



Skate Ontario Adult Championships 2019

March 30, 2019 to March 31, 2019

Vale Health and Wellness Centre

Masters Women (YA) - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	Carolyn Hall	Carleton Universi,ON	17.74	10.19	0.00	0.00	27.93

# Executed Element	Base							JREF							Score
	Value	GOE	J1	J2	J3	J4									
1 1A	1.10	0.11	1	1	1	1	-	-	-	-	-	1	-	-	1.21
2 2S+2Lo<+1Lo	3.08	-0.35	-2	-3	-2	-3	-	-	-	-	-	-3	-	-	2.73
3 LSp3	2.40	0.48	2	2	2	2	-	-	-	-	-	1	-	-	2.88
4 2F+1T<<	1.80	-0.66	-1	-4	-4	-3	-	-	-	-	-	-4	-	-	1.14
5 2Lo+1T	2.10	0.00	0	0	0	-1	-	-	-	-	-	0	-	-	2.10
6 FCCoSp3	3.00	0.10	2	-1	2	-1	-	-	-	-	-	0	-	-	3.10
7 StSqB	1.50	-0.05	1	-1	-2	1	-	-	-	-	-	-1	-	-	1.45
8 1F	0.50	-0.23	-5	-4	-5	-4	-	-	-	-	-	-5	-	-	0.27
9 2S	1.30	-0.04	0	-1	0	0	-	-	-	-	-	-1	-	-	1.26
10 FCSpB	1.60	0.00	0	-1	1	1	-	-	-	-	-	-1	-	-	1.60

x - credit for second half, base value multiplied by 1.1
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge
 < - underrotated jump
 << - (singles & pairs) downgraded jump
 * - invalid element, scored as zero
 ! - (Key Points Dance) incomplete
 < - (Key Points Dance) interruption
 << - (Key Points Dance) interruption
 e - jump take-off (Flip/Lutz) with edge
 REP - repeated jump restriction
 S - (Pattern Dance Type Step Seq.) separation
 V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		3.00	2.50	3.25	3.50	-	-	-	-	-	2.00	-	-	2.92
Transitions	0.75		2.25	2.25	2.50	3.00	-	-	-	-	-	2.25	-	-	1.75
Performance	1.00		2.50	2.00	3.25	3.50	-	-	-	-	-	1.50	-	-	2.58
Composition	0.50		2.50	2.25	2.75	3.25	-	-	-	-	-	1.75	-	-	1.25
Interpretation of the Music	0.75		2.25	1.50	3.00	3.25	-	-	-	-	-	1.50	-	-	1.69

10.19

0.00



Skate Ontario Adult Championships 2019

March 30, 2019 to March 31, 2019

Vale Health and Wellness Centre

Masters Women (YA) - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
2	Amanda Cousineau	Glen Cairn SC,ON	14.53	8.22	0.00	0.00	22.75

#	Executed Element	Base							JREF	Score				
		Value	GOE	J1	J2	J3	J4							
1	2S+1A+SEQ	1.92	0.04	0	1	0	1	-	-	-	0	-	-	1.96
2	2Lo+1T<<+1T	2.10	-0.68	-2	-4	-4	-4	-	-	-	-4	-	-	1.42
3	CCoSpB (V)	1.28	-0.09	0	-1	-1	-2	-	-	-	0	-	-	1.19
4	2F+1Lo	2.30	-0.54	-3	-3	-3	-3	-	-	-	-4	-	-	1.76
5	StSqB	1.50	-0.20	-2	-1	0	-1	-	-	-	-2	-	-	1.30
6	1A	1.10	0.00	0	0	0	0	-	-	-	-1	-	-	1.10
7	2S	1.30	0.00	0	1	0	0	-	-	-	0	-	-	1.30
8	FCSpB	1.60	-0.37	-3	-2	-2	-2	-	-	-	-3	-	-	1.23
9	2F	1.80	0.00	0	0	0	0	-	-	-	0	-	-	1.80
10	SSp1	1.30	0.17	2	2	0	2	-	-	-	0	-	-	1.47
													14.53	
x - credit for second half, base value multiplied by 1.1		* - invalid element, scored as zero		e - jump take-off (Flip/Lutz) with edge										
! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge		! - (Key Points Dance) incomplete			REP - repeated jump restriction									
< - underrotated jump		< - (Key Points Dance) interruption			S - (Pattern Dance Type Step Seq.) separation									
<< - (singles & pairs) downgraded jump		<< - (Key Points Dance) interruption			V - spin requirement not met									

