



# Skate Ontario Provincial Championships 2019

March 7, 2019 to March 10, 2019

Paramount Fine Foods Centre  
Senior Women - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Katherine Medland Spence	Nepean SC, Inc., ON	43.48	39.33	0.00	1.00	81.81

#	Executed Element	Base						JREF	Score
		Value	GOE	J1	J2	J3	J4		
1	3Lo	4.90	-2.45	-5	-5	-5	-5	-5	2.45
2	3S	4.30	0.86	1	2	2	2	2	5.16
3	3T	4.20	-1.26	-3	-2	-3	-3	-3	2.94
4	FSSp4	3.00	0.00	1	0	0	0	0	3.00
5	2A+3T<<	4.60	-1.65	-5	-5	-5	-5	-5	2.95
6	FCCoSp2	2.50	0.08	1	0	0	0	1	2.58
7	2F	x 1.98	0.24	2	1	1	0	2	2.22
8	StSq3	3.30	0.44	2	0	1	2	1	3.74
9	3Lo+1T	x 5.83	0.33	2	1	1	0	0	6.16
10	ChSq1	3.00	1.00	2	1	2	2	2	4.00
11	2A+2T	x 5.06	0.22	1	0	1	1	0	5.28
12	CCoSp3	3.00	0.00	3	1	-2	0	-1	3.00

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump  
 \* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
 << - (Key Points Dance) interruption  
 e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor	5.00	4.75	5.00	5.25	-	-	-	-	-	5.25	-	-	8.13
Skating Skills	1.60	5.00	4.75	5.00	5.25	-	-	-	-	-	5.25	-	-	8.13
Transitions	1.60	4.75	4.50	5.25	4.75	-	-	-	-	-	5.50	-	-	7.87
Performance	1.60	4.75	4.50	5.00	5.00	-	-	-	-	-	4.75	-	-	7.73
Composition	1.60	5.00	4.75	5.00	5.00	-	-	-	-	-	5.50	-	-	8.00
Interpretation of the Music	1.60	4.75	4.50	5.25	4.50	-	-	-	-	-	5.00	-	-	7.60
														39.33

1 Fall(s) 1.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	Laura Dawson	Milton SC,ON	38.96	31.07	0.00	1.00	69.03

#	Executed Element	Base							JREF					Score		
		Value	GOE	J1	J2	J3	J4									
1	2A	3.30	0.00	0	1	0	0	-	-	-	-	-	0	-	-	3.30
2	3Lo<	3.68	-1.84	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	1.84
3	2A	3.30	0.22	0	1	0	1	-	-	-	-	-	1	-	-	3.52
4	FCCoSp4	3.50	0.35	1	1	1	2	-	-	-	-	-	1	-	-	3.85
5	StSq2	2.60	-0.17	-2	-1	0	0	-	-	-	-	-	-1	-	-	2.43
6	2Lz+2T	3.40	0.07	1	0	1	0	-	-	-	-	-	0	-	-	3.47
7	ChSq1	3.00	0.33	1	0	1	1	-	-	-	-	-	0	-	-	3.33
8	2F	x	1.98	-0.24	-2	-2	-1	-1	-	-	-	-	-1	-	-	1.74
9	CCoSp3		3.00	-0.10	0	0	0	-1	-	-	-	-	-2	-	-	2.90
10	2F+2Lo+2T	x	5.28	-0.18	-1	-1	0	-1	-	-	-	-	-1	-	-	5.10
11	2Lz+2Lo	x	4.18	0.00	0	-1	1	0	-	-	-	-	0	-	-	4.18
12	FSSp4		3.00	0.30	0	1	2	2	-	-	-	-	0	-	-	3.30

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge      ! - (Key Points Dance) incomplete      REP - repeated jump restriction  
 < - underrotated jump      < - (Key Points Dance) interruption      S - (Pattern Dance Type Step Seq. ) separation  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met

Program Component	Factor															
Skating Skills	1.60		3.75	4.00	4.50	4.50	-	-	-	-	-	3.75	-	-		6.53
Transitions	1.60		3.50	4.00	4.50	4.25	-	-	-	-	-	3.25	-	-		6.27
Performance	1.60		3.75	3.75	4.25	4.00	-	-	-	-	-	3.25	-	-		6.13
Composition	1.60		3.75	3.75	4.25	4.25	-	-	-	-	-	3.50	-	-		6.27
Interpretation of the Music	1.60		3.75	3.75	4.00	3.50	-	-	-	-	-	3.00	-	-		5.87
																31.07

