

STRENGTH in *Unity* COMMUNITY EVENT



SKATE ONTARIO
SKATECANADA

JUNE 15-16 | 2019



Contents

STRENGTH *in* *Unity* COMMUNITY EVENT

Introduction	3
Schedule	4
Sessions	5-6
Fee Structure	7
Accommodations	8



SKATE ONTARIO
SKATECANADA



Introduction

STRENGTH in *Unity* COMMUNITY EVENT

Skate Ontario is proud to invite you to join us on June 15-16, 2019 for our Strength in Unity community event held at the Delta Conference Centre in Toronto, Ontario.

This event will begin with Skate Ontario's Annual General Meeting (AGM) on Saturday, June 15 from 8:30 – 9:30 am EST. After the AGM, Strength in Unity will offer a variety of engaging and informative sessions for clubs, coaches, officials and skating families about communications, athlete development, Safe Sport, strategic planning, registration, fundraising and off-ice training. Our goal is to improve communication between Skate Ontario and our stakeholders and to foster a strong skating community across the province.

Online registration for Strength in Unity will open on Wednesday, March 27, 2019 at 10:00 am EST and remain open until May 31 at 11:59 pm EST. This event has a maximum capacity of 450 people, so reserve your ticket early!

During the complimentary three-course lunch on Saturday, June 15, Skate Ontario will host its annual awards presentation to the winners of the 2018-19 Skate Canada Section Awards. Please join us in honouring our many accomplished athletes, volunteers, coaches and officials!

Finally, we are pleased to announce the continuation of the Ontario Skaters Promotional Contest for 2020. Ticket orders will be available for pick up at this event and the complete information package and order form will be published on our website on May 1, 2019.

Please feel free to reach out to Melissa Fraser at mfraser@skateontario.org or 1-905-212-9991 for questions. We look forward to seeing you in June!

REGISTER HERE



Schedule

SATURDAY, JUNE 15, 2019			
Room	Start Time	End Time	Session
Foyer	7:30 am	10:30 am	Registration
International B + C	8:30 am	9:30 am	Skate Ontario AGM
Foyer	9:00 am	9:45 am	Top up coffee break
International B + C	9:45 am	10:15 am	Welcome/business update
International A	10:30 am	11:30 am	2019-20 Event Registration Process Overview
Mississauga A-C	10:30 am	11:30 am	Boost Club Visibility through Social Media
New York	10:30 am	11:30 am	Planning for Success: Maximizing Training Plans for Developing Skaters
International B + C	11:30 am	1:15 pm	Lunch: three-course sit down meal & Skate Canada Section Awards
International A	1:30 pm	2:30 pm	Off-ice Training Implementation
Mississauga A-C	1:30 pm	2:30 pm	Fundraising: Tools to Boost Campaigns
New York	1:30 pm	2:30 pm	Community Feedback Sessions – Skate Ontario 2020-2023 Strategic Plan
International A	2:40 pm	3:40 pm	Skate Canada Program Update
Mississauga A-C	2:40 pm	3:40 pm	Effective Communication & Conflict Resolution
New York	2:40 pm	3:40 pm	Your Guide to Safe Sport: Get in the Know!
Foyer	3:40 pm	4:00 pm	Coffee and snack break
International A	4:10 pm	5:10 pm	2019-20 Event Registration Process Overview
Mississauga A-C	4:10 pm	5:10 pm	Skate Canada Program Update
New York	4:10 pm	5:10 pm	Community Feedback Sessions – Skate Ontario 2020-2023 Strategic Plan

SUNDAY, JUNE 16, 2019			
Room	Start Time	End Time	Session
New York	9:00 am	12:00 pm	Just for Clubs! By-laws & Safe Sport

[REGISTER HERE](#)



Sessions

SATURDAY, JUNE 15

2019-20 Event Registration Process Overview

Presenter: Kelsey Bennett
Manager, Events and Officials, Skate Ontario

Did you have a frustrating registration experience this year? Come to this session where we will provide an overview of the revamped event registration process for the 2019-2020 season.

- Coaches and clubs are strongly encouraged to attend as this session will explain how the registration process will work for Sectionals, Super, Synchro and STAR 1-4 Series.

