



August Performance Opportunity

August 9/2021 to August 15/2021

(July Hub)

Junior Men - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Grayson Long	Toronto CS & CC,ON	44.91	52.50	0.00	1.00	96.41

# Executed Element	Base															Score
	Value	GOE	J1	J2	J3	J4	J5	J6	J7							
1 3Lz<	4.72	-2.36	-5	-5	-5	-5	-5	-5	-5	-5	-	-	-	-	-	2.36
2 2A+1Eu+3S	8.10	0.60	1	2	1	2	1	2	0	0	-	-	-	-	-	8.70
3 3T+2T	5.50	-0.17	-1	0	1	0	-1	-1	0	0	-	-	-	-	-	5.33
4 FSSp4	3.00	0.30	1	1	3	1	2	0	-2	-2	-	-	-	-	-	3.30
5 3S+2T	5.60	-0.43	0	-1	0	-1	-1	-2	-2	-2	-	-	-	-	-	5.17
6 2A	x	3.63	0.00	0	0	0	0	0	2	-1	-	-	-	-	-	3.63
7 3T	x	4.62	0.00	0	0	0	0	0	2	0	-	-	-	-	-	4.62
8 CCoSp3		3.00	0.60	2	1	2	3	3	2	0	-	-	-	-	-	3.60
9 StSq2		2.60	0.42	1	2	1	2	2	1	2	-	-	-	-	-	3.02
10 2Lo	x	1.87	0.07	1	2	0	0	0	1	0	-	-	-	-	-	1.94
11 FCCoSp3		3.00	0.24	0	2	0	1	1	1	1	-	-	-	-	-	3.24
44.91																

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor	4.75	5.00	5.00	5.75	5.00	5.75	5.75	5.75	-	-	-	-	-	-	Score
Skating Skills	2.00	4.75	5.00	5.00	5.75	5.00	5.75	5.75	5.75	-	-	-	-	-	-	10.60
Transitions	2.00	4.25	5.25	5.00	5.50	5.25	4.75	6.00	6.00	-	-	-	-	-	-	10.30
Performance	2.00	4.50	5.00	4.75	5.75	5.50	5.50	5.75	5.75	-	-	-	-	-	-	10.60
Composition	2.00	4.25	5.25	4.75	6.00	5.75	5.25	6.00	6.00	-	-	-	-	-	-	10.80
Interpretation of the Music	2.00	4.50	5.00	4.25	5.75	5.25	5.25	5.50	5.50	-	-	-	-	-	-	10.20
52.50																

1 Fall(s) factor (1) 1.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	Christian Nainer	Skate Oakville, ON	36.41	43.50	0.00	0.00	79.91

#	Executed Element	Base										Score				
		Value	GOE	J1	J2	J3	J4	J5	J6	J7						
1	3T+2T	5.50	0.34	1	-1	0	1	1	2	1	-	-	-	-	-	5.84
2	3Lzq	5.90	-1.18	-2	-2	-2	-3	-2	-2	-2	-	-	-	-	-	4.72
3	1A+1Eu+3S	5.90	-0.17	0	-1	0	0	-1	-1	0	-	-	-	-	-	5.73
4	2F	1.80	-0.18	-1	-1	-1	-1	-1	-1	-1	-	-	-	-	-	1.62
5	FSSp2	2.30	-0.09	0	2	0	-1	-1	0	-1	-	-	-	-	-	2.21
6	2S	1.43	0.00	0	-2	0	0	0	0	0	-	-	-	-	-	1.43
7	3T+2T	6.05	-0.50	-2	-2	0	-1	-2	-1	0	-	-	-	-	-	5.55
8	2S	1.43	0.00	0	0	0	0	1	0	0	-	-	-	-	-	1.43
9	FCCoSp3	3.00	-0.12	-2	-1	-1	-1	1	1	0	-	-	-	-	-	2.88
10	StSq2	2.60	0.00	-1	-1	-1	0	1	1	1	-	-	-	-	-	2.60
11	CCoSp2	2.50	-0.10	-1	-1	0	0	1	0	-1	-	-	-	-	-	2.40
															36.41	