Program Component	Factor	2.50	2.25	2.00	2.00	-	-	-	-	-	2.00	-	-	2.08
Skating Skills	1.00	2.50	2.25	2.00	2.00	-	-	-	-	-	2.00	-	-	2.08
Transitions	0.75	1.75	1.75	2.25	2.50	-	-	-	-	-	1.50	-	-	1.44
Performance	1.00	2.00	2.00	2.50	2.75	-	-	-	-	-	1.75	-	-	2.17
Composition	0.50	1.75	2.25	2.25	2.50	-	-	-	-	-	2.00	-	-	1.09
Interpretation of the Music	0.75	2.00	2.00	2.00	1.75	-	-	-	-	-	1.75	-	-	1.44
													8.22	

0.00



Skate Ontario Adult Championships 2019

March 30, 2019 to March 31, 2019

Vale Health and Wellness Centre

Masters Women (YA) - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Sarah Hancharyk	Chelmsford FSC,ON	13.58	8.44	0.00	0.00	22.02

# Executed Element	Base							JREF							Score	
	Value	GOE	J1	J2	J3	J4										
1 1A	1.10	0.00	0	1	0	0	-	-	-	-	-	-	-1	-	-	1.10
2 2S+1T	1.70	-0.04	0	0	-1	-2	-	-	-	-	-	-	0	-	-	1.66
3 2F+1T	2.20	0.00	0	0	0	-1	-	-	-	-	-	-	0	-	-	2.20
4 SSpB	1.10	0.11	1	1	1	2	-	-	-	-	-	-	0	-	-	1.21
5 2Lz(e)	1.58	-0.52	-4	-3	-3	-3	-	-	-	-	-	-	-4	-	-	1.06
6 StSqB	1.50	-0.15	-1	-1	0	-1	-	-	-	-	-	-	-2	-	-	1.35
7 FCSp1	1.90	-0.19	-1	-1	-1	0	-	-	-	-	-	-	-2	-	-	1.71
8 1F	0.50	-0.15	-2	-3	-2	-4	-	-	-	-	-	-	-4	-	-	0.35
9 2Lo	1.70	0.00	0	1	0	0	-	-	-	-	-	-	-1	-	-	1.70
10 CCoSpB (V)	1.28	-0.04	-1	1	0	0	-	-	-	-	-	-	-1	-	-	1.24

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

Program Component	Factor															
Skating Skills	1.00		2.25	2.75	3.00	2.00	-	-	-	-	-	-	1.75	-	-	2.33
Transitions	0.75		2.00	2.50	2.75	2.25	-	-	-	-	-	-	2.00	-	-	1.69
Performance	1.00		2.25	2.00	2.75	2.00	-	-	-	-	-	-	1.75	-	-	2.08
Composition	0.50		2.25	2.00	2.50	2.25	-	-	-	-	-	-	1.75	-	-	1.09
Interpretation of the Music	0.75		1.75	1.50	2.25	1.75	-	-	-	-	-	-	1.50	-	-	1.25
																8.44

0.00



Skate Ontario Adult Championships 2019

March 30, 2019 to March 31, 2019

Vale Health and Wellness Centre

Masters Women (YA) - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Nicole Jacobs	London SC,ON	11.23	8.64	0.00	1.50	18.37

