



# Regional Coach Course

### **COURSE FEE: \$450.00**

Applications are accepted on a first come, first serve basis however registration will close once the maximum number of participants has been reached. Only completed applications will be processed. Spots cannot be reserved. Skate Ontario reserves the right to withdraw any applicant who does not meet the Skate Canada registration requirements.

#### **DESCRIPTION:**

The Regional Coach Program prepares coaches to develop skaters at the Learn to Train and Learn to Compete stages of the Long-Term Athlete Development model (LTAD) in figure skating. Specifically, this context focuses on the STAR 1-5 program. Regional Coaches are qualified to coach all Skate Canada figure skating programs and levels. By taking this course, participants will earn a Regional Coach "In-Training" status.

### TO REGISTER, PARTICIPANTS MUST:

- 1. Hold a CanSkate "Certified" NCCP status (no exceptions).
- 2. Have passed one complete Senior Bronze STARSkate test OR the Junior Bronze/STAR 5 Freeskate assessment plus one additional Junior Bronze/STAR 5 assessment.
- 3. Submit proof of your 2018/2019 Skate Canada Professional Coaching membership or Registrant membership.

### Please note the following:

Our membership season is in effect from September 1st - August 31st each year. Memberships must be renewed annually. Registrant memberships can be obtained through your local Skate Canada club. Professional coaching memberships may be obtained through the Skate Canada Membership portal. Either membership will suffice.

### **REGISTRATION DETAILS:**

- \*No refunds will be issued after the registration deadline date.
- \*Cancellations before the deadline date will be subject to a \$75.00 administrative fee.
- \*Incomplete applications will be subject to a \$75.00 administrative fee. This includes missing/incorrect documentation.
- \*Requests to change courses cannot be accommodated.
- \*Course cancellations are at the sole discretion of Skate Ontario.

### NCCP PLAGIARISM POLICY:

Skate Ontario takes plagiarism very seriously. Consequently, submissions as part of the NCCP course curriculum must be one's own work. Submitting someone else's work, in whole or in part, will result in a "needs improvement" evaluation, requiring a resubmission. Skate Ontario reserves the right to suspend one's privileges.

#### **COACH COMMUNICATION:**

All communication with Skate Ontario must be with the coaching candidate directly as per Skate Ontario and Skate Canada policy.

Please contact Skate Ontario Course Administrator/Coaching Programs Coordinator, Stephanie Klein for more information or with any questions you may have: <a href="mailto:sklein@skateontario.org">sklein@skateontario.org</a>.

Please see page two for a complete description of the Regional Coach pathway.





# **NCCP** Instruction Intermediate

# **Regional Coach Pathway**

### **PRE-REQUISITES**

- CanSkate Certified
- One Complete Senior Bronze STARSkate Test OR

STAR 5 Freeskate Assessment + one additional STAR 5 Assessment

# REGISTERED PROFESSIONAL COACH, IN GOOD STANDING

- Registered for the current season
- NCCP status (renewed when certified)
- Valid First Aid
- Clear Screening
- Skate Canada's Code of Ethics
- **Respect in Sport Training**

COACHES HAVE THREE YEARS FROM THE DATE OF THE IN-TRAINING COURSE TO BECOME REGIONAL COACH CERTIFIED

#### ACCREDITATION FOR QUALIFYING EVENTS

Regional Coaches are eligible to attend Sectional Championships & Regional Synchronized Skating Championships with Pre-Juvenile and Juvenile skaters or

### **Skate Canada eLearning**

Regional Coach Pre-Course

### **Regional Coach In-training Course**

(3-day course)

- How to teach skaters
- How to train skaters
- How to deliver skating programs
- How to assess STAR 1-5 skaters

# **Skate Canada eLearning**

- Learn to Train and CPC
- STAR 1-5 Assessor Training (\* required prior to assessing your skaters)

Coaching Association of Canada

**Multi-Sport Training** 

Multi-sport training is offered by Provincial and Territory Coaching Representatives

- Make Ethical Decisions
- Planning a Practice
- Teaching and Learning

### **Regional Coach Certified Portfolio**

Includes the following components:

- Your coaching philosophy
- Your coaching goals
- Discover eLearning
- Mentorship
- Submission of two technical lessons
- Submission of one STAR 1-5 mock assessment
- Submit a STAR 1-5 weekly session plan

A certified status is achieved upon successful completion of the Regional Coach Certified Portfolio. Maintenance of Certification will apply with a certified status (12 points/ 3-year cycle)

**Regional Coach Trained** 

## **Regional Coach Certified**



**Regional Coach In-training** 

