



# Skate Ontario Regional Synchronized Skating Championships 2022

February 5th, to 5th, 2022

SIXTEEN MILE SPORTS COMPLEX

## Intermediate Synchro - Free Program 1

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Gold Ice	Skate Canada Bram,ON	25.27	31.00	0.00	1.00	55.27

#	Executed Element	Base											Score			
		Value	GOE	J1	J2	J3	J4	J5								
1	I2+pi3	6.00	-0.80	0	-1	-2	-2	-1	-	-	-	-	-	-	-	5.20
2	ME3+fm2	4.50	0.15	0	0	0	1	1	-	-	-	-	-	-	-	4.65
3	TE1	2.50	-0.50	-2	-2	-1	-2	-2	-	-	-	-	-	-	-	2.00
4	AL2	4.00	0.27	1	1	1	-1	0	-	-	-	-	-	-	-	4.27
5	NHE2+s1	1.50	0.05	-1	1	0	2	0	-	-	-	-	-	-	-	1.55
6	TC3	4.00	-0.27	-1	-1	0	2	-1	-	-	-	-	-	-	-	3.73
7	PB2	4.00	-0.13	0	-1	0	1	-2	-	-	-	-	-	-	-	3.87

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor															
Skating Skills	1.50		4.75	3.75	4.00	4.25	3.25	-	-	-	-	-	-	-	-	6.00
Transitions	1.50		4.50	3.75	4.00	4.75	3.00	-	-	-	-	-	-	-	-	6.12
Performance	1.50		5.00	4.00	3.75	4.50	3.50	-	-	-	-	-	-	-	-	6.12
Composition	1.50		4.50	4.00	4.25	4.75	3.75	-	-	-	-	-	-	-	-	6.38
Interpretation of the Music	1.50		5.00	4.00	4.00	4.75	3.25	-	-	-	-	-	-	-	-	6.38
																31.00

1 Time Violation(s) factor (1) 1.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	Nexxice Intermediate	Burlington Skatin,ON	21.92	33.02	0.00	1.00	53.94

#	Executed Element	Base Value	GOE	J					J5						Score
				J1	J2	J3	J4	J5							
1	I2+pi2	5.00	0.67	0	1	1	2	2	-	-	-	-	-	-	5.67
2	AL2	4.00	0.40	0	1	1	2	1	-	-	-	-	-	-	4.40
3	TE1	2.50	-0.25	-1	-2	0	2	-2	-	-	-	-	-	-	2.25
4	PBB	1.50	0.05	1	0	1	0	-1	-	-	-	-	-	-	1.55
5	TC2	3.00	-0.10	0	-1	1	-1	0	-	-	-	-	-	-	2.90
6	ME3+fm2	4.50	-0.15	-1	0	1	-1	0	-	-	-	-	-	-	4.35
7	NHE1+s1	F 1.00	-0.20	-2	-2	-2	-1	-3	-	-	-	-	-	-	0.80

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor																
Skating Skills	1.50		4.75	4.25	4.75	4.25	5.00	-	-	-	-	-	-	-	-	-	6.87
Transitions	1.50		4.00	4.50	4.50	4.00	5.25	-	-	-	-	-	-	-	-	-	6.50
Performance	1.50		4.25	4.00	4.25	4.00	4.75	-	-	-	-	-	-	-	-	-	6.26
Composition	1.50		4.75	4.50	4.75	4.25	5.25	-	-	-	-	-	-	-	-	-	7.01
Interpretation of the Music	1.50		4.25	4.25	4.25	4.25	5.00	-	-	-	-	-	-	-	-	-	6.38
																	33.02

1 Fall(s) factor (1) 1.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	TEAM UNITY	Tavistock & Distr,ON	24.07	31.79	0.00	3.00	52.86

#	Executed Element	Base											Score		
		Value	GOE	J1	J2	J3	J4	J5							
1	TE1	2.50	0.17	1	1	1	0	-1	-	-	-	-	-	-	2.67
2	TC3	4.00	-0.13	1	0	0	-1	-1	-	-	-	-	-	-	3.87
3	AL2	4.00	-0.93	0	-4	-1	-5	-2	-	-	-	-	-	-	3.07
4	ME2+fm2	3.50	0.12	1	0	1	-1	0	-	-	-	-	-	-	3.62
5	PB2	4.00	0.27	1	1	1	-1	0	-	-	-	-	-	-	4.27
6	l2+pl2	5.00	0.17	1	1	0	-1	0	-	-	-	-	-	-	5.17
7	NHE2+s1	1.50	-0.10	-1	0	0	-1	-2	-	-	-	-	-	-	1.40
													24.07		

