



43rd Annual Seminar

June 24-28 2019

The Mariposa Seminar is an informative and motivational week for coaches and skaters to learn new techniques or train existing ones. Daily group lessons from World and Olympic coaches cover:

- Dynamic warm-up
- Jump technique
- Spins
- Edges
- Choreography,
- Flexibility & strength



Early Bird \$425 + HST

Early Bird registration ends February 28

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