



# Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex

Bronze Triathlon Women - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Keira Moore	Bowmanville FSC,ON	15.20	10.52	0.00	0.00	25.72

#	Executed Element	Base							JREF	Score				
		Value	GOE	J1	J2	J3	J4							
1	FCCoSpB	1.70	0.00	0	0	0	1	-	-	-	-	-	-	1.70
2	1A+2T	2.40	-0.35	-2	-3	-2	-3	-	-	-	-	-	-3	2.05
3	1F+1Lo	1.00	0.00	0	0	0	0	-	-	-	-	-	0	1.00
4	2S+2T	2.60	-0.13	-1	-1	0	-1	-	-	-	-	-	-4	2.47
5	1F	0.50	0.05	0	0	2	2	-	-	-	-	-	1	0.55
6	FSSpB	1.70	0.11	1	0	0	1	-	-	-	-	-	2	1.81
7	1S<<	0.00	-	-	-	-	-	-	-	-	-	-	-	0.00
8	2S	1.30	0.00	0	0	0	0	-	-	-	-	-	0	1.30
9	ChSq1	3.00	0.00	0	0	0	1	-	-	-	-	-	0	3.00
10	1A*	-	-	-	-	-	-	-	-	-	-	-	-	0.00
11	CCoSpB (V)	1.28	0.04	0	-2	1	0	-	-	-	-	-	1	1.32

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump  
 \* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption  
 e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor	2.50	2.75	3.00	3.25	-	-	-	-	-	2.75	-	-	Score
Skating Skills	1.00	2.50	2.75	3.00	3.25	-	-	-	-	-	2.75	-	-	2.83
Transitions	0.75	2.25	2.50	2.75	2.75	-	-	-	-	-	3.25	-	-	2.00
Performance	1.00	2.50	2.25	2.75	2.50	-	-	-	-	-	2.75	-	-	2.58
Composition	0.50	2.25	2.50	2.50	2.75	-	-	-	-	-	2.75	-	-	1.29
Interpretation of the Music	0.75	2.25	2.00	2.50	2.50	-	-	-	-	-	2.75	-	-	1.82

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	Simone Thibodeau	Lake Superior FSC, ON	13.97	10.75	0.00	0.00	24.72

#	Executed Element	Base						JREF						Score		
		Value	GOE	J1	J2	J3	J4									
1	1A	1.10	0.04	0	0	1	0	-	-	-	-	-	1	-	-	1.14
2	CCoSpB	1.70	0.00	0	0	0	0	-	-	-	-	-	1	-	-	1.70
3	2F(e)<	1.08	-0.54	-5	-5	-5	-4	-	-	-	-	-	-5	-	-	0.54
4	2Lz<	1.58	-0.79	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.79
5	FCSpB	1.60	0.05	0	0	1	0	-	-	-	-	-	1	-	-	1.65
6	2Lo<+1T	1.68	-0.26	-2	-2	-2	-2	-	-	-	-	-	-2	-	-	1.42
7	ChSq1	3.00	0.33	1	0	1	1	-	-	-	-	-	0	-	-	3.33
8	2F(e)<<+1Lo	0.88	-0.25	-5	-5	-5	-4	-	-	-	-	-	-5	-	-	0.63
9	1Lz+1T	1.00	-0.04	0	0	-1	-1	-	-	-	-	-	-1	-	-	0.96
10	FCCoSpB	1.70	0.11	0	0	1	1	-	-	-	-	-	1	-	-	1.81
13.97																

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump  
 \* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption  
 e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor															
Skating Skills	1.00		2.50	3.00	3.00	3.00	-	-	-	-	-	3.00	-	-		3.00
Transitions	0.75		2.25	2.75	2.50	2.75	-	-	-	-	-	2.50	-	-		1.94
Performance	1.00		2.50	2.50	2.75	2.25	-	-	-	-	-	2.75	-	-		2.58
Composition	0.50		2.00	3.25	2.50	2.50	-	-	-	-	-	2.75	-	-		1.29
Interpretation of the Music	0.75		2.25	2.75	2.50	2.50	-	-	-	-	-	2.75	-	-		1.94
10.75																

