

# 2023 SKATE ONTARIO ADULT CHAMPIONSHIPS

March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Gold Women (Free Skate - Class III and IV) - Free Skate

Rank	Name	Club						Element Score				Prog Comp Score	Bonus	Deductions	Score
1	Angela Justason	Rideau SC,ON						7.85				22.53	0.00	0.00	30.38

#	Executed Element	Base																Score		
		Value	GOE	J1	J2	J3	JREF													
1	1F+1Lo	1.00	0.04	1	1	1	-	-	-	-	-	-	-	-	-	-	0	-	-	1.04
2	1F	0.50	0.04	0	1	1	-	-	-	-	-	-	-	-	-	-	1	-	-	0.54
3	1Lo	0.50	0.01	0	0	0	-	-	-	-	-	-	-	-	-	1	-	-	0.51	
4	1S	0.40	0.00	0	0	0	-	-	-	-	-	-	-	-	-	0	-	-	0.40	
5	CCSpB (V)	1.28	-0.16	-1	-1	-2	-	-	-	-	-	-	-	-	-	-1	-	-	1.12	
6	FCCoSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00	
7	1S+1T	0.80	0.00	0	0	0	-	-	-	-	-	-	-	-	-	0	-	-	0.80	
8	StSqB	1.50	0.11	0	1	1	-	-	-	-	-	-	-	-	-	1	-	-	1.61	
9	CCoSpB	1.70	0.13	0	1	2	-	-	-	-	-	-	-	-	-	0	-	-	1.83	

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor																	Score	
Composition	2.67			2.75	2.50	2.50	-	-	-	-	-	-	-	-	-	3.25	-	-	7.34
Presentation	2.67			2.25	2.75	2.50	-	-	-	-	-	-	-	-	-	3.00	-	-	7.02
Skating Skills	2.67			2.75	3.00	3.00	-	-	-	-	-	-	-	-	-	3.50	-	-	8.17
																22.53			

0.00

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2	Sylvie Cloutier	Rideau SC,ON						7.90				20.70	0.00	0.00	28.60

#	Executed Element	Base															Score			
		Value	GOE	J1	J2	J3	JREF													
1	1F	0.50	0.01	0	0	1	-	-	-	-	-	-	-	-	-	-	0	-	-	0.51
2	1S	0.40	0.00	0	0	0	-	-	-	-	-	-	-	-	-	-	0	-	-	0.40
3	CCoSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
4	StSqB	1.50	-0.08	-1	0	0	-	-	-	-	-	-	-	-	-	-1	-	-	1.42	
5	1Lz(e)+1T+1Lo<<	0.88	-0.18	-5	-4	-4	-	-	-	-	-	-	-	-	-2	-	-	0.70		
6	1F+1Lo	1.00	0.00	0	0	0	-	-	-	-	-	-	-	-	-	0	-	-	1.00	
7	1Lz+1T	1.00	0.00	0	0	0	-	-	-	-	-	-	-	-	-	0	-	-	1.00	
8	FSSpB	1.70	-0.09	-1	-1	-1	-	-	-	-	-	-	-	-	-	1	-	-	1.61	
9	LSpB	1.20	0.06	1	-1	2	-	-	-	-	-	-	-	-	-	0	-	-	1.26	
																7.90				

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor																Score		
Composition	2.67		2.50	2.00	2.75	-	-	-	-	-	-	-	-	-	-	3.00	-	-	6.84
Presentation	2.67		2.50	2.25	2.75	-	-	-	-	-	-	-	-	-	-	3.00	-	-	7.02
Skating Skills	2.67		2.00	2.50	2.75	-	-	-	-	-	-	-	-	-	-	3.00	-	-	6.84
																20.70			
																0.00			

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3	Trycia Lynch	Goderich FSC,ON						4.49				19.70	0.00	0.50	23.69

#	Executed Element	Base															Score	
		Value	GOE	J1	J2	J3	JREF											
1	StSq	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
2	1S+1T+1W+SEQ	1.10	0.00	0	0	0	-	-	-	-	-	-	-	0	-	-	-	1.10
3	1Lo	0.50	0.00	0	0	0	-	-	-	-	-	-	-	0	-	-	-	0.50
4	CCoSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
5	1S	0.40	0.00	0	0	0	-	-	-	-	-	-	-	0	-	-	-	0.40
6	1F+1Lo	1.00	0.00	0	0	0	-	-	-	-	-	-	-	0	-	-	-	1.00
7	1F+1T<<	0.50	-0.15	-3	-3	-3	-	-	-	-	-	-	-	-3	-	-	-	0.35
8	FUSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
9	LSpB	1.20	-0.06	-1	0	0	-	-	-	-	-	-	-	-1	-	-	-	1.14

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Program Component	Factor											Score			
Composition	2.67		2.50	2.00	3.00	-	-	-	-	-	-	2.50	-	-	6.68
Presentation	2.67		2.25	2.25	3.00	-	-	-	-	-	-	2.25	-	-	6.51
Skating Skills	2.67		2.25	2.00	2.50	-	-	-	-	-	-	3.00	-	-	6.51
<b>19.70</b>															

1 Fall(s) factor (0.5) 0.50