



Skate Ontario Provincial Championships 2019

March 7, 2019 to March 10, 2019

Paramount Fine Foods Centre
 STAR 5 Men (O13) - Free Program

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Alfred Lau	Newmarket FSC,ON	10.38	8.00	0.00	0.00	18.38

#	Executed Element	Base										Score			
		Value	GOE	J1	J2	J3	J4	J5							
1	1A+1T	1.50	0.11	1	1	1	1	1	-	-	-	-	-	-	1.61
2	2S	1.30	0.04	1	0	0	0	1	-	-	-	-	-	-	1.34
3	FCSpB	1.60	0.00	0	0	0	0	-1	-	-	-	-	-	-	1.60
4	1Lz+1Lo	1.10	0.02	0	1	0	1	0	-	-	-	-	-	-	1.12
5	SpSqB	1.50	0.25	2	2	1	2	1	-	-	-	-	-	-	1.75
6	2F(e)	1.35	-0.68	-5	-5	-5	-5	-5	-	-	-	-	-	-	0.67
7	1A	1.10	0.04	1	0	0	1	0	-	-	-	-	-	-	1.14
8	CCoSpB (V)	1.28	-0.13	-1	0	-2	-2	0	-	-	-	-	-	-	1.15
10.38															

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		2.25	2.00	2.00	2.75	2.50	-	-	-	-	-	-	-	2.25
Transitions	0.75		2.50	1.75	2.00	2.50	2.75	-	-	-	-	-	-	-	1.75
Performance	1.00		2.00	1.50	2.25	2.50	2.50	-	-	-	-	-	-	-	2.25
Composition	0.00		-	-	-	-	-	-	-	-	-	-	-	-	0.00
Interpretation of the Music	0.75		2.75	1.75	1.50	2.50	2.75	-	-	-	-	-	-	-	1.75
8.00															

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	William Nesbitt	Minto SC,ON	9.27	8.22	0.00	0.00	17.49

#	Executed Element	Base										Score			
		Value	GOE	J1	J2	J3	J4	J5							
1	1Lz+1Lo	1.10	0.04	0	0	1	1	1	-	-	-	-	-	-	1.14
2	1A+1Lo	1.60	0.00	0	0	0	0	0	-	-	-	-	-	-	1.60
3	CCoSpB (V)	1.28	0.00	1	1	-2	-2	1	-	-	-	-	-	-	1.28
4	2S	1.30	0.00	1	0	-2	0	0	-	-	-	-	-	-	1.30
5	SpSqB	1.50	-0.05	-1	0	0	0	-2	-	-	-	-	-	-	1.45
6	2F<<	0.50	-0.20	-4	-5	-4	-3	-4	-	-	-	-	-	-	0.30
7	1A	1.10	0.00	0	0	0	0	0	-	-	-	-	-	-	1.10
8	SSpB	1.10	0.00	0	0	0	-1	1	-	-	-	-	-	-	1.10
9.27															

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Program Component	Factor														
Skating Skills	1.00		2.25	1.75	1.75	2.50	3.00	-	-	-	-	-	-	-	2.17
Transitions	0.75		2.75	1.75	2.00	3.00	3.50	-	-	-	-	-	-	-	1.94
Performance	1.00		2.50	1.75	2.25	2.50	3.00	-	-	-	-	-	-	-	2.42
Composition	0.00		-	-	-	-	-	-	-	-	-	-	-	-	0.00
Interpretation of the Music	0.75		2.25	1.75	2.00	2.50	3.00	-	-	-	-	-	-	-	1.69
8.22															
0.00															



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Aidan O'Connor	Rideau SC,ON	9.35	6.30	0.00	0.00	15.65

#	Executed Element	Base											Score		
		Value	GOE	J1	J2	J3	J4	J5							
1	CCoSpB (V)	1.28	-0.09	-1	0	-1	-3	0	-	-	-	-	-	-	1.19
2	1A	1.10	0.00	1	0	0	0	-1	-	-	-	-	-	-	1.10
3	1Lz+1Lo	1.10	0.00	0	0	0	0	0	-	-	-	-	-	-	1.10
4	2T	1.30	-0.65	-5	-5	-5	-5	-5	-	-	-	-	-	-	0.65
5	SpSqB	1.50	0.05	0	1	0	1	-2	-	-	-	-	-	-	1.55
6	2S	1.30	-0.35	-3	-3	-4	-2	-2	-	-	-	-	-	-	0.95
7	1A+1Lo	1.60	-0.11	-1	-1	-2	-1	-1	-	-	-	-	-	-	1.49
8	SSpB	1.10	0.22	2	2	1	2	2	-	-	-	-	-	-	1.32
													9.35		

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Program Component	Factor														
Skating Skills	1.00		1.75	1.50	1.50	2.25	2.00	-	-	-	-	-	-	-	1.75
Transitions	0.75		2.25	1.50	1.50	2.00	2.25	-	-	-	-	-	-	-	1.44
Performance	1.00		1.75	1.25	1.25	2.00	2.25	-	-	-	-	-	-	-	1.67
Composition	0.00		-	-	-	-	-	-	-	-	-	-	-	-	0.00
Interpretation of the Music	0.75		1.75	1.25	2.00	2.00	2.75	-	-	-	-	-	-	-	1.44
													6.30		

0.00



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4	Christopher Wong	Streetsville Mead, ON	8.47	5.48	0.00	0.00	13.95

