

2023 SKATE ONTARIO ADULT CHAMPIONSHIPS

March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Bronze Women (Free Skate - Class II) - Free Skate

Rank	Name	Club						Element Score				Prog Comp Score	Bonus	Deductions	Score
1	Hilary Whittall	Skate Kingston, ON						7.51				14.00	0.00	0.00	21.51

#	Executed Element	Base					JREF	Score
		Value	GOE	J1	J2	J3		
1	1F	0.50	-0.11	-2	-3	-2	-	0.39
2	1S+1T	0.80	0.02	1	1	0	-	0.82
3	1Lo	0.50	0.05	1	1	1	-	0.55
4	CSp	0.00	-	-	-	-	-	0.00
5	1F+1Lo	1.00	-0.04	0	-1	-2	-	0.96
6	ChSq1	3.00	0.25	1	0	1	-	3.25
7	CUSpB	1.50	0.04	0	0	1	-	1.54

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor									Score			
Composition	2.00	2.25	2.75	2.00	-	-	-	-	-	2.00	-	-	4.50
Presentation	2.00	2.25	3.00	2.00	-	-	-	-	-	2.50	-	-	4.88
Skating Skills	2.00	2.25	2.75	1.75	-	-	-	-	-	2.50	-	-	4.62
													14.00

0.00

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Rank	Name	Club						Element Score				Prog Comp Score	Bonus	Deductions	Score
2	Amanda Jamieson	Minto SC,ON						7.75				13.28	0.00	0.00	21.03

#	Executed Element	Base															Score				
		Value	GOE	J1	J2	J3	JREF														
1	CCoSpB (V)	1.28	-0.03	1	2	-3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1.25
2	1F+1Lo	1.00	-0.08	0	-2	-2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.92
3	ChSq1	3.00	0.38	1	2	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	3.38
4	1Lz(e)<<	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
5	1F !	0.50	-0.08	-2	0	-2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.42
6	1Lz(e)+1Loq	0.98	-0.16	-4	-1	-4	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.82
7	SSpB	1.10	-0.14	0	-1	-3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.96

7.75

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 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! - (Key Points Dance) incomplete REP - repeated jump restriction
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 EL - Extended Lift F - Fall in Element

Program Component	Factor											Score				
Composition	2.00			2.00	2.75	1.50	-	-	-	-	-	-	2.25	-	-	4.26
Presentation	2.00			1.75	3.00	1.50	-	-	-	-	-	-	2.25	-	-	4.26
Skating Skills	2.00			2.25	3.25	1.50	-	-	-	-	-	-	2.50	-	-	4.76
																13.28

0.00

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Rank	Name	Club						Element Score				Prog Comp Score	Bonus	Deductions	Score
3	Ann Nakashima	Markham SC,ON						7.05				12.00	0.00	0.00	19.05

#	Executed Element	Base										JREF	Score		
		Value	GOE	J1	J2	J3									
1	1S+1Lo	0.90	-0.01	0	-1	0	-	-	-	-	-	0	-	-	0.89
2	1F	0.50	-0.03	0	-2	0	-	-	-	-	-	0	-	-	0.47
3	1W+1Lo	0.80	0.00	0	0	0	-	-	-	-	-	0	-	-	0.80
4	SSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	0.00
5	ChSq1	3.00	0.38	0	1	1	-	-	-	-	-	1	-	-	3.38
6	1S	0.40	0.01	0	0	0	-	-	-	-	-	1	-	-	0.41
7	USpB	1.00	0.10	1	-	1	-	-	-	-	-	1	-	-	1.10

7.05

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 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor														Score
Composition	2.00		1.50	2.25	1.50	-	-	-	-	-	-	2.25	-	-	3.76
Presentation	2.00		1.75	2.50	1.50	-	-	-	-	-	-	2.50	-	-	4.12
Skating Skills	2.00		1.75	2.25	1.75	-	-	-	-	-	-	2.50	-	-	4.12
															12.00

0.00

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Rank	Name	Club						Element Score				Prog Comp Score	Bonus	Deductions	Score
4	Tina Martell	Orillia FSC,ON						5.59				12.26	0.00	0.00	17.85

#	Executed Element	Base															Score					
		Value	GOE	J1	J2	J3	JREF															
1	1F+1T	0.90	0.01	0	2	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.91
2	CSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
3	1Lo+1T	0.90	-0.03	0	-1	-1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.87
4	ChSq1	3.00	0.00	1	0	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	3.00
5	1S	0.40	0.00	0	0	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.40
6	1F	0.50	-0.09	-2	1	-3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.41
7	USp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00

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<< - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

EL - Extended Lift F - Fall in Element

Program Component	Factor											Score				
Composition	2.00			2.25	2.50	1.50	-	-	-	-	-	-	1.50	-	-	3.88
Presentation	2.00			2.25	3.00	1.75	-	-	-	-	-	-	1.75	-	-	4.38
Skating Skills	2.00			1.75	2.75	1.75	-	-	-	-	-	-	1.75	-	-	4.00
12.26																

0.00

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Rank	Name	Club						Element Score				Prog Comp Score	Bonus	Deductions	Score
5	Mandy Roach	Winchester SC Inc,ON						6.31				10.76	0.00	0.00	17.07

