

## Provincial Coach Courses

Applications are accepted on a first come, first serve basis however registration will close once the maximum number of participants has been reached. Only completed applications will be processed. Spots cannot be reserved. Skate Ontario reserves the right to withdraw any applicant who does not meet the Skate Canada registration requirements.

### DESCRIPTION:

The Provincial Coach Program (formerly Intermediate STARSkate/Provincial Coach – ISPC) gives coaches a taste of coaching all skating disciplines. Focusing on the Learn to Compete stage of LTAD, coaches dive deeper into the importance of yearly planning, athlete management, physical and mental preparation and nutrition. Each of the Provincial Coach courses have associated workbooks that must be completed and marked successfully to receive credit for the course. Please note, there is a marking fee of \$35.00 per workbook which is not part of the course fee. Details on the submission process will be reviewed during each course by your Learning Facilitator.

The five required courses in this pathway are as follows:

- **Sport Science - Course Fee \$200.00**
- **Stroking & Skating Skills - Course Fee \$250.00**
- **Singles - Course Fee \$250.00**
- **Dance - Course Fee \$250.00**
- **Pair & Synchro - Course Fee \$250.00**

### PRE-REQUISITE:

The Provincial Coach pathway has an associated Home Study workbook that must be completed prior to taking any of the above courses. An electronic copy of the workbook and reference manual can be found [here](#).

### TO REGISTER, PARTICIPANTS MUST:

1. Be a registered Skate Canada Professional Coach in good-standing for the 2018/2019 season.
2. Submit proof of your Regional Coach Certified status.
3. Have successfully completed the Provincial Coach Home Study workbook or have submitted the workbook for marking prior to the start of the Sport Science course.

### REGISTRATION DETAILS:

- \* No refunds will be issued after the deadline date.
- \* Cancellations before the deadline date will be subject to a \$75.00 administrative fee.
- \* Incomplete applications will be subject to a \$75.00 administrative fee. This includes missing/incorrect documentation.
- \* Requests to change courses cannot be accommodated.
- \* Course cancellations are at the sole discretion of Skate Ontario.

### NCCP PLAGIARISM POLICY:

Skate Ontario takes plagiarism very seriously. Consequently, submissions as part of the NCCP course curriculum must be one's own work. Submitting someone else's work, in whole or in part, will result in a "needs improvement" evaluation, requiring a resubmission. Skate Ontario reserves the right to suspend one's privileges.

### COACH COMMUNICATION:

Please contact Skate Ontario Course Administrator/Coaching Programs Coordinator, Stephanie Klein for more information or with any questions you may have: [sklein@skateontario.org](mailto:sklein@skateontario.org). Please see page two for a complete description of the Provincial Coach pathway.





## NCCP COMPETITION INTRODUCTION PROVINCIAL COACH PATHWAY

### PRE-REQUISITES

Regional Coach Trained or Certified

### REGISTERED PROFESSIONAL COACH, IN GOOD STANDING

- Registered for the current season
- NCCP status (maintained where applicable)
- Valid First Aid
- Clear Screening
- Accept Coaches Code of Ethics

### ACCREDITATION FOR QUALIFYING EVENTS

Eligible to attend qualifying events with Pre-Novice, Intermediate and/or Open skaters or teams.

Provincial Coach Home Study Guide



Attend all Provincial Coach Courses and complete the corresponding workbooks

- Sport Science
- Stroking & Skating Skills
- Singles
- Ice Dance
- Pairs & Synchronized Skating

PROVINCIAL COACH TRAINED

### Provincial Coach Evaluation Portfolio

1. Video Lessons
    - One technical video lesson with lesson plan
    - One stroking or skating skill video lesson with lesson plan
  2. Video analysis and music file of a skater whose program you've choreographed
- \*Please note that all video lessons and analysis requirements are using a skater at the Pre-Novice level. Consult the full evaluation portfolio prior to beginning your filming to ensure all requirements have been met.

PROVINCIAL COACH CERTIFIED

### CONTINUING NCCP CERTIFICATION

National Coach Training