1 Fall(s) 1.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Kylie Tait	Toronto CS & CC,ON	29.44	31.07	0.00	0.00	60.51

#	Executed Element	Base							JREF				Score			
		Value	GOE	J1	J2	J3	J4									
1	2A	3.30	-0.22	0	-1	0	-1	-	-	-	-	-	-1	-	-	3.08
2	2Lz+2Lo	3.80	-0.84	-3	-4	-5	-3	-	-	-	-	-	-5	-	-	2.96
3	2F+2T+2Lo<	4.38	-0.90	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	3.48
4	FSSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
5	ChSq1	3.00	-0.50	-2	-2	0	-1	-	-	-	-	-	1	-	-	2.50
6	2S+2T	2.60	0.00	0	0	1	0	-	-	-	-	-	0	-	-	2.60
7	2F	1.98	0.12	0	1	1	0	-	-	-	-	-	1	-	-	2.10
8	LSp4	2.70	0.18	1	0	1	1	-	-	-	-	-	0	-	-	2.88
9	2S	1.43	0.04	1	0	1	0	-	-	-	-	-	0	-	-	1.47
10	StSq2	2.60	-0.09	-1	0	0	0	-	-	-	-	-	-1	-	-	2.51
11	2Lz	2.31	-0.07	1	-1	-1	0	-	-	-	-	-	0	-	-	2.24
12	CCoSp4	3.50	0.12	0	0	1	1	-	-	-	-	-	-1	-	-	3.62

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
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Program Component	Factor															
Skating Skills	1.60		3.75	3.50	4.00	4.25	-	-	-	-	-	-	4.25	-	-	6.40
Transitions	1.60		3.50	3.50	4.25	4.00	-	-	-	-	-	-	4.50	-	-	6.27
Performance	1.60		3.75	3.50	3.75	3.50	-	-	-	-	-	-	3.75	-	-	5.87
Composition	1.60		3.75	3.75	4.00	4.25	-	-	-	-	-	-	4.50	-	-	6.40
Interpretation of the Music	1.60		3.50	3.00	4.00	4.00	-	-	-	-	-	-	4.00	-	-	6.13

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Kaitlyn Sims	Richmond Training, ON	25.70	30.41	0.00	2.00	54.11

#	Executed Element	Base							JREF					Score		
		Value	GOE	J1	J2	J3	J4									
1	2A<	2.48	-1.24	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	1.24
2	3T<<	1.30	-0.65	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.65
3	3S<<	1.30	-0.65	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.65
4	StSq3	3.30	0.44	1	1	1	2	-	-	-	-	-	2	-	-	3.74
5	CCoSp4	3.50	0.35	1	1	0	1	-	-	-	-	-	1	-	-	3.85
6	1Lo	0.50	-0.02	0	-1	0	0	-	-	-	-	-	-1	-	-	0.48
7	2Lz<	x	1.74	-0.79	-5	-5	-5	-	-	-	-	-	-5	-	-	0.95
8	2A	x	3.63	-1.65	-5	-5	-5	-	-	-	-	-	-5	-	-	1.98
9	FSSp4		3.00	0.00	0	1	-1	0	-	-	-	-	0	-	-	3.00
10	ChSq1		3.00	0.67	2	-1	1	2	-	-	-	-	1	-	-	3.67
11	2Lz+2T<	x	3.39	-1.05	-5	-5	-4	-5	-	-	-	-	-5	-	-	2.34
12	FCCoSp4		3.50	-0.35	0	-1	-1	-1	-	-	-	-	-1	-	-	3.15

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Program Component	Factor															
Skating Skills	1.60		4.25	3.75	3.75	4.00	-	-	-	-	-	4.00	-	-		6.27
Transitions	1.60		4.00	3.25	4.00	3.75	-	-	-	-	-	4.25	-	-		6.27
Performance	1.60		3.75	3.25	3.50	3.25	-	-	-	-	-	3.50	-	-		5.47
Composition	1.60		4.25	3.50	4.00	4.00	-	-	-	-	-	4.00	-	-		6.40
Interpretation of the Music	1.60		4.25	3.25	3.75	3.75	-	-	-	-	-	3.75	-	-		6.00
																30.41

2 Fall(s) 2.00