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Kadynn Morrison	Skate Brockville/,ON	14.62	8.81	0.00	0.00	23.43

#	Executed Element	Base						JREF						Score		
		Value	GOE	J1	J2	J3	J4									
1	FSSpB	1.70	-0.06	0	-1	-1	0	-	-	-	-	-	0	-	-	1.64
2	1A	1.10	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.10
3	1Lz+2T<<	1.00	-0.28	-5	-5	-4	-5	-	-	-	-	-	-4	-	-	0.72
4	2S+1Lo	1.80	0.00	0	0	0	-1	-	-	-	-	-	0	-	-	1.80
5	2S<	0.98	-0.49	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.49
6	2Lo<	1.28	-0.26	-2	-2	-2	-2	-	-	-	-	-	-2	-	-	1.02
7	CCoSpB	1.70	-0.11	-2	0	-1	0	-	-	-	-	-	-1	-	-	1.59
8	ChSq1	3.00	0.33	1	1	1	0	-	-	-	-	-	0	-	-	3.33
9	1A+1T	1.50	-0.07	-1	0	-1	-2	-	-	-	-	-	0	-	-	1.43
10	CoSpB	1.50	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.50
14.62																

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 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump  
 \* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption  
 e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor															
Skating Skills	1.00		2.25	1.50	2.00	2.25	-	-	-	-	-	2.50	-	-		2.17
Transitions	0.75		2.00	1.75	2.00	2.25	-	-	-	-	-	2.50	-	-		1.56
Performance	1.00		2.25	2.00	2.25	2.00	-	-	-	-	-	2.75	-	-		2.17
Composition	0.50		2.00	2.00	2.25	2.25	-	-	-	-	-	2.75	-	-		1.09
Interpretation of the Music	0.75		2.00	2.25	2.50	2.50	-	-	-	-	-	2.50	-	-		1.82
8.81																

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Avery Desjarlais	Kenora SC,ON	14.24	8.73	0.00	0.00	22.97

#	Executed Element	Base						JREF						Score		
		Value	GOE	J1	J2	J3	J4									
1	1A	1.10	0.15	1	0	1	2	-	-	-	-	-	2	-	-	1.25
2	2S+1Lo	1.80	-0.09	-1	-2	-1	0	-	-	-	-	-	0	-	-	1.71
3	ChSq1	3.00	0.00	0	0	-1	0	-	-	-	-	-	1	-	-	3.00
4	FSSpB	1.70	-0.17	0	-2	0	-1	-	-	-	-	-	-2	-	-	1.53
5	2T	1.30	-0.39	-3	-3	-2	-4	-	-	-	-	-	-3	-	-	0.91
6	2Lz	2.10	-1.05	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	1.05
7	2S+SEQ+1T*	1.04	-0.65	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.39
8	CCoSpB	1.70	0.00	0	-2	1	0	-	-	-	-	-	0	-	-	1.70
9	1A+1Lo	1.60	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.60
10	SSpB	1.10	0.00	0	0	0	0	-	-	-	-	-	-1	-	-	1.10

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
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\* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
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e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor															
Skating Skills	1.00		2.25	1.75	2.50	2.75	-	-	-	-	-	2.75	-	-		2.50
Transitions	0.75		2.00	2.00	2.75	2.25	-	-	-	-	-	2.75	-	-		1.75
Performance	1.00		2.00	2.00	2.00	2.00	-	-	-	-	-	2.25	-	-		2.00
Composition	0.50		1.75	1.75	2.25	2.25	-	-	-	-	-	2.50	-	-		1.04
Interpretation of the Music	0.75		1.75	1.50	2.00	2.00	-	-	-	-	-	2.00	-	-		1.44
																8.73

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
5	Mackenzie O Grady	Woodville FSC,ON	12.74	9.11	0.00	0.00	21.85