#	Executed Element	Base															Score	
		Value	GOE	J1	J2	J3	JREF											
1	1Lo	0.50	0.00	0	0	0	-	-	-	-	-	-	-	-	0	-	-	0.50
2	CSpB	1.10	0.06	0	1	0	-	-	-	-	-	-	-	-	1	-	-	1.16
3	1S	0.40	0.01	0	1	0	-	-	-	-	-	-	-	-	0	-	-	0.41
4	ChSq1	3.00	-0.25	-1	0	0	-	-	-	-	-	-	-	-	-1	-	-	2.75
5	1F	0.50	-0.04	-1	-1	-1	-	-	-	-	-	-	-	-	0	-	-	0.46
6	USpB	1.00	0.03	-1	1	1	-	-	-	-	-	-	-	-	0	-	-	1.03

6.31

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
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 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
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 EL - Extended Lift F - Fall in Element

Program Component	Factor																Score	
Composition	2.00	1.25	2.50	1.50	-	-	-	-	-	-	-	-	-	-	1.25	-	-	3.26
Presentation	2.00	1.50	2.50	1.50	-	-	-	-	-	-	-	-	-	-	1.75	-	-	3.62
Skating Skills	2.00	1.50	2.75	1.75	-	-	-	-	-	-	-	-	-	-	1.75	-	-	3.88
																10.76		

0.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
6	Julie Franklin	Whitby FSC,ON	5.37	11.00	0.00	0.00	16.37

#	Executed Element	Base					JREF	Score
		Value	GOE	J1	J2	J3		
1	USp	0.00	-	-	-	-	-	0.00
2	1S+1T	0.80	0.01	0	1	0	-	0.81
3	ChSq1	3.00	0.13	0	0	0	-	3.13
4	1T	0.40	0.01	0	1	0	-	0.41
5	1F	0.50	0.01	0	1	0	-	0.51
6	1Lo	0.50	0.01	0	0	0	-	0.51
7	USpB*	-	-	-	-	-	-	0.00

5.37

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 EL - Extended Lift F - Fall in Element

Program Component	Factor	1.50	2.25	1.50	-	-	-	-	-	-	1.75	-	-	3.50
Composition	2.00	1.50	2.25	1.50	-	-	-	-	-	-	1.75	-	-	3.50
Presentation	2.00	1.75	2.50	1.50	-	-	-	-	-	-	2.00	-	-	3.88
Skating Skills	2.00	1.50	2.25	1.75	-	-	-	-	-	-	1.75	-	-	3.62
														11.00

0.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
7	Michelle Sauve	Gloucester Skatin, ON	5.74	10.12	0.00	0.00	15.86

#	Executed Element	Base					JREF	Score
		Value	GOE	J1	J2	J3		
1	1S+1Lo<<	0.40	-0.13	-4	-3	-3	-3	0.27
2	1F(e)+1T<<	0.40	-0.17	-4	-3	-5	-5	0.23
3	CUSpB (V)	1.13	-0.23	-2	-1	-4	-1	0.90
4	ChSq1	3.00	-0.25	-1	1	-1	-1	2.75
5	1S	0.40	-0.02	0	0	-2	0	0.38
6	1F(e)<	0.30	-0.09	-4	0	-4	-4	0.21
7	USpB	1.00	0.00	-1	0	0	1	1.00

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Program Component	Factor	1.25	2.50	1.50	-	-	-	-	-	-	-	-	-	-	-	-	-	
Composition	2.00																	3.38
Presentation	2.00																	3.62
Skating Skills	2.00																	3.12
																		10.12

0.00

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8	Sarah Almubarak	Central Toronto S,ON						3.91						9.26	0.00			0.00	13.17

#	Executed Element	Base															JREF	Score			
		Value	GOE	J1	J2	J3															
1	1S	0.40	-0.01	0	-1	0	-	-	-	-	-	-	-	-	-	-	-	0	-	-	0.39
2	1F<<+COMBO+1T*	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
3	USpB	1.00	-0.10	0	-1	-2	-	-	-	-	-	-	-	-	-	-	-1	-	-	0.90	
4	1Lo<<	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00	
5	ChSq1	3.00	-0.38	-1	-1	0	-	-	-	-	-	-	-	-	-	-1	-	-	2.62		
6	1Lo<<+REP	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00		
7	USpB*	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00		

3.91

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Program Component	Factor																		Score
Composition	2.00	1.50	2.25	1.50	-	-	-	-	-	-	-	-	-	-	-	1.00	-	-	3.12
Presentation	2.00	1.50	2.50	1.50	-	-	-	-	-	-	-	-	-	-	1.00	-	-	3.26	
Skating Skills	2.00	1.25	2.00	1.25	-	-	-	-	-	-	-	-	-	-	1.25	-	-	2.88	
																		9.26	

0.00

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9	Angela Sum	Gloucester Skatin, ON						3.42				8.76	0.00	0.00	12.18

#	Executed Element	Base															Score				
		Value	GOE	J1	J2	J3	JREF														
1	1S+1Lo<<	0.40	-0.15	-4	-3	-4	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.25
2	ChSq1	3.00	-0.75	-2	-2	-1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2.25
3	1F(e)<<	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
4	USpB	1.00	-0.08	-1	0	-2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.92
5	1T<<+1T<<	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
6	1Lo<<	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
7	CSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00

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 EL - Extended Lift F - Fall in Element

Program Component	Factor																Score				
Composition	2.00			1.25	1.75	1.25	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2.76
Presentation	2.00			1.50	2.00	1.25	-	-	-	-	-	-	-	-	-	-	-	-	-	-	3.12
Skating Skills	2.00			1.25	1.75	1.25	-	-	-	-	-	-	-	-	-	-	-	-	-	-	2.88
											8.76										

0.00