-	-	-	-	-	1.75	3.50
Presentation	2.00			2.00	1.75	-	-	-	-	-	-	-	1.50	3.50
Skating Skills	2.00			1.50	1.75	-	-	-	-	-	-	-	1.25	3.00
													10.00	

0.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
9	Amanda Jamieson	Minto SC,ON	7.50	11.34	0.00	4.50	14.34

#	Executed Element	Base				JREF	Score
		Value	GOE	J1	J2		
1	CSp	0.00	-	-	-	-	0.00
2	1F+1Lo	1.00	0.00	0	0	-	1.00
3	ChSq1	3.00	0.00	0	0	-	3.00
4	1Lz	0.60	0.00	0	0	-	0.60
5	1F	0.50	0.00	0	0	-	0.50
6	1Lz+1Lo	1.10	-0.30	-5	-5	-	0.80
7	SSp2	1.60	0.00	0	0	-	1.60

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Program Component	Factor	2.25	1.75	-	-	-	-	-	-	-	-	-	-	-	-
Composition	2.00	2.25	1.75	-	-	-	-	-	-	-	-	2.00	-	-	4.00
Presentation	2.00	1.75	2.00	-	-	-	-	-	-	-	-	1.50	-	-	3.50
Skating Skills	2.00	2.25	1.75	-	-	-	-	-	-	-	-	1.75	-	-	3.84
															11.34

1 Fall(s) factor (0.5), 8 Time Violation(s) factor (0.5) 4.50