# Executed Element	Base							JREF							Score
	Value	GOE	J1	J2	J3	J4									
1 1A+SEQ+1A*	0.88	0.00	0	0	0	0	-	-	-	-	-	0	-	-	0.88
2 2S+1Lo	1.80	-0.26	-2	-3	-2	-2	-	-	-	-	-	0	-	-	1.54
3 2Lo	1.70	-0.85	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.85
4 FCSpB	1.60	-0.32	-1	-3	-1	-3	-	-	-	-	-	-2	-	-	1.28
5 2S	1.30	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.30
6 ChSq1	3.00	0.00	1	0	0	0	-	-	-	-	-	0	-	-	3.00
7 SSpB	1.10	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.10
8 2T<	0.98	-0.29	-3	-3	-4	-3	-	-	-	-	-	-3	-	-	0.69
9 CCoSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
10 2Lo+1T	2.10	0.00	0	0	0	-3	-	-	-	-	-	0	-	-	2.10

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		2.50	2.00	2.75	2.75	-	-	-	-	-	2.25	-	-	2.50
Transitions	0.75		2.25	1.75	2.75	2.50	-	-	-	-	-	2.00	-	-	1.69
Performance	1.00		2.50	1.75	2.50	2.50	-	-	-	-	-	1.75	-	-	2.25
Composition	0.50		2.00	2.00	2.50	2.25	-	-	-	-	-	1.75	-	-	1.04
Interpretation of the Music	0.75		2.25	2.25	2.25	2.00	-	-	-	-	-	1.75	-	-	1.63
															9.11

0.00



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Bronze Triathlon Women - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
6	Mackenzie More	Port Credit FSC,ON	13.08	8.61	0.00	0.20	21.49

# Executed Element	Base							JREF							Score
	Value	GOE	J1	J2	J3	J4									
1 1A	1.10	-0.55	-5	-5	-5	-5	-	-	-	-	-	-4	-	-	0.55
2 2S+1T	1.70	0.00	0	0	0	1	-	-	-	-	-	0	-	-	1.70
3 CoSpB	1.50	-0.25	-2	-3	-1	-2	-	-	-	-	-	2	-	-	1.25
4 ChSq1	3.00	0.00	0	1	0	-2	-	-	-	-	-	0	-	-	3.00
5 2F<	1.35	-0.59	-4	-4	-4	-5	-	-	-	-	-	-5	-	-	0.76
6 2S	1.30	-0.43	-2	-4	-3	-4	-	-	-	-	-	-3	-	-	0.87
7 FSSpB	1.70	-0.23	0	-2	-1	-1	-	-	-	-	-	-2	-	-	1.47
8 1A+1T	1.50	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.50
9 CCoSpB (V)	1.28	-0.30	-1	-3	-2	-4	-	-	-	-	-	-2	-	-	0.98
10 1Lo+1Lo	1.00	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.00

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump

\* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
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e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		2.00	1.75	2.25	2.00	-	-	-	-	-	2.50	-	-	2.08
Transitions	0.75		2.00	1.50	2.25	1.75	-	-	-	-	-	2.25	-	-	1.50
Performance	1.00		2.00	2.00	2.50	2.00	-	-	-	-	-	2.50	-	-	2.17
Composition	0.50		2.25	1.75	2.50	2.25	-	-	-	-	-	2.50	-	-	1.17
Interpretation of the Music	0.75		2.25	2.25	2.75	2.25	-	-	-	-	-	2.00	-	-	1.69
															8.61

1 Time Violation(s) factor (0.2) 0.20



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
7	Caitlyn Shelton	Ingersoll Skating, ON	11.80	9.45	0.00	0.00	21.25