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor	4.25	5.00	4.50	5.00	4.50	4.00	5.00	-	-	-	-	-	-	Score
Skating Skills	2.00	4.25	5.00	4.50	5.00	4.50	4.00	5.00	-	-	-	-	-	-	9.30
Transitions	2.00	3.75	4.50	4.00	4.50	4.00	4.50	5.25	-	-	-	-	-	-	8.60
Performance	2.00	3.75	4.75	3.75	5.00	3.75	4.25	4.75	-	-	-	-	-	-	8.50
Composition	2.00	3.75	5.00	4.00	5.00	4.00	4.25	5.00	-	-	-	-	-	-	8.90
Interpretation of the Music	2.00	3.50	4.50	3.50	5.25	3.75	4.00	4.75	-	-	-	-	-	-	8.20
															43.50

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Evan Prosserman	Granite Club, ON	35.06	41.20	0.00	3.00	73.26

# Executed Element	Base										Score					
	Value	GOE	J1	J2	J3	J4	J5	J6	J7							
1 3Lz<<	2.10	-1.05	-5	-5	-5	-5	-5	-5	-5	-5	-	-	-	-	-	1.05
2 3F(e)<	3.18	-1.59	-5	-5	-5	-5	-5	-5	-5	-5	-	-	-	-	-	1.59
3 3Lo	4.90	-2.45	-5	-5	-5	-5	-5	-5	-5	-5	-	-	-	-	-	2.45
4 CCoSp4	3.50	-0.14	1	0	0	-1	1	-2	-2	-2	-	-	-	-	-	3.36
5 3Sq	4.30	-0.69	-2	-2	0	-2	-1	-2	-1	-1	-	-	-	-	-	3.61
6 StSq2	2.60	0.05	0	-1	1	0	1	-1	1	1	-	-	-	-	-	2.65
7 3F(e)<+2T	x 4.93	-1.53	-5	-5	-4	-5	-5	-5	-4	-4	-	-	-	-	-	3.40
8 2A+1Eu+2S	x 5.61	0.13	1	0	0	0	1	1	0	0	-	-	-	-	-	5.74
9 FSSp3	2.60	0.05	0	-1	0	1	2	1	-1	-1	-	-	-	-	-	2.65
10 2A+2T	x 5.06	0.26	1	1	0	1	1	1	0	0	-	-	-	-	-	5.32
11 FCCoSp3	3.00	0.24	1	0	1	0	1	1	1	1	-	-	-	-	-	3.24
35.06																

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 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor															
Skating Skills	2.00		4.00	4.75	5.25	4.75	4.00	3.75	5.75	-	-	-	-	-	-	9.10
Transitions	2.00		3.50	3.50	5.00	4.00	2.75	4.00	5.25	-	-	-	-	-	-	8.00
Performance	2.00		3.50	4.50	4.25	4.25	3.50	3.50	5.25	-	-	-	-	-	-	8.00
Composition	2.00		3.75	4.25	4.50	4.25	3.75	4.25	5.50	-	-	-	-	-	-	8.40
Interpretation of the Music	2.00		3.75	4.00	4.00	4.00	3.25	3.50	5.25	-	-	-	-	-	-	7.70
41.20																

3 Fall(s) factor (1) 3.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Joshua Dore	Gloucester Skatin, ON	27.69	45.70	0.00	1.00	72.39

# Executed Element	Base										Score	
	Value	GOE	J1	J2	J3	J4	J5	J6	J7			
1 2A+1Eu+2S	5.10	-0.53	-3	-1	-2	-1	-2	-2	1	-	-	4.57
2 2A	3.30	-1.65	-5	-5	-5	-5	-5	-5	-4	-	-	1.65
3 2Lz+2T	3.40	0.00	0	0	0	0	0	-1	1	-	-	3.40
4 CCoSp2	2.50	-0.05	-1	-1	0	0	0	0	2	-	-	2.45
5 2F	1.80	-0.43	-4	-2	-2	-2	-3	-2	-3	-	-	1.37
6 1Lo	0.55	-0.11	-4	-3	-1	-2	-2	-3	-1	-	-	0.44
7 StSq3	3.30	0.40	0	2	1	0	2	1	3	-	-	3.70
8 FSSp2	2.30	-0.41	-3	-2	0	-2	-1	-2	-2	-	-	1.89
9 2S	1.43	0.00	0	0	0	0	0	0	0	-	-	1.43
10 3T	4.62	-0.08	0	-1	0	0	0	0	-1	-	-	4.54
11 FCCoSp2	2.50	-0.25	-1	0	-2	0	-1	-2	-1	-	-	2.25
											27.69	

