

# 2023 SKATE ONTARIO ADULT CHAMPIONSHIPS

March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Gold Women (Free Skate - Class II) - Free Skate

| Rank | Name            | Club                  |  |  |  |  |  | Element Score | Prog Comp Score | Bonus | Deductions | Score |
|------|-----------------|-----------------------|--|--|--|--|--|---------------|-----------------|-------|------------|-------|
| 1    | Liz Christensen | Kitchener - Water, ON |  |  |  |  |  | 11.61         | 20.54           | 0.00  | 0.50       | 31.65 |

| # | Executed Element | Base  |       |    |    |    |   |   |   |   |   |   | JREF | Score |       |      |
|---|------------------|-------|-------|----|----|----|---|---|---|---|---|---|------|-------|-------|------|
|   |                  | Value | GOE   | J1 | J2 | J3 |   |   |   |   |   |   |      |       |       |      |
| 1 | CCoSp2           | 2.50  | 0.06  | 0  | -1 | 1  | - | - | - | - | - | - | 1    | -     | -     | 2.56 |
| 2 | 2S               | 1.30  | -0.23 | -2 | -1 | -2 | - | - | - | - | - | - | -2   | -     | -     | 1.07 |
| 3 | 2T               | 1.30  | -0.49 | -4 | -3 | -3 | - | - | - | - | - | - | -5   | -     | -     | 0.81 |
| 4 | 1A               | 1.10  | -0.41 | 0  | -5 | -5 | - | - | - | - | - | - | -5   | -     | -     | 0.69 |
| 5 | FCCoSp1          | 2.00  | 0.20  | 1  | 0  | 2  | - | - | - | - | - | - | 1    | -     | -     | 2.20 |
| 6 | 2T<<+REP         | 0.28  | -0.18 | -5 | -4 | -4 | - | - | - | - | - | - | -5   | -     | -     | 0.10 |
| 7 | 1S               | 0.40  | -0.07 | -2 | -1 | -1 | - | - | - | - | - | - | -3   | -     | -     | 0.33 |
| 8 | FCSp1            | 1.90  | 0.24  | 2  | 0  | 2  | - | - | - | - | - | - | 1    | -     | -     | 2.14 |
| 9 | StSq1            | 1.80  | -0.09 | 1  | -1 | -1 | - | - | - | - | - | - | -1   | -     | -     | 1.71 |
|   |                  |       |       |    |    |    |   |   |   |   |   |   |      |       | 11.61 |      |

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

| Program Component | Factor |      |      |      |   |   |   |   |   |   |      |   | Score |      |       |
|-------------------|--------|------|------|------|---|---|---|---|---|---|------|---|-------|------|-------|
| Composition       | 2.67   | 2.75 | 2.00 | 2.50 | - | - | - | - | - | - | 2.75 | - | -     | 6.68 |       |
| Presentation      | 2.67   | 2.75 | 2.00 | 2.50 | - | - | - | - | - | - | 3.00 | - | -     | 6.84 |       |
| Skating Skills    | 2.67   | 2.50 | 2.00 | 3.00 | - | - | - | - | - | - | 3.00 | - | -     | 7.02 |       |
|                   |        |      |      |      |   |   |   |   |   |   |      |   |       |      | 20.54 |

1 Fall(s) factor (0.5) 0.50

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|------|-----------|---------------------|--|--|--|--|--|---------------|--|--|--|-----------------|-------|------------|-------|
| 2    | Dana Lean | Peterborough FSC,ON |  |  |  |  |  | 7.39          |  |  |  | 20.37           | 0.00  | 0.00       | 27.76 |