#	Executed Element	Base							JREF	Score						
		Value	GOE	J1	J2	J3	J4									
1	CCoSpB (V)	1.28	-0.17	0	-2	-1	-2	-	-	-	-	-	-1	-	-	1.11
2	2T<+1T	1.38	-0.20	-2	-2	-2	-2	-	-	-	-	-	-2	-	-	1.18
3	2S<+1T	1.38	-0.20	0	-2	-2	-2	-	-	-	-	-	-2	-	-	1.18
4	ChSq1	3.00	0.00	0	0	0	-1	-	-	-	-	-	0	-	-	3.00
5	1F	0.50	0.00	0	0	0	0	-	-	-	-	-	1	-	-	0.50
6	2S<	0.98	-0.20	-2	-2	-2	-2	-	-	-	-	-	-2	-	-	0.78
7	1A+1Lo	1.60	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.60
8	FSSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
9	1A	1.10	0.00	0	0	0	-1	-	-	-	-	-	0	-	-	1.10
10	CUSpB	1.50	-0.15	0	-1	-2	-2	-	-	-	-	-	1	-	-	1.35

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump  
 \* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption  
 e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor	2.50	2.25	2.50	2.75	-	-	-	-	-	2.50	-	-	2.50
Skating Skills	1.00	2.50	2.25	2.50	2.75	-	-	-	-	-	2.50	-	-	2.50
Transitions	0.75	2.25	1.75	2.75	2.25	-	-	-	-	-	2.75	-	-	1.82
Performance	1.00	2.50	1.75	2.50	2.00	-	-	-	-	-	2.75	-	-	2.33
Composition	0.50	2.25	2.00	2.75	2.25	-	-	-	-	-	2.50	-	-	1.17
Interpretation of the Music	0.75	2.25	2.25	2.25	2.00	-	-	-	-	-	2.00	-	-	1.63

9.45

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
8	Chloe Stewart	Lindsay FSC,ON	11.86	9.34	0.00	0.00	21.20

#	Executed Element	Base							JREF					Score		
		Value	GOE	J1	J2	J3	J4									
1	SSpB	1.10	0.00	1	0	0	0	-	-	-	-	-	0	-	-	1.10
2	2S+1T	1.70	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.70
3	1A+1Lo	1.60	0.00	0	-1	0	0	-	-	-	-	-	0	-	-	1.60
4	FCSpB	1.60	-0.21	-1	-3	-1	-2	-	-	-	-	-	-1	-	-	1.39
5	2S	1.30	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.30
6	2F<<	0.50	-0.25	-5	-5	-5	-5	-	-	-	-	-	-4	-	-	0.25
7	ChSq1	3.00	0.00	0	0	0	1	-	-	-	-	-	0	-	-	3.00
8	1Lo+2Lo<<	1.00	-0.25	-5	-5	-5	-5	-	-	-	-	-	-3	-	-	0.75
9	1A	1.10	-0.33	-3	-3	-3	-3	-	-	-	-	-	-3	-	-	0.77
10	CCoSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
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 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor															
Skating Skills	1.00		2.50	1.75	3.00	3.00	-	-	-	-	-	-	2.50	-	-	2.67
Transitions	0.75		2.00	2.00	2.75	2.00	-	-	-	-	-	-	2.25	-	-	1.56
Performance	1.00		2.50	1.75	2.50	2.25	-	-	-	-	-	-	2.25	-	-	2.33
Composition	0.50		2.00	2.25	2.75	2.00	-	-	-	-	-	-	2.25	-	-	1.09
Interpretation of the Music	0.75		2.25	2.00	2.50	2.50	-	-	-	-	-	-	2.00	-	-	1.69
																9.34

0.00





# Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex

Bronze Triathlon Women - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
9	Shaelyn Kavanagh	Athens FSC, ON	11.26	9.78	0.00	0.00	21.04