#	Executed Element	Base						JREF						Score			
		Value	GOE	J1	J2	J3	J4										
1	2Lz	2.10	-1.05	-5	-5	-5	-5	-	-	-	-	-	-	-5	-	-	1.05
2	StSqB	1.50	0.05	1	1	0	0	-	-	-	-	-	-	-1	-	-	1.55
3	2F	1.80	0.00	0	0	0	0	-	-	-	-	-	-	0	-	-	1.80
4	2S+1Lo+1Lo+2Lo*	2.30	-0.65	-5	-5	-5	-5	-	-	-	-	-	-	-5	-	-	1.65
5	CSp	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
6	2Lo	1.70	0.00	0	1	0	0	-	-	-	-	-	-	0	-	-	1.70
7	FCSpB	1.60	-0.16	-1	-1	-1	-2	-	-	-	-	-	-	-1	-	-	1.44
8	1A+1T	1.50	-0.11	0	-4	-1	-1	-	-	-	-	-	-	-1	-	-	1.39
9	2T	1.30	-0.65	-5	-5	-5	-5	-	-	-	-	-	-	-5	-	-	0.65
10	CSSpB*																0.00
		11.23															

x - credit for second half, base value multiplied by 1.1
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge
 < - underrotated jump
 << - (singles & pairs) downgraded jump

* - invalid element, scored as zero
 ! - (Key Points Dance) incomplete
 < - (Key Points Dance) interruption
 << - (Key Points Dance) interruption

e - jump take-off (Flip/Lutz) with edge
 REP - repeated jump restriction
 S - (Pattern Dance Type Step Seq.) separation
 V - spin requirement not met

Program Component	Factor													Score	
Skating Skills	1.00	2.25	2.25	2.50	2.25	-	-	-	-	-	-	1.75	-	-	2.25
Transitions	0.75	2.50	2.75	2.00	3.00	-	-	-	-	-	-	2.00	-	-	1.82
Performance	1.00	1.75	1.75	2.25	2.50	-	-	-	-	-	-	2.00	-	-	2.00
Composition	0.50	2.25	2.50	1.75	2.25	-	-	-	-	-	-	2.25	-	-	1.13
Interpretation of the Music	0.75	2.00	1.75	1.75	2.00	-	-	-	-	-	-	2.00	-	-	1.44
		8.64													

3 Fall(s) factor (0.5) 1.50



Skate Ontario Adult Championships 2019

March 30, 2019 to March 31, 2019

Vale Health and Wellness Centre

Masters Women (YA) - Free Skate

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
5	Nicole Lee	Thunder Bay FSC, ON	8.35	8.18	0.00	0.50	16.03

# Executed Element	Base							JREF							Score
	Value	GOE	J1	J2	J3	J4									
1 1A+1T	1.50	-0.11	-1	-1	-1	-1	-	-	-	-	-	-4	-	-	1.39
2 1S	0.40	-0.17	-2	-3	-5	-5	-	-	-	-	-	-5	-	-	0.23
3 CCoSpB	1.70	0.11	2	0	-2	2	-	-	-	-	-	0	-	-	1.81
4 2F<<	0.50	-0.23	-4	-4	-5	-5	-	-	-	-	-	-5	-	-	0.27
5 1Lo<<	0.00	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
6 FCSpB	1.60	0.00	1	-1	-1	1	-	-	-	-	-	0	-	-	1.60
7 StSqB	1.50	0.00	0	0	0	0	-	-	-	-	-	-1	-	-	1.50
8 2S<	0.98	-0.49	-5	-5	-5	-5	-	-	-	-	-	-5	-	-	0.49
9 1A	1.10	-0.04	0	0	0	-1	-	-	-	-	-	-1	-	-	1.06
10 CCoSp*			-	-	-	-	-	-	-	-	-	-	-	-	0.00
8.35															

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with slight edge ! - (Key Points Dance) incomplete REP - repeated jump restriction
 < - underrotated jump < - (Key Points Dance) interruption S - (Pattern Dance Type Step Seq.) separation
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met

Program Component	Factor														
Skating Skills	1.00		2.50	1.50	2.25	2.25	-	-	-	-	-	2.00	-	-	2.17
Transitions	0.75		2.00	2.00	1.75	2.00	-	-	-	-	-	1.75	-	-	1.44
Performance	1.00		2.75	1.75	1.50	2.00	-	-	-	-	-	2.00	-	-	1.92
Composition	0.50		2.75	2.25	2.00	2.25	-	-	-	-	-	2.00	-	-	1.09
Interpretation of the Music	0.75		2.50	2.25	1.75	2.25	-	-	-	-	-	1.75	-	-	1.56
8.18															

1 Fall(s) factor (0.5) 0.50