



# Skate Ontario Adult Championships 2019

March 30, 2019 to March 31, 2019

Vale Health and Wellness Centre  
Silver Women (I) - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Rachelle O Donnell	Richmond Training,	10.55	8.85	0.00	0.00	19.40

# Executed Element	Base						JREF										Score
	Value	GOE	J1	J2	J3												
1 1A+1T	1.50	-0.14	0	-2	0	-	-	-	-	-	-	-	-	-3	-	-	1.36
2 1F+1Lo	1.00	0.00	0	0	0	-	-	-	-	-	-	-	-	0	-	-	1.00
3 1Lo+1T	0.90	0.00	0	0	0	-	-	-	-	-	-	-	-	0	-	-	0.90
4 CCoSpB (V)	1.28	-0.07	1	-1	-1	-	-	-	-	-	-	-	-	-1	-	-	1.21
5 1A	1.10	-0.14	-1	-1	0	-	-	-	-	-	-	-	-	-3	-	-	0.96
6 FCSpB	1.60	-0.24	-2	-2	-1	-	-	-	-	-	-	-	-	-1	-	-	1.36
7 ChSq1	3.00	0.25	0	0	1	-	-	-	-	-	-	-	-	1	-	-	3.25
8 1F	0.50	0.01	1	0	0	-	-	-	-	-	-	-	-	0	-	-	0.51
9 SSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
10.55																	

x - credit for second half, base value multiplied by 1.1  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge  
 < - underrotated jump  
 << - (singles & pairs) downgraded jump

\* - invalid element, scored as zero  
 ! - (Key Points Dance) incomplete  
 < - (Key Points Dance) interruption  
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e - jump take-off (Flip/Lutz) with edge  
 REP - repeated jump restriction  
 S - (Pattern Dance Type Step Seq. ) separation  
 V - spin requirement not met

Program Component	Factor																
Skating Skills	1.00		2.75	2.25	3.00	-	-	-	-	-	-	-	2.25	-	-	2.56	
Transitions	0.75		2.00	2.25	2.00	-	-	-	-	-	-	-	1.75	-	-	1.50	
Performance	1.00		2.00	2.00	2.25	-	-	-	-	-	-	-	2.00	-	-	2.06	
Composition	0.50		2.25	2.50	2.75	-	-	-	-	-	-	-	1.50	-	-	1.13	
Interpretation of the Music	0.75		2.25	2.00	2.50	-	-	-	-	-	-	-	1.75	-	-	1.60	
8.85																	

0.00



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2	Angela Ladouceur	Orono FSC, ON	8.40	8.05	0.00	0.00	16.45

#	Executed Element	Base					JREF	Score
		Value	GOE	J1	J2	J3		
1	1S<+1T	0.70	0.01	0	0	1	-	0.71
2	CSp	-	-	-	-	-	-	0.00
3	ChSq1	3.00	-0.75	-1	-2	-1	-	2.25
4	1Lz+1Lo	1.10	-0.14	-2	-2	-2	-	0.96
5	LSpB	1.20	0.00	0	0	0	-	1.20
6	1Lz	0.60	-0.02	0	0	-1	-	0.58
7	1F+1Lo	1.00	0.01	1	0	0	-	1.01
8	1F	0.50	0.01	1	0	0	-	0.51
9	SSpB	1.10	0.08	2	0	1	-	1.18
								8.40

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Program Component	Factor	2.25	1.75	2.25	-	-	-	-	-	-	2.00	-	-	2.06
Skating Skills	1.00													
Transitions	0.75										2.25			1.60
Performance	1.00										2.00			2.06
Composition	0.50										2.25			0.97
Interpretation of the Music	0.75										1.75			1.36
														8.05

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Carly Brox	Crystal Ridge SC,ON	8.48	7.09	0.00	0.00	15.57

#	Executed Element	Base					JREF	Score
		Value	GOE	J1	J2	J3		
1	1Lz+1Lo	1.10	-0.03	0	0	-1	-	1.07
2	1Lo	0.50	0.03	1	0	1	-	0.53
3	1F+1T	0.90	-0.01	0	0	0	-	0.89
4	FCUSpB (V)	1.13	-0.29	-3	-2	-2	-	0.84
5	1F	0.50	0.00	0	0	0	-	0.50
6	ChSq1	3.00	-0.38	-1	0	-1	-	2.62
7	1Lz	0.60	-0.03	0	-1	0	-	0.57
8	CoSpB	1.50	-0.04	1	0	0	-	1.46
9	SSpB	-	-	-	-	-	-	0.00
								8.48

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Program Component	Factor	2.00	2.25	1.75	-	-	-	-	-	-	2.00	-	-	2.00
Skating Skills	1.00													
Transitions	0.75	1.50	1.75	1.25	-	-	-	-	-	-	1.50	-	-	1.13
Performance	1.00	1.75	2.00	1.75	-	-	-	-	-	-	2.00	-	-	1.88
Composition	0.50	2.00	2.00	1.50	-	-	-	-	-	-	1.75	-	-	0.91
Interpretation of the Music	0.75	1.25	1.75	1.50	-	-	-	-	-	-	1.75	-	-	1.17
														7.09

0.00



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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Samantha Ezeard	Skate Oakville, ON	6.89	6.46	0.00	0.00	13.35

#	Executed Element	Base					JREF					Score			
		Value	GOE	J1	J2	J3									
1	1S+1T	0.80	0.01	1	0	0	-	-	-	-	-	0	-	-	0.81
2	1Lz(e)	0.45	-0.14	-3	-3	-3	-	-	-	-	-	-3	-	-	0.31
3	1S<	0.30	0.02	0	1	1	-	-	-	-	-	0	-	-	0.32
4	1SpB	1.20	-0.18	1	-3	-2	-	-	-	-	-	-2	-	-	1.02
5	1F+1Lo	1.00	0.00	1	-1	0	-	-	-	-	-	0	-	-	1.00
6	ChSq1	3.00	-0.38	0	-2	0	-	-	-	-	-	-1	-	-	2.62
7	CCoSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	0.00
8	1Lz(e)+1Lo	0.95	-0.14	-3	-3	-3	-	-	-	-	-	-2	-	-	0.81
9	SSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	0.00
		6.89													

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Program Component	Factor														
Skating Skills	1.00		2.00	2.00	1.50	-	-	-	-	-	-	1.75	-	-	1.81
Transitions	0.75		2.00	1.50	1.50	-	-	-	-	-	-	1.50	-	-	1.22
Performance	1.00		1.75	1.50	1.25	-	-	-	-	-	-	1.50	-	-	1.50
Composition	0.50		2.00	2.00	1.50	-	-	-	-	-	-	1.25	-	-	0.85
Interpretation of the Music	0.75		1.50	1.50	1.25	-	-	-	-	-	-	1.50	-	-	1.08
		6.46													

0.00