#	Executed Element	Base							JREF							Score	
		Value	GOE	J1	J2	J3	J4										
1	1A	1.10	-0.04	0	0	-1	0	-	-	-	-	-	-	-1	-	-	1.06
2	2Lo	1.70	-0.85	-5	-5	-5	-5	-	-	-	-	-	-	-5	-	-	0.85
3	1A+1T	1.50	0.00	0	0	0	1	-	-	-	-	-	-	0	-	-	1.50
4	FCSpB	1.60	-0.11	0	-1	0	-2	-	-	-	-	-	-	-1	-	-	1.49
5	ChSq1	3.00	-1.67	-5	-5	0	0	-	-	-	-	-	-	-5	-	-	1.33
6	2S+1T	1.70	0.00	0	0	0	0	-	-	-	-	-	-	0	-	-	1.70
7	2Lo+REP	1.19	0.00	0	0	0	1	-	-	-	-	-	-	0	-	-	1.19
8	2S	1.30	-0.65	-5	-5	-5	-5	-	-	-	-	-	-	-5	-	-	0.65
9	CSSpB	1.60	-0.11	-1	-2	0	-1	-	-	-	-	-	-	1	-	-	1.49
10	CCoSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump  
 \* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption  
 e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor																
Skating Skills	1.00		2.00	2.75	2.75	2.75	-	-	-	-	-	2.75	-	-			2.75
Transitions	0.75		2.25	2.50	2.50	2.50	-	-	-	-	-	3.00	-	-			1.88
Performance	1.00		2.00	2.50	2.25	2.25	-	-	-	-	-	2.75	-	-			2.33
Composition	0.50		2.00	2.75	2.00	2.00	-	-	-	-	-	2.75	-	-			1.13
Interpretation of the Music	0.75		2.25	2.25	2.00	2.25	-	-	-	-	-	2.50	-	-			1.69
																	9.78

0.00



# Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex

Bronze Triathlon Women - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
10	Rachel Naylor	Woodville FSC,ON	12.39	7.31	0.00	0.20	19.50

#	Executed Element	Base						JREF						Score		
		Value	GOE	J1	J2	J3	J4									
1	FCSpB	1.60	0.16	1	0	1	1	-	-	-	-	-	2	-	-	1.76
2	1A+1A+SEQ	1.76	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.76
3	2Lo	1.70	-0.85	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.85
4	2S	1.30	-0.65	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.65
5	CCoSpB (V)	1.28	-0.30	-1	-3	-2	-3	-	-	-	-	-	-2	-	-	0.98
6	ChSq1	3.00	-0.50	-5	0	-1	0	-	-	-	-	-	-2	-	-	2.50
7	2Lo+1T	2.10	-0.11	0	0	-1	-1	-	-	-	-	-	-2	-	-	1.99
8	1F	0.50	0.00	0	0	0	0	-	-	-	-	-	-5	-	-	0.50
9	2S+REP	0.91	-0.65	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.26
10	SSpB	1.10	0.04	0	0	0	1	-	-	-	-	-	1	-	-	1.14
																12.39
x - credit for second half, base value multiplied by 1.1		* - invalid element, scored as zero						e - jump take-off (Flip/Lutz) with edge								
! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge		! - (Key Points Dance) incomplete						REP - repeated jump restriction								
< - underrotated jump		< - (Key Points Dance) interruption						S - (Pattern Dance Type Step Seq. ) separation								
<< - (singles & pairs) downgraded jump		<< - (Key Points Dance) interruption						V - spin requirement not met								

Program Component	Factor															
Skating Skills	1.00		2.00	1.75	1.75	2.25	-	-	-	-	-	2.25	-	-		2.00
Transitions	0.75		2.25	1.75	1.50	2.00	-	-	-	-	-	1.50	-	-		1.31
Performance	1.00		1.75	1.50	1.75	1.75	-	-	-	-	-	1.50	-	-		1.67
Composition	0.50		2.00	2.25	1.50	2.00	-	-	-	-	-	1.75	-	-		0.96
Interpretation of the Music	0.75		2.00	2.00	1.50	2.00	-	-	-	-	-	1.50	-	-		1.37
																7.31

Deductions																
Panel Cost/Prop Violation (1 of 5)			-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
1 Fall(s) factor (0.2)																0.20



# Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex

Bronze Triathlon Women - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
11	Claire Sanderson	Woodville FSC,ON	11.68	7.29	0.00	0.00	18.97