| # | Executed Element | Base  |       |    |    |    |      |   |   |   |   |   |   |   |   |      | Score |   |      |
|---|------------------|-------|-------|----|----|----|------|---|---|---|---|---|---|---|---|------|-------|---|------|
|   |                  | Value | GOE   | J1 | J2 | J3 | JREF |   |   |   |   |   |   |   |   |      |       |   |      |
| 1 | StSqB            | 1.50  | 0.15  | 2  | 0  | 2  | -    | - | - | - | - | - | - | - | - | 0    | -     | - | 1.65 |
| 2 | 1F+1Lo+1Lo       | 1.50  | -0.01 | 0  | 0  | 0  | -    | - | - | - | - | - | - | - | - | -1   | -     | - | 1.49 |
| 3 | CCoSp            | 0.00  | -     | -  | -  | -  | -    | - | - | - | - | - | - | - | - | -    | -     | - | 0.00 |
| 4 | 1Lz+1T           | 1.00  | 0.00  | 0  | 0  | 0  | -    | - | - | - | - | - | - | - | - | 0    | -     | - | 1.00 |
| 5 | 1Lz              | 0.60  | 0.03  | 1  | 0  | 1  | -    | - | - | - | - | - | - | - | - | 0    | -     | - | 0.63 |
| 6 | FCSp             | 0.00  | -     | -  | -  | -  | -    | - | - | - | - | - | - | - | - | -    | -     | - | 0.00 |
| 7 | 1F+1T            | 0.90  | 0.00  | 0  | 0  | 0  | -    | - | - | - | - | - | - | - | - | 0    | -     | - | 0.90 |
| 8 | 1S               | 0.40  | 0.00  | 0  | 0  | 0  | -    | - | - | - | - | - | - | - | - | 0    | -     | - | 0.40 |
| 9 | LSpB             | 1.20  | 0.12  | 1  | 1  | 2  | -    | - | - | - | - | - | - | - | - | 0    | -     | - | 1.32 |
|   |                  |       |       |    |    |    |      |   |   |   |   |   |   |   |   | 7.39 |       |   |      |

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

| Program Component | Factor |  |  |      |      |      |   |   |   |   |   |   |   |   |   |       | Score |   |      |
|-------------------|--------|--|--|------|------|------|---|---|---|---|---|---|---|---|---|-------|-------|---|------|
| Composition       | 2.67   |  |  | 2.75 | 1.75 | 3.00 | - | - | - | - | - | - | - | - | - | 2.50  | -     | - | 6.68 |
| Presentation      | 2.67   |  |  | 3.00 | 2.00 | 3.00 | - | - | - | - | - | - | - | - | - | 3.00  | -     | - | 7.34 |
| Skating Skills    | 2.67   |  |  | 3.00 | 2.00 | 2.25 | - | - | - | - | - | - | - | - | - | 2.25  | -     | - | 6.35 |
|                   |        |  |  |      |      |      |   |   |   |   |   |   |   |   |   | 20.37 |       |   |      |
|                   |        |  |  |      |      |      |   |   |   |   |   |   |   |   |   | 0.00  |       |   |      |

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| Rank | Name             | Club                 |  |  |  |  |  | Element Score |  |  |  | Prog Comp Score | Bonus | Deductions | Score |
|------|------------------|----------------------|--|--|--|--|--|---------------|--|--|--|-----------------|-------|------------|-------|
| 3    | Stephanie Romano | Central Toronto S,ON |  |  |  |  |  | 6.85          |  |  |  | 18.69           | 0.00  | 0.00       | 25.54 |

| # | Executed Element | Base  |       |    |    |    |      |   |   |   |   |   |   |   |   |   | Score |   |      |
|---|------------------|-------|-------|----|----|----|------|---|---|---|---|---|---|---|---|---|-------|---|------|
|   |                  | Value | GOE   | J1 | J2 | J3 | JREF |   |   |   |   |   |   |   |   |   |       |   |      |
| 1 | 1Lo              | 0.50  | 0.04  | 1  | 1  | 0  | -    | - | - | - | - | - | - | - | - | 1 | -     | - | 0.54 |
| 2 | FCSp             | 0.00  | -     | -  | -  | -  | -    | - | - | - | - | - | - | - | - | - | -     | - | 0.00 |
| 3 | 1S               | 0.40  | 0.01  | 0  | 1  | 0  | -    | - | - | - | - | - | - | - | - | 0 | -     | - | 0.41 |
| 4 | CSSpB            | 1.60  | 0.16  | 0  | 1  | 2  | -    | - | - | - | - | - | - | - | - | 1 | -     | - | 1.76 |
| 5 | 1A<<             | 0.00  | -     | -  | -  | -  | -    | - | - | - | - | - | - | - | - | - | -     | - | 0.00 |
| 6 | 1F<<             | 0.00  | -     | -  | -  | -  | -    | - | - | - | - | - | - | - | - | - | -     | - | 0.00 |
| 7 | StSqB            | 1.50  | -0.11 | 0  | -1 | -2 | -    | - | - | - | - | - | - | - | - | 0 | -     | - | 1.39 |
| 8 | 1F+1Lo+1T        | 1.40  | 0.00  | 0  | 0  | 0  | -    | - | - | - | - | - | - | - | - | 0 | -     | - | 1.40 |
| 9 | CCoSpB (V)       | 1.28  | 0.07  | 0  | 0  | 1  | -    | - | - | - | - | - | - | - | - | 1 | -     | - | 1.35 |

