

# 2023 SKATE ONTARIO ADULT CHAMPIONSHIPS

March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Adult SYS I Synchro - Free Program 1

Rank	Name	Club				Element Score				Prog Comp Score	Bonus	Deductions	Score
1	Ice Precise	Mississauga FSC,ON				30.49				31.29	0.00	0.00	61.78

#	Executed Element	Base											JREF	Score		
		Value	GOE	J1	J2	J3										
1	AC2	4.00	0.90	3	3	2	-	-	-	-	-	-	1	-	-	4.90
2	AL2	4.00	1.00	3	2	3	-	-	-	-	-	-	2	-	-	5.00
3	PB2	4.50	0.56	2	1	1	-	-	-	-	-	-	1	-	-	5.06
4	NHE3+s1	3.25	0.49	2	2	1	-	-	-	-	-	-	1	-	-	3.74
5	TrE2	3.00	0.45	2	1	2	-	-	-	-	-	-	1	-	-	3.45
6	I3+pi4	7.25	1.09	2	1	2	-	-	-	-	-	-	1	-	-	8.34
													30.49			

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor													Score	
Composition	2.10	4.75	4.50	4.50	-	-	-	-	-	-	-	4.25	-	-	9.45
Presentation	2.10	4.50	4.50	4.75	-	-	-	-	-	-	-	4.50	-	-	9.58
Skating Skills	2.80	4.50	4.25	4.50	-	-	-	-	-	-	-	4.25	-	-	12.26
													31.29		

0.00

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Adult SYS I Synchro - Free Program 1

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	Team Unity	Tavistock and Dis, ON	26.38	31.11	0.00	1.00	56.49

#	Executed Element	Base					JREF	Score
		Value	GOE	J1	J2	J3		
1	AC2	4.00	0.90	3	3	2	-	4.90
2	NHE3+s1	3.25	0.73	3	2	2	-	3.98
3	PB1	3.50	0.61	1	2	2	-	4.11
4	TrE1	2.00	0.45	3	2	2	-	2.45
5	I4+pi4	7.50	0.94	1	2	2	-	8.44
6	AL2	4.00	-1.50	-5	-2	-4	-	2.50
							26.38	

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor													
Composition	2.10	4.75	5.00	4.50	-	-	-	-	-	-	4.25	-	-	9.72
Presentation	2.10	4.25	4.75	4.50	-	-	-	-	-	-	4.25	-	-	9.32
Skating Skills	2.80	4.75	4.50	4.25	-	-	-	-	-	-	3.75	-	-	12.07
														31.11

2 Fall(s) factor (0.5) 1.00

# 2023 SKATE ONTARIO ADULT CHAMPIONSHIPS

March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Adult SYS I Synchro - Free Program 1

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Trinity	Trinity Skating A,ON	25.39	28.71	0.00	0.00	54.10

#	Executed Element	Base					JREF										Score				
		Value	GOE	J1	J2	J3															
1	AC2	4.00	0.70	2	2	2	-	-	-	-	-	-	-	-	-	-	-	1	-	-	4.70
2	NHE4+s1	4.25	0.43	2	0	1	-	-	-	-	-	-	-	-	-	-	-	1	-	-	4.68
3	PBB	1.50	0.11	0	1	1	-	-	-	-	-	-	-	-	-	-	-	1	-	-	1.61
4	I3+pi4	7.25	0.55	1	1	2	-	-	-	-	-	-	-	-	-	-	-	-1	-	-	7.80
5	TrE1	2.00	0.10	0	1	1	-	-	-	-	-	-	-	-	-	-	-	0	-	-	2.10
6	AL2	4.00	0.50	1	2	2	-	-	-	-	-	-	-	-	-	-	-	0	-	-	4.50
		25.39																			

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor																		
Composition	2.10		4.00	4.25	4.00	-	-	-	-	-	-	-	-	4.25	-	-			8.67
Presentation	2.10		4.25	4.00	4.00	-	-	-	-	-	-	-	-	4.25	-	-			8.67
Skating Skills	2.80		4.25	4.00	4.00	-	-	-	-	-	-	-	-	4.00	-	-			11.37
		28.71																	

0.00

# 2023 SKATE ONTARIO ADULT CHAMPIONSHIPS

March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Adult SYS I Synchro - Free Program 1

Rank	Name	Club						Element Score				Prog Comp Score	Bonus	Deductions	Score
4	L Odyssee	Les Lames d Argen,QC						24.59				28.71	0.00	0.50	52.80

#	Executed Element	Base																Score						
		Value	GOE	J1	J2	J3	JREF																	
1	TrE2	3.00	0.23	2	1	0	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0	-	-	3.23
2	PB1	3.50	-0.53	-2	-1	-2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-1	-	-	2.97
3	AL2	4.00	0.40	2	1	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0	-	-	4.40
4	I3+pi4	7.25	-1.09	-2	-1	-1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-2	-	-	6.16
5	NHE3+s1	3.25	0.08	-1	0	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	-	3.33
6	AC2	4.00	0.50	0	2	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	1	-	-	4.50
																24.59								