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor														
Skating Skills	1.50		5.50	4.50	4.00	3.75	4.00	-	-	-	-	-	-	-	6.26
Transitions	1.50		4.50	4.50	4.00	3.75	4.00	-	-	-	-	-	-	-	6.26
Performance	1.50		5.25	4.25	4.25	3.25	4.00	-	-	-	-	-	-	-	6.26
Composition	1.50		5.00	4.50	4.25	3.75	4.75	-	-	-	-	-	-	-	6.75
Interpretation of the Music	1.50		5.25	4.25	4.00	3.50	4.25	-	-	-	-	-	-	-	6.26
													31.79		

1 Excessive Interruption(s) factor (1), 2 Fall(s) factor (1) 3.00



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## Intermediate Synchro - Free Program 1

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Synchronicity	London SC,ON	22.52	29.13	0.00	0.00	51.65

#	Executed Element	Base										Score	
		Value	GOE	J1	J2	J3	J4	J5					
1	ME1+fm2	3.25	0.00	0	0	0	2	-1	-	-	-	-	3.25
2	TC2	3.00	0.20	1	1	0	3	-1	-	-	-	-	3.20
3	TE1	2.50	-0.50	-2	-2	-1	-2	-3	-	-	-	-	2.00
4	I2+pi2	5.00	-0.33	-1	0	-1	-1	0	-	-	-	-	4.67
5	NHE2+s1	1.50	-0.10	-2	0	0	-1	-1	-	-	-	-	1.40
6	AL2	4.00	0.00	0	1	0	0	-1	-	-	-	-	4.00
7	PB2	4.00	0.00	-1	1	0	1	-1	-	-	-	-	4.00

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump

\* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption

e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor													
Skating Skills	1.50	4.00	4.00	4.00	4.00	3.00	-	-	-	-	-	-	-	6.00
Transitions	1.50	3.50	4.00	3.75	4.25	2.50	-	-	-	-	-	-	-	5.63
Performance	1.50	3.75	4.00	3.75	4.00	2.50	-	-	-	-	-	-	-	5.75
Composition	1.50	4.25	4.00	4.00	4.25	3.00	-	-	-	-	-	-	-	6.12
Interpretation of the Music	1.50	4.00	3.75	3.50	4.25	2.75	-	-	-	-	-	-	-	5.63
														29.13

0.00



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## Intermediate Synchro - Free Program 1

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
5	Starlight Intermediate	Goulbourn SC,ON	22.38	29.13	0.00	0.00	51.51

#	Executed Element	Base											Score			
		Value	GOE	J1	J2	J3	J4	J5								
1	I2+pi2	5.00	-0.67	-1	0	-1	-2	-2	-	-	-	-	-	-	-	4.33
2	NHE2+s1	1.50	-0.15	-1	-1	0	-1	-1	-	-	-	-	-	-	-	1.35
3	AW2	4.00	0.40	-1	2	1	2	0	-	-	-	-	-	-	-	4.40
4	ME2+fm2	3.50	0.23	1	0	1	2	0	-	-	-	-	-	-	-	3.73
5	PB2	4.00	-0.13	-1	1	1	-1	-2	-	-	-	-	-	-	-	3.87
6	TEB	1.50	-0.40	-3	-3	-1	-2	-5	-	-	-	-	-	-	-	1.10
7	TC3	4.00	-0.40	-1	0	-1	-1	-2	-	-	-	-	-	-	-	3.60
															22.38	

x - credit for second half, base value multiplied by 1.1

! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge

< - underrotated jump

<< - (singles & pairs) downgraded jump

\* - invalid element, scored as zero

! - (Key Points Dance) incomplete

< - (Key Points Dance) interruption

<< - (Key Points Dance) interruption

e - jump take-off (Flip/Lutz) with edge

REP - repeated jump restriction

S - (Pattern Dance Type Step Seq. ) separation

V - spin requirement not met

Program Component	Factor															
Skating Skills	1.50		4.25	4.00	3.75	3.75	3.00	-	-	-	-	-	-	-	-	5.75
Transitions	1.50		3.75	4.00	3.75	3.75	3.00	-	-	-	-	-	-	-	-	5.63
Performance	1.50		4.25	3.75	4.25	4.00	3.00	-	-	-	-	-	-	-	-	6.00
Composition	1.50		4.00	4.00	4.00	4.00	2.75	-	-	-	-	-	-	-	-	6.00
Interpretation of the Music	1.50		4.50	3.75	3.75	4.00	2.75	-	-	-	-	-	-	-	-	5.75
															29.13	
															0.00	



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## Intermediate Synchro - Free Program 1

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
6	Edge	Skate Oakville, ON	19.77	30.25	0.00	2.00	48.02