#	Executed Element	Base										Score			
		Value	GOE	J1	J2	J3	J4	J5							
1	1Lz+1Lo	1.10	0.00	0	1	0	0	0	-	-	-	-	-	-	1.10
2	1A+1T	1.50	-0.18	-1	-2	-2	0	-3	-	-	-	-	-	-	1.32
3	CCoSpB	1.70	-0.11	-1	0	-2	-1	0	-	-	-	-	-	-	1.59
4	2S	1.30	-0.65	-5	-5	-5	-5	-5	-	-	-	-	-	-	0.65
5	2Lo	1.70	-0.85	-5	-5	-5	-5	-5	-	-	-	-	-	-	0.85
6	SpSqB	1.50	-0.15	-1	0	-1	-2	-1	-	-	-	-	-	-	1.35
7	1A	1.10	-0.37	-3	-5	-4	-3	-3	-	-	-	-	-	-	0.73
8	SSpB	1.10	-0.22	-1	-3	-3	-2	0	-	-	-	-	-	-	0.88
8.47															

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Program Component	Factor														
Skating Skills	1.00		1.50	1.50	1.50	2.25	2.50	-	-	-	-	-	-	-	1.75
Transitions	0.75		1.75	1.25	1.75	1.75	2.50	-	-	-	-	-	-	-	1.31
Performance	1.00		1.25	1.00	1.25	1.75	1.75	-	-	-	-	-	-	-	1.42
Composition	0.00		-	-	-	-	-	-	-	-	-	-	-	-	0.00
Interpretation of the Music	0.75		1.25	1.25	1.25	1.50	1.75	-	-	-	-	-	-	-	1.00
5.48															

0.00



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5	Sean Cliff	Dundas FSC,ON	5.36	5.81	0.00	0.00	11.17

#	Executed Element	Base										Score			
		Value	GOE	J1	J2	J3	J4	J5							
1	1F+1T	0.90	0.02	1	1	0	0	0	-	-	-	-	-	-	0.92
2	SSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	0.00
3	1A	1.10	-0.04	0	0	-2	0	-1	-	-	-	-	-	-	1.06
4	SpSqB	1.50	-0.10	0	0	-1	-1	-2	-	-	-	-	-	-	1.40
5	CoSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	0.00
6	1Lz	0.60	-0.14	0	-2	-3	-2	-4	-	-	-	-	-	-	0.46
7	1Lo+1Lo	1.00	0.00	1	0	0	0	-1	-	-	-	-	-	-	1.00
8	1F	0.50	0.02	1	1	0	0	-1	-	-	-	-	-	-	0.52
												5.36			

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Program Component	Factor														
Skating Skills	1.00		1.75	1.25	1.25	2.00	1.75	-	-	-	-	-	-	-	1.58
Transitions	0.75		2.00	1.75	1.00	1.75	2.25	-	-	-	-	-	-	-	1.37
Performance	1.00		2.00	1.50	1.25	1.50	2.00	-	-	-	-	-	-	-	1.67
Composition	0.00		-	-	-	-	-	-	-	-	-	-	-	-	0.00
Interpretation of the Music	0.75		1.25	1.75	1.00	1.75	1.75	-	-	-	-	-	-	-	1.19
												5.81			

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
6	Sam Bard	Waterford Tricent, ON	5.87	4.25	0.00	0.00	10.12

#	Executed Element	Base											Score		
		Value	GOE	J1	J2	J3	J4	J5							
1	1Lz(e)	0.45	-0.17	-4	-4	-3	-4	-3	-	-	-	-	-	-	0.28
2	1A+1T	1.50	-0.04	0	0	-2	-1	0	-	-	-	-	-	-	1.46
3	1Lo+1Lo	1.00	0.00	0	0	0	0	0	-	-	-	-	-	-	1.00
4	2F<	1.35	-0.68	-5	-5	-5	-5	-5	-	-	-	-	-	-	0.67
5	CCoSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	0.00
6	SpSqB	1.50	-0.10	-1	0	0	-1	-3	-	-	-	-	-	-	1.40
7	1A	1.10	-0.04	0	0	-2	-1	0	-	-	-	-	-	-	1.06
8	FCSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	0.00

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Program Component	Factor	1.50	1.25	1.00	1.50	1.00	-	-	-	-	-	-	-	-	Score
Skating Skills	1.00														1.25
Transitions	0.75														0.94
Performance	1.00														1.25
Composition	0.00														0.00
Interpretation of the Music	0.75														0.81
															4.25

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
7	Arnie Lalone	Norwich & Dist FS,ON	4.05	6.02	0.00	0.00	10.07

#	Executed Element	Base											Score		
		Value	GOE	J1	J2	J3	J4	J5							
1	SSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	0.00
2	1A+1T<<	1.10	-0.33	-4	-3	-2	-3	-3	-	-	-	-	-	-	0.77
3	1Lz	0.60	0.00	0	1	0	0	0	-	-	-	-	-	-	0.60
4	1Lo+1Lo	1.00	0.05	1	1	2	1	1	-	-	-	-	-	-	1.05
5	SpSq	0.00	-	-	-	-	-	-	-	-	-	-	-	-	0.00
6	CCoSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	0.00
7	1F	0.50	0.03	1	1	1	0	0	-	-	-	-	-	-	0.53
8	1A	1.10	0.00	1	0	0	0	0	-	-	-	-	-	-	1.10
													4.05		

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Program Component	Factor														
Skating Skills	1.00		1.75	1.75	1.50	2.00	2.00	-	-	-	-	-	-	-	1.83
Transitions	0.75		2.25	1.25	1.50	2.25	1.75	-	-	-	-	-	-	-	1.37
Performance	1.00		2.00	1.00	1.50	2.00	1.75	-	-	-	-	-	-	-	1.75
Composition	0.00		-	-	-	-	-	-	-	-	-	-	-	-	0.00
Interpretation of the Music	0.75		1.50	1.00	1.25	1.75	1.50	-	-	-	-	-	-	-	1.07
													6.02		
													0.00		