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
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 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
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 EL - Extended Lift F - Fall in Element

Program Component	Factor	4.25	5.00	4.75	4.75	4.50	5.50	6.00	-	-	-	-	-	Score
Skating Skills	2.00	4.25	5.00	4.75	4.75	4.50	5.50	6.00	-	-	-	-	-	9.80
Transitions	2.00	3.75	4.00	4.50	4.50	4.00	5.50	5.25	-	-	-	-	-	8.90
Performance	2.00	3.75	4.75	4.00	4.75	3.75	4.50	5.50	-	-	-	-	-	8.70
Composition	2.00	4.00	4.50	4.25	5.00	4.25	5.25	5.25	-	-	-	-	-	9.30
Interpretation of the Music	2.00	3.75	5.00	4.00	4.75	4.00	4.75	5.25	-	-	-	-	-	9.00
														45.70

1 Fall(s) factor (1) 1.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
5	Gurshan Riarh	Minto SC,ON	28.20	37.00	0.00	0.00	65.20

# Executed Element	Base															Score
	Value	GOE	J1	J2	J3	J4	J5	J6	J7							
1 2A+2T	4.60	-0.92	-3	-2	-2	-3	-4	-3	-3	-3	-	-	-	-	-	3.68
2 2Lz	2.10	0.13	1	-1	1	0	1	1	0	0	-	-	-	-	-	2.23
3 FSSp4	3.00	-0.30	-2	-1	-1	-1	-1	-1	-1	-1	-	-	-	-	-	2.70
4 2S	1.30	0.00	1	0	0	0	0	0	0	0	-	-	-	-	-	1.30
5 2A	3.30	-0.99	-3	-2	-3	-3	-3	-3	-3	-3	-	-	-	-	-	2.31
6 StSq2	2.60	0.00	0	0	0	0	0	0	0	1	-	-	-	-	-	2.60
7 2Lo	x	1.87	0.00	0	0	0	0	0	0	-1	-	-	-	-	-	1.87
8 FCCoSp1	2.00	-0.24	-2	-1	0	0	-2	-1	-2	-2	-	-	-	-	-	1.76
9 2F+2T	x	3.41	-0.29	-2	-1	0	-1	-2	-2	-2	-	-	-	-	-	3.12
10 2Lz+1Eu+2F	x	4.84	0.04	1	-1	0	0	0	1	0	-	-	-	-	-	4.88
11 CCoSp2	2.50	-0.75	-3	-2	-3	-3	-3	-3	-3	-3	-	-	-	-	-	1.75
28.20																

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 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
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Program Component	Factor															
Skating Skills	2.00		3.50	4.00	3.25	4.50	3.25	3.50	4.75	-	-	-	-	-	-	7.50
Transitions	2.00		3.25	3.50	2.75	4.00	3.00	4.00	4.25	-	-	-	-	-	-	7.10
Performance	2.00		3.50	4.50	3.00	4.25	3.50	3.50	4.75	-	-	-	-	-	-	7.70
Composition	2.00		3.25	4.00	3.00	4.00	3.25	4.00	4.50	-	-	-	-	-	-	7.40
Interpretation of the Music	2.00		3.00	4.25	2.50	4.00	3.25	3.75	4.50	-	-	-	-	-	-	7.30
37.00																

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
6	Daniel Kreft	Minto SC,ON	27.40	40.90	0.00	5.00	63.30