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor																	Score						
Composition	2.10	4.50	4.00	3.75	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	4.25	-	-	8.67
Presentation	2.10	4.50	3.75	4.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	4.25	-	-	8.67
Skating Skills	2.80	4.75	4.00	3.75	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	3.75	-	-	11.37
																28.71								

1 Fall(s) factor (0.5) 0.50

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Rank	Name	Club						Element Score				Prog Comp Score	Bonus	Deductions	Score
5	Capital Ice Adult 1	Nepean SC, ON						23.53				27.13	0.00	0.00	50.66

#	Executed Element	Base																Score		
		Value	GOE	J1	J2	J3	JREF													
1	NHE2+s1	2.00	-0.05	-2	0	1	-	-	-	-	-	-	-	-	-	-	0	-	-	1.95
2	AL2	4.00	0.40	0	1	2	-	-	-	-	-	-	-	-	-	-	1	-	-	4.40
3	PB1	3.50	0.26	-1	1	2	-	-	-	-	-	-	-	-	-	-	1	-	-	3.76
4	I4+pi4	7.50	-0.38	0	-1	0	-	-	-	-	-	-	-	-	-	-	-1	-	-	7.12
5	AC2	4.00	0.30	0	1	2	-	-	-	-	-	-	-	-	-	-	0	-	-	4.30
6	TrE1	2.00	0.00	-1	0	0	-	-	-	-	-	-	-	-	-	-	1	-	-	2.00
																23.53				

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor																	Score		
Composition	2.10	4.00	4.00	4.00	-	-	-	-	-	-	-	-	-	-	-	-	3.75	-	-	8.27
Presentation	2.10	3.75	3.75	4.25	-	-	-	-	-	-	-	-	-	-	-	-	3.50	-	-	8.00
Skating Skills	2.80	3.75	4.00	4.25	-	-	-	-	-	-	-	-	-	-	-	-	3.50	-	-	10.86
																27.13				

0.00

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Adult SYS I Synchro - Free Program 1

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
6	Évolution	Beauport/Charlesb,QC	25.49	25.45	0.00	1.00	49.94

#	Executed Element	Base										JREF	Score
		Value	GOE	J1	J2	J3							
1	AL2	4.00	0.90	3	2	2	-	-	-	-	-	2	4.90
2	TrE2	3.00	0.60	3	2	2	-	-	-	-	-	1	3.60
3	NHE4+s1	4.25	-1.81	-5	-3	-5	-	-	-	-	-	-4	2.44
4	AC2	4.00	0.80	2	2	3	-	-	-	-	-	1	4.80
5	I3+pi4	7.25	-1.09	-2	0	-2	-	-	-	-	-	-2	6.16
6	PB1	3.50	0.09	-1	-1	2	-	-	-	-	-	1	3.59
													25.49

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 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
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 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor													
Composition	2.10	4.00	4.25	3.50	-	-	-	-	-	-	3.50	-	-	8.00
Presentation	2.10	3.75	3.75	3.50	-	-	-	-	-	-	3.25	-	-	7.48
Skating Skills	2.80	4.25	3.75	3.25	-	-	-	-	-	-	3.00	-	-	9.97
														25.45

2 Fall(s) factor (0.5) 1.00

# 2023 SKATE ONTARIO ADULT CHAMPIONSHIPS

March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Adult SYS I Synchro - Free Program 1

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
7	Steel City Synchro Adult I	Ancaster Skating ,ON	24.15	24.29	0.00	0.00	48.44

#	Executed Element	Base					JREF	Score
		Value	GOE	J1	J2	J3		
1	NHE3+s1	3.25	0.17	0	0	1	-	3.42
2	I3+pi3	6.75	0.17	1	0	1	-	6.92
3	TrE1	2.00	-0.15	-1	0	-1	-	1.85
4	AL2	4.00	0.10	0	1	0	-	4.10
5	PB1	3.50	0.26	1	0	2	-	3.76
6	AC2	4.00	0.10	0	1	0	-	4.10
							24.15	

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor	4.00	3.50	3.25	-	-	-	-	-	-	3.50	-	-	7.48
Composition	2.10													
Presentation	2.10													
Skating Skills	2.80													
														24.29

0.00

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Adult SYS I Synchro - Free Program 1

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
8	Ice Fyre	Whitby Synchroniz,ON	22.12	26.35	0.00	0.50	47.97

#	Executed Element	Base					JREF	Score
		Value	GOE	J1	J2	J3		
1	PB1	3.50	0.00	0	0	0	0	3.50
2	AL2	4.00	0.80	3	2	2	1	4.80
3	TrE1	2.00	-0.50	-1	-3	-4	-2	1.50
4	NHE2+s1	2.00	-0.05	0	0	-1	0	1.95
5	I3+pi3	6.75	-0.68	-1	-2	-1	0	6.07
6	AC2	4.00	0.30	0	1	1	1	4.30
								22.12

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor													
Composition	2.10	4.00	4.25	3.50	-	-	-	-	-	-	4.00	-	-	8.27
Presentation	2.10	4.00	3.75	3.25	-	-	-	-	-	-	3.75	-	-	7.75
Skating Skills	2.80	4.00	3.75	3.50	-	-	-	-	-	-	3.50	-	-	10.33
														26.35