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| Program Component | Factor |  |  |      |      |      |   |   |   |   |   |   |   |   |   |      | Score |   |       |
|-------------------|--------|--|--|------|------|------|---|---|---|---|---|---|---|---|---|------|-------|---|-------|
| Composition       | 2.67   |  |  | 2.50 | 1.75 | 2.25 | - | - | - | - | - | - | - | - | - | 2.50 | -     | - | 6.01  |
| Presentation      | 2.67   |  |  | 2.00 | 2.25 | 2.25 | - | - | - | - | - | - | - | - | - | 3.25 | -     | - | 6.51  |
| Skating Skills    | 2.67   |  |  | 2.25 | 2.00 | 2.25 | - | - | - | - | - | - | - | - | - | 2.75 | -     | - | 6.17  |
|                   |        |  |  |      |      |      |   |   |   |   |   |   |   |   |   |      |       |   | 18.69 |

0.00

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|------|----------------|--------------------|---------------|-----------------|-------|------------|-------|
| 4    | Parneet Cheema | Toronto CS & CC,ON | 4.66          | 15.38           | 0.00  | 0.00       | 20.04 |

| # | Executed Element | Base  |       |    |    |    |   |   | JREF | Score |
|---|------------------|-------|-------|----|----|----|---|---|------|-------|
|   |                  | Value | GOE   | J1 | J2 | J3 |   |   |      |       |
| 1 | 1Lz              | 0.60  | -0.08 | 0  | -1 | -2 | - | - | -2   | 0.52  |
| 2 | 1A+1T            | 1.50  | -0.17 | -2 | -2 | -2 | - | - | 0    | 1.33  |
| 3 | 1A               | 1.10  | -0.14 | 0  | -1 | -1 | - | - | -3   | 0.96  |
| 4 | FCSp             | 0.00  | -     | -  | -  | -  | - | - | -    | 0.00  |
| 5 | 1F+1Lo           | 1.00  | 0.00  | 0  | 0  | 1  | - | - | -1   | 1.00  |
| 6 | SSp              | 0.00  | -     | -  | -  | -  | - | - | -    | 0.00  |
| 7 | 1Lz(e)+1Lo       | 0.98  | -0.13 | -2 | -3 | -3 | - | - | -2   | 0.85  |
| 8 | StSq             | 0.00  | -     | -  | -  | -  | - | - | -    | 0.00  |
| 9 | CCoSp            | 0.00  | -     | -  | -  | -  | - | - | -    | 0.00  |

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| Program Component | Factor |  |      |      |      |   |   |   |   |   |   |      |   |   |  | Score |
|-------------------|--------|--|------|------|------|---|---|---|---|---|---|------|---|---|--|-------|
| Composition       | 2.67   |  | 2.50 | 1.50 | 2.25 | - | - | - | - | - | - | 1.75 | - | - |  | 5.34  |
| Presentation      | 2.67   |  | 2.00 | 1.50 | 2.25 | - | - | - | - | - | - | 1.75 | - | - |  | 5.02  |
| Skating Skills    | 2.67   |  | 2.00 | 1.50 | 2.00 | - | - | - | - | - | - | 2.00 | - | - |  | 5.02  |
|                   |        |  |      |      |      |   |   |   |   |   |   |      |   |   |  | 15.38 |

0.00