# Executed Element	Base							JREF							Score
	Value	GOE	J1	J2	J3	J4									
1 1A+1T	1.50	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.50
2 2S	1.30	-0.65	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.65
3 FCSpB	1.60	-0.05	0	0	0	-1	-	-	-	-	-	-2	-	-	1.55
4 ChSq1	3.00	0.00	0	0	0	-1	-	-	-	-	-	0	-	-	3.00
5 1A	1.10	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.10
6 1F+1Lo	1.00	0.00	0	0	0	-1	-	-	-	-	-	0	-	-	1.00
7 2S	1.30	-0.65	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.65
8 CCoSpB (V)	1.28	-0.22	-1	-2	0	-2	-	-	-	-	-	-2	-	-	1.06
9 2Lo<<	0.50	-0.25	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.25
10 SSpB	1.10	-0.18	-1	0	-2	-3	-	-	-	-	-	-2	-	-	0.92

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		2.00	1.75	2.00	1.75	-	-	-	-	-	2.25	-	-	1.92
Transitions	0.75		2.00	1.50	2.00	1.50	-	-	-	-	-	2.00	-	-	1.37
Performance	1.00		1.75	1.50	1.75	1.75	-	-	-	-	-	1.75	-	-	1.75
Composition	0.50		1.75	1.75	1.75	1.50	-	-	-	-	-	1.75	-	-	0.88
Interpretation of the Music	0.75		2.00	1.75	1.50	1.75	-	-	-	-	-	2.25	-	-	1.37

0.00



# Nepean Winter Skate 2019

January 25 to January 27, 2019

Nepean Sportsplex

Bronze Triathlon Women - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
12	Gabriella Lee	Thunder Bay FSC, ON	9.66	6.92	0.00	0.00	16.58

#	Executed Element	Base						JREF						Score		
		Value	GOE	J1	J2	J3	J4									
1	2S	1.30	-0.65	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.65
2	FCSpB	1.60	-0.16	0	-1	-1	-1	-	-	-	-	-	-2	-	-	1.44
3	1A+1Lo	1.60	0.00	0	0	0	0	-	-	-	-	-	0	-	-	1.60
4	1Lz	0.60	-0.08	-1	-1	-1	-2	-	-	-	-	-	-2	-	-	0.52
5	2Lo<<	0.50	-0.20	-4	-4	-4	-5	-	-	-	-	-	-3	-	-	0.30
6	CCoSpB (V)	1.28	-0.42	-2	-3	-4	-3	-	-	-	-	-	-4	-	-	0.86
7	2S<+REP	0.69	-0.49	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.20
8	ChSq1	3.00	-1.00	-2	-1	-2	-2	-	-	-	-	-	-2	-	-	2.00
9	1A	1.10	-0.04	0	-1	0	-1	-	-	-	-	-	0	-	-	1.06
10	SSpB	1.10	-0.07	-1	-1	0	-2	-	-	-	-	-	0	-	-	1.03
		9.66														
x - credit for second half, base value multiplied by 1.1		* - invalid element, scored as zero						e - jump take-off (Flip/Lutz) with edge								
! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge		! - (Key Points Dance) incomplete						REP - repeated jump restriction								
< - underrotated jump		< - (Key Points Dance) interruption						S - (Pattern Dance Type Step Seq. ) separation								
<< - (singles & pairs) downgraded jump		<< - (Key Points Dance) interruption						V - spin requirement not met								

Program Component	Factor															
Skating Skills	1.00		1.75	1.75	2.00	2.25	-	-	-	-	-	-	1.75	-	-	1.83
Transitions	0.75		1.50	2.00	1.75	2.00	-	-	-	-	-	-	1.50	-	-	1.31
Performance	1.00		1.50	1.75	1.75	2.00	-	-	-	-	-	-	1.25	-	-	1.67
Composition	0.50		1.75	2.00	1.75	2.25	-	-	-	-	-	-	1.50	-	-	0.92
Interpretation of the Music	0.75		1.75	1.50	1.50	1.75	-	-	-	-	-	-	1.50	-	-	1.19
		6.92														
		0.00														