

2023 SKATE ONTARIO ADULT CHAMPIONSHIPS

March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Silver Women (Free Skate - Class III) - Free Skate

Rank	Name	Club					Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Stephanie Stewart	Orono FSC Inc.,ON					10.20	14.66	0.00	0.00	24.86

#	Executed Element	Base					JREF					Score			
		Value	GOE	J2	J3										
1	1Lz+1Lo+1T	1.50	0.00	-	1	0	-	-	-	-	-	-1	-	-	1.50
2	1F	0.50	-0.05	-	-1	-1	-	-	-	-	-	-1	-	-	0.45
3	CCoSpB (V)	1.28	-0.04	-	0	0	-	-	-	-	-	-1	-	-	1.24
4	ChSq1	3.00	0.17	-	1	0	-	-	-	-	-	0	-	-	3.17
5	1Lz+1T	1.00	0.00	-	0	0	-	-	-	-	-	0	-	-	1.00
6	FCSpB	1.60	-0.16	-	-1	-1	-	-	-	-	-	-1	-	-	1.44
7	1F+1Lo	1.00	0.00	-	0	0	-	-	-	-	-	0	-	-	1.00
8	1S	0.40	0.00	-	0	0	-	-	-	-	-	0	-	-	0.40
											10.20				

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor									Score			
Composition	2.00	-	2.50	2.50	-	-	-	-	-	2.00	-	-	4.66
Presentation	2.00	-	2.50	2.75	-	-	-	-	-	2.00	-	-	4.84
Skating Skills	2.00	-	2.75	2.75	-	-	-	-	-	2.25	-	-	5.16
											14.66		
											0.00		

2023 SKATE ONTARIO ADULT CHAMPIONSHIPS

March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Silver Women (Free Skate - Class III) - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	Anny Carrier	CPA St-Bruno FSC ,QC	8.85	13.84	0.00	0.00	22.69

#	Executed Element	Base										JREF	Score
		Value	GOE	J2	J3								
1	FCCoSp	0.00	-	-	-	-	-	-	-	-	-	-	0.00
2	1S	0.40	0.00	-	0	0	-	-	-	-	-	0	0.40
3	1F+1T	0.90	0.02	-	0	0	-	-	-	-	-	1	0.92
4	1F+1Eu+1Sq	1.40	-0.05	-	0	-1	-	-	-	-	-	-2	1.35
5	1Lz	0.60	-0.02	-	0	-1	-	-	-	-	-	0	0.58
6	ChSq1	3.00	0.17	-	0	0	-	-	-	-	-	1	3.17
7	1Lo+1Lo	1.00	0.00	-	0	0	-	-	-	-	-	0	1.00
8	CSSp1 (V)	1.43	0.00	-	0	0	-	-	-	-	-	0	1.43
												8.85	

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor													
Composition	2.00	-	2.25	2.50	-	-	-	-	-	-	2.25	-	-	4.66
Presentation	2.00	-	2.00	2.50	-	-	-	-	-	-	2.00	-	-	4.34
Skating Skills	2.00	-	2.50	2.25	-	-	-	-	-	-	2.50	-	-	4.84
														13.84

0.00

2023 SKATE ONTARIO ADULT CHAMPIONSHIPS

March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Silver Women (Free Skate - Class III) - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Cindy Luk	King City SC,ON	7.61	13.84	0.00	0.00	21.45

#	Executed Element	Base					JREF	Score
		Value	GOE	J2	J3			
1	1A+1T<<	1.10	-0.29	-	-2	-3	-	0.81
2	SspB	1.10	-0.07	-	0	0	-	1.03
3	1Lz	0.60	0.02	-	1	0	-	0.62
4	1F+1Lo	1.00	0.00	-	0	0	-	1.00
5	ChSq1	3.00	-0.33	-	-1	0	-	2.67
6	1A	1.10	-0.04	-	0	0	-	1.06
7	1F+1T<<	0.50	-0.08	-	-2	-3	-	0.42
8	CCoSp	0.00	-	-	-	-	-	0.00

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor	2.50	2.25	2.25	2.00	2.25	2.25	Score
Composition	2.00	-	2.50	2.25	-	-	-	4.50
Presentation	2.00	-	2.50	2.50	-	-	-	4.84
Skating Skills	2.00	-	2.25	2.25	-	-	-	4.50
								13.84

0.00

2023 SKATE ONTARIO ADULT CHAMPIONSHIPS

March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Silver Women (Free Skate - Class III) - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Judy Chow	Kitchener - Water, ON	7.32	12.34	0.00	0.00	19.66

#	Executed Element	Base					JREF	Score
		Value	GOE	J2	J3			
1	1T	0.40	0.00	-	0	0	-	0.40
2	1F	0.50	0.02	-	0	0	-	0.52
3	1Lo	0.50	0.02	-	0	0	-	0.52
4	SSpB	1.10	0.07	-	1	0	-	1.17
5	1S+1T<<	0.40	-0.11	-	-2	-3	-	0.29
6	1F+1Lo+1W+SEQ	1.30	-0.05	-	0	-1	-	1.25
7	ChSq1	3.00	0.17	-	0	0	-	3.17
8	CCoSp	0.00	-	-	-	-	-	0.00
								7.32

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor													
Composition	2.00	-	2.00	2.00	-	-	-	-	-	-	2.50	-	-	4.34
Presentation	2.00	-	1.75	1.75	-	-	-	-	-	-	2.00	-	-	3.66
Skating Skills	2.00	-	2.25	2.00	-	-	-	-	-	-	2.25	-	-	4.34
														12.34

0.00

2023 SKATE ONTARIO ADULT CHAMPIONSHIPS

March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Silver Women (Free Skate - Class III) - Free Skate