1 Fall(s) factor (0.5) 0.50



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KANATA RECREATION COMPLEX

Adult SYS I Synchro - Free Program 1

Rank	Name	Club	Element Score										Prog Comp Score	Bonus	Deductions	Score
9	University of Manitoba Ice In	Hazelridge Skatin,MB	18.28										23.72	0.00	0.00	42.00

#	Executed Element	Base										JREF	Score			
		Value	GOE	J1	J2	J3										
1	I2+pi3	5.75	0.43	2	1	2	-	-	-	-	-	-	-2	-	-	6.18
2	PBB	1.50	-0.04	-2	0	1	-	-	-	-	-	-	0	-	-	1.46
3	TrEB	1.00	-0.13	-2	-1	-1	-	-	-	-	-	-	-1	-	-	0.87
4	AC2	4.00	0.10	0	1	1	-	-	-	-	-	-	-1	-	-	4.10
5	AL2	4.00	0.10	0	1	1	-	-	-	-	-	-	-1	-	-	4.10
6	NHE2+sB	1.75	-0.18	0	-2	1	-	-	-	-	-	-	-3	-	-	1.57
															18.28	

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor											3.00	3.00	2.75	Score	
Composition	2.10		3.75	3.50	3.25	-	-	-	-	-	-	-	-	-	-	7.10
Presentation	2.10		3.75	3.25	4.00	-	-	-	-	-	-	-	-	-	-	7.35
Skating Skills	2.80		3.75	3.25	3.50	-	-	-	-	-	-	-	-	-	-	9.27
															23.72	

0.00

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Adult SYS I Synchro - Free Program 1

Rank	Name	Club						Element Score				Prog Comp Score	Bonus	Deductions	Score
10	Syncsation	North Bay FSC, ON						19.29				22.98	0.00	0.50	41.77

#	Executed Element	Base															JREF	Score	
		Value	GOE	J1	J2	J3													
1	AL2	4.00	0.30	2	1	0	-	-	-	-	-	-	-	-	-	0	-	-	4.30
2	PBB	1.50	-0.04	-1	0	0	-	-	-	-	-	-	-	-	-	0	-	-	1.46
3	I3+pi3	6.75	-0.34	-1	-1	1	-	-	-	-	-	-	-	-	-	-1	-	-	6.41
4	NHE3+sB	3.00	-0.90	-3	-3	-3	-	-	-	-	-	-	-	-	-	-3	-	-	2.10
5	TrEB	1.00	-0.08	-1	0	-1	-	-	-	-	-	-	-	-	-	-1	-	-	0.92
6	AC2	4.00	0.10	-1	1	1	-	-	-	-	-	-	-	-	-	0	-	-	4.10
																19.29			

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor																Score		
Composition	2.10	3.75	3.75	3.25	-	-	-	-	-	-	-	-	-	-	-	3.25	-	-	7.35
Presentation	2.10	3.25	3.25	3.00	-	-	-	-	-	-	-	-	-	-	-	3.25	-	-	6.70
Skating Skills	2.80	3.25	3.50	3.00	-	-	-	-	-	-	-	-	-	-	-	3.00	-	-	8.93
																22.98			

1 Fall(s) factor (0.5) 0.50

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March 3 to March 4, 2023

KANATA RECREATION COMPLEX

Adult SYS I Synchro - Free Program 1

Rank	Name	Club						Element Score				Prog Comp Score	Bonus	Deductions	Score
11	Matrix	West Lincoln Skat, ON						16.33				23.02	0.00	0.00	39.35

#	Executed Element	Base															Score			
		Value	GOE	J1	J2	J3	JREF													
1	PBB	1.50	0.08	1	1	0	-	-	-	-	-	-	-	-	-	-	0	-	-	1.58
2	AC1	2.50	0.00	0	0	0	-	-	-	-	-	-	-	-	-	-	0	-	-	2.50
3	NHE2+sB	1.75	-0.05	0	0	0	-	-	-	-	-	-	-	-	-	-1	-	-	1.70	
4	I2+pi2	4.75	0.00	0	0	1	-	-	-	-	-	-	-	-	-	-1	-	-	4.75	
5	TrE1	2.00	-0.10	-1	-1	1	-	-	-	-	-	-	-	-	-	-1	-	-	1.90	
6	AL2	4.00	-0.10	0	-1	1	-	-	-	-	-	-	-	-	-	-1	-	-	3.90	
																16.33				

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
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 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      F - Fall in Element

Program Component	Factor																Score		
Composition	2.10		3.50	3.50	3.25	-	-	-	-	-	-	-	-	-	-	3.50	-	-	7.22
Presentation	2.10		3.25	3.00	3.00	-	-	-	-	-	-	-	-	-	-	3.50	-	-	6.70
Skating Skills	2.80		3.25	3.25	3.25	-	-	-	-	-	-	-	-	-	-	3.25	-	-	9.10
																23.02			

0.00