# Executed Element	Base										Score				
	Value	GOE	J1	J2	J3	J4	J5	J6	J7						
1 2A+1Eu+2F	5.60	0.13	1	0	0	0	0	2	1	-	-	-	-	-	5.73
2 3T+2T	5.50	-1.09	-3	-2	-2	-3	-3	-3	-2	-	-	-	-	-	4.41
3 3F<	4.24	-2.12	-5	-5	-5	-5	-5	-5	-5	-	-	-	-	-	2.12
4 CCoSp4	3.50	-0.49	-1	-2	-1	-1	-1	-2	-2	-	-	-	-	-	3.01
5 3Lo	4.90	-2.45	-5	-5	-5	-5	-5	-5	-5	-	-	-	-	-	2.45
6 2S<	x 1.14	-0.52	-5	-5	-5	-5	-5	-5	-5	-	-	-	-	-	0.62
7 2A	x 3.63	-0.07	1	-1	1	0	0	-1	-2	-	-	-	-	-	3.56
8 FCCoSp3 (V)	2.25	-0.23	-1	-1	-1	-1	-1	-1	-2	-	-	-	-	-	2.02
9 StSq1	1.80	-0.90	-5	-5	-5	-5	-5	-5	-5	-	-	-	-	-	0.90
10 3S	x 4.73	-2.15	-5	-5	-3	-5	-5	-5	-5	-	-	-	-	-	2.58
11 FCSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
27.40															

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 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
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 EL - Extended Lift F - Fall in Element

Program Component	Factor														
Skating Skills	2.00		3.75	4.50	4.75	3.75	3.50	4.25	4.50	-	-	-	-	-	8.30
Transitions	2.00		4.25	4.00	4.25	4.25	3.75	4.25	4.50	-	-	-	-	-	8.40
Performance	2.00		3.75	4.25	4.00	3.25	2.75	3.50	4.00	-	-	-	-	-	7.40
Composition	2.00		4.00	4.75	4.25	4.50	3.50	4.25	4.75	-	-	-	-	-	8.70
Interpretation of the Music	2.00		4.25	4.00	4.25	4.25	3.50	4.00	3.75	-	-	-	-	-	8.10
40.90															

5 Fall(s) factor (1) 5.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
7	Liam Carney	Rideau SC,ON	22.17	37.20	0.00	3.00	56.37

# Executed Element	Base															Score
	Value	GOE	J1	J2	J3	J4	J5	J6	J7							
1 3A<<	3.30	-1.65	-5	-5	-5	-5	-5	-5	-5	-5	-	-	-	-	-	1.65
2 3S	4.30	-0.26	0	-1	0	0	-1	-1	-1	-1	-	-	-	-	-	4.04
3 CCoSp2 (V)	1.88	-0.19	-2	-1	-1	0	-1	2	-2	-2	-	-	-	-	-	1.69
4 2Lz	2.10	0.00	0	0	0	0	0	0	0	0	-	-	-	-	-	2.10
5 2F !	1.80	-0.58	-3	-2	-4	-3	-3	-3	-3	-4	-	-	-	-	-	1.22
6 StSq1	1.80	-0.14	-2	0	0	-2	-1	-1	1	1	-	-	-	-	-	1.66
7 3Lo<< x	1.87	-0.85	-5	-5	-5	-5	-5	-5	-5	-5	-	-	-	-	-	1.02
8 3S<+REP x	2.65	-1.72	-5	-5	-5	-5	-5	-5	-5	-5	-	-	-	-	-	0.93
9 2A+1Eu+2S x	5.61	-1.39	-5	-2	-3	-5	-4	-4	-5	-5	-	-	-	-	-	4.22
10 FSSp2	2.30	-0.78	-4	-2	-4	-3	-3	-3	-3	-4	-	-	-	-	-	1.52
11 CSSp2	2.30	-0.18	0	-1	-1	-1	-1	-1	-1	1	-	-	-	-	-	2.12
22.17																

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 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift F - Fall in Element

Program Component	Factor															
Skating Skills	2.00		3.50	4.50	3.75	4.25	3.00	3.50	5.25	-	-	-	-	-	-	7.80
Transitions	2.00		3.25	4.75	3.50	3.75	2.75	3.25	5.00	-	-	-	-	-	-	7.40
Performance	2.00		3.25	4.50	3.00	3.50	2.75	3.50	5.50	-	-	-	-	-	-	7.10
Composition	2.00		3.50	4.00	3.50	4.00	3.00	3.50	5.00	-	-	-	-	-	-	7.40
Interpretation of the Music	2.00		3.50	4.50	3.00	3.75	3.25	3.75	5.25	-	-	-	-	-	-	7.50
37.20																

3 Fall(s) factor (1) 3.00