Boost Club Visibility through Social Media

Presenter: Pj Kwong
Skate Ontario

- Discover how online tools can help promote club programming and increase engagement with community members

Planning for Success: Maximizing Training Plans for Developing Skaters

Presenter: Monica Lockie
Skating Development Director, Skate Canada

What's in your plan?

- Explore tools to maximize skater development with yearly plans for STAR program skaters

Off-ice Training Implementation

Presenter: Janice Morgan
Skate Canada Professional Coach

- Dive into the importance of off-ice training
- Explore and discuss "real-life" ideas on how to integrate off-ice training into your club programming

Fundraising: Tools to Boost Campaigns

Presenters: Aila Lepage and Muriel Blaker
Skate Ontario Club Resource Committee

- Learn how identifying your target audience, sharing your story and picking the right fundraiser can help boost fundraising campaigns
- Discuss successful fundraising campaigns from Ontario clubs/schools



Community Feedback Sessions – Skate Ontario 2020-2023 Strategic Plan

Presenter: Lisa Alexander
Executive Director, Skate Ontario

Skate Ontario has started to develop our strategic plan for 2020 to 2023.

- Community feedback will be sought through a variety of methods over the next six months
- This session will be the first opportunity for members to provide input

Skate Canada Program Update

Presenter: Monica Lockie
Skating Development Director, Skate Canada

This session will explore the upcoming changes to the STAR program, as well as provide a quick overview of the revised CanPower program. Questions on all programs are welcome.

Effective Communication & Conflict Resolution

Presenter: Kerri Morgan
Mental Game Coach

- Learn strategies to effectively communicate and work as a team
- Explore practical tools to resolve conflict within your club

Your Guide to Safe Sport: Get in the Know!

Presenter: Amy Levac
Safe Sport Coordinator, Skate Canada

This seminar is designed to educate stakeholders on important issues pertaining to Safe Sport, including:

- procedures for filing a complaint (coach, parent and board);
- reasons that warrant filing a complaint;
- importance of documentation;
- handling solicitation issues;
- do's and don'ts of social media;
- best practices in communication; and
- where to find Safe Sport information.

SUNDAY, JUNE 16

Just for Clubs! By-laws & Safe Sport

Presenter: Amy Levac, Sharon Maki and Melissa Fraser

Dive into the contents of your by-laws!

- Find out what items are required and best practices to consider
- Discuss club policies around Safe Sport - what kind of support is available to clubs?
- Please bring the whole board (for one fee)



Fee Structure

Online registration opens on Wednesday, March 27, 2019 at 10:00 am EST

SATURDAY SESSIONS			
INDIVIDUAL REGISTRATION			
TYPE OF REGISTRATION	DATES	PRICE	
Individual Early Bird Price	March 27 - April 21 @ 11:59 pm EST	\$125.00*	
Individual Regular Price	April 22 - May31 @ 11:59 pm EST	\$150.00*	
3-PACK REGISTRATION			
TYPE OF REGISTRATION	DATES	PRICE	PRICE/PERSON BREAKDOWN
3-Pack Early Bird Price	March 27 - April 21 @ 11:59 pm EST	\$285.00*	\$95.00*/person
3-Pack Regular Price	April 22 - May 31 @ 11:59 pm EST	\$360.00*	\$120*/person

**Price includes morning coffee, three-course lunch and afternoon coffee/snack break*

SUNDAY SESSION		
TYPE OF REGISTRATION	DATES	PRICE
Board Boot Camp	March 27 - May 31 @ 11:59 pm EST	\$60.00*/club (up to 5 people/club)

**Price includes morning coffee*

**Prices are exclusive of ticket processing fees*

REGISTER HERE



Accommodations

Skate Ontario has a block of 50 rooms at the Delta Conference Centre. To reserve a room under our block please call 1-800-668-3656 and reference "Skate Ontario" to access our rate of \$149 + 13% HST and 4% MAT (this rate will only apply to rooms reserved for Friday, June 14 and Saturday, June 15). This hotel block is only available until Tuesday, May 14, so reserve your room immediately!

Delta Conference Centre:

655 Dixon Rd.

Toronto ON

M9W 1J3

Phone: +1 416-244-1711

Toll free reservation centre: +1 800-668-3656

[DELTA CONFERENCE CENTRE WEBSITE](#)

[DRIVING DIRECTIONS](#)

Delta Conference Centre:
655 Dixon Rd.
Toronto ON
M9W 1J3