#	Executed Element	Base Value	GOE	Base					J5	Score						
				J1	J2	J3	J4	J5								
1	ME3+fm2	4.50	-0.90	-2	-2	-3	0	-2	-	-	-	-	-	-	-	3.60
2	NHE2+s1	1.50	-0.30	-2	-2	-2	-2	-3	-	-	-	-	-	-	-	1.20
3	AL2	4.00	0.27	0	1	1	2	0	-	-	-	-	-	-	-	4.27
4	l2+pi2	5.00	-0.33	-2	0	-1	1	-1	-	-	-	-	-	-	-	4.67
5	TE1	2.50	-0.42	-2	-2	-1	-1	-3	-	-	-	-	-	-	-	2.08
6	PBB	1.50	-0.25	-2	-1	-1	-2	-2	-	-	-	-	-	-	-	1.25
7	TC2	3.00	-0.30	-2	0	-1	-1	-1	-	-	-	-	-	-	-	2.70

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump  
 \* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption  
 e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor	4.50	4.00	4.00	4.25	3.50	-	-	-	-	-	-	-	-	-	Score
Skating Skills	1.50	4.50	4.00	4.00	4.25	3.50	-	-	-	-	-	-	-	-	-	6.12
Transitions	1.50	4.00	4.25	4.00	4.50	3.25	-	-	-	-	-	-	-	-	-	6.12
Performance	1.50	4.25	4.00	3.50	4.00	3.00	-	-	-	-	-	-	-	-	-	5.75
Composition	1.50	4.00	4.25	4.25	4.50	3.50	-	-	-	-	-	-	-	-	-	6.26
Interpretation of the Music	1.50	4.00	4.00	4.00	4.25	3.25	-	-	-	-	-	-	-	-	-	6.00
																30.25

2 Fall(s) factor (1) 2.00



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## Intermediate Synchro - Free Program 1

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
7	Sparkling Ice Intermediate	Unionville SC,ON	20.87	27.37	0.00	1.50	46.74

#	Executed Element	Base										Score			
		Value	GOE	J1	J2	J3	J4	J5							
1	I2+pi2	5.00	-0.50	1	1	-2	-2	-2	-	-	-	-	-	-	4.50
2	ME3+fm2	4.50	-0.30	-1	1	0	-1	-1	-	-	-	-	-	-	4.20
3	TC1	2.00	-0.20	-1	-1	-1	-1	-1	-	-	-	-	-	-	1.80
4	NHE1+s1	1.00	-0.17	-1	-2	-1	-2	-2	-	-	-	-	-	-	0.83
5	AL2	4.00	-0.27	-2	1	0	-1	-1	-	-	-	-	-	-	3.73
6	TE1	2.50	-0.42	-2	-2	-1	-1	-3	-	-	-	-	-	-	2.08
7	PB2	4.00	-0.27	-2	-1	0	0	-1	-	-	-	-	-	-	3.73

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump  
 \* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption  
 e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor														
Skating Skills	1.50		4.75	4.00	3.50	3.75	3.25	-	-	-	-	-	-	-	5.63
Transitions	1.50		4.00	4.25	3.25	3.50	3.25	-	-	-	-	-	-	-	5.37
Performance	1.50		4.50	4.00	3.25	3.50	3.00	-	-	-	-	-	-	-	5.37
Composition	1.50		4.25	4.00	3.50	3.75	3.00	-	-	-	-	-	-	-	5.63
Interpretation of the Music	1.50		4.50	3.75	3.50	3.50	3.00	-	-	-	-	-	-	-	5.37
															27.37

1 Non Permitted / DED 3 factor (1.5) 1.50



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
8	Meraki Intermediate	Leaside SC,ON	19.96	28.39	0.00	3.00	45.35

#	Executed Element	Base Value	GOE	Base					J5	Score
				J1	J2	J3	J4	J5		
1	AW2	4.00	0.40	0	1	2	3	0	-	4.40
2	TE1	2.50	-0.17	-1	-1	0	2	-2	-	2.33
3	PB2	4.00	0.13	-1	1	0	2	0	-	4.13
4	ME1+fm2	3.25	-0.22	1	-1	-1	0	-2	-	3.03
5	I2+pi2	F 5.00	-2.33	-4	-5	-4	-5	-5	-	2.67
6	NHE2+s1	F 1.50	-0.40	-3	-2	-3	-1	-5	-	1.10
7	TC2	3.00	-0.70	0	-2	-3	-2	-4	-	2.30

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump  
 \* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption  
 e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor											Score	
Skating Skills	1.50	4.75	3.75	3.50	4.25	3.00	-	-	-	-	-	-	5.75
Transitions	1.50	4.25	4.00	3.50	4.25	2.75	-	-	-	-	-	-	5.88
Performance	1.50	4.50	3.50	3.00	3.75	2.25	-	-	-	-	-	-	5.13
Composition	1.50	4.75	4.25	3.50	4.25	2.75	-	-	-	-	-	-	6.00
Interpretation of the Music	1.50	5.00	3.75	3.25	4.25	2.50	-	-	-	-	-	-	5.63
													28.39

3 Fall(s) factor (1) 3.00