Rank	Name	Club					Element Score					Prog Comp Score	Bonus	Deductions	Score
5	Cathy Lynd	London SC,ON					6.95					12.66	0.00	0.00	19.61

#	Executed Element	Base										JREF	Score		
		Value	GOE	J2	J3										
1	1S	0.40	0.00	-	0	0	-	-	-	-	-	0	-	-	0.40
2	1F+1T	0.90	0.00	-	0	0	-	-	-	-	-	0	-	-	0.90
3	1Lz	0.60	0.02	-	0	0	-	-	-	-	-	1	-	-	0.62
4	1S+1Lo	0.90	0.00	-	0	0	-	-	-	-	-	0	-	-	0.90
5	CUSpB	1.50	-0.10	-	0	-2	-	-	-	-	-	0	-	-	1.40
6	ChSq1	3.00	-0.67	-	0	-1	-	-	-	-	-	-3	-	-	2.33
7	1F+COMBO+1T*	0.50	-0.10	-	-2	-2	-	-	-	-	-	-2	-	-	0.40
8	CCoSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	0.00

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor													Score
Composition	2.00	-	2.25	1.75	-	-	-	-	-	-	2.00	-	-	4.00
Presentation	2.00	-	2.25	2.25	-	-	-	-	-	-	2.25	-	-	4.50
Skating Skills	2.00	-	2.00	2.00	-	-	-	-	-	-	2.25	-	-	4.16
														12.66

0.00

2023 SKATE ONTARIO ADULT CHAMPIONSHIPS

March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Silver Women (Free Skate - Class III) - Free Skate

Rank	Name	Club					Element Score					Prog Comp Score	Bonus	Deductions	Score
6	Elizabeth Bauer	Kitchener - Water, ON					6.62					12.00	0.00	0.50	18.12

#	Executed Element	Base					JREF	Score
		Value	GOE	J2	J3			
1	1F<+1S	0.80	-0.13	-	-4	-3	-	0.67
2	1Lo+1Lo<<	0.50	-0.25	-	-5	-5	-	0.25
3	ChSq1	3.00	0.17	-	0	1	-	3.17
4	1S+1T	0.80	-0.01	-	0	0	-	0.79
5	CCoSp	0.00	-	-	-	-	-	0.00
6	1T	0.40	-0.04	-	-1	-2	-	0.36
7	1W	0.30	0.00	-	0	0	-	0.30
8	LSpB	1.20	-0.12	-	-2	0	-	1.08

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor											Score		
Composition	2.00	-	1.50	2.25	-	-	-	-	-	-	2.00	-	-	3.84
Presentation	2.00	-	2.00	2.50	-	-	-	-	-	-	2.50	-	-	4.66
Skating Skills	2.00	-	1.25	2.00	-	-	-	-	-	-	2.00	-	-	3.50
12.00														

Deductions														
Panel Cost/Prop Violation (1 of 3)	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00

1 Fall(s) factor (0.5)														0.50
------------------------	--	--	--	--	--	--	--	--	--	--	--	--	--	------

2023 SKATE ONTARIO ADULT CHAMPIONSHIPS

March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Silver Women (Free Skate - Class III) - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
7	Manon St-Cyr	CPA du Cuivre de ,QC	7.83	10.16	0.00	0.00	17.99

#	Executed Element	Base					JREF	Score
		Value	GOE	J2	J3			
1	1Lz+1T	1.00	-0.14	-	-2	-3	-	0.86
2	SSpB	1.10	-0.07	-	-1	-1	-	1.03
3	1F	0.50	0.00	-	0	0	-	0.50
4	CCoSpB (V)	1.28	-0.26	-	-1	-2	-	1.02
5	1F+1Lo	1.00	0.00	-	0	0	-	1.00
6	1Lo+1T<<	0.50	-0.15	-	-2	-3	-	0.35
7	ChSq1	3.00	-0.33	-	0	0	-	2.67
8	1S	0.40	0.00	-	0	0	-	0.40

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor													
Composition	2.00		1.50	1.50							2.25			3.50
Presentation	2.00		1.25	1.75							2.25			3.50
Skating Skills	2.00		1.25	1.50							2.00			3.16
														10.16

0.00

2023 SKATE ONTARIO ADULT CHAMPIONSHIPS

March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Silver Women (Free Skate - Class III) - Free Skate

Rank	Name	Club						Element Score				Prog Comp Score	Bonus	Deductions	Score
8	Lisa Chatterton-Elley	Brant FSC,ON						5.08				11.16	0.00	0.00	16.24

#	Executed Element	Base										JREF	Score			
		Value	GOE	J2	J3											
1	1F+1T<<+1Lo	1.00	-0.05	-	0	0	-	-	-	-	-	-	-3	-	-	0.95
2	1Lo	0.50	0.00	-	0	0	-	-	-	-	-	-	0	-	-	0.50
3	SSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
4	1Lz(e)	0.48	-0.14	-	-2	-4	-	-	-	-	-	-	-3	-	-	0.34
5	1S+1T<<	0.40	-0.11	-	-2	-3	-	-	-	-	-	-	-3	-	-	0.29
6	ChSq1	3.00	-0.50	-	-1	-1	-	-	-	-	-	-	-1	-	-	2.50
7	1F	0.50	0.00	-	0	0	-	-	-	-	-	-	0	-	-	0.50
8	CCoSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00

5.08

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor											Score		
Composition	2.00	-	1.75	1.75	-	-	-	-	-	-	2.00	-	-	3.66
Presentation	2.00	-	1.75	2.00	-	-	-	-	-	-	2.00	-	-	3.84
Skating Skills	2.00	-	1.75	1.75	-	-	-	-	-	-	2.00	-	-	3.66
11.16														

0.00